

Class Registration Form

You can register for most Tulsa Parks programs either by mail, in person or online at www.tulsaparks.org. Some programs, such as free social events or open gym, do not require registration.

Enroll Online

It's the quick and easy way to sign up for many classes - www.tulsaparks.org

Credit cards accepted. 

Enroll by Mail

Mail the completed form below with your signed check made out to "City of Tulsa" to the center where the class is being held. Center addresses are on page 6.

Enroll in Person

Go in person to any Tulsa Parks community center. You may pay by check or cash.

Participant's name _____ Age _____ Phone _____

Address _____ Zip _____

Name of person responsible for payment
if different from above _____ Phone _____

Address _____ Zip _____

E-mail Address _____

Class Name	Code # <small>(8-digit number shown with class description)</small>	Location	Days/Date	Time	Cost



Total Cost \$ _____

Make checks payable to: City of Tulsa. There is a charge for returned checks. A minimum number of students are required for a class to be held, and most classes also have a maximum enrollment; so please sign up early to ensure your place in the programs of your choice. Please call 596-PARK if you have any questions.



CITY OF
Tulsa
A New Kind of Energy.

Welcome to the Tulsa Parks Fun Guide!

If you're looking for ways to get involved in free or low-cost programs and fun activities in Tulsa's 125 city parks, be sure to keep this handy guide close by. Our beautiful parks and recreation centers offer Tulsans of all ages a wonderful variety of exciting programs and activities, ranging from creative movement for tots, yoga, line dancing and low-impact aerobics for the 50-plus crowd, to youth and adults kickboxing, volleyball, basketball, and much more!

Tulsa Parks, one of 55 Mayor's Fitness Challenge Partners, not only is a great program provider and fitness resource for our community - it plays an important part in our Tulsa Million Miles effort, a new initiative of Mayor's Fitness Challenge.

Since *TulsaMillionMiles.com* launched in October, Tulsans have been using the tools on the Web site to live healthier lives. *TulsaMillionMiles.com* allows users to track the number of miles they walk, run, bike, or swim. It's helping Tulsans shape up, one mile at a time. This interactive Web site also features maps of nearby Tulsa Parks and trails to help Tulsans learn more about upcoming activities like fun runs, charity walks, races, and bike rides.

If you have not already done so, I invite you to visit www.tulsamillionmiles.com today and start tracking your miles. Together, we can reach a million miles - and more!

Tulsa is a great place to live. By supporting our Tulsa Million Miles efforts and taking advantage of all the great programs and activities offered by Tulsa Parks, we can make Tulsa a healthier place to live. Let's join together and get fit and healthy for life!



Sincerely,

Mayor Kathy Taylor

CITY OF TULSA Parks

175 East 2nd Street
Tulsa, OK 74103
(918) 596-PARK (7275)

E-Mail: tulsaparks@cityoftulsa.org

Online: www.tulsaparks.org

Customer Service

The Tulsa Parks Customer Service office is located on the second floor of the new City of Tulsa City Hall (also known as One Technology Center) located at 175 East 2nd Street, Tulsa, OK 74103

At the Customer Service office, you can reserve picnic shelters or other park facilities and get information about Tulsa Parks programs and events.

Customer Service hours are 8 a.m. until 5 p.m., Monday through Friday. Stop by or call 596-PARK (7275) during these hours.

We welcome your comments about Tulsa Parks!

City of Tulsa Park and Recreation Dept. Board

Mayor Kathy Taylor

Dale McNamara

Joseph R. Schulte

Yvonne Hovell

Margie Warren

Park and Recreation Dept.

Director

Nancy Atwater



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The U.S. Department of Interior strictly prohibits discrimination on the basis of race, color, national origin, age, sex or handicap in its federally funded programs and activities. If anyone believes he or she has been discriminated against in any program, activity or facility he or she may file a complaint alleging discrimination with our department or the Office for Equal Opportunity, U.S. Department of Interior, Washington, D.C., 20240.

City of Tulsa Parks

Aaronson, 4807 S. 87th East Ave.
Adams, 1627 N. Atlanta Pl.
Admiral, 29 N. Victor Ave.
Archer, 2831 E. Archer St.
Bales, 5801 S. Union Ave.
Benedict, 1630 E. 12th St.
Benton, 1167 N. 66th East Ave.
Berry, 5002 N. Wheeling Ave.
Boeing, 9311 E. Second St.
Boots Adams, 6441 S. 76th East Ave.
Braden, 5036 E. Seventh St.
Bullette, 1001 E. King St.
Carbondale, 2802 W. 48th St.
Carl Smith, 17120 E. 21st St.
Cathedral Square, 22 W. Tenth St.
Centennial, 1028 E. Sixth St.
Challenger 7, 3909 W. 41st St.
Chamberlain, 4940 N. Frankfort Ave.
Cheyenne, 1622 N. Main St.
Clark, 11440 E. Admiral Pl.
Clinton, 3121 E. Queen St.
Cousins, 4514 E. 121st St.
Cowan, 10901 E. 19th St.
Crawford, 2425 N. Hartford Ave.
Creek Nation Council Oak, 1750 S. Cheyenne
Crescent, 8500 S. 71st East Ave.
Crutchfield, 1345 E. Independence Ave.
Darlington, 5179 E. 29th St.
Dawson, 2035 N. Kingston Pl.
East Park Tract, 2909 S. 132nd East Ave.
Explorer, 7807 E. 58th St.
Flat Rock Creek, 1501 E. 36th St. North
Florence, 1936 S. Gary Ave.
Franklin, 1818 E. Virgin St.
Fred Johnson, 6002 S. Riverside Dr.
Gary, 1225 S. Gary Pl.
Gilcrease, 1400 N. 25th West Ave.
Graham, 6410 S. Yorktown Ave.
Gunboat North, 1122 S. Frankfort Ave.
Gunboat South, 1230 S. Frankfort Ave.
Hall, 3340 N. Delaware Ave.
Hansel Johnson, 1714 S. 123rd East Ave.
Hawthorne, 955 E. 33rd St. North
Heller, 5328 S. Wheeling Ave.
Helmerich, 7301 S. Riverside Dr.
Henthorne, 4825 S. Quaker Ave.
Hicks, 3443 S. Mingo Rd.
Highland, 4909 E. 36th St.
Hill, 210 E. Latimer Pl.
Hinch, 1616 S. 157th East Ave.
Holiday Hills, 4111 E. 54th St.
Howard, 2510 S. Southwest Blvd.
Hunter, 5804 E. 91st St.
Jingle Feldman, 8989 E. Independence Ave.
Kendall-Whittier, 2645 E. Fifth St.
Lacy, 2134 N. Madison Pl.
Lakeview, 3829 N. Columbia Ave.
Langenheim, 4701 S. Harvard Ave.
Lantz, 4902 E. Independence Ave.
Leake, 7714 E. 71st St.
Lloyd, 2121 E. 29th St. North
Loving, 9162 E. Latimer
Lubell, 2909 W. 56th St.
Manion, 3003 E. 56th St.
Maple, 404 E. 15th St.
Maxwell, 5251 E. Newton St.
McClure, 7440 E. Seventh St.
McCullough, 11534 E. 25th St.
Mini Park I, 2118 E. Ute St.
Mini Park II, West 7th St. & South Denver Ave.
Minshall, 7404 S. Kingston Ave.
Mitchell, 5949 E. 36th Pl.
Mohawk, 5701 E. 36th St. North
Newblock, 1710 Charles Page Blvd.
Norberg, 3235 S. Garnett Rd.
North 56th St. Tract, 3435 E. 56th St. North
Norvell, 722 N. 77th East Ave.
Owen, 560 N. Maybelle Ave.
Patrick, 5123 E. Dawson Rd.
Paul Johnson, 7433 S. Pittsburg Ave.
Penney, 531 S. 49th West Ave.
Philpott, 1114 W. 37th Pl.
Plaza, 1404 S. 145th East Ave.
Plaza of the Americas, 702 S. Denver Ave.
Pratt, 1621 S. Florence Ave.
Quik Trip, 61st and Highway 169
Reed, 4233 S. Yukon Ave.
Riggs, 9207 S. 101st St.
Rodden, 2646 E. 61st St. North
Rose Dew, 317 S. 167th East Ave.
Savage, 17800 E 21st St.
Schlegel, 3825 W. 53rd Pl.
Sequoyah, 3540 E. Newton St.
Shannon I & II, 10902 E. 39th Pl.
Skelly, 8525 E. 23rd Pl.
Springdale, 2223 E. Pine St.
Standard Industries Tract, 2726 S. 53rd West Ave.
Stuart, 1400 N. 25th West Ave.
Summerglen, 3607 S. 139th East Ave.
Swan Lake, 1573 Swan Dr.
Terrace, 2708 S. Memorial Dr.
Terwilliger, 5902 W. 10th St.
Torchia-Oliver, 10519 S. Delaware Ave.
Tracy, 1134 S. Peoria Ave.
Turner, 3503 E. Fifth Pl.
Ute, 4141 E. Virgin St.
Veterans, 1875 S. Boulder Dr.
Vining, 6502 N. Cincinnati Ave.
West Highlands, 2626 W. 61st St.
West Tulsa, 1002 W. 21st St.
Wheeling, 2209 W. Wheeling Ave.
Whiteside, 4009 S. Pittsburg Ave.
Williams, 2906 N. Boulder Ave.
Willow Creek, 4200 E. 71st St.
Woodland View, 8445 E. 58th St.
Woodland View II, East 58th St. & So. 86th E. Pl.
Woodward, 2324 S. Rockford Ave.
Wright, 437 W. 137th East Ave.
Zeigler, 3903 W. Fourth St.
Zink, 3216 S. Trenton Ave.

TULSA PARKS

The City of Tulsa manages 125 parks covering roughly 6,000 acres including nature centers, golf courses, Tulsa Zoo & Living Museum, Tulsa Garden Center, swimming pools, 197 sports fields, 83 playgrounds, 109 tennis courts, 28 water playgrounds, The River SkatePark, 69 picnic shelters, 11 community centers, fitness facilities, gymnasiums, meeting rooms and facilities, trails and more.



Parks staff and volunteers provide educational and social activities, day camps for youngsters, activities for seniors, special holiday activities, nature programs and a variety of fine arts and performing arts classes.



Tulsa Parks Community Centers

Central Community Center
1028 East Sixth St.
596-1444

Chamberlain Community Center
4940 N. Frankfort Ave., 74126,
591-4155

Clark Theater
(Youth Performing Arts)
11440 E. Admiral Place, 74116
669-6455

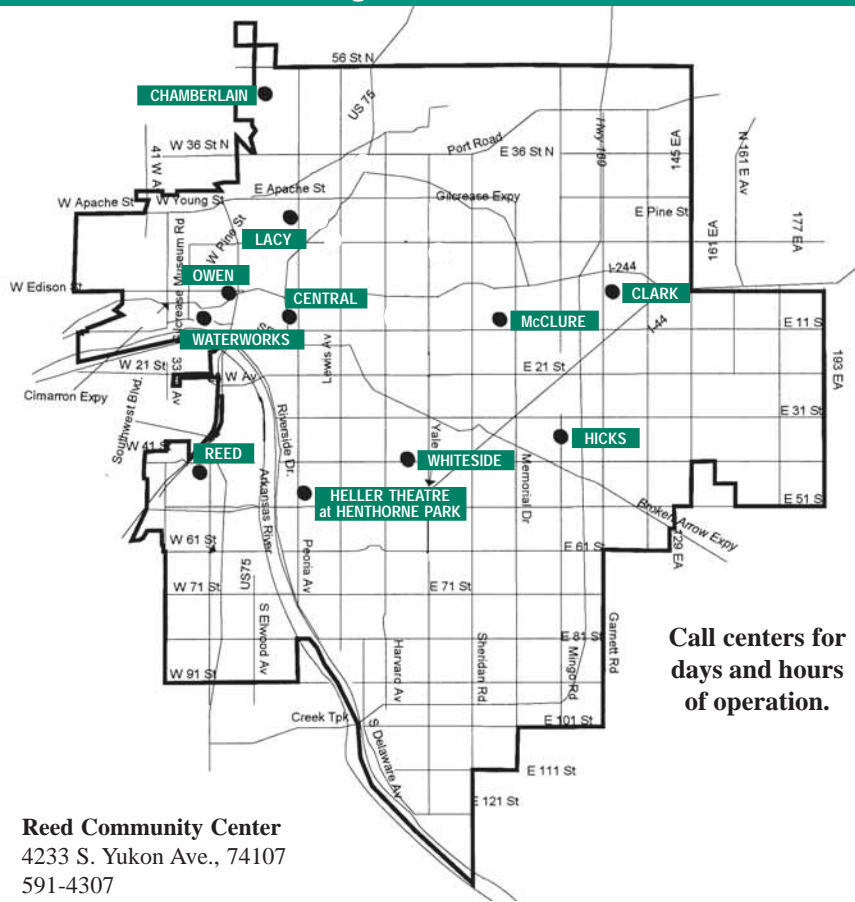
Heller Theater at Henthorne Park
(Adult Performing Arts)
4825 S. Quaker, 74105
746-5065

Hicks Community Center
3443 S. Mingo Road, 74146
669-6355

Lacy Community Center
2134 N. Madison Pl., 74106
596-1470

McClure Community Center
7440 E. Seventh St., 74112
669-6678

Owen Community Center
560 N. Maybelle Ave., 74127
596-1485



Call centers for
days and hours
of operation.

Reed Community Center
4233 S. Yukon Ave., 74107
591-4307

WaterWorks Art Studio
1710 Charles Page Blvd., 74127
596-2440

Whiteside Community Center
4009 S. Pittsburg Ave., 74135
746-5040

Holiday Day Camps



President's Day Breakaway

Kids can enjoy their break from school at Whiteside. We'll be doing crafts, sports, playing Bingo and eating pizza. Ages 6 to 11. \$15.

Whiteside, M, Feb. 16, 9:00 a.m.-5:00 p.m. 31207.317

Spring Break Day Camp

Join us for a fun-filled week of games, sports, arts & crafts, and field trips. Activities are 9 a.m.-4 p.m. Supervision provided from 7:30 a.m.-5:30 p.m. All day camps are certified by the American Camping Association. Enroll by March 10. Camp will not meet if minimum enrollment is not met by March 10. Ages 6 to 11.



Chamberlain, \$45, M Tu W Th F, Mar. 16 to Mar. 20, 7:30 a.m.-5:30 p.m. 31200.301

Hicks, \$75, M Tu W Th F, Mar. 16 to Mar. 20, 7:30 a.m.-5:30 p.m. 31200.315

McClure, \$75, M Tu W Th F, Mar. 16 to Mar. 20, 7:30 a.m.-5:30 p.m. 31200.311

Reed, \$75, M Tu W Th F, Mar. 16 to Mar. 20, 7:30 a.m.-5:30 p.m. 31201.306

Whiteside, \$90, M Tu W Th F, Mar. 16 to Mar. 20, 7:30 a.m.-5:30 p.m. 31206.317

Spring Break at Owen

Spring Break activities planned throughout the week of March 16-20. Fitness and playground activities, table games, painting, and even a fun community service project are planned. Bring sack lunch. Ages 11-14. \$2 per day.

Owen, M Tu W Th F, Mar. 16 to Mar. 20, 10:30 a.m.-12:30 p.m. or 1:30 p.m.-3:30 p.m. 31200.304



Spring Break Arts Camp at WaterWorks

The artscamp at WaterWorks Arts Center will offer your children new and exciting art experiences based on American artists. Join us for the week and enjoy working in a variety of

medias. Ages 7 to 12. Instructor: Maegen Kissell-Nair. \$95. WaterWorks, M Tu W Th F, Mar. 16 to Mar. 20, 9:00 a.m.-3:00 p.m. 31200.320

Gymnastics Camp - Spring Break

Have a great time over spring break at the gymnastics camp at Whiteside. This camp is for intermediate level and above.

Gymnasts must be able to do a bridge, cartwheel and pullover.

Ages 5 to 11, Instructor: Summer Wright. \$35.

Whiteside, Tu W Th, Mar. 17 to Mar. 19, 1:00 p.m.-4:00 p.m. 31200.317



Tumbling Camp - Spring Break

Have a great time over spring break at the tumbling camp at Whiteside. This camp is for elementary and middle school age girls who want to improve tumbling skills in time for cheer tryouts. Ages 9 to 13. Instructor: Summer Wright. \$25.

Whiteside, Tu W Th, Mar. 17 to Mar. 19, 10:00 a.m.-12:00 p.m. 31201.317

One-Day Camps

School is out, and Owen Park Community Center is open for fun! Fun fitness activities will be played throughout the day. Bring your own sack lunch. Space is limited so please call to pre-register. Ages 5 to 11. \$10.



S.O.S. Fit Fun

Owen, M, Feb. 16, 7:30 a.m.-5:30 p.m. 12202.304

S.O.S. Playground Games

Owen, Tu, May 26, 7:30 a.m.-5:30 p.m. 12203.304

S.O.S. Tournament Times

Owen, F, Feb. 13, 7:30 a.m.-5:30 p.m. 12201.304

Enroll Online!

It's fast, it's convenient & it's easy

We accept credit cards



www.tulsaparks.org

Visual Arts

Adults

WaterWorks Art Center

Located in Tulsa's historic Newblock Park, 1710 W. Charles Page Blvd., WaterWorks Art Center brings visual fine arts experiences, hands-on classes and quality art exhibits to the people of Tulsa and neighboring communities.

The center is housed in a renovated historical building that once served as Tulsa's water treatment plant and later the site of the City's first public swimming pools. It was named WaterWorks to maintain those historical roots.

WaterWorks Art Center partners with such prominent organizations as the Gilcrease Museum, Tulsa City-County Library, Tulsa Zoo and Oxley Nature Center, as well as with the public and private schools, serving artists of all ages and the public at large.

For more information, call WaterWorks at 596-2440 or fax at 596-2442.



Ceramics

This open studio will allow you to work on your own ceramic pieces in a friendly, relaxed setting. Ages 18 & older. \$5 per month.

Hicks, W, ongoing, 9:00 a.m.-12:00 p.m. (see online registration for monthly class codes)

Ceramics - AM

Work on memorable keepsake pieces in a friendly setting. Enrollment limited. Call ahead for openings. Supplies must be purchased from the instructor. Ages 18 & older. Instructor: Bertha Thomas. \$5 per month.

Chamberlain, Tu, ongoing, 9:00 a.m.-12:00 p.m. (see online registration for monthly class codes)

Handbuilding

Handbuilding with clay means creating artworks using methods other than a potter's wheel. We will explore the basics of coil and slab construction. Ages 16 & older. Instructor: Kenneth Wilson. \$85.

WaterWorks, Tu, Mar. 24 to Apr. 28, 6:00 p.m.-9:00 p.m. 25502.320

Handbuilt Tableware - Low Fire Clay

Beginners as well as those with some experience in clay will enjoy making tableware of their choice. Handbuilding can be as simple or as complicated as you like. One nice thing is that handbuilding doesn't get so messy. You'll be using a low-fire clay which affords a wide range of glaze colors including bright ones. Ages 16 & older. Instructor: Maegen Kissell-Nair. \$80.

WaterWorks, F, Jan. 23 to Feb. 27, 1:00 p.m.-4:00 p.m. 25503.320

Pottery Wheel - Beginning & Advanced

Have you ever watched a potter making a pot on a potter's wheel and thought, "Wow! That looks like something I'd like to try." In this beginning to advanced class you will develop the fundamentals of this magical art form. Instruction includes clay preparation, forming simple pots, and glazing techniques. With individual instruction, intermediate and advanced students will work on forms of their choice. Ages 16 & older. Instructor: Ginger

Tomshany. \$110.

WaterWorks, W, Jan. 21 to Mar. 11, 6:00 p.m.-9:00 p.m. 24552.320



Pottery Wheel - Beginning

In this beginning class you will develop the fundamentals of this magical art form. Instruction includes clay preparation, forming simple pots, and glazing techniques.

Ages 16 & older. Instructor: Kenneth Wilson. \$110.

WaterWorks, W, Jan. 21 to Mar. 11, 9:00 a.m.-12:00 p.m. 24551.320

Pottery Wheel/Handbuilding

In this class for beginners and intermediates, we will start with the basic processes of handbuilding with clay and progress to the potter's wheel to form pieces. Then those thrown pieces can be combined using the handbuilding techniques. Ages 16 & older. Instructor: Molly Seay. \$110.

WaterWorks, Th, Jan. 22 to Mar. 12, 6:00 p.m.-9:00 p.m. 24553.320

Teapot Exchange

This class is designed to stretch your imagination and jump start your creativity. After an introduction to handbuilding techniques in clay, you will create teapots from components made by your fellow students. Ages 16 & older. Instructor: Maegen Kissell-Nair. \$70.

WaterWorks, M, Jan. 26 to Feb. 23, 6:00 p.m.-9:00 p.m. 25600.320

Craft Night

Are you crafty? Bring your latest project to our free monthly Craft Night. Learn a new tip or technique (craft demo at 6 p.m.) and socialize with other crafters. We meet the first Monday of each month and welcome all craft interests and skill levels. Come-and-go as your schedule allows. Pre-registration is encouraged. Ages 16 & older. Free.

Reed, M, ongoing, 5:30 p.m.-7:30 p.m. 28503.306

Fabric Postcards

Using surface design and collage techniques, learn how to make a card that can be a gift as well as a work of art. These postcards can actually be sent through the U.S. Mail. Ages 16 & older. Instructor: Kate Kline. \$30.

WaterWorks, Sa, Apr. 4, 1:00 p.m.-4:00 p.m. 28601.320

Adults (cont.)

Fused Glass Jewelry

In this delightful class, we will be using bright and colorful dichroic glass to make stunning pendants, earrings, and pins. The fee for this class includes all supplies for six items of jewelry, as demonstrated. Ages 16 & older. Instructor: Stacie Pryor. \$105.

WaterWorks, M, Mar. 2 to Mar. 23, 6:30 p.m.-8:30 p.m. 28502.320

WaterWorks, Tu, Apr. 7 to Apr. 28, 10:00 a.m.-12:00 p.m. 28501.320

Jewelry/Metalsmithing - Advanced

In this advanced metals class, you will continue to develop techniques with which to carry out your jewelry/metalwork ideas. Call for supply fee. Ages 16 & older. Instructor: Kyle Peaden. \$140.

WaterWorks, Th, Jan. 22 to Apr. 9, 6:00 p.m.-8:30 p.m. 21503.320

Jewelry/Metalsmithing - Beginning

Using silver, copper, and/or brass, beginners learn the basics of jewelry making. Call for supply fee. Ages 16 & older. Instructor: Kyle Peaden. \$140.

WaterWorks, W, Jan. 21 to Apr. 8, 6:00 p.m.-8:30 p.m. 21504.320

Jewelry/Metalsmithing - Beginning & Advanced

Pins, pendants, rings, key rings. . . learn to use silver, brass, or copper to make wonderful, original pieces of jewelry in this beginning and advanced metalsmithing class. There will be a small supply fee. Ages 16 & older. Instructor: Dorothy Maples. \$140.

WaterWorks, Th, Jan. 22 to Apr. 16, 10:00 a.m.-12:30 p.m. 21501.320

Jewelry/Metalsmithing - Ring

Experience an introduction to metalsmithing and jewelrymaking in a one-day class resulting in beautiful, individualistic silver ring. There will be a minimal supply fee. Ages 16 & older. Instructor: Kyle Peaden. \$35.

WaterWorks, Sa, Mar. 28, 1:00 p.m.-5:00 p.m. 21506.320

Mosaics

This is an introduction to the basics of creating mosaics. There will be a minimal supply fee. You may also bring your own broken pieces of pottery to incorporate into your design. Ages 16 & older. Instructor: Cindy Swanson. \$75.

WaterWorks, M, Jan. 12 to Feb. 23, 6:00 p.m.-8:00 p.m. 28503.320

Colored Pencil Painting

Colored Pencil Painting is a fun and informative class in which you will learn fundamental techniques to create both soft and brilliant paintings with Prismacolor pencils, a recognized fine art medium. With one-on-one instruction, you'll learn how to approach a colored pencil painting and carry it to completion by using the methods of layering and burnishing color. Ages 16 & older. Instructor: Vonda Evans. \$110.

WaterWorks, Tu, Feb. 3 to Mar. 31, 6:00 p.m.-9:00 p.m. 26501.320

Painting - Costume Model

Using oil paints, students will paint from a live, costumed model working for the full four weeks on one painting. Ages 16 & older.

Instructor: Louise Higgs. \$65.

WaterWorks, W, Mar. 4 to Mar. 25, 6:30 p.m.-8:30 p.m. 26604.320

Painting - Flowers on Canvas

Students will use oil paints on small canvases creating a different study each week. Using direct observation of a fresh bouquet of flowers, you will be inspired by the art of master painters such as Matisse, Van Gogh, and Manet. Ages 16 & older. Instructor: Louise Higgs. \$65.

WaterWorks, Tu, Jan. 20 to Feb. 10, 6:30 p.m.-8:30 p.m. 26603.320

Impressionistic Oil Painting

Learn the technique and spontaneity of painting with oils. Working from still life or photographs, you will develop the skills to complete a painting quickly. These methods are reminiscent of the Impressionistic oil painters. Ages 16 & older. Instructor: Gil Adams. \$105.

WaterWorks, Th, Mar. 26 to May 14, 6:30 p.m.-9:00 p.m. 26540.320

Pastel Portraits

Have you ever thought you'd like to try your hand at drawing the human face? You'll need just a bit of drawing experience for this rewarding 6-week class. Ages 16 & older. Instructor: Marilyn Wright. \$95.

WaterWorks, W, Mar. 4 to Apr. 8, 6:00 p.m.-9:00 p.m. 26500.320

Intro to Photography

Learn the basics of photography with professional Andrew Mohler. Cameras provided. Ages 16 & older. Instructor: Andrew Mohler. \$7.

Owen, Sa, Mar. 7 to Mar. 14, 11:00 a.m.-12:00 p.m. 27501.304

Owen, Sa, Apr. 18 to Apr. 25, 11:00 a.m.-12:00 p.m. 27502.304

Visual Arts



Enroll at: www.tulsaparks.org

Discover your hidden talents. Sign up for a art class today!

Visual Arts



Tulsa Parks offers a wide variety of arts classes for all ages.

Adults (cont.)

Digital Photography - Beginning

Don't know all the bells and whistles of your digital camera? This is the class for you. Learn the basics of digital photography as well as composition, lighting, and contrast. Ages 16 & older. Instructor: Tom Mills. \$90.

WaterWorks, M, Jan. 26 to Mar. 2, 6:00 p.m.-8:30 p.m. 27505.320

Photography - Improve Your Photos

If you already know how to use your digital camera and want to improve your images, join us for a workshop-oriented class around a field trip. This class will provide exercises and critiques to improve your digital images. Ages 16 & older. Instructor: Tom Mills. \$60.

WaterWorks, Th Sa, Apr. 30 to May 7, 6:00 p.m.-8:30 p.m. 27507.320

Portrait Painters

Portrait painters meet fellow artists to paint live models. This open group always needs models (faces to paint) and all pitch in to pay the sitter a small stipend.

Contact Whiteside Center if you're interested, or just come by any Tuesday. Bring your own art supplies. Visit our website at www.portraitpainterswest.com. Ages 18 & older. Free.

Whiteside, Tu, ongoing, 11:00 a.m.-3:00 p.m. 26501.317

Precious Metal Clay Pendant

PMC is a substance composed of precious metal particles and a non-toxic organic binder and water. This incredible clay-like material can be formed into most any kind of beautiful jewelry. In this class, you will learn the basics of PMC manipulation, firing, and finishing. Materials for making a pendant, as demonstrated in class, are included in the class fee. Ages 16 & older. Instructor: Lisa Zarrow. \$130.

WaterWorks, W, Feb. 4 to Feb. 18, 6:00 p.m.-8:30 p.m. 29510.320

Silk Screen

We will be making our own silk screen from canvas stretchers and then try a variety of nontraditional techniques using just the blank screens. Ages 16 & older. Instructor: Kate Kline. \$50.

WaterWorks, Sa, Apr. 18 to Apr. 25, 1:00 p.m.-4:00 p.m. 28505.320

Surface Design on Fabric

In this two-day workshop, you'll explore fabric dyeing techniques, painting on fabric, and image transfer. Call for a supply fee. Ages 16 & older. Instructor: Kate Kline. \$50.

WaterWorks, Sa, Jan. 24 to Jan. 31, 10:00 a.m.-1:00 p.m. 29601.320

Mixed Ages

Digital Photography - The Basics and Beyond

Did you get a new digital camera for Christmas? Do you want to do more with your camera? This class will focus on basic point-and-shoot cameras. Bring your own digital camera. Pre-register and pre-pay by Jan 21. Ages 13 & older. Instructor: Shawn Stewart-Maddox. \$10.

Reed, M, Jan. 26, 6:00 p.m.-7:30 p.m. 27900.306

Reed, Tu, Jan. 27, 6:00 p.m.-7:30 p.m. 27901.306

Do-It-Yourself Mural Painting

Local artist William Franklin will teach basic painting techniques for home mural painting. Learn shading, placement and perspective to create the perfect design element in your home. Pre-registration required. Ages 18 & older. \$20.

Central, Sa, Feb. 7, 10:00 a.m.-12:00 p.m.

26900.302

Woodcarver's Carve-In

This is an activity for the novice to the pro. Participants work on various projects. Ages 16 & older. Supplies are not included. Free.

Central, Th, ongoing, 6:00 p.m.-8:00 p.m. 28910.302

Embroidery

Learn basic stitches and discover retro as well as modern patterns that you can use to embellish clothing, linens and just about anything. A great adult/child activity. Pre-register and pre-pay by Feb 9. Ages 12 & older. \$5.

Reed, M, Feb. 16, 6:00 p.m.-7:00 p.m. 28901.306

Go Green!

Scrabble Tile & Bottle Cap Jewelry

In this exciting class students will create funky and fashionable recycled jewelry. Students will come away with three finished pieces. Pre-register and pre-pay by Feb 2. Ages 12 & older. Instructor: Shawn Stewart-Maddox. \$8.

Reed, M, Feb. 9, 6:30 p.m.-7:30 p.m. 21900.306

Tie Dye by Appointment

This "by appointment" class is designed for groups of 6 or more. A perfect activity for scouting, youth, home school and other groups. Ages 6 & older. Up to 10 participants. Call to schedule your date and time. Instructor: Charlie Burns. \$75. A \$5 fee will be added for each additional participant.

Reed, F Sa, ongoing, by appointment 28900.306

Preschool

Edible Art

Have fun creating art projects that you can eat! Parents act as child's helper. Ages 2 to 4. Instructor: Adrienne Morecraft. \$30 for all 4 classes.

Whiteside, M W, May 6 to May 27, 9:30 a.m.-10:15 a.m. 28004.317

Questions? Call 596-PARK

Messy Art

Dress for a mess and get ready to explore the amazing world of art. Parents act as child's helper. Ages 2 to 4. Instructor: Adrienne Morecraft. \$30 for 4 classes.

Whiteside, M, Feb. 9 to Mar. 2, 9:30 a.m.-10:15 a.m. 28001.317

Whiteside, M, Feb. 9 to Mar. 2, 10:30 a.m.-11:15 a.m. 28002.317

Youth

Adventures in Art

Neat arts and crafts projects for kids. Socialize with others and make fun crafts to amaze your family. Ages 6 to 11. \$20.

Whiteside, W, Feb. 11 to Mar. 4, 3:30 p.m.-4:30 p.m. 28402.317

Clay - Castles & Dragons

In this class we'll be investigating the processes of making castles and mythical dragon figures out of clay. Look at pictures or use your imagination for inspiration. Creativity will be set free in this unique class for kids ages 7 to 12. Instructor: Kenneth Wilson. \$75.

WaterWorks, Sa, Jan. 17 to Feb. 21, 10:00 a.m.-12:00 p.m. 25202.320

Clay- Pottery Wheel for Teens

Students, ages 12 & older, will learn the basics of throwing pottery on a potter's wheel. Simple shapes will be introduced in this class for beginners. Instructor: Kenneth Wilson. \$110.

WaterWorks, Sa, Jan. 17 to Mar. 7, 1:00 p.m.-4:00 p.m. 25301.320

Home School Ceramics

Participants will paint one pre-fired ceramic. Pre-enroll by April 3. Ages 6 to 11. \$3.

Lacy, Th, Apr. 23, 10:30 a.m.-12:00 p.m. 20200.305

Mixed Media

Students will use a variety of media including printmaking, watercolor, and drawing to create several one-of-a-kind mixed media collages. Ages 7 to 12. Instructor: Jennifer Holsinger-Raybo. \$50.

WaterWorks, W, Apr. 15 to May 6, 4:00 p.m.-5:30 p.m. 28321.320

Native American Art

Youngsters will explore Native American techniques and images of coil pottery, pictograph prints, totem poles and Kachina dolls. Ages 7 to 12. Instructor: Jennifer Holsinger-Raybo. \$50.

WaterWorks, W, Feb. 4 to Feb. 25, 4:00 p.m.-5:30 p.m. 29301.320

Basic Photography

Learn the basics of photography with professional Andrew Mohler. Cameras provided. Ages 9 to 15. \$7.

Owen, Sa, Feb. 21 to Feb. 28, 11:00 a.m.-12:00 p.m. 27401.304

Owen, Sa, May 9 to May 16, 11:00 a.m.-12:00 p.m. 27402.304



Printmaking

Students will explore the art of printmaking by experimenting with several techniques. They can print images by creating printing plates and stamps with materials such as foam, glue and found objects. Students also will learn how to use the printing press. Ages 7 to 12. Instructor: Lisa Zarrow. \$50.

WaterWorks, W, Mar. 25 to Apr. 15, 4:00 p.m.-5:30 p.m. 29310.320

Tulsa Parks accepts credit cards when you sign up for a class online.



It's the easy way to enroll.

www.tulsaparks.org



Help ReGreen Tulsa Now!

**PLANT A Tree
GIVE Money
VOLUNTEER Your Time**

**See back cover
for more
information**

Visual Arts

Tulsa Parks is committed to contributing to a cleaner planet and a healthier community.



GILCREASE

M U S E U M

New SmART Cards

How "art" SmART are you? Find out by collecting our newest SmART Cards.

Free and available at the front desk, these cards ask questions, offer answers, lead you to a piece in Gilcrease Museum's collection and give you fun facts you might not know. There is a different card each week.

Kids

Family Art Workshops

Enjoy visual explorations of art materials and techniques used by artists and cultures in our collection.



Gallery visits are coupled with sketching and an art project during each workshop. Pre-registration is encouraged.

Ages 5 to 10 and their caregivers. Saturdays -1/3, 1/17, 2/7, 2/21, 3/7, 3/21, 4/4, 4/18, 5/2, 5/16. 1-3 p.m. in the Creative Learning Center.

Kids Dig Books: Imagine Yourself

Tulsa City-County librarians and Gilcrease education staff lead story time and crafts as children use their imagination to pretend to be an animal, a painter, a flower, a sun or moon, a river or a hunter. Then create works based on their flights of fancy. Pre-registration is encouraged.

Ages: 3-6. Thursdays in February, March and April. 10-11 a.m. in the Kids Site and Creative Learning Center.



Spring Break Camp

Teaching artists will introduce students to a wide variety of materials and techniques seen within the Gilcrease collections.

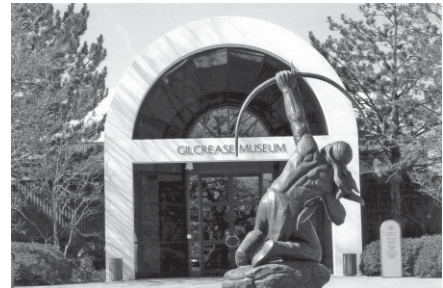
Studio time in the Gilcrease House is coupled with regular exploratory visits to the Museum's galleries and gardens that provide the perfect setting for budding young artists.

March 16-20. 9 a.m.-4 p.m. daily. Gilcrease House. \$125/member; \$150/nonmember (early enrollment discount of \$25 per student before March 1).

Adults

Gilcrease Museum offers a wide variety of programming and classes for adults throughout the year.

For more information regarding upcoming classes, contact Lanette Coppage at 918-596-2737 or lanette-coppage@utulsa.edu.



All dates and times are subject to change. Please visit www.gilcrease.utulsa.edu for information and details about classes and workshops.

Come discover the best in American art, culture, and history.

THE UNIVERSITY of TULSA **GILCREASE MUSEUM**

Open Tuesday through Sunday, 10 a.m. to 5 p.m.
 (918) 596-2700 • www.gilcrease.org
 Closed Mondays and Christmas Day.

CITY OF Tulsa
 A New Kind of Energy.
 Gilcrease Museum is a Proud Member of the City of Tulsa Family.

The University of Tulsa is an EEO/AA institution.

Clark & Heller Theatres



Tulsa Parks has two community theaters - Clark and Heller - that offer youth and adults opportunities to participate in all aspects of theater, from technical theatre to acting on stage. Clark Theatre has a variety of classes for youth, opportunities to audition and perform in plays, and performances that the whole family can enjoy. Heller Theatre is dedicated to presenting new adult contemporary plays and is also home to the first original improv troupe in Tulsa, Laughing Matter Improv.

Clark Theatre

The Sound of Music

by Rogers and Hammerstein

Performances: February 6-7 & 13-14 at 7:30 pm. and February 15 at 2 p.m.

One of the most popular musicals of all time, "The Sound of Music" tells the story of Maria, who comes to work as a governess for the Van Trapp family. "The Sound of Music" is the ultimate feel-good story, due to its message of hope, harmony, and happiness.

Up the Down Staircase

by Christopher Sergel, based on the book by Bel Kaufman

March 27-28, April 2-4 at 8 p.m. and

March 29 at 2 pm. at the Tulsa PAC

Best remembered as the 1967 movie with Sandy Dennis, "Staircase" tells the touching and humorous story of a new teacher in an inner-city high school. This will be a joint production with Theatre Tulsa, to be performed at the Tulsa PAC.

Audition date: Jan 24 at 3 p.m. at Clark.

Jack and the Beanstalk

by Martha Kemm Barrett

Performances: May 14-16 at 7:30 p.m. and May 17 at 2 p.m.



Written by a local Broken Arrow artist, this musical adaptation of the fairy tale delivers laughs and adventure. The show will be cast from middle school and younger actors, giving our preteens their chance onstage. Audition date: March 7 at 3 p.m.

Clark Theatre Laughing Matter Improv

The only ongoing teen comedy improv group in Tulsa marks its 4th year of laughs! Performances are Feb. 21 and April 19 at 7:30 p.m. All tickets are \$5. If you like "Who's Line Is It Anyway?" you'll love Tulsa's teen version.

Heller Theatre

The Clean House

by Sarah Ruhl

Performances: TBA at Henthorne Park

A fresh comedy about love, the power of a good joke and the virtues of a really clean house! Matilde, a Brazilian housekeeper, is keen to stretch her funny bone, but can't muster any elbow grease for her domestic duties. Her employers' house isn't in order and neither are their personal lives. In pursuit of the perfect joke, Matilde ignores the boss' household dirt, only to be swept away by an affair of the heart.

Hannah And Martin

by Kate Fodor

Performances: TBA at Henthorne Park

"Hannah and Martin" is based on the true story of the relationship between the Jewish political theorist Hannah Arendt and the philosopher Martin Heidegger. Heidegger later used his fame and brilliance to help further the goals of the Nazi party during World War II. This production recently won the Oklahoma Community Theatre Association award for best production of the year. The production will go to the four state regional's in Texas in April.

Rabbit Hole

by David Lindsay-Abaire

Performances: TBA at Henthorne Park

A story of loss and forgiveness told through daily moments as a family moves on after the accidental death of their four-year-old. A drama of what comes after tragedy, it captures the awkwardness and pain of thinking people faced with an unthinkable situation, and eventually, their capacity for survival.

Heller Theatre Laughing Matter Improv

Join us for Laughing Matter's 20th season. Shows are suitable for all ages and there will be four performances throughout the year. All performances are to be announced.

We're Moving!

Heller Theatre

Heller Theatre is moving to Henthorne Park, 4825 S. Quaker in January 2009. The new location will provide increased and improved seating, a larger lobby area, and more storage. All plays are for adult audiences and may contain some adult language and situations. Tickets for all plays are \$8 for adults and \$6 for senior citizens and college students. For more information, call Heller Theatre at 746-5065.

Clark Theatre

All shows at Clark Youth Theatre are family friendly and fun for all ages. Shows are at Clark, 11440 E. Admiral Pl. Tickets to plays are \$6 for students and \$8 for adults. Group rates are available for 10 persons or more. Group tickets must be purchased in advance. Reservations may be made by calling 669-6455 or tickets may be purchased at the door.

Enjoy an evening of affordable entertainment. See a play at Clark or Heller Theatres.

Performing Arts

Adults & Mixed Ages - Dance



Belly Dance for Beginners

Join the fun of learning Belly Dancing! Either for exercise, romance or just for the enjoyment, you'll learn to shake, shimmy and bump your way across the room. Ages 12 & older. Instructor: Patti Phillips. \$25 per month.

Hicks, M, ongoing, 6:00 p.m.-7:00 p.m. (see online registration for monthly class codes)

Basic Belly Dance

This class will be structured featuring basic but foundational moves in Belly Dance. Body toning and cardiovascular improvement are two of the benefits students will get from this class.

A great class for those wanting to explore this wonderful type of dance for fun and exercise. Ages 16 & older. \$30 for 8 classes (punch card) or \$5 drop-in fee.

Whiteside, M, ongoing, 6:30 p.m.-8:00 p.m. (see online registration for monthly class codes)

Belly Dance

This class is for ladies who have some knowledge of belly dance. Not for beginners. Ages 12 & older. Instructor: Patti Phillips. \$25 per month.

Hicks, W, ongoing, 6:30 p.m.-7:30 p.m. (see online registration for monthly class codes)

Jazz Dance - Beginner

This class will learn leaps and turns, illusions, pirouettes, and more. Ages 8 & older. Instructor: Shayna Horn. \$7 per month.

Lacy, Tu, ongoing, 4:30 p.m.-5:30 p.m. (see online registration for monthly class codes)

Ladies Dance Workout

Ladies! Come work out while doing line dancing, belling dancing, ballet, cha-cha and jazz. Wear comfortable clothes and shoes. Pre-registration required. All ages. Instructor: Patti Phillips. \$25.

Hicks, Th, Feb. 5 to Feb. 26, 7:10 p.m.-8:10 p.m. 75503.315

Line Dancing

Want to work off some of that holiday snacking? Come for a great workout and learn the area's most popular line dances. Wear comfortable clothes and shoes. Pre-registration required. Ages 16 & older. Instructor: Patti Phillips. \$25.

Hicks, Th, Jan. 8 to Jan. 29, 7:10 p.m.-8:10 p.m. 75501.315

Ballet - Beginner

Students ages 10 through adult will learn beginning ballet. Instructor: Shayna Horn. \$7 per month.

Lacy, Tu, ongoing, 5:30 p.m.-6:30 p.m. (see online registration for monthly class codes)

Breakdance - Intermediate

Students will develop their own personal style. They will be taught power moves and advanced freezes. Instructor approval required. Ages 11 & older. Instructor: Adam Acosta. \$7 per month.

Lacy, Tu, ongoing, 5:30 p.m.-6:30 p.m. (see online registration for monthly class codes)

Competitive Hip Hop Team

This is a hand picked competition team. Students must be at the advanced level. Ages 5 & older. Instructor: Shayna Horn. \$7 per month.

Lacy, M, ongoing, 7:00 p.m.-8:00 p.m. (see online registration for monthly class codes)

Irish Dance

Learn traditional Irish dances with this fun group. All ages. Free.

McClure, M, ongoing, 7:00 p.m.-9:00 p.m. (see online registration for monthly class codes)



RiverDance

Learn how to Riverdance. Great activity for both kids and their families. This class is for all beginners and will focus on the basics of Irish dance. Pre-Registration required. Ages 5 & older. \$10.

Central, W, Feb. 4 to Feb. 25, 4:00 p.m.-4:30 p.m. 71902.302

Central, W, Apr. 1 to Apr. 22, 4:00 p.m.-4:30 p.m. 71904.302

West Coast Swing Dance

The Swing Tulsa Style Dance Club offers quality West Coast Swing dance lessons at Whiteside Center. Group beginner and intermediate lessons are available. For more information, go online at

www.swingtulsastyle.com. Ages 18 & older. Instructor: Nick Nichols. \$4 per lesson.

Whiteside, W, ongoing, 7:00 p.m.-9:00 p.m. 57101.317

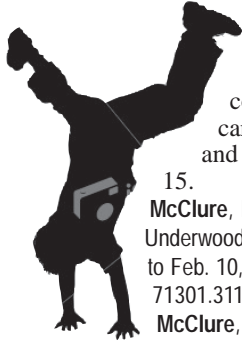
Discover your hidden talents. Sign up for a dance class today!

Enroll online at
www.tulsaparks.org
Credit cards accepted

Dance - Youth

Hip Hop

Get ready to shake your groove thing and get a great workout. You will be exposed to original dance styles that will build your dance range with confidence. This class includes a short warm-up, movement across the floor and dance combos in the center. Build cardio, flexibility, strength and coordination. Ages 8 to



15.

McClure, Instructor: Sherron Underwood, \$30 per session, Tu, Jan. 20 to Feb. 10, 7:30 p.m.-8:30 p.m. 71301.311

McClure, Instructor: Sherron Underwood, \$30 per session, Tu, Feb.

17 to Mar. 10, 7:30 p.m.-8:30 p.m. 71302.311

McClure, Instructor: Sherron Underwood, \$30 per session, Tu, Mar. 24 to Apr. 14, 7:30 p.m.-8:30 p.m. 71303.311

McClure, Instructor: Sherron Underwood, \$30 per session, Tu, Apr. 21 to May 12, 7:30 p.m.-8:30 p.m. 71304.311

Reed, Instructor: Mary Paulding, \$28 per 4-week session, W, ongoing, 6:15 p.m.-7:00 p.m. (see online registration for monthly class codes)

Hip Hop - Beginner

Students will learn technique, pop lock-N, choreography, break dancing, and hip hop routines. Ages 5 to 11. Instructor: Shayna Horn. \$7 per month.

Lacy, Tu, ongoing, 6:30 p.m.-7:30 p.m. (see online registration for monthly class codes)

Hip Hop for Home Schoolers

This is a beginning Hip Hop class for younger kids ages 5 to 11. They will learn basic choreography to positive lyric songs. Very fast paced - kids will love it. Instructor: Shayna Horn. \$7 per month.

Lacy, M, ongoing, 10:30 a.m.-11:30 a.m. (see online registration for monthly class codes)

Advanced Hip Hop

This is an advanced class. Students need instructor permission to enroll. Ages 18 & younger. Instructor: Adam Acosta. \$7 per month.

Lacy, Tu, ongoing, 4:30 p.m.-5:30 p.m. (see online registration for monthly class codes)

Lacy Jammers

Ages 6-17 will learn various dance routines and perform and travel to many area events. Ages 8 to 14. Uniform fee.

Lacy, M Th, ongoing, 5:30 p.m.-7:00 p.m. 77901.305

Lyrical Dance

This is an expressive dance rich with creative movement, facial expressions and body movements. Ages 10 to 17. Instructor: Shayna Horn. \$7 per month.

Lacy, M, ongoing, 4:00 p.m.-5:00 p.m. (see online registration for monthly class codes)

Tap & Ballet - Beginner

A combination class, students will be introduced to ballet techniques (including poise, alignment and grace) and tap step combinations. Techniques for each will be taught with simple step combinations and dance routines. Tap & ballet shoes required.

McClure, Ages 6 to 8, Instructor: Sherron Underwood, \$30 per session, Tu, Jan. 20 to Feb. 10, 6:45 p.m.-7:30 p.m. 71009.311

McClure, Ages 6 to 8, Instructor: Sherron Underwood, \$30 per session, Tu, Feb. 17 to Mar. 10, 6:45 p.m.-7:30 p.m. 71010.311

McClure, Ages 6 to 8, Instructor: Sherron Underwood, \$30 per session, Tu, Mar. 24 to Apr. 14, 6:45 p.m.-7:30 p.m. 71011.311

McClure, Ages 6 to 8, Instructor: Sherron Underwood, \$30 per session, Tu, Apr. 21 to May 12, 6:45 p.m.-7:30 p.m. 71012.311

Owen, Ages 4 to 8, Instructor: Sherron Underwood, \$10 per 4-week session, Sa, Jan. 10 to May 30, 10:00 a.m.-10:45 a.m. 71201.304

Reed, Ages 6 to 8, Instructor: Mary Paulding, \$28 per 4-week session, Tu, Jan. 6 to Jan. 27, 4:15 p.m.-5:00 p.m. 71304.306

Tap & Ballet - Level II

Tap & ballet for girls and boys. Tap & ballet shoes are required. Ages 6 to 7. Instructor: Sherron Underwood. \$45.

Whiteside, Th, Jan. 8 to Feb. 12, 6:45 p.m.-7:45 p.m. 71212.317

Whiteside, Th, Feb. 26 to Apr. 9 (no class March 19), 6:45 p.m.-7:45 p.m. 71213.317

Whiteside, Th, Apr. 16 to May 21, 6:45 p.m.-7:45 p.m. 71214.317

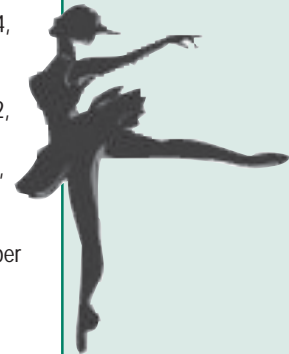


OH NO!!!

You cancelled the program!

Sorry, but excellent programs are sometimes cancelled when everyone waits until the last minute to register. We need to make decisions before the start date to allow for proper preparation. Please register early to avoid disappointment.

Performing Arts



Let your child explore movement through music. Enroll in a dance class today!

Performing Arts



Beginning Piano or Voice

This is an opportunity for those who have always wanted to learn piano or take voice lessons but never had the chance. 30-minute private lessons. Ages 6 & older. Instructor: Linda Paul. \$10 per lesson. Lacy, M, ongoing, between 3:30 p.m.-7:30 p.m. & W, between 3:30 p.m.-6:00 p.m.

Is there a class you wish Tulsa Parks would offer? Call or e-mail us and let us know what it is.

Dance - Preschool

Baby Ballet

These students will learn basic ballet moves such as positions, turns and basic balancing skills. Ages 3 to 4. Instructor: Shayna Horn. \$5 per month. \$2 enrollment fee.

Lacy, M, ongoing, 9:00 a.m.-9:45 a.m. (see online registration for monthly class codes)

Lacy, M, ongoing, 9:45 a.m.-10:30 a.m. (see online registration for monthly class codes)



Creative Movement

Creative Movement is a joyful way for children to explore movement through music, develop physical skills, channel energy, stimulate imagination and promote creativity. Ballet shoes preferred.

McClure, Age 3, Instructor: Sherron Underwood, \$30 per month, Tu, ongoing, 5:30 p.m.-6:00 p.m. (see online registration for monthly class codes)

Owen, Ages 3 to 4, Instructor: Sherron Underwood, \$10 per session, Sa, ongoing, 9:30 a.m.-10:00 a.m. (see online registration for monthly class codes)

Reed, Age 3, Instructor: Mary Paulding, \$28 per month, Tu, ongoing, 10:30 a.m.-11:00 a.m. (see online registration for monthly class codes)

Reed, Age 3, Instructor: Mary Paulding, \$28 per month, Tu, ongoing, 5:00 p.m.-5:30 p.m. (see online registration for monthly class codes)

Whiteside, Ages 3 to 4, Instructor: Sherron Underwood, \$45, Th, Jan. 8 to Feb. 12, 5:30 p.m.-6:00 p.m. 71004.317

Whiteside, Ages 3 to 4, Instructor: Sherron Underwood, \$45, Th, Feb. 26 to Apr. 9 (no class March 19), 5:30 p.m.-6:00 p.m. 71005.317

Whiteside, Ages 3 to 4, Instructor: Sherron Underwood, \$45, Th, Apr. 16 to May 21, 5:30 p.m.-6:00 p.m. 71006.317

Tap & Ballet - Beginner

The basics of tap & ballet, as well as various dance routines are taught in this fun and exciting class. This class focuses on basic steps, terminology and combinations of steps as a series of movement. Tap & ballet shoes are required. Ages 4 to 5.

McClure, Instructor: Sherron Underwood, \$30 per session, Tu, Jan. 20 to Feb. 10, 6:00 p.m.-6:45 p.m. 71005.311

McClure, Instructor: Sherron Underwood, \$30 per session, Tu, Feb. 17 to Mar. 10, 6:00 p.m.-6:45 p.m. 71006.311

McClure, Instructor: Sherron Underwood, \$30 per session, Tu, Mar. 24 to Apr. 14, 6:00 p.m.-6:45 p.m. 71007.311

McClure, Instructor: Sherron Underwood, \$30 per session, Tu, Apr. 21 to May 12, 6:00 p.m.-6:45 p.m. 71008.311

Reed, Instructor: Mary Paulding, \$28 per 4-week session, Tu, ongoing, 11:00 a.m.-11:45 a.m. (see online registration for monthly class codes)

Reed, Instructor: Mary Paulding, \$28 per 4-week session, Tu, ongoing, 5:30 p.m.-6:15 p.m. (see online registration for monthly class codes)

Whiteside, Instructor: Sherron Underwood, \$45 per session, Th, Jan. 8 to Feb. 12, 6:00 p.m.-6:45 p.m. 71014.317

Whiteside, Th, Feb. 26 to Apr. 9 (no class March 19), 6:00 p.m.-6:45 p.m. 71015.317

Whiteside, Th, Apr. 16 to May 21, 6:00 p.m.-6:45 p.m. 71016.317

Kid Rock

Children learn through music. In this class we will explore using various musical instruments to make rhythms. We will dance and play to music using bells, drums, ribbons, wands, rhythm sticks, and more. Ages 2 to 4. Instructor: Adrienne Morecraft. \$30 for 4 classes.

Whiteside, W, Jan. 7 to Jan. 28, 9:30 a.m.-10:15 a.m. 76001.317

Drama - Adults

Creative Writing

Explore various writing formats, such as short story, poetry and play writing. All levels are welcome. Ages 18 & older. Free.

Henthorne, Th, Jan. 22 to May 21, 5:30 p.m.-7:00 p.m. 70432.318

Laughing Matter for Adults

Ongoing performance improvisation troupe for all levels of performer. Will teach you to think on your feet and performance techniques. Ages 18 & older. Free.

Henthorne, W, ongoing, 5:30 p.m.-7:00 p.m. 70434.318



Classic Radio Theater

Re-live the Golden Days of radio at Central Center. Our cast will perform some of the great classic radio programs of all time. Get a ringside view of what it was like to entertain the radio audience before the advent of television. If you are interested in being part of the cast please call our staff at 596-1444. Rehearsals will be held on Tuesdays and Thursdays. \$5 per ticket.

Central, F Sa, Mar. 28 to Mar. 29, 7:00 p.m.-8:00 p.m. 70901.302

Drama - Youth

Clark Laughing Matter - Advanced

Students must have participated in Clark's Laughing Matter Improv for at least two years to enroll. Increases creativity and basic performance skills. Public performances given once every 8 weeks. Ages 18 & younger. Instructor: Julie Tattershall. \$32.

Clark, Sa, Jan. 17 to May 23, 12:30 p.m.-1:15 p.m.
70421.319

Clark Laughing Matter - Beginning

Clark Laughing Matter is a performing comic improv group. Classes teach improvisation techniques. Performances are held every 6 weeks. Ages 8 to 13. Instructor: Julie Tattershall. \$32.

Clark, Sa, Jan. 17 to May 23, 11:00 a.m.-12:00 p.m.
70322.319

Creative Writing for Teens

Create writing pieces each week and share your work with other creative teens. Ages 13-18. \$32.

Clark, Sa, Jan. 17 to May 16, 10:00 a.m.-10:45 a.m.
70436.319

Play Reading

The class will read one play a week, discussing and reading sections out loud during class time. A variety of youth oriented and classical plays will be read for consideration on Clark's next season. Ages 18 & younger. Instructor: Erin Thompson. \$22.

Clark, Sa, Jan. 17 to May 16, 2:00 p.m.-2:45 p.m.
70425.319

Questions? Call 596-PARK

Baton - Youth

Baton - Beginning

This class is for beginning twirlers. Students will be invited to become involved with the T-Town Stars activities and recital. Shorts, a well-fitted shirt and tennis shoes are needed for the class. Class size is limited. Please call the center for class openings. Ages 5 to 15.

Instructor: Patti Phillips. \$30 per month.

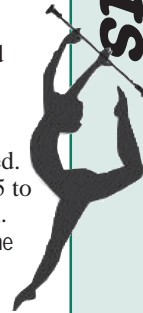
Hicks, Tu, ongoing, 5:00 p.m.-6:00 p.m. (see online registration for monthly class codes)

Baton - Intermediate

This class is for twirlers who have mastered beginning skills. This class offers 1 baton, 2 baton, flag and fire baton. Instructor will ask to see twirling skills before admittance to class will be allowed. Class size is limited. Please call center for class openings. Ages 5 to 16. Instructor: Patti Phillips. \$30 per month.

Hicks, Th, ongoing, 5:00 p.m.-6:00 p.m. (see online registration for monthly class codes)

Performing Arts



Bring Your Best Friend and Visit Tulsa's First Dog Park!

Designed for off-leash use only, the **Joe Station Bark Park**, Tulsa's first dog park is located at 2279 Charles Page Blvd. just west of Newblock Park. The new dog park was named for one of the trolley stops previously located close to the park along the historic Interurban Line that once connected Tulsa to Sand Springs.

The dog park is located in a converted baseball field where there are two dog areas - one for large dogs and one for small dogs. There is ample parking and the park has lighting for evening romps.

Best of all -

Entry is free!

Many volunteers, task force members and community leaders have worked "paw in paw" to launch this great park which is sure to be the first of many in Tulsa. For more information, visit online at www.tulsabarkpark.com.



Enjoy a family picnic in a City park.
Call 596-PARK to reserve a shelter.

Education

Computers - Adults



Getting to Know Your PC

For those with little to no experience with the machine commonly known as the PC (personal computer). The goal of this course is to teach some of the basic functions commonly performed with a PC. Ages 18 & older. Instructor: Edward Jones. \$30.

Hicks, W, Jan. 7 to Jan. 14,
10:00 a.m.-12:30 p.m.

80600.315

Hicks, W, Jan. 7 to Jan. 14,
6:00 p.m.-8:30 p.m.

80601.315

Hicks, Tu Th, Feb. 3 to Feb. 5, 10:00 a.m.-12:30 p.m.
80602.315

Hicks, Tu Th, Feb. 3 to Feb. 5, 6:00 p.m.-8:30 p.m.
80603.315

Hicks, W, Mar. 18 to Mar. 25, 10:00 a.m.-12:30 p.m.
80604.315

Hicks, W, Mar. 18 to Mar. 25, 6:00 p.m.-8:30 p.m.
80605.315

Hicks, Tu Th, Apr. 14 to Apr. 16, 10:00 a.m.-
12:30 p.m. 80606.315

Hicks, Tu Th, Apr. 14 to Apr. 16, 6:00 p.m.-8:30 p.m.
80607.315

Keyboarding (Typing)

Increase your knowledge of the key board by taking advantage of this beginning typing class designed to improve typing skills, effectively prepare letters, fill out applications and not fall behind when taking computer courses.

Knowing how to type efficiently will make one more marketable as well as reduce the frustration when learning new programs on the computer. Ages 18 & older. Instructor: Edward Jones. \$30.

Hicks, Tu Th, Jan. 13 to Jan. 15, 10:00 a.m.-
12:30 p.m. 80700.315

Hicks, Tu Th, Jan. 13 to Jan. 15, 6:00 p.m.-8:30 p.m.
80701.315

Hicks, Tu Th, Feb. 10 to Feb. 12, 10:00 a.m.-
12:30 p.m. 80702.315

Hicks, Tu Th, Feb. 10, to Feb. 12, 6:00 p.m.-8:30 p.m.
80703.315

Hicks, W, Mar. 4 to Mar. 11, 10:00 a.m.-12:30 p.m.
80704.315

Hicks, W, Mar. 4 to Mar. 11, 6:00 p.m.-8:30 p.m.
80705.315

Hicks, Tu Th, Apr. 7 to Apr. 9, 10:00 a.m.-12:30 p.m.
80706.315

Hicks, Tu Th, Apr. 7 to Apr. 9, 6:00 p.m.-8:30 p.m.
80707.315

How to Use E-Mail

E-mail allows you to keep in touch with family and friends all over the world. If you do not have e-mail, you will have the opportunity to take advantage of Yahoo's e-mail services. You will learn how to use Yahoo's e-mail services and how these principles may apply to many other web-based email providers such as getting an e-mail address, sending e-mail, reading and receiving e-mail, and more. Ages 18 & older. Instructor: Edward Jones. \$30.

Hicks, W, Jan. 21 to Jan. 28, 10:00 a.m.-12:30 p.m.
80500.315

Hicks, W, Jan. 21 to Jan. 28, 6:00 p.m.-8:30 p.m.
80511.315

Hicks, Tu Th, Feb. 17 to Feb. 19, 10:00 a.m.-
12:30 p.m. 80512.315

Hicks, Tu Th, Feb. 17 to Feb. 19, 6:00 p.m.-8:30 p.m.
80513.315

Hicks, Tu Th, Mar. 24 to Mar. 26, 10:00 a.m.-
12:30 p.m. 80514.315

Hicks, Tu Th, Mar. 24 to Mar. 26, 6:00 p.m.-8:30 p.m.
80515.315

Hicks, W, Apr. 1 to Apr. 8, 10:00 a.m.-12:30 p.m.
80516.315

Hicks, W, Apr. 1 to Apr. 8, 6:00 p.m.-8:30 p.m.
80517.315

Beginning Microsoft Word

This course is designed for people that want to find out more about computers and acquire basic computer skills. This course concentrates on giving you a good foundation in using Microsoft Word as a word processor. You will learn how to use a word processor to produce letters, advertisements and more. This course will help you develop your computer skills so that you can use Microsoft Word to create and begin editing your documents. Must be able to type 25 words per minute. Ages 18 & older. Instructor: Edward Jones. \$30.

Hicks, Tu Th, Jan. 6 to Jan. 8, 10:00 a.m.-12:30 p.m.
81501.315

Hicks, Tu Th, Jan. 6 to Jan. 8, 6:00 p.m.-8:30 p.m.
81500.315

Hicks, W, Feb. 4 to Feb. 11, 10:00 a.m.-12:30 p.m.
81502.315

Hicks, W, Feb. 4 to Feb. 11, 6:00 p.m.-8:30 p.m.
81503.315

Hicks, Tu Th, Mar. 3 to Mar. 5, 10:00 a.m.-12:30 p.m.
81504.315

Hicks, Tu Th, Mar. 3 to Mar. 5, 6:00 p.m.-8:30 p.m.
81505.315

Hicks, W, Apr. 15 to Apr. 22, 10:00 a.m.-12:30 p.m.
81506.315

Hicks, W, Apr. 15 to Apr. 22, 6:00 p.m.-8:30 p.m.
81507.315

**If your looking
for great classes
at great prices -
you're in the
right place.**

Education/Computers - Adults (cont.)

Intermediate Microsoft Word

In this course you will learn how to create and edit your documents; you will learn how to find and replace text, how to change the alignment and line spacing of text and how to change the margins on documents. You will be shown how to print out your work and of course how to open, close and save your documents, and more. Must be able to type 25 words per minute. Ages 18 & older. Instructor: Edward Jones. \$30.

Hicks, Tu Th, Jan. 20 to Jan. 22, 10:00 a.m.-12:30 p.m. 81600.315

Hicks, Tu Th, Jan. 20 to Jan. 22, 6:00 p.m.-8:30 p.m. 81601.315

Hicks, W, Feb. 18 to Feb. 25, 10:00 a.m.-12:30 p.m. 81602.315

Hicks, W, Feb. 18 to Feb. 25, 6:00 p.m.-8:30 p.m. 81603.315

Hicks, Tu Th, Mar. 10 to Mar. 12, 10:00 a.m.-12:30 p.m. 81604.315

Hicks, Tu Th, Mar. 10 to Mar. 12, 6:00 p.m.-8:30 p.m. 81605.315

Hicks, Sa, Apr. 25 to Apr. 25, 9:00 a.m.-1:00 p.m. 81606.315

Advanced Microsoft Word

In this course, your skills from the intermediate class are taken further. All aspects of creating and editing documents are taught at an advanced level. This class is in depth and comprehensive. Must be able to type 25 words per minute. Ages 18 & older. Instructor: Edward Jones. \$30.

Hicks, Tu Th, Mar. 17 to Mar. 19, 10:00 a.m.-12:30 p.m. 81607.115

Hicks, Tu Th, Mar. 17 to Mar. 19, 6:00 p.m.-8:30 p.m. 81608.115

Hicks, Tu Th, Apr. 28 to Apr. 30, 10:00 a.m.-12:30 p.m. 81609.115

Hicks, Tu Th, Apr. 28 to Apr. 30, 6:00 p.m.-8:30 p.m. 81610.115

**Tulsa Parks accepts credit cards
when you sign up for a class online.**



It's the easy way to enroll.

www.tulsaparks.org

Education



Education/Misc. - Adults

Ask an Attorney

Receive quick and simple legal advice you can understand. Attorney Scott B. Goode will answer questions covering all legal topics. Please call to register for a time slot. Ages 18 & older. Free.

Central, Tu, Jan. 13, 5:30 p.m.-8:00 p.m. 86910.302

Central, Tu, Mar. 10, 5:30 p.m.-8:00 p.m. 86911.302

Financial Planning

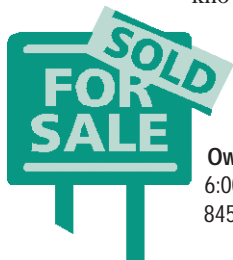
Lead by Shirley from Arvest Bank, this financial planning seminar will help you learn what you need to save to retire and how and where you should save it. Ages 18 & older. Free.

Owen, Th, Jan. 15, 6:00 p.m.-7:00 p.m. 84502.304

Home Buyers Seminar

Lead by Shirley from Arvest Bank, this seminar will explain in detail what you need to know about buying a home including mortgage rates and home loan interest. Ages 18 & older. Free.

Owen, Tu, Jan. 13, 6:00 p.m.-7:00 p.m. 84501.304



Calorie Conscious Cooking

This cooking class is designed to teach participants about great food options and still be conscious of calorie content. Monday class is instructional and Tuesday class is hands-on cooking. Students must participate in both sessions. Ages 21 & older. Free.

Central, M Tu, Jun. 8 to Jun. 9, 5:30 p.m.-7:00 p.m. 86901.302

Crock Pot Cooking

Slow cooker recipes are great for persons with time issues. Learn healthy cooking styles using your crock pot. Monday class is instructional and Tuesday class is hands-on cooking. Students must participate in both sessions.

Ages 21 & older. Free

Central, M Tu, Apr. 13 to Apr. 14, 5:30 p.m.-7:00 p.m. 86902.302

Diabetic Cooking on a Budget

Learn great cooking options and substitutions that are not only healthy for diabetics but are kind to your wallet. Monday class is instructional and Tuesday class is hands-on cooking. Students must participate in both sessions.

Ages 21 & older. Free

Central, M Tu, Mar. 2 to Mar. 3, 5:30 p.m.-7:00 p.m. 86903.302

**Education should
be a life-long
pursuit. Sign up
for a class today!**

Education



Learning can be fun. Let us show you how.

Education - Adults (cont.)

Healthy Cooking around the World

Learn to prepare healthy dishes with an international flair. Monday class is instructional and Tuesday class is hands-on cooking. Students must participate in both sessions.

Ages 21 & older. Free.

Central, M Tu, Jan. 26 to Jan. 27, 5:30 p.m.-7:00 p.m. 86904.302

Healthy Cooking for One

Wasting food can be expensive. Learn cost saving options on preparing food for one. Monday class is instructional and Tuesday class is hands-on cooking. Students must participate in both. Ages 21 & older. Free.

Central, M Tu, Jan. 5 to Jan. 6, 5:30 p.m.-7:00 p.m. 84916.302

Healthy Holiday Cooking

Learn to prepare healthy traditional favorites or great substitutions. Monday class is instructional and Tuesday class is hands-on cooking. Students must participate in both sessions. Ages 21 & older.

Free.

Central, M Tu, Mar. 23 to Mar. 24, 5:30 p.m.-7:00 p.m. 84918.302

Healthy Soul Food Cooking

Flavorful, favorite food does not have to be unhealthy. Learn cooking and substitute options to a great cuisine choice. Monday class is instructional and Tuesday class is hands-on cooking. Students must participate in both sessions. Ages 21 & older. Free

Central, M Tu, May 4 to May 5, 5:30 p.m.-7:00 p.m. 84912.302

Heart Healthy Cooking

This class is designed for those needing to learn food options for a heart healthy lifestyle. Monday class is instructional and Tuesday class is hands-on cooking. Students must participate in both sessions. Ages 21 & older. Free.

Central, M Tu, Feb. 9 to Feb. 10, 5:30 p.m.-7:00 p.m. 86906.302

Low Cost/Low Fat Cooking

Dieting does not have to be expensive. Learn great low fat options for weight loss cooking on a budget. Monday class is instructional and Tuesday class is hands-on cooking. Students must participate in both sessions. Ages 21 & older. Free

Central, M Tu, Jun. 22 to Jun. 23, 5:30 p.m.-7:00 p.m. 84917.302

Homemade Doggie Treats

Come make homemade dog treats for your lovable pooch. Pre-registration required. Ages 16 & older. \$10.

Whiteside, Sa, Apr. 18, 11:00 a.m.-12:00 p.m. 86601.317

Sewing for Adults

Learn how to use a sewing machine, read a pattern and assemble a simple garment. No experience needed. You may bring your own machine or use one of ours. Pick up a supply list before class starts. Ages 18 & older.

Instructor: Rachelle Kollie. \$60.

Hicks, Tu, Feb. 17 to Mar. 24, 6:30 p.m.-8:30 p.m. 84501.315

Education - Mixed Ages

Beginning Crochet

Learn all the basic skills for crocheting: cabin stitch, single crochet and double crochet. Students will complete a small project. Will need to pick up some supplies before class starts. Call center for more information. Students must pre-register before class starts. Ages 12 & older. Instructor: Janine Robertson. \$45.

Hicks, M, Jan. 12 to Feb. 9, 7:00 p.m.-8:00 p.m. 84901.315

Beginning Knitting

If you are new to knitting or could use a refresher course, come join us and bring a friend. Must pre-register for enrollment. Supplies list is available. No class on March 17. Ages 12 & older. Instructor: Janine Robertson. \$45.

Hicks, Tu, Mar. 3 to Apr. 14, 7:00 p.m.-8:00 p.m. 84900.315

Cake Decorating Fun for Families

Learn how to decorate your own cakes for birthdays, holidays and other special occasions in this adult/child class. Bring a 9-inch round baked cake for each adult/child. Pre-register and pre-pay by Jan. 5. Ages 8 & older. \$10 per person.



Reed, M, Jan. 12, 6:00 p.m.-7:30 p.m. 86900.306

CPR

This life-saving skill may be one of the most important things you'll ever learn. Pre-registration required. Ages 9 & older. Instructor: Vickie Henry. \$10.

Owen, W, Jan. 14, 9:00 a.m.-2:00 p.m. 82901.304

Owen, W, Feb. 4, 9:00 a.m.-2:00 p.m. 82902.304

Owen, W, Mar. 4, 9:00 a.m.-2:00 p.m. 82903.304

Education - Mixed Ages (cont.)

Leave No Trace

"Leave No Trace" is a National and International program comprised of 7 principles designed to educate outdoor enthusiasts about recreational impacts on nature and techniques to prevent and minimize such impacts. Each principle will be explored in its own one-hour class designed for ages 6 & older and taught by Chris Thoma. Cost for each class is \$5.

Principle #1: Plan Ahead and Prepare - adequate trip planning and preparation help outdoor enthusiasts enjoy nature safely.

McClure, Th, Feb. 5, 6:30 p.m.-7:30 p.m. 84901.311

Principle #2: Travel and Camp on Durable Surfaces - move through nature while avoiding damaging the land.

McClure, Th, Feb. 26, 6:30 p.m.-7:30 p.m.
84902.311

Principle #3: Dispose of Waste Properly - help minimize the possibility of spreading disease and maximize the rate of decomposition.

McClure, Th, Mar. 5, 6:30 p.m.-7:30 p.m. 84903.311

Principle #4: Leave What You Find - leave objects of interest the way you found them so others can enjoy them as well.

McClure, Th, Mar. 26, 6:30 p.m.-7:30 p.m.
84904.311

Principle #5: Minimize Campfire Impacts - campfires versus stoves.

McClure, Th, Apr. 2, 6:30 p.m.-7:30 p.m. 84905.311

Principle #6: Respect Wildlife - observe wildlife from a distance so they are not scared or forced to flee.

McClure, Th, Apr. 23, 6:30 p.m.-7:30 p.m. 84906.311

Principle #7: Be Considerate of Other Visitors - a major outdoor ethic is to have courtesy of other visitors so everyone enjoys their visit.

McClure, Th, May 7, 6:30 p.m.-7:30 p.m. 84907.311

First Aid

Certified instructor Vickie Henry will present basic first aid skills that everyone should know - from dealing with sprains, broken bones to severe cuts, and more. Pre-registration required. Ages 9 & older. \$10.

Owen, F, Jan. 30, 9:00 a.m.-2:00 p.m. 83901.304

Owen, F, Feb. 27, 9:00 a.m.-2:00 p.m. 83902.304

Owen, F, Mar. 27, 9:00 a.m.-2:00 p.m. 83903.304

'How To' Hair Accessories

Come and make cute bows and other hair accessories. We will learn how to make boutique bows, clippies, loopy bows, cheer bows, and felt snap clips. Students will come away with one of each. Pre-register and pre-pay by Mar 2. Ages 12 & older. Instructor: Shawn Stewart-Maddox. \$12.

Reed, M, Mar. 9, 6:30 p.m.-8 p.m. 28902.306

Understanding Your Checking Account

Lead by Shirley from Arvest Bank, this seminar will teach you all about checking accounts including what they are, how they work, and how to maintain them. Perfect for everyone, especially those new to the banking process. Ages 13 and older. Free.

Owen, Tu, Jan. 27, 6:00 p.m.-7:00 p.m.

84503.304

Women's Self Defense

Learn life-saving self defense techniques with martial arts instructor Rodney Thompson. We encourage you to come and bring a loved one. Space is limited so please pre-register. Ages 11 & older. \$10.

Owen, Sa, Apr. 18, 9:00 a.m.-2:00 p.m. 84901.304



Education

Education - Youth

Grossology

Grossology is the science of really gross things. We'll make a gross looking but good tasting snack and a slimy craft. This class will be a little messy but a whole lotta fun. Pre-register and pre-pay by Mar 3. Ages 6 to 12. \$5.

Reed, Tu, Mar. 10, 6:00 p.m.-7:00 p.m. 86200.306

Home School Cookin' with Kids

Homeschooled kids can learn how to cook, but also learn the science behind some of their favorite foods. Ages 8 to 14. Instructor: Adrienne Morecraft. \$35.

Whiteside, M, Jan. 5 to Jan. 26, 1:00 p.m.-2:00 p.m.
86401.317

Cookin' with Kids

Kids can learn not only how to cook, but also the science behind some of their favorite foods. Ages 8 to 14. Instructor: Adrienne Morecraft. \$35.

Whiteside, M, Jan. 5 to Feb. 2, 3:30 p.m.-4:30 p.m.
86403.317

Home School - C.S.I.

Kid-friendly Crime Scene Investigation. Decode clues, dust for fingerprints and more. Ages 8 to 14. Instructor: Adrienne Morecraft. \$30.

Whiteside, M, Feb. 9 to Mar. 2, 1:00 p.m.-2:00 p.m.
87301.317

Looking for activities for your home-schooled child? The Fun Guide is full of great choices.

Come out and play in Tulsa's parks!

Education



Education - Youth (cont.)

Home School - Crazy Cupcakes

We'll make and eat some crazy and creative cupcakes. A fun class for all. Ages 7 to 14. Instructor: Adrienne Morecraft. \$10. Whiteside, M, May 11, 12:30 p.m.-2:00 p.m. 87305.317

Home School - Food Investigators

We'll learn about food science, nutrition and more, plus sample all sorts of interesting foods. Ages 8 to 14. Instructor: Adrienne Morecraft. \$30. Whiteside, M, Apr. 13 to May 4, 1:00 p.m.-2:00 p.m. 87201.317

Home School - This Land is My Land

Learn about our environment and what we can do to save it. We'll do recycling crafts and more. Ages 8 to 14. Instructor: Adrienne Morecraft. \$30. Whiteside, M, Mar. 9 to Apr. 6, 1:00 p.m.-2:00 p.m. 87202.317

Young Aviators

Learn about the amazing world of air travel. This hands-on class will cover the fundamentals, history and future of flight. Great for home schoolers. Ages 7 to 11. \$20. McClure, Tu, Feb. 3 to Feb. 24, 5:30 p.m.-6:30 p.m. 87203.311

Prom Prep 101

Learn how to style your makeup, hair and nails for prom. Pre-register and pre-pay by Mar 23. Ages 15 to 18. \$5. Reed, M, Mar. 30, 6:00 p.m.-7:30 p.m. 84202.306

Red Cross Babysitting Class

Presented by the American Red Cross, this class will help youth prepare for an interview, choose safe and age-appropriate toys and games, perform first aid, learn diapering and feeding techniques, handle bedtime issues, etc. Must enroll by Jan. 20. Ages 11 to 15. Instructor: Adrienne Morecraft. \$40. Whiteside, Sa, Jan. 24 to Jan. 31, 9:30 a.m.-12:30 p.m. 88500.317

Scout Badges by Design

Does your scout group want to complete a badge in art, cooking, fitness, gardening, photography, science or other area of interest? Contact the staff at Reed Park to design your own scout badge class. Ages 5 to 17. Reed, class days, times and fees to be determined. 84203.306

Snack Attack 1

In this class, students and parents will learn how to make easy, healthy dairy group snacks. Delicious smoothies will be made and enjoyed by the students. This class teaches children how to make a healthy snack on their own. Pre-register by Feb. 10. Ages 6 to 11. Free. Reed, Tu, Feb. 17, 4:00 p.m.-4:45 p.m. 86201.306

Snack Attack 2

In this class students and parents will learn how to make easy, healthy grain group snacks. A healthy blend of grains will be combined to make delicious trail mix. This class teaches children how to make a healthy snack on their own. Pre-register by Mar. 17. Ages 6 to 11. Free. Reed, Tu, Mar. 24, 4:00 p.m.-4:45 p.m. 86202.306

Education - Preschool

Animal Friends

Meet new animal friends and people that work with animals. We'll do crafts and have stories that relate to animals each week. Ages 2 to 4. Instructor: Adrienne Morecraft. \$30. Whiteside, M, Apr. 13 to May 4, 9:30 a.m.-10:15 a.m. 87103.317

Lil' Books for Lil' Cooks

Come read a story and create a special trail mix snack to enjoy after the story. Pre-enrollment/pre-payment required. Ages 5 & younger. \$7. "Today is Valentine's Day" - McClure, M, Jan. 26, 4:00 p.m.-5:00 p.m. 84000.311 "The Rainbow Fish" - McClure, M, Mar. 9, 4:00 p.m.-5:00 p.m. 84001.311 "Are You My Mother" - McClure, M, Apr. 20, 4:00 p.m.-5:00 p.m. 84004.311

Lil' Chefs

Little ones will make no-bake and simple goodies to enjoy. No class on Jan.19. Ages 2 to 4. Instructor: Adrienne Morecraft. \$30. Whiteside, M, Jan. 5 to Feb. 2, 9:30 a.m.-10:15 a.m. 86015.317 Whiteside, M, Jan. 5 to Feb. 2, 10:30 a.m.-11:15 a.m. 86016.317

Lil' Detectives

Who stole the cookies from the cookie jar? Fun stuff as we have a visit from the police, dust for fingerprints and more. Ages 2 to 4. Instructor: Adrienne Morecraft. \$30. Whiteside, W, Feb. 4 to Feb. 25, 9:30 a.m.-10:15 a.m. 87101.317

Tulsa Parks makes learning fun!

Questions? Call 596-PARK

Education - Preschool (cont.)

Lil' Scientists

Children of all ages will enjoy this unique interactive approach to science. We will explore the laws of physics, build models, and dissect things to see how they work. The difficulty of this class depends on the age of the students. \$30.



Whiteside, M, Mar. 9 to Apr. 6, 9:30 a.m.-10:15 a.m. 86001.317
Whiteside, M, Mar. 9 to Apr. 6, 10:15 a.m.-11:00 a.m. 86002.317

Lil' Sprouts

Let's grow some stuff and play in the dirt! Learn about how things grow. Ages 2 to 4. Instructor: Adrienne Morecraft. \$30.
Whiteside, W, Apr. 8 to Apr. 29, 9:30 a.m.-10:15 a.m. 87110.317

Enroll at: www.tulsaparks.org

Social

Adults & Mixed Ages

Duplicate Bridge

Sanctioned game by certified director awarding master points. For info/reservations call 743-5560. Ages 21 & older. Instructor: Dorothy Oram. Free.

Whiteside, M F, ongoing, 7:00 p.m.-11:00 p.m. 94804.317

Daddy Daughter Dance

Dads and daughters - dance the night away at our annual Daddy Daughter Dance. Girls ages 4 to 12 can bring their favorite guy (dads, grandpas, uncles, etc.) to enjoy a special night just for them. Tickets will be sold for \$4 each in advance thru Feb. 9 or \$6 each at the door.

Reed, F, Feb. 13, 6:30 p.m.-8:00 p.m. 91900.306

Outdoor Adventure

Let's go on an outdoor adventure! We'll go on a scavenger hunt in the park and make a fun craft from the items we collect. Parent participation required. Pre-register and pre-pay by Apr. 16. Ages 3 to 5. \$3.

Reed, Th, Apr. 23, 11:00 a.m.-11:45 a.m. 84002.306
Reed, M, Apr. 27, 5:45 p.m.-6:30 p.m. 84003.306

Snacks & Stories

Join us monthly as we read a story, do a short craft and have a snack. Pre-enrollment/pre-payment required. Ages 2 to 4. Instructor: Adrienne Morecraft. \$6.

Winter Tales -

Whiteside, F, Jan. 9, 9:30 a.m.-10:00 a.m. 84001.317

Valentines -

Whiteside, F, Feb. 6, 9:30 a.m.-10:00 a.m. 84002.317

Curious George -

Whiteside, F, Mar. 6, 9:30 a.m.-10:00 a.m. 84003.317

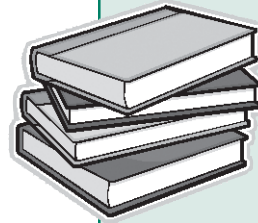
Dr. Seuss Celebration -

Whiteside, F, Apr. 3, 9:30 a.m.-10:00 a.m. 84004.317

Cinco de Mayo -

Whiteside, F, May 1, 9:30 a.m.-10:00 a.m. 84005.317

Education



Parents' Night Out

Every parent needs a night out on the town occasionally. Ages 5 to 11. All kinds of games, prizes, crafts, and fun. There will be pizza involved. \$10.

Owen, F, Jan. 23, 5:30 p.m.-9:00 p.m. 12209.304

Owen, F, Mar. 6, 5:30 p.m.-9:00 p.m. 12210.304

Owen, F, May 29, 5:30 p.m.-9:00 p.m. 12211.304

Square Dance

Come enjoy one of America's original folk dance styles. Caller Mike McHenry leads "The Rushing Stars" Square Dance Club, one of Tulsa's oldest clubs. Partners and singles welcome. Ages 16 & older. \$3 per person.

Central, W, ongoing, 1:00 p.m.-3:30 p.m. 91904.302

Did You Know?
 Mohawk Park is almost 3 times larger than Central Park in New York City.

The Mural at Lacy Community Center

The mural at Lacy Park Community Center stands as a proud reminder of the struggles and triumphs of African Americans in Tulsa and around the world. It depicts striking images of over 100 African Americans throughout history. Local Tulsans mingle with national celebrities and slaves stand next to astronauts. This beautifully rendered mural tells the rich and varied stories of individuals who made significant contributions to Tulsa and the African American community. The mural inspires a sense of pride and respect for its subjects, whose everyday lives involved extraordinary courage.

Call 596-1470 for center hours.

The 60-foot mural was restored and updated by the original artist, Felix Cole, who began painting the mural in 1975. Mr. Cole was contacted by members of Leadership Tulsa who contracted with the artist who now lives in Detroit to return to Tulsa to refurbish his original creation. The mural can be seen at **Lacy Community Center, 2134 North Madison Place in Tulsa**. The mural also can be viewed online at www.tulsaparks.org where visitors are shown the identities of the more than 100 individuals portrayed.



Social



Gymnastics Birthday Party

Give your child an exciting birthday party filled with jumping, tumbling and having a great time! Parties are 1½ hours. Ages 2 & older. Saturdays by arrangement. Instructor: Summer Wright. \$80 (up to 10 kids) plus \$5 for each additional child. Whiteside, Sa, ongoing, by arrangement, between 10:00 a.m.-1:00 p.m. 90201.317

Hip Hop Birthday Party

Get all your friends together and celebrate your special day with a fun Hip Hop dance lesson. Have a birthday party that you'll never forget! Ages 10 & older. \$60. Owen, ongoing, by arrangement, 7:00 p.m.-8:00 p.m. 90210.304

Messy Art Birthday Party

Make a creative mess at our Messy Art Party. Up to 10 kids per party. Ages 3 to 10. Instructor: Adrienne Morecraft. \$110. Whiteside, Sa, ongoing, by arrangement, between 9:00 a.m.-11:30 a.m. 90206.317

Youth

Edible Spring!

Spring flowers, dirt with worms, sunshine punch - Ahh, delicious spring! Class size is limited. Pre-register by March 1. Ages 5 to 12. Instructor: Patti Phillips. \$5. Hicks, Sa, Mar. 7, 11:00 a.m.-12:00 p.m. 28300.315

Super Star Story Time

Listen to classic American stories by stars from local TV, Radio, Sports, and Government throughout the Spring with this fun new series at Owen Park. Ages 5 to 11. Space is very limited so please call 596-1485 to pre-register today. Free. Owen, Tu, Jan. 20, 3:30 p.m.-4:15 p.m. 12204.304
Owen, Tu, Feb. 17, 3:30 p.m.-4:15 p.m. 12205.304
Owen, Tu, Mar. 24, 3:30 p.m.-4:15 p.m. 12206.304
Owen, Tu, Apr. 21, 3:30 p.m.-4:15 p.m. 12207.304

Pajama Jam

This is just for girls! Come spend the evening at Reed Center. Our female staff will keep the girls entertained with games, crafts, beauty secrets and more. This event is great for Girl Scout troops, Cheer groups and any girls interested. Gives mom and dad an evening out. Pre-register and pre-pay by Feb. 27. Ages 8 to 12. \$8. Reed, F, Mar. 6, 6:00 p.m.-9:00 p.m. 92200.306



Questions? Call 596-PARK

Preschool

Big Bird's Birthday

Come and celebrate our favorite feathered friend's birthday with games and crafts. Pre-register and pre-pay by March 16. Ages 3 to 6. Instructor: Shawn Stewart-Maddox. \$3. Reed, M, Mar. 23, 4:00 p.m.-4:45 p.m. 92102.306

Bikes, Balls & You

This open gym time for preschoolers on Tuesdays and Thursdays is a great way to socialize with other kids. Bring a riding toy. No class March 17 & 19. Ages 5 & younger. 50 cents per child per visit. Owen, Tu, ongoing, 9:30 a.m.-11:00 a.m.
Reed, W, ongoing, 10:00 a.m.-11:30 a.m.
Whiteside, Tu Th, ongoing, 9:30 a.m.-10:45 a.m.

Build It Party

Come join us for building fun with Legos, Playdough, clay and more. We'll pretend to be workers and cool off with a few refreshments. Ages 2 to 5. Instructor: Adrienne Morecraft. \$6. Whiteside, F, May 22, 9:30 a.m.-10:15 a.m. 92031.317



Let's Pretend

Kids will have fun using puppets, dress up and music in this high energizing class. Ages 2 to 4. Instructor: Adrienne Morecraft. \$25 for 3 weeks. Whiteside, W, Mar. 4 to Apr. 1, 9:30 a.m.-10:15 a.m. 92105.317

Mini Me Games

Are your little ones running through the house, jumping over furniture and tossing their toys in the air? They could be the next Mini Me Games champions! Join us for a fun morning of competing for ribbons at our Olympic-style games catered just for boys and girls ages 3 to 5. \$2. Hicks, F, May 1, 10:00 a.m.-12:00 p.m. 14100.315

Pink Princess Party

Join us for a "royal" party at Whiteside Center. Dress-up, crafts, snacks, and more. Pre-registration required. Enrollment is limited. Ages 5 & younger. Instructor: Adrienne Morecraft. \$6. Whiteside, F, Apr. 17, 9:30 a.m.-10:15 a.m. 92002.317

Snakes, Snails and Puppy Dog Tails

Come have some real boy fun as we get out our pirate gear, have some "dirt" pudding and get rowdy! Ages 2 to 5. Instructor: Adrienne Morecraft. \$6. Whiteside, F, Apr. 24, 9:30 a.m.-10:15 a.m. 92035.317

Teddy Bear Tea Party

You and your bear are invited to a special tea party. We will dress up, play games and have cookies and tea (punch). Ages 2½ to 5. Please enroll early. Instructor: Adrienne Morecraft. \$6. Whiteside, F, Jan. 23, 9:30 a.m.-10:15 a.m. 08010.317

Winnie the Pooh's Birthday Party

We will have a honey of a good time celebrating author A. A. Milne's birthday. Pre-register and pre-pay by Jan. 12. Ages 3 to 7. Instructor: Shawn Stewart-Maddox. \$3. Reed, F, Jan. 16, 4:00 p.m.-4:45 p.m. 92103.306

Fitness

Exercise - Adults

Aerobics - AMX

Start your day right with Instructor Lisa Brown. Low-impact aerobics, weight training, and mat work. Ages 18 & older. \$20 per month.

McClure, M W F, ongoing, 8:30 a.m.-9:30 a.m. (see online registration for monthly class codes)

Aerobics - PMX

Class stresses muscle toning and *low-impact* aerobics training. Exercise designed for strength, flexibility and improved stamina.

Ages 16 & older. Instructor: Ann Deeter. \$18 per month.

McClure, Tu Th, ongoing, 6:00 p.m.-7:00 p.m. (see online registration for monthly class codes)

Aerobics - Cardio Mix

Get your cardio on with instructor Lynda Ramsey. Class also uses toning exercises to help you improve your strength, flexibility and stamina. Ages 18 & older. \$25 per month.

Hicks, Tu Th, ongoing, 6:00 p.m.-7:00 p.m. (see online registration for monthly class codes)

Aerobics - Rhythmic

Dance aerobics with music ranging from country to rock & roll. Ages 18 & older.

Instructor: Jill Burns. \$30 for 10 visits.

Whiteside, M W F, ongoing, 9:00 a.m.-10:00 a.m. 50501.317

Awesome Abs

A 15 minute training session targeting your Core/Abdominal region. Pair this class with our Zumba class for a total workout.

Ages 16 & older. \$5 per month.

Central, M W, ongoing, 5:15 p.m.-5:30 p.m. (see online registration for monthly class codes)

After School Fitness

This fitness program combines heart pumping cardio and strength training to create a fun and beneficial workout that is perfect for school administrators and faculty, as well as moms and dads. Ages 18 & older. \$10 for 8 classes or \$2 drop in.

Owen, Tu Th, ongoing, 3:30 p.m.-4:30 p.m. 56801.304

30-Minute Workout

Come in on your lunch break and work every major part of your body. Private or group. Ages 18 & older. \$2.

Lacy, Tu W Th F, ongoing, 12:00 p.m.-12:30 p.m. 51551.305

Pilates

A total body workout using Pilates moves and toning exercises. Ages 18 & older. Instructor: Dot Stice. \$25 per month.

Hicks, Tu Th, ongoing, 6:00 p.m.-7:00 p.m. (see online registration for monthly class codes)

Stretching Only

Join other adults for some good long stretching and easy listening music. Come on your lunch break. Need a minimum of 5. Ages 18 & older.

\$1 per day.

Lacy, W, ongoing, 12:00 p.m.-12:30 p.m. 51902.305

Walk/Run for Your Life

Come walk or run in the comfort of our gym.

Ages 18 & older. Free.

Whiteside, M W F, ongoing, 5:00 p.m.-6:00 p.m. 52501.317

Chamberlain's Walk About Club

Adults and senior citizens walk in the gym and chart your miles. Ages 18 & older. Free.

Chamberlain, M Tu W Th F, ongoing, 10:30 a.m.-12:00 p.m. 52900.301

Walk & Talk

Adults and seniors can enjoy a sociable conversation while exercising.

Walk in our gym and chart your miles. Great for your body and your spirit. Ages 21 & older. Free.

Lacy, M W F, ongoing, 8:00 a.m.-10:30 a.m. 52900.305

Yoga Workout

The Yoga Workout is designed to build solid upper/lower and core strength, balance and flexibility. Can be modified for any fitness level. Includes 10-minute Abs Workout. Ages 16 & older. Instructor: Jackie Fishell. \$30 for 6 classes, \$50 for 12.

Whiteside, M Th, ongoing, 1:00 a.m.-12:00 p.m. 50510.317

Yoga

Learn the classic Sun Salute and other poses in a quiet atmosphere. Students bring their own mats and props. Ages 18 & older. Instructor: Patricia Rodriguez. \$35 for 4 sessions or \$60 for 8 sessions.

Central, Tu, ongoing, 5:45 p.m.-7:15 p.m. 50901.302

Central, Sa, ongoing, 9:00 a.m.-10:30 a.m. 50902.302



Ladies Private Weight Training

Keep your body lean and fit with this healthy and fun class. Get one-on-one training and work the areas of your body that need it the most.

Times are arranged with instructor. Ages 18 & older. Pre-registration required. \$2 for 30 minutes.

Lacy, Tu W Th F, ongoing, between 9:00 a.m.-3:00 p.m. 51961.305

Fitness



Tulsa Million Miles

Mayor Kathy Taylor spearheads the Mayor's Fitness Challenge and is joined by 55 partners, including Tulsa Parks to encourage family-centered healthy lifestyles.

The latest Mayor's Fitness Challenge initiative, Tulsa Million Miles, is an interactive Web site to help Tulsans stay fit and active. Visit www.tulsamillionmiles.com and start tracking your progress today!



Get in shape and stay in shape. Sign up for an exercise class today!

Exercise - Mixed Ages

BOSU Balance Class

Using BOSU (both sides up) balls and other exercise routines, participants will help maintain and improve their balance and stability. All ages. Free
Central, M, ongoing, 1:00 p.m.-2:00 p.m. 51706.302

Open Gym

Times may vary depending on gym rentals and special events. All ages. Free.
Chamberlain, M Tu W Th F Sa, ongoing, days & times vary 54401.301

Downtown Tulsa Adventure/Fitness Walk

Discover downtown Tulsa in a way you never have before. The tour will begin at Owen Park and continue through the streets of Tulsa with tour leaders explaining the city's beautiful Art Deco history and so much more in wonderful detail for your whole family to enjoy. Grab some coffee and get ready to hit the streets of the most beautiful big/little city in America. The tour involves considerable walking so be sure to wear appropriate shoes. Ages 10 & older. Free.

Owen, Sa, Apr. 25, 9:00 a.m.-12:00 p.m. 52302.304

Owen, Sa, May 23, 9:00 a.m.-12:00 p.m. 52301.304

Personal Trainer

Personal fitness trainer Kendra Holmes-Morris will help you be familiar with fitness equipment in our fitness room. She will also help advise on specific exercise routines to help you obtain your fitness goals. This class is free, but students must put their names on the schedule to reserve their time. Ages 16 & older. Free.

Central, Tu Th, ongoing, 1:00 p.m.-2:00 p.m.

51711.102

Zumba en Español (Spanish Language Zumba)

Immerse yourself in this Spanish-speaking only, high energy, Latin infused fitness class. Instructor: Elizabeth Pardinias. Ages 16 & older. \$10 per month.

Owen, Tu Th, ongoing, 7:00 p.m.-8:00 p.m.

50902.304

Zumba

Zumba is a fusion of Latin and international music/dance themes that create a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is based on the principle that a workout should be fun and easy to do. Ages 16 & older.



Central, Instructor:

Daphne Pharis, \$20, M W, ongoing, 5:30 p.m.-6:30 p.m.

50911.302

Owen, Instructor: Elizabeth Pardinias, \$10, Tu Th, ongoing, 5:45 p.m.-6:45 p.m. 50901.304

STRIDES

Open to everyone who wants to make "strides" in getting fit and staying fit. The gym is open in the mornings Monday through Friday for walking. Pedometers are available for checkout at the desk along with personal charts so you can log your progress. All ages. Free.

Hicks, M Tu W Th F, ongoing, 7:30 a.m.-10:00 a.m. 52900.315

Walk It Away

Too wet or cold outside to walk? Come inside the gym and walk. 19 laps equal one mile. All ages. Free.

Reed, M Tu W Th F, ongoing, 8:30 a.m.-10:00 a.m. 52501.306

Walk This Way

The Owen gym provides a quiet, temperature-controlled place to walk, rain or shine. Open during center hours, except for special events. Ages 9 & older. Free.

Owen, M Tu W Th F Sa, ongoing, during center hours 52901.304

Exercise - Youth

Boys' Physical Fitness Training

Great class for the young athlete incorporating exercises such as push-ups, sit-ups, and gentle yoga stretching to increase lateral movement for any and all sports. Ages 5 to 9. Sherron Underwood. \$10 per month.

Owen, Sa, ongoing, 10:45 a.m.-11:30 a.m. 51201.304

Homeschool P.E.

Kids have fun while participating in various sports, games and physical activities designed to get them up and moving. Ages 6 to 11. Instructor: Summer Wright. \$30.

Whiteside, Tu, Jan. 6 to Mar. 10, 1:30 p.m.-3:00 p.m. 54201.317

Whiteside, Tu, Mar. 24 to May 26, 1:30 p.m.-3:00 p.m. 54202.317

Enroll at: www.tulsaparks.org

Exercise - Fitness Rooms

Central Fitness Room

Our fitness equipment is *ifit.com* compatible - an online personal fitness training program designed to meet each individual's specific workout. Ages 18 to 59 - \$15 per month or \$2 drop-in fee. Ages 60 & older - free.
Central, ongoing, during building hours.

Chamberlain Fitness Room

Ages 16 & older. Free.
Chamberlain, ongoing, during building hours.

Henthorne Fitness Room

Exercise machines include a stair-stepper, recumbent bike, treadmill and an elliptical machine. Ages 16 & older. \$25 per month for unlimited use.
Henthorne, ongoing, during building hours.

Hicks Fitness Room

Treadmills, stationary bicycles, stair step machines, elliptical trainers, full body nautilus equipment and a full range of free weights. Ages 16 & older, \$25/20 visits, \$10/5 visits and ages 55 & older, \$15/20 visits.
Hicks, ongoing, M-Th, 7:30 a.m.-8:30 p.m., F, 7:30a.m.-6 p.m. & Sa, 9 a.m.-1 p.m.

Lacy Fitness Room

Drop-in fee is \$1 for ages 16-54 and 50 cents for ages 55 & older. Money-saving memberships are available that provide unlimited use. \$20 for ages 16-54 and \$10 for ages 55 & older. Membership periods: Jan. 1-March 31, April 1-June 30, July 1-Sept. 30 and Oct. 1-Dec. 31.
Lacy, ongoing, during building hours.

Owen Fitness Room

Exercise machines include a stair-stepper, recumbent bike, treadmill and an elliptical bike. \$20 per four weeks, unlimited use.
Owen, ongoing, during building hours.

Reed Fitness Room

Reed's fitness room consists of a variety of free weights, weight machines, treadmills, stair stepper, elliptical, rower, and stationary bike. Open to men and women 16 & older. Parent supervision required if under 18. Last admittance is 30 minutes before the building closes. \$2/visit or you can buy a card for \$10/10 visits, \$20/30 visits. Ages 55 & older-\$10/30 visits.
Reed, ongoing, during building hours.

Fitness



Sports Gymnastics - Youth

Gymnastics - Junior

Students work on developing basic gymnastics skills on bars, beam, floor and vault. Ages 5 to 7. Instructor: Summer Wright. \$50 per 6-week session.
Whiteside, M, Jan. 5 to Feb. 16 (no class Jan.19), 3:00 p.m.-3:55 p.m. 41301.317
Whiteside, M, Feb. 23 to Apr. 6, 3:00 p.m.-3:55 p.m. 41302.317
Whiteside, M, Apr. 13 to May 18, 3:00 p.m.-3:55 p.m. 41303.317
Whiteside, Th, Jan. 8 to Feb. 12, 5:55 p.m.-6:35 p.m. 41215.317
Whiteside, Th, Feb. 26 to Apr. 9, 5:55 p.m.-6:45 p.m. 41216.317
Whiteside, Th, Apr. 16 to May 21, 5:55 p.m.-6:45 p.m. 41217.317

Gymnastics - Advanced Junior

Students work on developing various gymnastics skills on bars, beam, floor and vault. Instructor approval required. Ages 5 to 8.
 Instructor: Summer Wright. \$50 for 6-week session.
Whiteside, Tu, Jan. 6, to Feb. 10, 4:30 p.m.-5:25 p.m. 41200.317
Whiteside, Tu, Feb. 24 to Apr. 7 (no class March 17), 4:30 p.m.-5:25 p.m. 41201.317
Whiteside, Tu, Apr. 14 to May 19, 4:30 p.m.-5:25 p.m. 41202.317



The River SkatePark is located at 464 W. 23rd Street on the west bank of the Arkansas River just west of the 21st Street bridge. Hours are from 5 a.m. until 11 p.m.

The skate park features a total of 24 different elements, including half and quarter pipes, grind rails and ledges, jump boxes, pyramids and more were included in its design. Helmets are required!

Facility is free, unsupervised and open to skateboarders, rollerbladers and bikers. Use at your own risk.

**Tulsa Parks
 accepts credit
 cards for online
 enrollment.
 It's the easy
 way to enroll.
www.tulsaparks.org**



Team Gymnastics

Tulsa Parks offers an excellent team gymnastics program. Recreational programs are offered at Reed and Whiteside Parks for level 1 through optionals. They compete against teams from surrounding communities. Reed Park also offers a competitive USA Gymnastics program for level 4 through 10 and a Boys Team program.

For more information at Reed, contact Scott Sparkman at 591-4307 or Whiteside, contact Summer Wright at 746-5040.

Tulsa Parks Gymnastics League

The league consists of competitors from Levels 1-5 and optionals. Each gymnast's routines are scored for all levels. Ribbons and medals are awarded throughout the season. Each team competes in 4 to 6 dual meets per season and invitational meets will be offered as well. Meets are weekday evenings and on Saturdays.

Call Suzi Marcum or Scott Sparkman at 591-4307 for more info. We are also accepting applications for gymnastics judges.

Gymnastics - Youth (cont.)

Gymnastics - Beginner

Students in this class work on developing gymnastics skills such as bars, balance beam, vaulting and tumbling.

McClure, Ages 4 to 6, Instructor: Carolyn Dickson, \$30 per 4-week session, F, ongoing, 4:00 p.m.-5:00 p.m. (see online registration for monthly class codes)

McClure, Ages 7 to 12, Instructor: Carolyn Dickson, \$30 per 4-week session, F, ongoing, 5:00 p.m.-6:00 p.m. (see online registration for monthly class codes)

Reed, Ages 6 to 14, Instructor: Scott Sparkman, \$32 per 4-week session, M, ongoing, 4:05 p.m.-5:00 p.m. (see online registration for monthly class codes)

Reed, Ages 6 to 14, Instructor: Scott Sparkman, \$32 per 4-week session, M, ongoing, 6:00 p.m.-6:55 p.m. (see online registration for monthly class codes)

Reed, Ages 6 to 14, Instructor: Scott Sparkman, \$32 per 4-week session, Th, ongoing, 4:35 p.m.-5:30 p.m. (see online registration for monthly class codes)

Reed, Ages 6 to 14, Instructor: Scott Sparkman, \$32 per 4-week session, Th, ongoing, 5:30 p.m.-6:25 p.m. (see online registration for monthly class codes)

Reed, Ages 6 to 14, Instructor: Scott Sparkman, \$32 per 4-week session, Tu, ongoing, 6:00 p.m.-6:55 p.m. (see online registration for monthly class codes)

Whiteside, Ages 8 to 14, Instructor: Summer Wright, \$50 per 6-week session, Th, Jan. 8 to Feb. 12, 4:50 p.m.-5:50 p.m. 41255.317

Whiteside, Ages 8 to 14, Instructor: Summer Wright, \$50 per 6-week session, Th, Feb. 26 to Apr. 9 (no class March 19), 4:50 p.m.-5:50 p.m. 41256.317

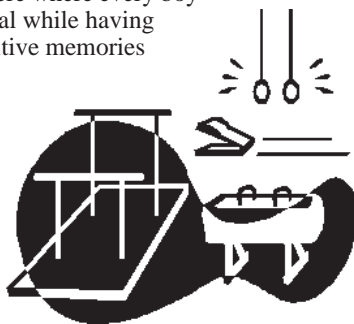
Whiteside, Ages 8 to 14, Instructor: Summer Wright, \$50 per 6-week session, Th, Apr. 16 to May 21, 4:50 p.m.-5:50 p.m. 41257.317

Gymnastics - Beginner (Boys)

This class is designed for boys only. Our goal is to create an atmosphere where every boy can reach his potential while having fun and creating positive memories about gymnastics.

Whether your son wants to pursue gymnastics as a sport or conditioning for other sports, this is a great class. Ages 6 to 11. Instructor: Scott Sparkman. \$32 per 4-week session.

Reed, W, ongoing, 4:30 p.m.-5:25 p.m. (see online registration for monthly class codes)



Get out & get active
with Tulsa Parks!

Gymnastics - Advanced Beginner

Students in this class work on developing gymnastics skills such as bars, balance beam, vaulting and tumbling.

Reed, Ages 6 to 14, Instructor: Scott Sparkman, \$32 per 4 week session, M, ongoing, 5:00 p.m.-5:55 p.m. (see online registration for monthly class codes)

Reed, Ages 6 to 14, Instructor: Scott Sparkman, \$32 per 4 week session, Th, ongoing, 6:30 p.m.-7:25 p.m. (see online registration for monthly class codes)

Whiteside, Ages 8 to 14, Instructor: Summer Wright, \$50 for 6-week session, Tu, Jan. 6 to Feb. 10, 5:30 p.m.-6:30 p.m. 41235.317

Whiteside, Ages 8 to 14, Instructor: Summer Wright, \$50 for 6-week session, Tu, Feb. 24 to Apr. 7, 5:30 p.m.-6:30 p.m. 41236.317

Whiteside, Ages 8 to 14, Instructor: Summer Wright, \$50 for 6-week session, Tu, Apr. 14 to May 19, 5:30 p.m.-6:30 p.m. 41237.317

Gymnastics - Intermediate

Students in this class work on enhancing their gymnastic skills on the bars, balance beam, vault and floor routines.

McClure, \$30 per 4-week session, Ages 5 to 12, Instructor: Carolyn Dickson, F, ongoing, 6:00 p.m.-7:00 p.m. (see online registration for monthly class codes)

Whiteside, Ages 8 to 14, Instructor: Summer Wright, \$50 per 6-week session, Th, Jan. 8 to Feb. 12, 6:50 p.m.-7:50 p.m. 41225.317

Whiteside, Ages 8 to 14, Instructor: Summer Wright, \$50 per 6-week session, Th, Feb. 26 to Apr. 9 (no class March 19), 6:50 p.m.-7:50 p.m. 41226.317

Whiteside, Ages 8 to 14, Instructor: Summer Wright, \$50 per 6-week session, Apr. 16 to May 21, 6:50 p.m.-7:50 p.m. 41227.317

Gymnastics - Beginner Cheer Tumbling

Covers cheer basics: cartwheels, handstands, backbends, kick-overs, round offs, standing back handsprings, jumps and motions. Ages 6 to 16.

Instructor: Scott Sparkman. \$32 per 4-week session.

Reed, Tu, ongoing, 4:30 p.m.-5:25 p.m. (see online registration for monthly class codes)

Reed, Tu, ongoing, 5:30 p.m.-6:25 p.m. (see online registration for monthly class codes)

Gymnastics - Beginner Tumbling

Students will learn basic tumbling and gymnastics skills. Ages 6 to 12. Instructor: Shayna Horn. \$7 per month.

Lacy, M, ongoing, 6:00 p.m.-7:00 p.m. (see online registration for monthly class codes)

Gymnastics - Youth (cont.)

Gymnastics - Advanced Tumbling

Students ages 7 & older will learn more advanced tumbling moves. Instructor permission required. Instructor: Shayna Horn. \$7 per month.

Lacy, M, ongoing, 5:00 p.m.-6:00 p.m. (see online registration for monthly class codes)

Gymnastics - Cheer Tumbling

This class is for girls who want to develop and perfect tumbling skills necessary for cheer leading. Ages 8 to 14. Instructor: Rhonda Higgins. \$50 per 6-week session.

Whiteside, Tu, Jan. 6 to Feb. 10, 6:35 p.m.-7:35 p.m. 41401.317

Whiteside, Tu, Feb. 24 to Apr. 7 (no class March 17), 6:35 p.m.-7:35 p.m. 41402.317

Whiteside, Tu, Apr. 14 to May 19, 6:35 p.m.-7:35 p.m. 41403.317

Gymnastics - Cheer Tryouts Prep

You pick the tumbling skill you want to learn and how often you want to come. Skills: back handspring class, standing back tuck class, or running tumbling class. The classes are 90 percent tumbling but will include jumps and motion techniques. Ages 18 & younger.

Instructor: Scott Sparkman. One time per week - \$10 per class, 2 times per week - \$17.50 per week, 3 times per week - \$22 per week. Call 591-4307 for more information.

Reed, dates & times to be announced 41432.306

Gymnastics - Fast Track Program

Students in this class work on advanced gymnastics techniques to progress quickly to higher levels of team gymnastics. Class meets one hour per day, two times per week. Instructor approval required. Ages 6 to 14. Instructor: Scott Sparkman. \$50 per month.

Reed, dates & times to be announced 41350.306

Gymnastics - Home School

Students in this class work on developing basic gymnastics skills on the uneven bars, balance beam, vault and floor. Ages 6 to 14. Instructor: Summer Wright. \$50 for 6-week session.

Whiteside, W, Jan. 7 to Feb. 11, 11:00 a.m.-11:50 a.m. 41240.317

Whiteside, W, Feb. 25 to Apr. 8 (no class March 18), 11:00 a.m.-11:50 a.m. 41241.317

Whiteside, W, Apr. 15 to May 20, 11:00 a.m.-11:50 a.m. 41242.317

Whiteside, F, Jan. 9 to Feb. 13, 11:05 a.m.-11:55 a.m. 41260.317

Whiteside, F, Feb. 27 to Apr. 17, 11:05 a.m.-11:55 a.m. 41261.317

Whiteside, F, Apr. 24 to May 29, 11:05 a.m.-11:55 a.m. 41262.317

Enroll online at
www.tulsaparks.org
Credit cards accepted

Gymnastics - Preschool

Gymnastics - Kinder/Jr.

Students work on developing various gymnastics skills on bars, beam, floor and vault. Ages 4 to 6.

Reed, \$32 per 4-week session, Instructor: Scott Sparkman, M, ongoing, 5:05 p.m.-5:50 p.m. 42022.306

Reed, \$32 per 4-week session, Instructor: Scott Sparkman, Tu, ongoing, 4:00 p.m.-4:45 p.m. 42034.306

Reed, \$32 per 4-week session, Instructor: Scott Sparkman, Tu, ongoing, 4:50 p.m.-5:35 p.m. 42026.306

Reed, \$32 per 4-week session, Instructor: Scott Sparkman, W, ongoing, 4:30 p.m.-5:15 p.m. 42018.306

Reed, \$32 per 4-week session, Instructor: Scott Sparkman, Th, ongoing, 5:35 p.m.-6:20 p.m. 42030.306

Whiteside, \$50 per 6-week session, Instructor: Summer Wright, W, Jan. 7 to Feb. 11, 12:00 p.m.-12:45 p.m. 42075.317

Whiteside, \$50 per 6-week session, Instructor: Summer Wright, W, Jan. 7 to Feb. 11, 3:45 p.m.-4:30 p.m. 42030.317

Whiteside, \$50 per 6-week session, Instructor: Summer Wright, W, Feb. 25 to Apr. 8, 12:00 p.m.-12:45 p.m. 42076.317

Whiteside, \$50 per 6-week session, Instructor: Summer Wright, W, Feb. 25 to Apr. 8 (no class March 18), 3:45 p.m.-4:30 p.m. 42031.317

Whiteside, \$50 per 6-week session, Instructor: Summer Wright, W, Apr. 15 to May 20, 12:00 p.m.-12:45 p.m. 42077.317

Whiteside, \$50 per 6-week session, Instructor: Summer Wright, W, Apr. 15 to May 20, 3:45 p.m.-4:30 p.m. 42032.317

Whiteside, \$50 per 6-week session, Instructor: Summer Wright, F, Jan. 9 to Feb. 13, 10:15 a.m.-11:00 a.m. 42044.317

Whiteside, \$50 per 6-week session, Instructor: Summer Wright, F, Feb. 27 to Apr. 10, 10:15 a.m.-11:00 a.m. 42043.317

Whiteside, \$50 per 6-week session, Instructor: Summer Wright, F, Apr. 24 to May 29, 10:15 a.m.-11:00 a.m. 42049.317

Questions? Call 596-PARK

Sports



Visit Tulsa Parks state-of-the-art gymnastics facility at Reed Park.

Reed Recreation Center is home to Ultimate Gymnastics & Cheer. Our state-of-the-art, air-conditioned gymnastics facility features a competition spring floor, tumble trak, rod floor, vaulting table, landing pit, beams, bars, and more.

Gymnastics classes are offered for ages 18 months through USAG competitive level 10.

Cheerleading classes are offered for 6-18 year olds. Private group classes are also available for cheer squads.

Our focus is on providing a place youth can come not only to develop physical fitness but also character traits such as endurance, self-control, perseverance and self-confidence.



Gymnastics - Preschool (cont.)

Gymnastics - Kinder/Jr. (Boys)

This class is designed for boys only. Our goal is to create an atmosphere where every boy can reach his potential while having fun and creating positive memories about gymnastics. Whether your son wants to pursue gymnastics as a sport or conditioning for other sports, this is a great class. Ages 4 to 6. Instructor: Scott Sparkman. \$32 per 4-week session.
Reed, W, ongoing, 5:30 p.m.-6:15 p.m. 42040.306

Gymnastics - Kindernastics

Children will learn very basic gymnastics skills. They will work on flexibility, muscle control and locomotor movements.

Reed, Ages 3 to 4, Instructor: Scott Sparkman, \$32 per 4-week session, M, ongoing, 4:05 p.m.-4:50 p.m. (see online registration for monthly class codes)

Reed, Ages 3 to 4, Instructor: Scott Sparkman, \$32 per 4-week session, Th, ongoing, 4:35 p.m.-5:20 p.m. (see online registration for monthly class codes)

Reed, Ages 3 to 4, Instructor: Scott Sparkman, \$32 per 4-week session, Tu, ongoing, 5:45 p.m.-6:30 p.m. (see online registration for monthly class codes)

McClure, Ages 5 & younger, Instructor: Carolyn Dickson, \$30 per month, M, ongoing, 10:00 a.m.-10:45 a.m. (see online registration for monthly class codes)

McClure, Ages 5 & younger, Instructor: Carolyn Dickson, \$30 per month, M, ongoing, 10:45 a.m.-11:30 a.m. (see online registration for monthly class codes)

Whiteside, Ages 3 to 4, Instructor: Summer Wright, \$50 for 6-week session, Th F, Jan. 8 to Feb. 20, 9:30 a.m.-10:10 a.m. 42070.317

Whiteside, Ages 3 to 4, Instructor: Summer Wright, \$50 for 6-week session, Th, Jan. 8 to Feb. 12, 9:30 a.m.-10:10 a.m. 42035.317

Whiteside, Ages 3 to 4, Instructor: Summer Wright, \$50 for 6-week session, Th, Feb. 26 to Apr. 9, 9:30 a.m.-10:10 a.m. 42036.317

Whiteside, Ages 3 to 4, Instructor: Summer Wright, \$50 for 6-week session, F, Feb. 27 to Apr. 10, 9:30 a.m.-10:10 a.m. 42069.317

Whiteside, Ages 3 to 4, Instructor: Summer Wright, \$50 for 6-week session, Th, Apr. 16 to May 21, 9:30 a.m.-10:10 a.m. 42037.317

Gymnastics - Kinderplus (Boys)

Students work on developing basic gymnastics skills on bars, beam, floor and vault. This class is designed for boys only. Ages 3 to 5. Instructor: Summer Wright. \$50 for 6 weeks.

Whiteside, Tu, Jan. 6 to Feb. 10, 10:20 a.m.-11:00 a.m. 42045.317

Whiteside, Tu, Feb. 24 to Apr. 7 (no class March 17), 10:20 a.m.-11:00 a.m. 42046.317

Whiteside, Tu, Apr. 14 to May 19, 10:20 a.m.-11:00 a.m. 42047.317

Gymnastics - Kinderplus

Students work on developing basic gymnastics skills on bars, beam, floor and vault. Ages 3 to 5.

Reed, Instructor: Scott Sparkman, \$32 per 4-week session, Tu, ongoing, 10:05 a.m.-10:50 a.m. (see online registration for monthly class codes)

Whiteside, Instructor: Summer Wright, \$50 for 6-week session, M, Jan. 5 to Feb. 16 (no class Jan.19), 4:00 p.m.-4:40 p.m. 42040.317

Whiteside, Instructor: Summer Wright, \$50 for 6-week session, M, Feb. 23 to Apr. 6 (no class March 16), 4:00 p.m.-4:40 p.m. 42041.317

Whiteside, Instructor: Summer Wright, \$50 for 6-week session, M, Apr. 13 to May 18, 4:00 p.m.-4:40 p.m. 42042.317

Whiteside, Instructor: Summer Wright, \$50 for 6-week session, W, Jan. 7 to Feb. 11, 10:10 a.m.-10:50 a.m. 42025.317

Whiteside, Instructor: Summer Wright, \$50 for 6-week session, W, Feb. 25 to Apr. 8 (no class March 18), 10:10 a.m.-10:50 a.m. 42026.317

Whiteside, Instructor: Summer Wright, \$50 for 6-week session, W, Apr. 15 to May 20, 10:10 a.m.-10:50 a.m. 42027.317

Whiteside, Instructor: Summer Wright, \$50 for 6-week session, Th, Jan. 8 to Feb. 12, 10:50 a.m.-11:30 a.m. 42065.317

Whiteside, Instructor: Summer Wright, \$50 for 6-week session, Th, Feb. 26 to Apr. 9 (no class March 19), 10:50 a.m.-11:30 a.m. 42066.317

Whiteside, Instructor: Summer Wright, \$50 for 6-week session, Th, Apr. 16 to May 21, 10:50 a.m.-11:45 a.m. 42067.317

Gymnastics - Junior

Students work on developing basic gymnastics skills on bars, beam, floor and vault. Ages 5 to 8. Instructor: Summer Wright. \$50 per 6-week session.

Whiteside, Tu, Jan. 6 to Feb. 10, 3:30 p.m.-4:20 p.m. 42110.317

Whiteside, Tu, Feb. 24 to Apr. 7 (no class March 17), 3:30 p.m.-4:20 p.m. 42111.317

Whiteside, Tu, Apr. 14 to May 19, 3:30 p.m.-4:20 p.m. 42112.317



Gymnastics - Mommy & Me

Parents will join their kids in this introduction to tumbling and gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 1 to 2. Instructor: Carolyn Dickson. \$30 per session.

McClure, M, ongoing, 9:15 a.m.-10:00 a.m. (see online registration for monthly class codes)

Teach your child the value of teamwork through one of Tulsa Parks sports programs.

Gymnastics - Preschool (cont.)

Gymnastics - Pee Wee Cheer Tumbling

Covers cheer basics: cartwheels, handstands, backbends, kick-overs, round offs, jumps and motions. Ages 3 to 5. Instructor: Scott Sparkman. \$32 per 4-week session.

Reed, W, ongoing, 4:30 p.m.-5:15 p.m. (see online registration for monthly class codes)

Gymnastics - Tumbling Tots

Parents will join their kids in this introduction to tumbling and gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18 to 36 months.

Reed, Instructor: Scott Sparkman, \$32 per 4-week session, M, ongoing, 6:05 p.m.-6:35 p.m. (see online registration for monthly class codes)

Reed, Instructor: Scott Sparkman, \$32 per 4-week session, Tu, ongoing, 9:30 a.m.-10:00 a.m. (see online registration for monthly class codes)

Whiteside, Instructor: Summer Wright, \$50 for 6 weeks, Tu F, Jan. 6 to Feb. 13, 11:10 a.m.-11:40 a.m. 42071.317

Whiteside, Instructor: Summer Wright, \$50 for 6 weeks, Tu, Feb. 24 to Apr. 7, 11:10 a.m.-11:40 a.m. 42072.317

Whiteside, Instructor: Summer Wright, \$50 for 6 weeks, Tu, Apr. 14 to May 19, 11:10 a.m.-11:40 a.m. 42073.317

Whiteside, Instructor: Summer Wright, \$50 for 6 weeks, W, Jan. 7 to Feb. 11, 9:30 a.m.-10:00 a.m. 42100.317

Whiteside, Instructor: Summer Wright, \$50 for 6 weeks, W, Feb. 25 to Apr. 8 (no class March 18), 9:30 a.m.-10:00 a.m. 42101.317

Whiteside, Instructor: Summer Wright, \$50 for 6 weeks, Th, Jan. 8 to Feb. 12, 10:15 a.m.-10:45 a.m. 42095.317

Whiteside, Instructor: Summer Wright, \$50 for 6 weeks, Th, Feb. 26 to Apr. 9 (no class March 19), 10:15 a.m.-10:45 a.m. 42096.317

Whiteside, Instructor: Summer Wright, \$50 for 6 weeks, W, Apr. 15 to May 20, 9:30 a.m.-10:00 a.m. 42102.317

Whiteside, Instructor: Summer Wright, \$50 for 6 weeks, Th, Apr. 16 to May 21, 10:15 a.m.-10:45 a.m. 42097.317

Did You Know?

There are more than 6,000 acres of City park land to explore.



Gymnastics - Tiny Tumblers

A mommy-and-me class for our tiniest tumblers. Ages 12 to 18 months. Instructor: Summer Wright. \$50 per 6-week session.

Whiteside, Tu, Jan. 6 to Feb. 10, 9:45 a.m.-10:15 a.m. 42060.317

Whiteside, Tu, Feb. 24 to Apr. 7 (no Class March 17), 9:45 a.m.-10:15 a.m. 42061.317

Whiteside, Tu, Apr. 14 to May 19, 9:45 a.m.-10:15 a.m. 42062.317

Martial Arts

Shotokai Karate

Shotokai emphasizes the disciplines of character, etiquette, effort, sincerity, self-control, and a resolution to refrain from violent behavior. Mature 9 year-olds through adult. Also meets on Saturdays from 9:30a.m.-12 p.m. \$25 per month.

Hicks, M W, ongoing, 6:00 p.m.-8:00 p.m. (see online registration for monthly class codes)

Tae Kwon Do

A good class to learn discipline of the mind, body and spirit. All levels of instruction are taught.

Chamberlain, Ages 18 & younger, Instructor: Bobby Gahagan, Free, Th, ongoing, 6:00 p.m.-8:00 p.m. (see online registration for monthly class codes)

Lacy, Ages 8 & older, Instructor: Ron Randle, \$7 per month, Th, ongoing, 7:00 p.m.-8:00 p.m. (see online registration for monthly class codes)

McClure, Ages 6 & older, Instructor: Ray Atkinson, \$37 per month, M W, 5:00 p.m.-6:00 p.m. (see online registration for monthly class codes)

McClure, Ages 6 & older, Instructor: Ray Atkinson, \$37 per month, M W, 6:00 p.m.-7:00 p.m. (see online registration for monthly class codes)

Owen, Ages 7 & older, Instructor: Jason McAdams, \$17 per month, M, ongoing, 6:30 p.m.-8:00 p.m. (see online registration for monthly class codes)

Lil' Bit Tae Kwon Do

Tuition includes a beginner's packet and headband. Ages 5 to 7. Instructor: Kathy LeVasseur. \$25 per month.

McClure, W, Jan. 7, to Jan. 28, 5:00 p.m.-6:00 p.m. 43000.311

McClure, W, Feb. 4 to Feb. 25, 5:00 p.m.-6:00 p.m. 43001.311

McClure, W, Mar. 4 to Apr. 1, 5:00 p.m.-6:00 p.m. 43002.311

Tai Chi

This non-impact form of martial arts emphasizes form, control and discipline. Ages 18 & older. Instructor: Jeannie Broussard. \$25 for 5 visits.

Hicks, Tu, ongoing, 7:30 p.m.-8:30 p.m. (see online registration for monthly class codes)

Sports



Cardio Kickboxing

This 12-week course is a great class to shed pounds and get that cardiovascular system going. Ages 18 & older. Instructor: Kathy LeVasseur. \$25 per month. **McClure**, W, ongoing, 6:00 p.m.-7:00 p.m. (see online registration for monthly class codes)

Tulsa Parks offers a wide variety of classes especially tailored for preschoolers.

Sports



Misc. Sports - Adults & Mixed Ages

Archery

Learn the fundamentals and skills of archery. All equipment provided or you can bring your own. Kids and families alike will enjoy this fun activity. No class Easter weekend. Ages 8 & older. Instructor: Bennie Garrison. \$30.

Hicks, Sa, Mar. 28 to Apr. 25, 9:30 a.m.-10:30 a.m. 54903.315

Hicks, Sa, Mar. 28 to Apr. 25, 10:30 a.m.-11:30 a.m. 54904.315

30 & Over Lunch Bunch Basketball

Come play basketball during your lunch hour, get a good workout and make new friends. Free.

Reed, Tu Th, ongoing, 11:30 a.m.-1:30 p.m. 40501.306

Over 40 Basketball

Open gym for adults 40 & older who want to play basketball. Free.

Chamberlain, W, ongoing, 9:00 a.m.-11:00 a.m. 40500.301

Lacy, Th, ongoing, 9:00 a.m.-10:30 a.m. 40500.305

Whiteside, Tu W F, ongoing, 11:30 a.m.-1:30 p.m. 40501.317

Basketball for Fitness

Come and use the Owen gym to shoot some hoops and improve your skills on the court. Ages 8 & older. Free.

Owen, M Tu W Th F Sa, ongoing, 8:30 a.m.-4:30 p.m. 40964.304

Open Racquetball

Outdoor courts. Pick up the key from front desk. Racquets and balls available for sign out at desk. Only four players on the court at one time. Ages 16 & older. \$2.

McClure, M Tu W Th F Sa, ongoing, 9:00 a.m.-10:00 a.m. 48590.311

Tennis - Adult Group Lessons

Learn the basics of tennis in this fun group environment. Bring your own racket or borrow one from the instructor. Ages 18 & older.

Hicks, Instructor: Eli Daugherty, \$30, Tu Th, Apr. 7 to Apr. 23, 7:30 p.m.-8:30 p.m. 48500.315

Hicks, Instructor: Eli Daugherty, \$30, Tu Th, Apr. 28 to May 14, 7:30 p.m.-8:30 p.m. 48501.315

McClure, Instructor: Dean Richardville, \$35, M Th, Apr. 13 to Apr. 30, 6:00 p.m.-7:00 p.m. 48500.311

Open Co-Ed Volleyball

Join other adults for fun and friendly competition. No pre-formed teams, please. Ages 18 & older. Free.

Hicks, Tu Th, ongoing, 12:00 p.m.-3:00 p.m. 44500.315

McClure, M, ongoing, 6:30 p.m.-8:30 p.m. 44500.311



Misc. Sports - Youth

Archery

After School Archery Program (ASAP) for kids. Equipment is provided and instruction is with a certified instructor. A fun sport that can become a life-long skill. \$45.

Hicks, Ages 10 to 14, Instructor: Tracy Smith, M, Mar. 23 to Apr. 27, 5:00 p.m.-6:30 p.m. 54901.315

Hicks, Ages 18 & younger, Instructor: Bennie Garrison, Th, Mar. 26 to Apr. 30, 5:00 p.m.-6:30 p.m. 54902.315

Soccer Skill Building

Enhance your soccer skills and get ready for the soccer league in this fun 4-week class. Ages 5 to 7. Instructor: Hedy Behzadi. \$30.

Whiteside, Tu, Feb. 3 to Feb. 24, 6:45 p.m.-7:45 p.m. 47301.317

Tennis

learn the fundamentals of tennis which include forehand, backhand and more. Call ahead for class assignment. Ages 6 to 16. Instructor: Rufus Newsome. \$25.

Chamberlain, Tu Th, Jan. 6 to May 28, 3:30 p.m.-6:00 p.m. 48201.301

Tennis - Group Lessons

Learn the basics of tennis in this fun group environment. Bring your own racket or borrow one from the instructor.

Hicks, Ages 8 to 17, Instructor: Eli Daugherty, \$30, Tu Th, Apr. 7 to Apr. 23, 6:30 p.m.-7:30 p.m. 48200.315

Hicks, Ages 8 to 17, Instructor: Eli Daugherty, \$30, Tu Th, Apr. 28 to May 14, 6:30 p.m.-7:30 p.m. 48203.315

Lacy, Ages 5 to 17, Free, ongoing, F, 4:00 p.m.-5:00 p.m. & Sa, 9:00 a.m.-10:00 a.m. 48200.305

McClure, Ages 9 to 17, Instructor: Dean Richardville, \$35, M Th, Apr. 13 to Apr. 30, 5:00 p.m.-6:00 p.m. 48200.311

Tennis - Home Schoolers

Great fun for home schoolers. Practicing tennis skills is a great way to meet your PE requirements. Need a minimum of 4 paid students.

Ages 12 to 17. Instructor: Eli Daugherty. \$30.

Hicks, Tu Th, Apr. 7 to Apr. 23, 9:30 a.m.-11:00 a.m. 48201.315

Hicks, Tu Th, Apr. 28 to May. 14, 9:30 a.m.-11:00 a.m. 48202.315

All classes are subject to change or cancellation.

Misc. Sports - Preschool

Lil' Bit Soccer

This class will focus on the fundamentals: passing, kicking and dribbling. Parent participation required. Ages 4 to 5. Instructor: Hedy Behzadi. \$30.

Whiteside, Tu, Feb. 3 to Feb. 24, 5:45 p.m.-6:35 p.m. 47009.317

Whiteside, Tu, Apr. 7 to Apr. 28, 5:00 p.m.-5:50 p.m. 47015.317

Whiteside, Th, Mar. 5 to Apr. 2 (no class March 19), 5:45 p.m.-6:35 p.m. 47010.317

Whiteside, Th, Mar. 5 to Apr. 2 (no class March 19), 6:45 p.m.-7:35 p.m. 47011.317

Whiteside, Th, May 7 to May 28, 5:45 p.m.-6:35 p.m. 47018.317

Whiteside, Sa, Mar. 7 to Apr. 4 (no class March 21), 11:00 a.m.-11:50 a.m. 47012.317

Sidekick Soccer

3 year olds learn the basics of soccer. Parental participation required. Instructor: Hedy Behzadi. \$30.

Whiteside, Tu, Feb. 3 to Feb. 24, 5:00 p.m.-5:35 p.m. 47002.317

Whiteside, Tu, Apr. 7 to Apr. 28, 6:00 p.m.-6:35 p.m. 47005.317

Whiteside, Th, Mar. 5 to Apr. 2 (no class March 19), 5:00 p.m.-5:35 p.m. 47003.317

Whiteside, Th, May 7 to May 28, 5:00 p.m.-5:35 p.m. 47007.317

Whiteside, Sa, Mar. 7 to Apr. 4 (no class March 21), 12:15 p.m.-12:50 p.m. 47004.317

Soccer Challenge

For students who have already completed Lil' Bit Soccer. Ages 5 & younger. Instructor: Hedy Behzadi. \$30.

Whiteside, Tu, Apr. 7 to Apr. 28, 6:45 p.m.-7:35 p.m. 47020.317

Whiteside, Th, May 7 to May 28, 6:45 p.m.-7:35 p.m. 47022.317

Tennis - QuickStart

QuickStart Tennis is a new play format to help younger children learn and play the game.

Court size, equipment and scoring is brought down to a level that younger children can easily adapt to.



Call McClure Center to see what size racket your child will need or borrow one from the instructor.

Ages 5 to 8.
Instructor: Dean Richardville. \$35.

McClure, M Th, Apr. 13 to Apr. 30, 4:00 p.m.-4:45 p.m. 48000.311

Lil' Bit T-Ball

Students will focus on the fundamentals: hitting, catching and throwing. Parent participation required. Ages 4 to 5.

Lacy, \$15, Minimum of 5 needed by March 27, Tu, Apr. 7 to Apr. 28, 5:00 p.m.-5:45 p.m. 49001.305

Whiteside, Instructor: Hedy Behzadi, \$30, Tu, Mar. 3 to Mar. 31 (no class March 17), 5:00 p.m.-5:50 p.m. 49012.317

Whiteside, Instructor: Hedy Behzadi, \$30, Tu, Mar. 3 to Mar. 31, 6:45 p.m.-7:35 p.m. 49013.317

Whiteside, Instructor: Hedy Behzadi, \$30, Tu, May 5 to May 26, 5:00 p.m.-5:50 p.m. 49018.317

Whiteside, Instructor: Hedy Behzadi, \$30, Th, Feb. 5 to Feb. 26, 5:45 p.m.-6:35 p.m. 49010.317

Whiteside, Instructor: Hedy Behzadi, \$30, Th, Feb. 5 to Feb. 26, 6:45 p.m.-7:35 p.m. 49011.317

Whiteside, Instructor: Hedy Behzadi, \$30, Th, Apr. 9 to Apr. 30, 5:45 p.m.-6:35 p.m. 49016.317

Whiteside, Instructor: Hedy Behzadi, \$30, Sa, Mar. 7 to Apr. 4 (no class March 21), 10:00 a.m.-10:50 a.m. 49014.317

Sidekick T-Ball

This class is an introduction to T-Ball basics for 3-year-olds. Learn about hitting, catching, throwing and the rules. Parent participation required. Instructor: Hedy Behzadi. \$30.

Whiteside, Tu, Mar. 3 to Mar. 31 (no class March 17), 6:00 p.m.-6:35 p.m. 49003.317

Whiteside, Tu, May 5 to May 26, 6:00 p.m.-6:35 p.m. 49008.317

Whiteside, Th, Feb. 5 to Feb. 26, 5:00 p.m.-5:35 p.m. 49001.317

Whiteside, Th, Apr. 9 to Apr. 30, 5:00 p.m.-5:35 p.m. 49005.317

Whiteside, Sa, Mar. 7 to Apr. 4 (no class March 21), 9:15 a.m.-9:50 a.m. 49004.317

T-Ball Challenge

For students who have completed the Lil' Bit T-Ball class. Ages 5 & younger. Instructor: Hedy Behzadi. \$30.

Whiteside, Tu, May 5 to May 26, 6:45 p.m.-7:35 p.m. 49022.317

Whiteside, Th, Apr. 9 to Apr. 30, 6:45 p.m.-7:35 p.m. 49020.317

Wee Sports

This class will work with parents and children on skills such as throwing, kicking and bouncing balls of various shapes and sizes. Ages 5 & younger. \$20.

McClure, Tu, Feb. 3 to Feb. 24, 9:30 a.m.-11:00 a.m. 54001.311

McClure, Tu, Mar. 3 to Mar. 24, 9:30 a.m.-11:00 a.m. 54002.311

McClure, Tu, Apr. 7 to Apr. 28, 9:30 a.m.-11:00 a.m. 54003.311

Sports

Basketball Challenge

For students who have completed the Lil' Bit



Ball class.

Parental participation required. Ages 4 to 5.

Instructor: Hedy Behzadi. \$30.

Whiteside, Tu, Jan. 6 to Jan. 27, 6:45 p.m.-7:35 p.m. 40007.317

Whiteside, Th, Jan. 8 to Jan. 29, 6:45 p.m.-7:35 p.m. 40008.317

Lil' Bit Basketball

Students learn the basic skills of playing basketball. Parental participation required. Ages 4 to 5.

Lacy, \$15, Tu, May 5 to May 26, 5:00 p.m.-5:45 p.m. 40000.305

Whiteside, Instructor: Hedy Behzadi, \$30, Tu, Jan. 6 to Jan. 27, 5:00 p.m.-5:50 p.m. 40004.317

Whiteside, Instructor: Hedy Behzadi, \$30, Th, Jan. 8 to Jan. 29, 5:45 p.m.-6:35 p.m. 40006.317

Sidekick Basketball

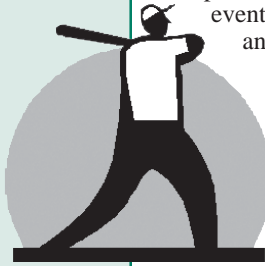
3 year olds learn the basics of dribbling, shooting and basketball rules. Parental participation required. Instructor: Hedy Behzadi. \$30.

Whiteside, Tu, Jan. 6 to Jan. 27, 6:00 p.m.-6:35 p.m. 40002.317

Whiteside, Th, Jan. 8 to Jan. 29, 5:00 p.m.-5:35 p.m. 40003.317

Sports Events - Youth

Sports



Aqua-Fina Major League Baseball Pitch, Hit and Run

Aquafina Major League Baseball Pitch, Hit & Run, formerly known as Pepsi MLB PHR, is a free skills competition that provides boys and girls ages 7 to 14 the opportunity to showcase their pitching, hitting, and running abilities. Winners can advance through four levels of competition, including Team Championship events at the 30 Major League ballparks and the National Finals at the MLB All-Star Game. Competition will be held at McClure Park on Saturday, April 18, beginning at 9 a.m. Registration begins April 1. For more information, contact Kevin Blair, 596-7851

Hershey Track & Field Games

For over 30 years, Hershey's Track and Field Games have put fun into fitness for kids. The meet includes basic running, jumping and throwing events for boys and girls ages 9-14. All participants will receive a T-shirt. This local meet will be held Saturday, May 2 (rain date, May 3). Registration deadline is April 28 and is free. For more information, contact Sue Price, 596-2527.

Hook A Kid On Golf

Hook a Kid on Golf is a week-long introductory clinic that covers all aspects of the sport of golf from skill development to rules and etiquette. Participants will receive clubs, custom stand bag, golf balls, tees, golf shirt and hat. The sessions are conducted at Page Belcher Golf Course, Monday-Thursday, 9 a.m.-12 p.m., and Friday, 6:30 a.m.-10:30 a.m. Boys and girls ages 8-13. Sessions 1-2 must be novice at golf. Green Level Session are HAKOG graduates. \$186. For more information, contact Lucy Dolman, 596-2490. Registration begins March 1.
 Session 1: June 22-26
 Session 2: July 13-17
 Green Level Session: July 27-31, \$61 per participant

U.S. Junior Olympic Skills Sports

Boys and girls ages 8 to 13 participate in four sports - track & field, basketball, soccer, and tennis. Winners qualify for Regional Competition and may advance to National Finals at the United States Olympic Training Center in Colorado Springs. Competition will be held at Hicks Park on Friday, March 20, beginning at 9 a.m. Registration begins March 3. For more information, contact Kevin Blair, 596-7851.



Kids Triathlon

The Kids Triathlon is a continuous swim, bike and run challenge event held at McClure Park on July 25. Boys and girls ages 6-15 are encouraged to sign up. Registration begins May 1. Early-bird special fee is \$25. \$30 after July 17. For more information, contact Sue Price, 596-2527.

**Volunteer!
 Contact a
 local sports
 organization
 today.**

Sports Organizations Contacts

Tulsa Parks Youth Sports Programs (K-5th Grades)

Sue Price, 596-2527

Tulsa Parks Adult Sports & Aquatics Programs

Rhonda Freiner, 596-2526

Tulsa Parks Senior Programs

Seniors 55+ - Jennifer O'Leary, 596-7866

Tulsa Parks Senior Tennis League

Seniors 45+ - Dean Richardville, 669-6678

Oklahoma Adaptive Athletic Association

Bradley Forbes, 584-8607

Northeastern Okla. Soccer Association

Adults - General Office, 622-8948

www.neoasa.org

Green Country Soccer Association

Youth - General Office, 481-3322

East Tulsa Youth Sports Tackle Football

Grades 1-5 - John Chatman, 902-6996

Tulsa Kids Baseball, 747-0478

Lloyd McMann, 663-2447

CETBO-Karen Cody, 694-8672

UKB-Paul Swanson, 491-4124

NETY-Don Broyles, 834-5280

Tulsa Prep Minor Baseball

Grades 6-8 - Larry Walker, 528-6774

www.tulsaprepmminorbaseball.com

Tulsa Little League Baseball

Youth - 664-2244

www.tulsalittleleague.org

Metro Tulsa Baseball Association

Adults - 622-MTBA

www.metrotulsabaseball.org

Tulsa Girls Softball Federation

Youth Fastpitch - Lynn Arnold, 437-5072

www.tulsagirllsoftball.com

Tulsa Amateur Softball Association

Adult Slowpitch

www.tasasoftball.com

Tulsa Youth Lacrosse Association

Grades 5-12 - Dustin Booth, 810-2449

tyla@tulsalacrosse.com

www.tulsalacrosse.com

Tulsa Area Tennis Association

Frank Ward, 299-3535

Greater Tulsa Cricket Club

Adult - Pete Patel, 346-7664

Club Deportivo

Francisco Traviño, 640-0743

Swim Tulsa

Youth - David Lynn, 748-3400

www.swimtulsa.org

Tulsa Master Swim Club

Adult - Dennis Wilson, 584-7285

Tulsa Disc Sports Association

Steve Ward, 250-1120

www.tulsadiscsports.org

World Adult Kickball Association

www.kickball.com

League Sports

Activities

Women's Basketball

8-10 game season. Ages 18 & older. \$80 per team plus \$40 refundable cash deposit. Does not include \$20 per game official fee. Registration deadline: Jan. 18.

McClure, Th, Begins Feb. 7, games start at 6:00 p.m. 55501.311

Men's Basketball

8-10 game season. Ages 18 & older. \$80 per team plus \$40 refundable cash deposit. Does not include \$20 per game official fee. Registration deadline: Jan. 18.

Owen, Th, Begins Feb. 5, games start at 6:00 p.m. 56501.204

Dodgeball - Recreational

6-8 game season. Ages 16 & older. \$80 per team plus \$10 refundable cash deposit. Does not include \$5 per game official fee. Registration deadline: Jan. 19.

Whiteside, M, Begins Feb. 2, games start at 6 p.m. 55501.317

Dodgeball - Intermediate

6-8 game season. Ages 16 & older. \$80 per team plus \$10 refundable cash deposit. Does not include \$5 per game official fee. Registration deadline: Jan. 19.

Whiteside, M, Begins Feb. 2, games start at 7:30 p.m. 55503.317



Beach Volleyball

Coed recreational (56501.122), coed intermediate (56502.122), & 2-man power (56503.122), leagues available. 8-10 game season. Ages 16 & older. \$80 per recreational and intermediate team plus \$16 refundable cash deposit. Does not include \$8 per /match official fee. \$30/2-man power team plus \$16 refundable cash deposit. Does not include \$8 per match official fee. Registration deadline: May 8.

Helmerich Park, Th, Begins May 21, games start at 6:00 p.m. Call 596-2526 for registration information.

Coed Volleyball - Intermediate

8-10 game season. Ages 16 & older. \$80 per team plus \$16 refundable cash deposit. Does not include \$8 per match official fee. Registration deadline: Jan. 1.

Hicks, Tu, Begins Feb. 3, games start at 5:45 p.m. 56502.315

Coed Volleyball - Recreational

8-10 game season. Ages 16 & older. \$80 per team plus \$16 refundable cash deposit. Does not include \$8 per match official fee. Registration deadline: Jan. 16.

Reed, Th, Begins Feb. 5, games start at 5:45 p.m. 56501.306

Questions about Leagues?

Contact Center hosting the league or for adult leagues, Rhonda Freiner, 596-2526, or for youth leagues, Sue Price, 596-2527

Basketball League - Coed 3-on-3

8-game league with a tourney at the end of the league. League standings will be kept and T-shirts awarded for first place. This is a call-your-own-fouls league, intended for fun! Registration deadline is Jan. 30. All Ages. \$40. **Hicks**, Th, Feb. 12 to Apr. 30, 6:00 p.m.-9:00 p.m. 57501.315

Coach Pitch Kickball

This 6-week co-ed league is designed to teach players FUNDamentals with the emphasis on FUN. Games will be played indoors. League fee of \$40 includes T-shirt to be worn to all the games. Registration deadline is April 8. For more information, please call 669-6355 or visit us at Hicks Park to register. Ages 4 to 5. \$40. **Hicks**, Sa, May 2 to Jun. 27, time TBA 57000.315

Chamberlain Basketball League

Ages 5 to 12. Free. **Chamberlain**, Sa, Jan. 17 to Mar. 21, 9:30 a.m.-3:30 p.m. 55250.301

Northside T-Ball League

Ages 5 to 12. Free. **Chamberlain**, Sa, Apr. 4 to May 2, 9:00 a.m.-2:00 p.m. 57222.301

Swim League - Spring

Ages 16 & younger. Must be able to swim one length of the pool (25 yds). Competition begins in Jan. \$70. **Multiple Sites**, practice M Tu W Th, Jan. 5 to Mar. 26, 4:00 p.m.-6:00 p.m., Swim Meets, M, 6:00 p.m. 68401.321

Youth

T-Ball

Recreational T-Ball League is for kindergarten and 1st grade boys and girls. No score is kept. Players must be 5 years old by March 28. Pre-formed teams will be accepted. Games played at McCullough or Reed fields weeknights and Saturdays. 8-game season, March 28-May 30. \$46 per player plus umpire fee, Includes game shirt and participation trophy. Register Feb. 9-27.

Soccer

(K/1st, 2/3rd & 4/5th Grade Leagues) Recreational teams are co-ed. No score is kept. Players must be 5 years old by March 28. Pre-formed teams will be accepted. Games played at Henthorne or Whiteside Parks weeknights and Saturdays. 8-game season, March 28-May 30. \$46 per player plus official fee. Includes game shirt and participation trophy. Register Feb. 9-27.

Registration for **T-ball and Soccer** will be held Feb. 9-27 at the following recreation centers: Central, Chamberlain, Hicks, Lacy, McClure, Owen, Reed, and Whiteside.

Last chance sign up: Feb. 28, 10:00 a.m.-12:00 p.m.

'Tennis in the Parks' Team Tennis League

All levels of players are encouraged to sign up for our summer Team Tennis League. Teams will be formed at Chamberlain, Hicks, Lacy, McClure, Reed and Whiteside Recreation Centers. Ages 6 to 18 divided into 4 divisions. Twice-a-week practices start June 8. League play will held on Saturdays, June 27, July 11 & 18. \$46 per player includes team T-shirt and awards. Registration begins May 11. For more information, contact Sue Price, 596-2527.

Holiday

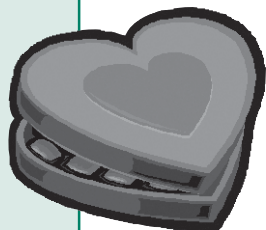
Valentine's Day - Youth

Sweetheart T-Party

Come celebrate Valentine's Day with crafts, snacks and more. Ages 2 to 5. Instructor: Adrienne Morecraft. \$6.
Whiteside, F, Feb. 13, 9:30 a.m.-10:15 a.m. 00001.317

Valentine Doggie Treats

A great new make-and-take class. Surprise your dog or your significant other's dog with delicious home-made doggie treats. Pre-registration required. Ages 16 & older. \$10.
Whiteside, Sa, Feb. 7, 11:00 a.m.-12:00 p.m. 00601.317



Home School Valentine Card Making

Come create two special cards for the holiday. Pre-enroll by Jan. 26. Ages 6 to 11. \$1.
Lacy, Th, Feb. 12, 10:30 a.m.-12:00 p.m. 00200.305

Valentine Make and Take

Kids can come spend the morning making fun Valentines for their loved ones. A great class for girls and boys. Ages 6 to 12. Instructor: Adrienne Morecraft. \$10.
Whiteside, Sa, Feb. 14, 9:30 a.m.-11:30 a.m. 00100.317

Valentine's Coloring Contest

Children are invited to participate in this holiday coloring contest. Four age groups: 4-5, 6-7, 8-9, 10-11. A prize will be awarded in each age category. Pick up a coloring sheet at McClure Center beginning Jan. 12. Must be turned in by Feb. 11. Free.
McClure, M Tu W Th F Sa, Jan. 12 to Feb. 11, during building hours 00900.311

Valentine's Day Cupcakes

Decorate cupcakes to share with your family and friends for Valentine's Day. Pre-register and pre-pay by Feb 5. Ages 6 to 12. \$6.
Reed, Th, Feb. 12, 6:00 p.m.-6:45 p.m. 00201.306

St. Patrick's Day - Mixed Ages

Irish Heritage - Ceili

What is St. Patrick's Day without Irish dancing? Join us for a Ceili - social Irish dancing involving a series of figures made up of individual patterns and chains. A great activity for families. Stick around for a special performance by our very own Irish dancers. All ages. Free.
Central, Tu, Mar. 17, 1:00 p.m.-3:00 p.m. 01903.302

Irish Heritage - Cooking

Learn to cook traditional Irish soda bread from scratch in our full commercial kitchen. Supplies and ingredients included. Take home your finished product. All ages. \$10.
Central, Sa, Mar. 28, 1:00 p.m.-3:00 p.m. 01901.302

Irish History & Language

Come learn the History of Ireland and about some of its most famous symbols. Then learn some of their most famous saying in Gaelic. Ages 16 & older. \$5.
Central, Sa, Mar. 21, 1:00 p.m.-3:00 p.m. 01902.302

Irish Paws

This 5th annual event lets your dog track a trail of gold - gold treats that is. Join us for amorning of fun and canine cavorting sure to give your dog the luck of the Irish (setter). Ages 12 & older. This event is free, but we do ask that you bring a pet food item to benefit a local charitable organization.
Hicks, Sa, Mar. 7, 10:30 a.m.-12:30 p.m. 01900.315

St. Patrick's Day - Youth

Irish Heritage - Sing Along & Children's Stories

Come learn and sing some Irish tunes. Children's storytelling to follow. Ages 12 & younger. \$5.
Central, Sa, Mar. 14, 1:00 p.m.-3:00 p.m. 01904.302



St. Patrick's Day Bingo & Pizza

Wear your green and play Bingo for fun prizes. Hot, fresh pizza will be on hand for your enjoyment. There will be a \$3 charge for parents who want pizza. Pre-enrollment/pre-payment required. Ages 6 to 11. \$8.
McClure, Th, Mar. 12, 4:30 p.m.-6:00 p.m. 01202.311

Easter - Mixed Ages

Make your holiday season a real treat this year by enrolling in a festive and fun class or activity.

Doggone Easter Egg Hunt

This event is open to families with dogs that want to have a doggone great time. Dogs and handlers will search for Easter eggs filled with treats and prizes. All dogs must remain on a leash. Free.
Hicks, Free, Sa, Apr. 18, 10:30 a.m.-12:30 p.m. (Hunt begins at 11:00 a.m. sharp) 12901.315
Owen, \$2, Sa, Apr. 4, 10:00 a.m.-11:00 a.m. 02901.304

Easter Bonnet Tea Party

Girls, moms, aunts, grandmothers - come to an old-fashioned English tea party complete with tea and biscuits (cookies). Please bring your own teacup and saucer and wear your favorite Easter bonnet for added fun. Pre-registration required by March 30. Ages 4 & older. Instructor: Patti Phillips. \$5 per person.
Hicks, Sa, Apr. 4, 11:00 a.m.-12:30 p.m. 02999.315

Easter - Youth

Breakfast with Bunny

Have a fun-filled breakfast and have your picture taken with the Easter Bunny. Ages 5 & younger.

Whiteside, \$6, Tu, Apr. 7, 9:30 a.m.-10:15 a.m. 02100.317

Hicks, \$8, Th, Apr. 9, 10:00 a.m.-11:00 a.m. 02100.315

Color Me Eggs

Kids need to bring one dozen (12) hard-boiled eggs and leave the rest to us! Ages 6 to 11. \$6.

McClure, Need a minimum of 5 pre-registered by March 18, M, Apr. 6, 4:00 p.m.-5:00 p.m. 02201.311

Whiteside, Need a minimum of 5 pre-registered by April 1, W, Apr. 8, 3:30 p.m.-4:30 p.m. 02201.317

Easter Bunny Baskets

Do you need an Easter basket for this year? In this class kids will design and create a cute bunny basket that will be perfect for Easter egg hunts. Pre-register and pre-pay by March 25. Ages 5 to 12. Instructor: Shawn Stewart-Maddox. \$3.

Reed, M, Mar. 30, 4:00 p.m.-5:00 p.m. 02200.306

Easter Ceramics

Paint a cute holiday-themed ceramic piece to keep for yourself or give to someone special.

Pre-registration required. Ages 6 to 11. \$10.

Hicks, Th, Apr. 9, 4:30 p.m.-5:30 p.m. 02904.315



Questions? Call 596-PARK

Misc. - Youth

Lil' Mardi Gras Party

Join us for a fun celebration of Mardi Gras. Pre-registration required. Ages 5 & younger. \$7.

McClure, Tu, Feb. 24, 4:00 p.m.-5:00 p.m. 09000.311

Lil' Cinco de Mayo Party

Join us for a fun celebration of the Mexican holiday Cinco de Mayo. Must pre-register. Ages 5 & younger. \$7.

McClure, Tu, May 5, 4:00 p.m.-5:00 p.m. 09001.311

Easter Ceramics

Children ages 6 to 11 will paint one pre-fired ceramic treasure for the holiday. Pre-enroll by March 6. \$3.

Lacy, W, Mar. 25, 4:15 p.m.-5:15 p.m. 02200.305

Easter Egg Hunt

This is the most fun you can have with eggs and a basket! The Easter Bunny supplies the eggs, but be sure to bring your own basket. Canned food donations accepted to benefit an area food bank. Free.

Chamberlain, Ages 2 to 12, Sa, Apr. 4, 12:00 p.m.-1:30 p.m. 02201.301

Lacy, Ages 1 to 12, Th, Apr. 9, 6:00 p.m.-6:30 p.m. 02901.305

Reed, Ages 2 to 10, Pictures with the Easter Bunny will be sold, Tu, Apr. 7, 6:30 p.m.-7:00 p.m. 02203.306

Owen, Ages 2 to 11, Th, Apr. 9, 4:30 p.m.-5:30 p.m. 02201.304

Egg Hunt Bingo

Tired of the same old find an egg in the grass hunt? Jazz it up this year with Egg Hunt Bingo. This fast-paced egg hunt/ bingo race will keep you moving. Leave your penny loafers at home and bring your fastest shoes. Ages 9 to 16. Free.

McClure, W, Apr. 8, 4:30 p.m.-5:30 p.m. 02202.311

Spring Coloring Contest

Children are invited to participate in this holiday coloring contest. Four age groups: 4-5, 6-7, 8-9, 10-11. A prize will be awarded in each age category. Pick up a coloring sheet at McClure Center beginning March 2. Must be turned in by April 11. Free.

McClure, M Tu W Th F Sa, Mar. 2 to Apr. 11, during building hours 02900.311

Mother's Day Flower Pot Craft

Create a beautiful flower pot with paints and then fill it with seeds to make Mom the most beautiful Mother's Day flowers she's ever received. Ages 5 to 11. \$5.

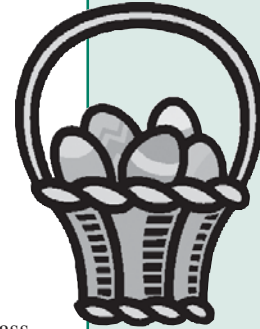
Owen, Th, May 7, 6:00 p.m.-7:00 p.m. 03201.304

Mother's Day Gift Basket

Design a beautiful gift basket with fragrant lotion and bath gel made by you. Pre-register and pre-pay by April 28. Ages 6 to 12. \$6.

Reed, Tu, May 5, 6:00 p.m.-6:45 p.m. 03200.306

Holiday



A 'Green' House

Celebrate Earth Day by recycling plastic bottles and cardboard tubes into miniature greenhouses. Ages 6 to 12. \$7.

McClure, Th, Apr. 16, 6:00 p.m.-7:00 p.m. 08201.311

Play!

Follow the Leader - Tulsa Parks

Special Events

African Drum & Dance Extravaganza

Come join us for our 3rd annual Black History Month Celebration featuring King Arthur and his African drummers and dancers. You will get to experience the sights and sounds of African music at its finest. A good time for the entire family. Pre-registration is encouraged. Free.

Reed, Tu, Feb. 24, 7:00 p.m.-8:00 p.m.
12900.306



Black Heritage Musical

Local church choirs are invited to sing at Lacy's Annual Black Heritage Musical. Free.

Lacy, Su, Feb. 22, 4:00 p.m.-6:00 p.m. 12900.305

Tulsa Parks accepts credit cards when you sign up for a class online.



It's the easy way to enroll.

www.tulsaparks.org

50+ Programs

Fitness

**Boomers!
Tulsa Parks
has a class
or activity
tailor-made
for you.**

Aerobics - Senior Cardio Sculpt

Low impact aerobics, weight training and mat work designed for those over the age of 50. Instructor: Ann Deeter. \$20.

McClure, M W F, ongoing, 9:30 a.m.-10:30 a.m. (see online registration for monthly class codes)

Balance Testing/Training

Using a Biodex Balance Assessment machine, students will be graded on their "at risk" percent for falls. This machine will also be used for training to help those at risk to maintain their stability. Ages 60 & older. Free.

Central, Tu Th, ongoing, 2:00 p.m.-3:00 p.m.
51808.302

Chair Steppers

Have a seat and get some exercise. This class is perfect for the 50 and better crowd who need to regain strength and to stay flexible. Ages 50 & older. \$10 per month.

Owen, M W, ongoing, 1:30 p.m.-2:30 p.m.
51979.304

Community Garage Sale

Clean out your closets and earn some extra spending money. Booth rental is \$10. Booth rental includes one 8-foot table and two chairs. Extra tables available for \$5 each. Make checks payable to Lacy Council. Free admission.

Lacy, Booth rental deadline is Jan. 7. Set up is on Friday, Jan. 9, from 12:00 p.m.-7:00 p.m. Sale is Sa, Jan. 10, 8:00 a.m.-1:00 p.m. 99901.305

Lacy, Booth rental deadline is Apr. 1. Set up is on Friday, Apr. 3, from 12:00 p.m.-7:00 p.m. Sale is Sa, Apr. 4, 8:00 a.m.-1:00 p.m. 99902.305

Swap & Shop

The public is asked to bring in their unwanted clean clothes, toys, working household appliances and any other discards. These free items will be available on the darts below during building hours for the public to take what they want. Any left over items will be donated to a local charity. Free.

Lacy, All donated items must be brought to Lacy by Jan. 13, pick up items M Tu W Th F Sa, Jan. 14 to Jan. 21, 7:00 a.m.-8:30 p.m. 99906.305

Lacy, All donated items must be brought to Lacy by April 8, pick up items M Tu W Th F Sa, Apr. 8 to Apr. 15, 7:00 a.m.-8:30 p.m. 99907.305

Fit & Fun

Low-impact senior aerobics with music ranging from country to big bands. Ages 50 & older. Instructor: Jill Burns. \$30 for 10 classes. Whiteside, M W F, ongoing, 10:05 a.m.-11:05 a.m. 50701.317

Hill Topper Hikers

Leave the city behind and see nature. Our experienced hiking staff will help you get to the trailhead with the knowledge suited for the older and bolder adult. Choose between two classes - one at Central and one at McClure. A group hike will be held at Oxley Nature Center on Fri., April 24. Must be able to walk on varied terrains and gentle inclines. Ages 50 & older. Free.



Central, W, Apr. 22, 1:00 p.m.-2:00 p.m. 52700.302
McClure, Th, Apr. 23, 1:00 p.m.-2:00 p.m. 52700.311

50+ Fitness (cont.)

Prime Time Conditioning

Stretch, bend, move your body and feel better. Join us for this low-impact exercise class to gain strength, mobility and to tone up. Ages 50 & older. Instructor: Kendra Holmes-Morris. \$15 for 8 visits.

Hicks, Tu Th, ongoing, 9:30 a.m.-10:30 a.m.
50704.315 (see online registration for monthly class codes)

S.T.E.P.S.

S.T.E.P.S. (Start Taking Exercise Programs Seriously) is designed to motivate individuals meet their fitness goals. Participants will receive a T-shirt, pedometer, and clip-on water bottle holder to use when walking. Days and times for this program may vary due to weather conditions. Ages 60 & older. Free.

Central, M Tu W Th F Sa, ongoing, days & times vary 51707.302

Open Badminton

Get fit and stay fit, Tulsa! Come out and hit the birdie on Monday afternoons from 12 noon to 3. Ages 50 & older. Open to all levels of fitness and ability. Call 669-6355 for more info. Some equipment provided. Free.

Hicks, M, Jan. 12 to Apr. 27,
12:00 p.m.-3:00 p.m. 54700.315



Over 50 Basketball

Open gym for adults 50 & older who want to play basketball. Free.

Whiteside, M Th, ongoing, 11:30 a.m.-1:30 p.m.
40701.317

Questions? Call 596-PARK

50+ Programs

50+ Education & Social

AARP 55 Alive Driving Course

The nation's first and largest classroom refresher course. Class includes information on aggressive drivers, anti-lock brakes, car phones and more. Pre-registration required by calling 596-1444. Ages 55 & older. \$10.

Central, Sa, Jan. 10 or Mar. 7 or May 2, 9:30 a.m.-5:30 p.m. 84708.302

Accordion Band Practice

Grab your accordion and come on down! The more the merrier. Must be able to read music.

Ages 50 & older. Free.
Central, second, fourth & fifth Saturdays of each month, ongoing, 10:00 a.m.-12:30 p.m.
92703.302



Bridge - Advanced

Advanced players can play every week. Bring your lunch and enjoy the game. Ages 55 & older. Free.

McClure, W, ongoing, 11:00 a.m.-3:00 p.m.
95700.311

Bunko

Join others in this fun, fast paced game. Ages 55 & older. Free.

McClure, 1st & 3rd Monday each month, ongoing, 12:00 p.m.-2:00 p.m. 95701.311

Social Bridge Games

A fun, social and competitive game of bridge. Winners receive small prizes. Partners are not required. Ages 50 & older. Free.

Central, M, ongoing, 11:00 a.m.-3:00 p.m.
94701.302

Bingo

Play for prizes and enjoy some snacks while meeting new friends. Bring a snack item to share and we'll do the rest. Please call to reserve your spot. Ages 55 & older. Free.

McClure, Th, Feb. 12, 1:30 p.m.-3:00 p.m. 92700.311

McClure, Th, Apr. 16, 1:30 p.m.-3:00 p.m. 92701.311



Hilltoppers

Join this friendly group of seniors for dominoes. 2nd & 4th Wednesday of the month they also play canasta and every 3 months they have a potluck lunch. Ages 55 & older. Free.

Hicks, W, ongoing, 1:00 p.m.-4:00 p.m. 92901.315

Older & Bolder Dance Group

This energetic team practices the latest and oldest dance moves and performs at local events. Ages 55 & older. Free.

Lacy, Sa, ongoing, 11:00 a.m.-1:00 p.m. 71701.305

Senior Citizen Connection

Enjoy a game of cards or dominoes and make new friends. Ages 55 & older. Free.

Lacy, M Th F, ongoing, 10:00 a.m.-4:00 p.m.
92700.305

Senior Prom

Bring your favorite guy or gal or come stag and dance the night away to a live band. Ages 55 & older. Tickets will be sold for \$4 per person in advance through March 20 and \$6 per person at the door.

Reed, F, Mar. 27, 6:30 p.m.-8:00 p.m. 91700.306

Tulsa Parks is committed to providing quality 50+ programs.

Mohawk & Page Belcher Golf Courses

Managed by Billy Casper Golf



Page Belcher & Mohawk Golf Courses Green Fees - 18 holes

	Belcher	Mohawk
▼ Weekend	\$24	\$21
▼ Weekday	\$21	\$17
▼ *Senior (55+) & *Junior (17-)	\$12	\$10
▼ Twilight	\$14	\$12

*Senior/Junior and Twilight rates vary by season. Please call the golf shop for exact times.

Fee Specials

▼ Purchase a "Player's Card" for \$100 and save 1/3 on any green fee at any time at either Belcher or Mohawk Golf Courses.

Page Belcher Golf Course

Address: 6666 S. Union Ave.
(on Union Avenue between 61st and 71st Streets, one block west of Highway 75)
Phone: 446-1529



A 36-hole facility of championship golf featuring a driving range, three putting greens, and a short-game green. It also is home for the Tulsa Golf School. Both courses feature zoysia grass tees and fairways with bent grass greens.

Olde Page Course

The Olde Page Course recently reopened after a six-month renovation that provided significant improvements including new putting greens, sand bunkers plus a new irrigation system. Opened in 1977, Olde Page was the site of the 1988 USGA National Women's Public Links Championships. It features rolling terrain with large greens and tees and numerous water hazards and sand bunkers.

Stone Creek Course

Recently renovated, Stone Creek received almost \$2 million in improvements to its greens, cart paths, bunkers, sprinkler system and other features. Opened in 1987, Stone Creek was voted the second-best new public course in the country in 1988. It features the same rolling terrain, but it is much tighter with water hazards and sand bunkers. It has five par-3 holes, and is popular among the lower-handicap players.

Mohawk Golf Course

Address: 5223 E. 41st Street North
(next to Tulsa Zoo off of 36th Street North)
Phone: 425-6871

Mohawk Golf Course is set in north Tulsa in the beautiful and natural Mohawk Park. Two of Tulsa's most historic and challenging courses await you here.

Woodbine Course

Built in the late 1920s, Woodbine features mature oak and pecan trees with little water. It has generous fairways with large greens. A par of 72 from the middle tees, there are three par-3 holes and three par-5 holes on the classic design.

Pecan Valley Course

This course was built in the 1950s and features tight driving areas, more mature trees than you can count (or hit!), and water coming into play often. The water is mainly beside or behind hitting areas with few forced carries. The front nine of Pecan Valley has been redeveloped into a 9-hole course which is used as a First Tee instructional facility for youth. An added feature for all golfers is the new driving range.



The First Tee Program

The Mohawk Park facility also is home to The First Tee of Tulsa Course. First Tee is a national organization whose goal is assisting youth. The front nine of the Pecan Valley Course was modified slightly with additional tees added to accommodate beginning youth. Although the course was built primarily to serve as a learning ground for youth, it serves a multitude of golfers of all ages. The First Tee course offers nine hole rates any time of day, seven days a week.

Tulsa Zoo & Living Museum

2009 Winter-Spring Education Classes

Stroller Babies (ages 3-24 months)

You and your child will enjoy a relaxed tour through the zoo with biofacts, songs, games and activities you can repeat at home. One adult is required with each child.

Non-Members: \$10. Associate - Ostrich Memberships: \$9. Snow Leopard and above Memberships: \$7.

Crazy Critter Colors

May 5, 12 & 19, 9:00-10:00 a.m.

Your child will be introduced to different colors and patterns of animals around the zoo.

Animal Tales (ages 3-5)

You and your child will enjoy a themed day consisting of a story, craft, snack and short tour of the zoo. One adult is required with each child and please do not bring any siblings. Non-Members: \$12. Associate - Ostrich Memberships: \$11. Snow Leopard and above Memberships: \$8.

ZoOlympics

April 8, 15, 22, 29 & May 6, 1:00-2:30 p.m.

Animals do some amazing things. Join us as we take a look at some of the fastest, tallest, and smallest animals around the zoo.

Toes and Tails

May 2, 9 & 16, 10:00-11:30 a.m.

Animals have all kinds of toes and tails. Some long, some short, some with claws and some don't have any toes at all!

Super Safari Kids (ages 6-8)

Your child will have a great time learning about different ecosystems and animals in these great mini classes on the weekend!

Non-Members: \$22. Associate - Ostrich Memberships: \$20. Snow Leopard and above Memberships: \$15

Now You See Me, Now You Don't!

February 21, 10:00 a.m.-12:00 noon.

Animals have amazing ways to hide. Some blend right in to the leaves and trees around them! Spend the morning exploring camouflage and how it helps animals to survive in nature.

Animal Oddities

April 26, 1:00-3:00 p.m.

Blue tongues, armor for skin and hands for wings are just a few of the odd things animals have that make them so amazing! Join us as we discover all the incredible odd adaptations animals have.

NEW!!

Spring Break Camp (ages 11-14)

Spend a whole week at the zoo learning about animal care and future career possibilities for your animal lover! All students must have a TB test on file.

Please call for more information. Also, please provide your own lunch. Non-Members: \$150. Associate - Ostrich Memberships: \$135. Snow Leopard and Above Memberships: \$105.

Wildlife Warrior Camp

March 16-20, 9:00 a.m.-3:00 p.m.

This year we will spend a whole week exploring some of the ways you can work with animals by becoming a research biologist, veterinarian, animal trainer or zookeeper! Lean how to track, identify, treat, train and take care of all kinds of animals in this intense and amazing camp.

Young Explorers: Home School Classes (ages 7-10)

Let us help your child learn about the wonder of the natural world while you are invited to take siblings into the zoo on your own amazing adventure. Non-Members: \$12. Associate - Ostrich Memberships: \$11. Snow Leopard and above Memberships: \$8.

S.O.S. "Secrets of Survival"

February 3, 10 & 17, 10:00 a.m.-12 noon.

Animals have to work hard to survive in the wild. Some work as a team, some work alone, some have to chase their food down, some walk and graze. Find out how different animals use different tools and techniques to survive.

Family Zoo Adventures (all ages)

Bring back bonding time with your family as you discover nature at the zoo!

Non-Members: \$10. Associate - Ostrich Memberships: \$9. Snow Leopard and above Memberships: \$7.

After Dark in the Rainforest

March 20, 7:00-9:30 p.m.

Find out what really happens after the gates close at the Rainforest Building. As you embark on this guided tour, you will experience fruit bats flying around you and the ability to see and hear all the exciting wild animals inside this amazing exhibit!



6421 E 36th St. North
Tulsa, OK 74115
918-669-6600 - phone
918-669-6610 - fax
www.tulsazoo.org

Night Prowl

May 15, 7:00-9:30 p.m.

Have you ever wondered who is creeping around after the sun goes down? Let us introduce your family to the cool and nocturnal creatures you can find as well as enjoy a night hike around the zoo.

FREE Programs! (Ages Specified Under Program)

The following programs are free of charge (excluding zoo admission) to all participants and registration is not required.

Story Time

(5-10 year olds preferred)

Every Tuesday in April,
10:00 a.m. & 12 noon

Join us in the Helmerich Discovery Center on the carpet to hear a story and see some neat biofacts!

Live Animal Presentations

(All ages welcome)

January 2-March 31,
10:30 on weekdays & 10:30 a.m. & 1:30 p.m. on weekends.

April 1-August 31, 10:30 a.m. & 1:30 p.m. daily.

Join us in the Helmerich Discovery Center on the carpet to learn all about animals through biofacts and meeting one of our education animals.

Nature's Attic Hallway

(All ages welcome)

Weekdays, 11:00 a.m.-12:30 p.m. & Weekends, 1:00-3:00 p.m.

Join us in the Helmerich Discovery Center to discover our Nature's Attic Hallway what is filled with "must see" biofacts and animals!

Visit the Zoo's website or contact the education department at 669-6219 for more information.



Tulsa Garden Center

Calendar of Events

Times for some events vary and are available by calling 746-5125 or visit our website at www.tulsagardencenter.com.

- Jan. 23, 24; 27-30 **Portraits of Garden Photo Contest & Exhibit**
- Feb. 21 **Gardening Info Fair**
- Feb. 28, Mar. 1 **African Violet Society Show/Sale**
- Mar. 21, 22 **Green Country Bonsai Master Workshop**
- Mar. 28, 29 **Tulsa Orchid Society Show/Sale**
- Apr. 10, 11 **SpringFest Garden Market – Plant and Arts & Craft sale**
- Apr. 25, 26 **Tulsa Area Iris Society Show/Sale**
- Apr. 25, 26 **Green Country Bonsai Show/Sale**
- May 2 **Tulsa Perennial Club Show**
- May 26 **Tulsa Rose Society Show**
- Jun. 6 **Linnaeus Teaching Garden Anniversary Celebration**

Dates are subject to change.

The Tulsa Garden Center, located at 2435 S. Peoria Ave. just south of the Tulsa Rose Garden in Woodward Park, is the greater Tulsa area's headquarters for horticultural and gardening activities. It is dedicated to providing a variety of horticultural educational opportunities and experiences for a wide range of citizens. It is also home to more than 20 horticultural and environmental groups. If you have interest in plants, from azaleas to zinnias, there is a group to sustain that interest. There is a 5,000 plus volume horticulture Library in the historic house.

The Center, which is handicapped accessible with parking and restrooms, is open 8:30 a.m. to 4 p.m. Tuesday through Saturday. Woodward Park hours are 6 a.m.—11 p.m. daily. For more information, call the Garden Center at 746-5125, or access the Center's web page: www.tulsagardencenter.com.

Linnaeus Teaching Garden



The Linnaeus Teaching Garden is a demonstration/teaching garden in Woodward Park, staffed by well-trained volunteers who share their knowledge and love of gardening with the public.

The Garden is free and open to the public Tuesday thru Saturday, 9 a.m. - 4 p.m. Mother's Day thru Labor Day the garden is also open on Sunday, 1 p.m. - 4 p.m.

The Garden is closed for the winter starting December 14th and re-opens on March 3, 2009.



Educational Offerings

TGC Library Book Discussion Club 12 noon to 1 p.m. Free to the public

- Jan. 20 Feasting on Raw Foods
- Feb. 17 Squirrel Proofing Your Home & Garden
- Mar. 17 The Butterfly Garden
- Apr. 21 The Country Diary of Garden Lore
- May 19 The Romantic Garden

Brown Bag Lectures 12 noon to 1 p.m. Free to the public

- Jan. 15 Photography
- Feb. 19 African Violets
- Mar. 19 Tree Grafting
- Apr. 16 Bonsai
- May 21 Roses

Linnaeus Teaching Garden Seminars Call 746-5125 for additional information

- Feb. 21
Great Soils
\$15 Non-Member
\$10 TGC Member
- Mar. 24, 26, 31 & Apr. 2
Residential Landscape Design
\$40 Non-Member
\$35 TGC Member
- Apr. 21, 23, 28, 30
Great Plants for Tulsa Gardens
\$40 Non-Member
\$35 TGC Member
- May 19, 21
Growing & Selecting Great Annuals & Perennials
\$20 Non-Member
\$15 TGC Member

Oxley Nature Center & Redbud Valley Nature Preserve

The all new Oxley-Yetter Interpretive Building has undergone a complete interior renovation and is once again open for business! We are very excited for you to see the changes that have been made and all the new exhibits. New interpretive designs and interactive exhibits will introduce visitors to the natural world that awaits them just outside the doors in the forests, prairies, and wetlands.

With more than 11 miles of trails covering 804 acres, the Mary K. Oxley Nature Center at Mohawk Park is one of Tulsa's treasures. The Oxley gates open daily (except City holidays) at 8 a.m. and close at 5 p.m., although the trails are open as early as 7 a.m. or as late as 9 p.m. to hikers who park outside Oxley's gates. Pets and horses are not permitted. Bicycles may be ridden only on pavement. Most areas are accessible to strollers and wheelchairs.

Redbud Valley Nature Preserve

Natural diversity is protected at Redbud Valley Nature Preserve. Located on North 161st East Avenue 3.8 miles north of I-44, Redbud



Valley Nature Preserve protects 220+ acres of unique plant and animal life. The rugged one and one-half-mile trail is open to hikers only when the gates are open Wednesday- Sunday, 8 a.m.-5 p.m. The Harriet Barclay Visitor Center is open 11 a.m.-3 p.m. Pets are not permitted. The Preserve is closed every Monday and Tuesday, and most holidays.

Become a Volunteer Naturalist

A limited number of Volunteer Naturalists will be accepted for spring training. Volunteer Naturalists explore forests, fields and wetlands as they lead small groups of students for Oxley Nature Center's award-winning environmental education program. Participants must be 18 or older. No experience is necessary.

Call for training dates and visit www.oxleynaturecenter.org to download the necessary application forms.

Interpretive Programs

The Nature Center offers a wide variety of interpretive programs. Details may be found in the free bimonthly Oxley Nature Center Newsletter or online at www.oxleynaturecenter.org. Most programs have a nominal fee and require pre-registration. In general, programs are open to all ages, unless stated otherwise. Children ages 12 and younger must be accompanied by an adult. Here are details of some of what's going on this season:

Saturday Morning Birding: first Saturday of each month, 8-9:45 a.m. All ages. No pre-registration required. Free.

Kids' Saturday: 2nd Sat. of each month, Sept.-Dec., 10-11 a.m. \$2 for general public and free to members of Friends of Oxley. Call to pre-register for Discovery Club (ages 3-5, each accompanied by one adult), Adventure Club (ages 6-8), and Junior Naturalists (ages 9-11).

Butterfly Walk: third Saturday of every month beginning in March, 10:30 a.m.-12 noon. All ages. No pre-registration Free.

Botany Walk: fourth Saturday of each month, 10:30 a.m.-12 noon. All ages. No pre-registration required. Call for location. Free.

Full Moon Walks: We will continue the very popular full moon walks this spring. All ages.



Please be sure to pre-register in advance. \$2 for general public and free to members of Friends of Oxley.

January 10: Full Wolf Moon, 7:00-8:30 p.m.

February 10: Full Snow Moon, 7:00-8:30 p.m.

March 10: Full Worm Moon, 7:00-8:30 p.m.

April 8: Full Pink Moon, 7:00-8:30 p.m.

May 8: Full Flower Moon, 7:00-8:30 p.m.

Visit us online at
www.tulsaparks.org



Oxley Nature Center:
669-6644

Fax: 669-6653

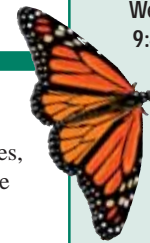
E-mail:
oxley@cityoftulsa.org

Web:
oxleynaturecenter.org

Redbud Valley Nature Preserve:
669-6460

Spring Butterfly Count

Oxley Nature Center,
Wednesday, April 15,
9:00 a.m. until dusk.



Join the Oxley staff to survey the many species of butterflies found in Mohawk Park, Gilcrease's Stuart Park and Redbud Valley Nature Preserve. We can use your help for a half-day, or you are welcome to count all day. All ages are welcome. The \$3 count fee will be paid by Friends of Oxley if you call to pre-register by April 13.

Welcome to River Parks...Tulsa's Favorite Spot!

Nestled along the banks of the Arkansas River, River Parks blends many outdoor recreation and entertainment possibilities. For running, biking or walking, try the miles of paved trails. Water sports? You'll find fishing, kayaking and rowing. Relax and enjoy picnics, playgrounds, disc golf, or catching a glimpse of Bald Eagles, Least Terns and golden sunsets. River Parks features Tulsa's largest collection of bronze wildlife sculptures and for entertainment, you'll find concerts, fireworks, festivals, runs and more. The Turkey Mountain Urban Wilderness Area offers rugged terrain and beautiful vistas for hiking, mountain biking and horseback riding.

For more information about River Parks, including maps and current events, visit riverparks.org or call 918-596-2001.

Be a park's best friend...a River Parks Friend! Check out the benefits at riverparksfriends.com



The River Parks Authority is a public trust authority funded by the City of Tulsa, Tulsa County and significant private contributions. River Parks Authority • 717 South Houston, Suite 510 • Tulsa, OK 74127

<p>Dec 29 Trans - Siberian Orchestra</p> <p>Jan 2 Dancing with the Stars</p> <p>Jan 3-4 Harlem Globetrotters</p> <p>Jan 9-10 Monster Jam</p> <p>Jan 24 Brad Paisley</p> <p>Jan 25 Joel Osteen</p> <p>Jan 26 AC/DC</p>	<p>Jan 28 - Feb 1 Walking with Dinosaurs</p> <p>Feb 2 Celine Dion</p> <p>Feb 7 - 8 Arenacross</p> <p>Feb 13 Larry the Cable Guy</p> <p>Feb 15 Smucker's Stars on Ice</p> <p>Mar 1 Lipizzaner Stallions</p> <p>May 14-16 Joyce Meyers Ministries</p>
<p></p> <p>Dec 2, 6, 20, 26, 27, 30</p> <p>Jan 6, 16, 17, 20, 22, 23</p> <p>Feb 3, 10, 20, 21, 24, 27, 28</p>	<p></p> <p>Mar 28</p> <p>Apr 11, 18</p> <p>May 9</p> <p>Jun 6, 13</p> <p>Jul 11, 25</p>
<p>Tickets: bokcenter.com, 1-866-7-BOKCTR, Arby's Box Office, Area Reasor's and Homeland stores</p>	

Coming Soon...The largest ballroom in Oklahoma



www.tulsaconvention.com

Another Upside to downtown

- We've broken ground on what will be the largest ballroom in Oklahoma with 30,000 square feet.
 - The ballroom opens early in 2010.
 - Featuring **Savor...Tulsa**, catering by SMG.
 - Tulsa Convention Center has 24 rooms, with all sizes for weddings, parties, tradeshows and meetings.
 - 102,600 square feet column-free exhibit space.
 - 8,900 seat arena
- Reserve event space now!**
918-596-7177



Tulsa County Parks



Bixby Community Center

211 N. Cabaniss, Bixby, OK 74008
Ph. 918-366-4841
Celia Weatherill, Activities Director
bixby@tulsacounty.org

Chandler Park

6500 West 21st, Tulsa, OK 74107
Ph. 918-591-6053
Contact: Pat Ward, Ph. 918-596-5977
chandlerrec@tulsacounty.org

Glenpool/Jenks Recreation Center

13800 S. Peoria, Bixby, OK 74008
Ph. 918-746-3780
Eddie Shackelford, Activities Director
glenpooljenksrec@tulsacounty.org

LaFortune Park & Golf

5323 S. Yale Ave., Tulsa, OK 74135
Ph. 918-596-8620
Cherrie Lewallen, Activities Director
lafortunerec@tulsacounty.org

O'Brien Park

6149 N. Lewis Ave., Tulsa, OK 74130
Ph. 918-591-6008
Linda Taylor, Activities Director
obrienrec@tulsacounty.org

TULSA

County Parks

Celebrate Community in Tulsa County!

Visit www.parks.tulsacounty.org to discover more treasures about Your Tulsa County Parks!





O'Brien Golf Training Center

6201 North Lewis

Tulsa, OK. 74130 918-591-6047

- 3 holes of Challenging, Wonderful & Exciting Golf
- Putting & Chipping Greens
- Pro Shop
- Instruction for all skill levels
- Fantastic driving range
- Clinics & Classes


O'Brien Park

Providing unique recreational golf programs for all citizens of Tulsa



O'Brien Golf Training Center Fees

- \$3 Green Fee
- \$3 Golf Tokens
- \$3 Pull Cart Rental
- \$3 Club Rental

TULSA

County Parks





REGREEN TULSA



20,000
TREES
by
2010
[WWW.REGREENTULSA.COM](http://www.regreentulsa.com)

Up With Trees!

Be a part of helping REGREEN TULSA!

After the devastating December 2007 ice storm destroyed tens of thousands of Tulsa's beautiful trees, Mayor Kathy Taylor brought together tree advocates in the community to launch *ReGreen Tulsa*. This ambitious program, funded entirely by private donations, will plant 20,000 trees by 2010. Working with non-profit planting partner Up With Trees, *ReGreen Tulsa* is planting trees in neighborhoods, at parks and schools, and in other public spaces throughout the city. More than 550 *ReGreen Tulsa* trees were already planted in the first few months of 2008 alone.



Trees not only make Tulsa more beautiful, they mean cleaner air and water, a better business climate, and higher property values. Trees shade our homes and play areas, help reduce energy costs and contribute to healthier, stronger, safer neighborhoods where businesses and families thrive.



In addition to planting in public spots, *ReGreen Tulsa* includes innovative programs such as *NeighborWoods*, which works with neighborhood associations to beautify Tulsa by planting trees in front yards, and a program that allows faith-based groups and non-profit agencies to get free trees to plant on their property. There also are free seedling giveaways every spring, and a number of other programs designed to help grow Tulsa's urban forest. For information about any *ReGreen Tulsa* program, contact **Up With Trees**: phone, 610-TREE; email, trees@upwithtrees.org; on the web, www.upwithtrees.org.

You Can Help! Here's How:

1. **PLANT** a tree in your own home or business! Go to www.regreentulsa.com and click on "links" to get suggestions on what trees to plant, and where and how to plant them. When you do plant, make sure to register your tree at on the website so we can count it toward the total. Don't have room at home? Sponsor a tree in one of the City of Tulsa's Arbor Gardens to honor a loved one or mark an important occasion. Cost per tree is \$300. For information, contact **Up With Trees**.
2. **DONATE** money to help grow Tulsa's urban forest. Tax-deductible donations can be sent to *ReGreen Tulsa*, c/o the Tulsa Community Foundation, 7370 S Yale Ave, Suite 600, Tulsa, OK 74136.
3. **VOLUNTEER** to help plant! Planting season starts in October and runs through April each year. Planting a tree is a great way to make an investment in your community that will benefits future generations. Come out with your family, some co-workers, a youth group or on your own. No experience or equipment is needed, and supervised children are welcome. To find out how to get involved, contact **Up With Trees**.