

Agency Addresses

- American Legion Carson Wilson Rigney Forrester Post #1**
1120 E 8th Street, Tulsa 74120 918-584-4274
- American Legion Post #308**
11328 E Admiral Place, Tulsa 74116 918-437-4308
- American Red Cross - Tulsa Area Chapter**
10151 East 11th Street, Tulsa 74128 918-831-1109
- Associated Centers for Therapy**
7010 South Yale, Ste. 215, Tulsa 74136 918-492-2554
- Blue Star Mothers of Oklahoma**
2198 South Sheridan, Tulsa 74129 918-834-7777
- City of Tulsa Housing Authority**
415 East Independence, Tulsa 74106 918-582-0021
- City of Tulsa Office of the Mayor**
200 Civic Center, Suite 1100, Tulsa 74103 918-596-7411
- Disabled American Veterans #32 James E. Bracy**
3131 East Pine Street, Tulsa 74110 918-834-4643
- Jack C. Montgomery VA Medical Center**
1011 Honor Heights, Muskogee 74401 918-577-3000
- Oklahoma Air National Guard and Reserve Center**
9121 East Mustang Street, Tulsa 74115 918-833-7732
- Oklahoma Dept. of Veterans Affairs - Veterans Center**
3001 West Blue Starr Drive, Claremore 74018 918-342-5432
- Oklahoma National Guard and Reserve Center**
7520 West 41st Street, Tulsa 74107 918-832-6539
- OSU - Tulsa**
700 North Greenwood Avenue, Tulsa 74106 405-744-6868
- Twelve & Twelve, Inc.**
6333 East Skelly Drive, Tulsa 74135 918-664-4224
- USVA Behavioral Health Clinic**
10159 East 11th Street, Ste. 100 918-610-2000
- USVA Ernest Childers Outpatient Clinic**
9322 East 41st Street, Tulsa 74145 918-628-2500
- Vet Center**
1408 S Harvard, Tulsa 74112 918-748-5105
- Veterans Benefits Administration**
125 South Main Street, Muskogee 74401 800-827-1000
- Workforce Oklahoma**
2 North Elgin, Tulsa 74120 918-596-7200

**For Help on the Home Front...
One call connects you
to the resources you need.**

Information about comprehensive community resources available to families in need, including military families, is available by calling 2-1-1.

- Health Care -
- Clothing and Food -
- Suicide Intervention -
- Housing and Shelter -
- Rent and Utility Assistance -
- Job Placement -
- Legal Assistance -
- Personal & Family Counseling -
- Childcare Services -
- Senior Services -
- Disability Services -
- Domestic Violence Assistance -
- Mental Health Services -
- Volunteer Opportunities -

2-1-1 is a free and confidential information and referral service available by phone 24 hours a day.

For more information, visit www.211tulsa.org/military.htm or www.tulsaveterans.com

2-1-1 Helpline is a program of the Community Service Council, a United Way member agency.

The graphic for "Help on the Home Front" features a background of an American flag. It includes two photographs: one of a man in military uniform with his family, and another of a family with a man in military uniform. The text "Help on the Home Front" is written in large, white, bold letters. Below it, in orange, is "A Military Resource Guide for Tulsa, Oklahoma". Further down, in orange, is "Developed in collaboration with the City of Tulsa Mayor's Office and 2-1-1 Helpline". At the bottom right, in orange, is "June 2008". At the bottom left is the 2-1-1 logo with the tagline "Get Connected. Get Answers." and a red star. At the bottom right is the City of Tulsa logo with the tagline "A New Kind of Energy."/>

Help on the Home Front

**A Military Resource Guide
for Tulsa, Oklahoma**

**Developed in collaboration with the
City of Tulsa Mayor's Office
and 2-1-1 Helpline**

June 2008

2-1-1
Get Connected. Get Answers.

CITY OF Tulsa
A New Kind of Energy.

Education and Employment Services

- **Oklahoma State University - Tulsa**
Veterans Benefits Liaison.....405-744-6868
M-F 8AM-5PM
- **Tulsa Community College**
Educational Opportunity Center918-596-8600
M-F 8AM-5PM
- **Workforce Oklahoma**
One Stop Career Center918-596-7200
M-F 8AM-5PM

Family Support

- **Associated Centers for Therapy**
Get Connected Military Support Group.....918-492-2554 x750
Second and fourth Saturday, 10-11:30AM
- **American Legion Carson Wilson Rigney Forrester Post #1**
Emergency Financial Assistance.....918-584-4274
T, Th 9AM-2:30PM
- **American Legion Post #308**
Emergency Financial Assistance.....918-437-4308
M-F 8AM-5PM
- **American Red Cross - Tulsa Area Chapter**
Armed Forces Emergency Services918-831-1109
M-F 8:30AM-4:30PM
- **Blue Star Mothers of Oklahoma - Tulsa**918-834-7777
- **Community Alliance Resource & Diversion Services**
Mediation & Coping with Deployment Services918-607-7996
- **City of Tulsa Housing Authority**
Family Assisted Housing - Veterans.....918-582-0021
M-F 8AM-5PM
- **Disabled American Veterans #32 James E. Bracy**
Emergency Financial Assistance.....918-834-4643
T-Th 9AM-4PM
- **Okla Air National Guard**
Air Wing Coordinator918-833-7732
- **Okla National Guard**
Family Support.....918-832-6539

Health Care, Mental Health Care and Benefits

- **American Legion Carson Wilson Rigney Forrester Post 1**
Claims Assistance.....918-584-4274
T, Th 9AM-2:30PM
- **Disabled American Veterans #32 James E. Bracy**
Claims Assistance.....918-834-4643
T-Th 9AM-4PM

- **Jack C. Montgomery VA Medical Center**
Muskogee Center580-482-4781
- **National Association for Black Veterans**
Claims Assistance.....918-289-5498
- **Okla Department of Veterans Affairs**
Veterans Center - Claremore918-342-5432
Claims & Benefits.....888-655-2838
- **TRICARE/CHAMPUS**.....800-444-5445
- **USVA Ernest Childers Outpatient Clinic**
Intensive Outpatient Substance Abuse Clinic.....918-764-7243
M-F 8AM-4:30PM
Veterans Outpatient Clinic.....918-628-2500
M-F 7:30AM-4PM
- **USVA Behavioral Health Clinic**
Veterans Mental Health Clinic.....918-610-2000
M-F 8AM-4:30PM
- **Vet Center**
Veterans Counseling.....918-748-5105
M-F 8 AM-4:30PM

Veterans' Services

- **City of Tulsa Office of the Mayor**.....918-596-7411
M-F 8AM-5PM
- **Congressional Delegation - Tulsa County Area**
Sen. James Inhofe918-748-5111
Sen. Tom Coburn.....918-581-7651
Rep. John Sullivan918-749-0014
- **Disabled American Veterans #32 James E. Bracy**
Support Groups.....918-834-4643
T-Th 9AM-4PM
- **Iraq & Afghanistan Veterans of America**.....212-982-9699
- **Marine Corps League for Oklahoma**918-691-6407
- **Okla Department of Veterans Affairs**405-521-3684
- **Twelve and Twelve, Inc.**
Bryce House918-664-4224
Veterans' residential substance abuse recovery program.
- **USVA**
Okla Chapter of Blind Veterans Association.....918-764-7215
M-F 9AM-2PM
Seamless Transition Program800-827-1000
Veterans Assistance800-827-1000
M-F 7:30AM-4:30PM
- **Vet Center**
Veterans Outreach.....918-748-5105
M-F 8 AM-4:30PM

- **Veterans Benefits Administration**
Regional Office - Muskogee800-827-1000
M-F 7:30AM-4PM
- **Veterans' Families United Foundation**.....405-535-1925
- **Veterans of Foreign Wars Post 577**.....918-585-9148
Tu-F 8AM-3PM

Hotlines and Websites

- **Iraq & Afghanistan Veterans of America**.....212-982-9699
- **Military One Source**.....800-342-9647
- **National Military Family Association**800-260-0218
- **National Veterans Suicide Prevention Hotline**800-273-8255
- **United Service Organization (USO)**.....703-908-6400
- **Wounded Soldier and Family Hotline**.....800-984-8523
- **American Legion Post #1**.....www.tulsapost1.com
- **Army Families Online**www.armyfamiliesonline.org
- **Blue Star Mothers of Oklahoma—Tulsa**.....www.okbluestarmothers.org
- **Marine Parents**www.marineparents.com
- **Military Advantage**.....www.military.com
- **Military Spouse**.....www.milspouse.org
- **Military Order of the Purple Heart - Okla**.....www.purpleheartoklahoma.com
- **National Association for Black Veterans**.....www.nabvets.com
- **USA 4 Military Families**www.usa4militaryfamilies.dod.mil
- **Vietnam Veterans of America**www.geocities.com/vva216ok
- **VFW Post 577**www.vfwpost577.org
- **Green Country Military Officers Assoc**.....www.gcmooa.org
- **Marine Corps Coordinating Council - Okla**.....www.oklahomamarines.org

Special Activities

- **Tulsa Zoo and Living Museum**918-669-6600
Zoo offers free weekday admission to Tulsa families who have an immediate family member deployed on active duty.
M-F 9AM-5PM
- **Big Splash Water Park**918-749-7385
Big Splash offers free admission on the first Monday of each month to military reservists, National Guard or active duty personnel with an Armed Forces ID. All family members receive \$5.00 admission.