TULSA PARK AND RECREATION



SPLASH GUIDE

COME JOIN US FOR A SUMMER OF FUN AT ANY ONE OF OUR FOUR AMAZING COMMUNITY POOLS!



McClure Pool

Phone: (918) 596-1472 7440 E. 7th St. Open: June 4th Tuesday-Friday: 11 a.m.-5:30 p.m. Saturday & Sunday: 1 p.m.-7 p.m. Admission: \$3 per patron \$12 for group of 6 with minimum of 1 Adult

Reed Pool

Phone: (918) 591-4309 4233 S. Yukon Ave. Open: June 4th Tuesday-Friday: 11 a.m.-5:30 p.m. Saturday & Sunday: 1 p.m.-7 p.m.

Admission: \$1 per patron \$4 for group of 6 with minimum of 1 Adult

Berry Pool

Phone: (918) 591-4259 5002 N. Wheeling Open: June 3rd Monday-Saturday: 10 a.m.-4 p.m. Admission: Free

Whiteside Pool

Phone: (918) 746-5042 4013 S. Pittsburg Open: June 3rd Monday-Saturday: 11 a.m.-5:30 p.m. Admission: Free







Important Information

Supervision

A responsible caregiver 16 & older must accompany all children age 9 years & younger. The number of children to parent or supervisor shall not exceed 4:1. Children who cannot swim 20 feet unassisted or are using a flotation device must be within an arm's reach of a caregiver.

Work to Swim

Patrons age 7-15 can earn free visits to any Tulsa Parks pool by agreeing to do small chores around the pool. For more information, speak to the pool manager at the pool you visit.

Inclement Weather

At the first sign of thunder or lightning, the pool will close. The pool will remain closed for 30 minutes after the last visible sign or sound of the storm. Patrons can gather in the shower rooms or protected areas. Please do not congregate under umbrellas or trees and stay away from metal pipes, railings, wire fences, or other objects that may carry lightning.

Pool Rental

For even more fun you can rent any one of our local pools. Patrons can rent McClure Pool, Reed Pool, or Whiteside Pool for everything ranging from a family reunion, kid's birthday party, or corporate party. Certified lifeguards will be available for your events. For more information on rates, pool availability, and any general questions please email: bworley@cityoftulsa.org

Pool Passes

Season Passes are \$50 and can be purchased at Reed Pool, McClure Pool, or any local community center. There also is a 10-visit punch pass that can be purchased for \$8 for Reed and \$24 for McClure. A 30-visit reduced price pass can be purchased for \$10 at any one of our local community centers. There is a small application to fill out to qualify for the reduced price pass. Limit of two 30punch passes for the season.

Important Information

Fee

A fee is charged for each person entering the facility...including non-swimmers. 3 & younger are free. Please refer to the pool information page for specific prices for each pool.

Refund Policy

A one-day pass will be offered to the patrons who already have paid when a problem occurs with the pool causing it to close. If the pool closes due to inclement weather prior to 4 p.m. a one-day pass will be offered.

Management

We reserve the right to ask anyone to leave the pool area or deny admission to anyone. Those persons not observing the pool rules or whose actions are inconsistent with good health or safety practices may be asked to leave.



Swim Team

A skill-building developmental league designed for the beginner swimmer wanting to get involved in fun and friendly competition. Practice held Monday-Thursday at Reed Pool from 9 to 11 a.m. beginning June 5.

Meets held on Monday evenings. Cost is \$60 per swimmer for the season.

*For more information contact Coach Scott Zuege at (918) 906-5056.

Summer Splash Days

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McCLURE POOL 1-5 P.M.

SPLASH BASH

COME CELEBRATE THE START OF SUMMER! FREE ADMISSION AND LOTS OF FUN FOR THE WHOLE FAMILY. BERRY POOL 12 P.M.

BEAT THE HEAT DAY

BEAT THE HEAT OF SUMMER WITH A DIP IN THE POOL AND A POPSICLE. WE WILL HAVE DIFFERENT GAMES TO WIN EXTRA POPSICLES.

REED POOL 12 P.M.-2 P.M.

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NATIONAL WATERMELON DAY

BEAT THE HEAT AND COME CELEBRATE NATIONAL WATERMELON DAY WITH FREE WATERMELON AND WATERMELON-RELATED GAMES. WHITESIDE POOL

CHANGE DIVE

COME SEARCH FOR BURIED TREASURE! WE WILL BE DIVING DEEP FOR CHANGE THAT CAN BE KEPT OR EXCHANGED FOR SWIM PASSES TO EITHER REED OR MCCLURE POOL!

Special Pool Days

Deck Art Day

Display your artistic talents by beautifying the pool deck. Chalk Provided!

June 5 & July 12

Oklahoma Sports Day

Show your support and wear any Oklahoma team sports shirt and get in free.

June 12

National Selfie Day

Grab a friend and celebrate by taking a selfie at one of our local pools. Post your picture on social media with #TulsaParks to get a free swim pass.

June 21

Father's Day

All dads get in free when accompanied by his child.

June 16

Zinc Oxide Day

Find a lifeguard to get your face painted with Zinc Oxide.

July 5

National Parents Day

Spend the day at the pool. Parents get in free when accompanied by their child.

July 22

Back to School Day

Help students go back to school with new supplies. Bring any school supply and get in free.

August 4

Grandparents Day...Every Tuesday

Free admission for one grandparent when accompanied by a grandchild.



Swim Lesson Information

* Pre-enrollment is required and a minimum enrollment of 4 is needed for each class to be held.

Parent Child for Ages 6 mo-3 yrs. Class meets Tues.-Wed.-Thurs. for 30 min.

A water introduction class to get your child prepared for swim lesson on their own. Parents will sing songs with their child and play different games to work on skills to ready them for the preschool lessons.

> Preschool Aquatics for Ages 3-5 Class meets Tues.-Wed.-Thurs. for 30 min.

- Preschool Aquatics 1 (PA 1)-This class will introduce your child to the water and help them gain confidence in the swimming pool. In this class your child will learn basic swimming skills. As in all swimming and water safety courses, your child will always know that it's safety first.
- Preschool Aquatics 2 (PA 2)-This class will help your child to gain greater independence in their skills and develop more comfort in and around water. This is done through building on water acclimation from PA 1, learning how to float on both front and back, and basic swimming skills. As in all swimming and water safety courses, your child will always know that it's safety first.
- Preschool Aquatics 3 (PA 3)-This class will increase the swimmer's proficiency and build on the basic swimming skills learned in PA 1 and 2. Swimmers will also learn about new skills such as change of direction and underwater swimming. As in all swimming and water safety courses, your child will always know that it's safety first.

Learn-to-Swim for Ages 5 and up Class meets Tues.- Fri. for 45 min.

- Intro to Water Skills (Level 1)-This class will begin developing a positive attitude, good swimming habits, and safe practices in and around the water. As in all swimming and water safety courses, your child will always know that it's safety first.
- Fundamental Aquatic Skills (Level 2)-This class will give participants success with fundamental skills, including learning how to float on both the front and back, how to glide in the water, and how to tread in the water. As in all swimming and water safety courses, your child will always know that it's safety first.
- Stroke Development (Level 3)-This class will build on the skills learned in Level 2 with detailed guidance in both shallow and deep water. Swimmers will also learn the fundamental swimming strokes, three separate floating techniques, and age appropriate water safety skills. As in all swimming and water safety courses, your child will always know that it's safety first.
- Stroke Development (Level 4/5)-This class will develop a child's confidence in the strokes learned in Level 3 and improve other aquatic skills. Some of these skills will include underwater swimming, feet first surface diving, and survival swimming. As in all swimming and water safety course, your child will always know that it's safety first.

Cost:

- McClure Pool: \$30/ 2-Week Session
- Whiteside Pool: \$35/ 2-Week Session
- Reed Pool: \$30/ 2-Week Session

* For more information contact any one of our local community centers.

ADULT BASIC SWIM LESSONS

45-minute lessons on Tuesday and Thursday. 1 session available this summer. \$20 for the 2 week session

Swim Lesson Schedule

McClure 9 a.m. PA 2 9:30 a.m. PA 1 10 a.m. Lvl 1 5:30 p.m. PA 1 6 p.m. Lvl 3	Reed 9 a.m. Lvl 2 10 a.m. Lvl 1 6 p.m. Lvl 1 7 p.m. Lvl 2	Session 1 June 10 June 21	Whiteside 9 a.m. PA 1 9:30 a.m. PA 3 6 p.m. Lvl 1	Berry Pool 4 p.m. Water Safety
McClure 9 a.m. Lvl 1 10 a.m. PA 3 10:30 a.m. PA 2 5:30 p.m. Lvl 2 6:15 p.m. PA 1	Reed 9 a.m. Lvl 1 10 a.m. Lvl 3 6 p.m. Lvl 2 7 p.m. Lvl 1	Session 2 June 24 July 5	Whiteside 9 a.m. PA 1 9:30 a.m. PA 2 6 p.m. Lvl 1	Berry Pool 4 p.m. Water Safety
McClure 9 a.m. PA 1 9:30 a.m. PA 2 10 a.m. Lvl 4/5 5:30 p.m. PA 3 6 p.m. Adult	Reed 9 a.m. Lvl 3 10 a.m. Lvl 1 6 p.m. Lvl 2 7 p.m. Lvl 1	Session 3 July 8 July 19	Whiteside 9:30 a.m. Lvl 2 10:30 a.m. PA 1 6 p.m. PA 2	Berry Pool 4 p.m. Water Safety

General Pool Rules

- Abusive, profane language or improper behavior are not permitted.
- Smoking, alcoholic beverages, tobacco (of any kind), vaping, drugs, and gambling are not permitted.
- Chewing gum is not allowed.
- Glass bottles and containers are prohibited inside all areas of the pool, bathhouse, and restrooms.
- No running, pushing, wresting, or horseplay in general.
- Diving is only allowed in water OVER 6 feet deep as indicated by depth markers.
- Depending on the bathing load, fins may be allowed. Snorkels are not permitted at any time.
- Animals are not allowed inside the pool area. Companion/Assistance dogs are excluded from this rule, but not allowed in the pool.
- Individuals are not allowed to enter the pool after it reaches its maximum capacity.
- Somersaults or back dives are not permitted from the edge of the pool.
- Babies must wear plastic or rubber pants with elastic leg bands or swim diapers.
- A child who cannot swim is not allowed in water over his/her head.
- The City of Tulsa Park and Recreation Department is not responsible for any damage to or loss of articles brought too or left at any pool facility.
- Loitering or horseplay will not be tolerated in the bathhouse or at the front
- entrance.

- Patrons are asked not to visit with guards while they are on duty.
 In the event of thunder or lightning, the pool and deck will be cleared immediately and remain clear for 30 minutes. If additional thunder or lightning is heard or seen, the 30 minute time frame will re-start. We reserve the right to close the pool for the meaning of the alex.
- remainder of the day.
- Fighting will result in immediate removal from the facility.
 Swimmers are not allowed in the diving area unless they meet the following criteria:
 - They are known by staff to be proficient swimmers.
 - They are able to swim the width of the pool in the shallow end.

A responsible caregiver 16 & older must accompany all children age 9 years & younger.

SWIMMING SAFETY TIPS

* Swimming is a great recreational sport that can be enjoyed by people of all ages. But it's important to know how to be safe while you're in the water. Tulsa Parks offers these important swimming safety tips you should be aware of before you head out to the pool.

- Swim in designated areas supervised by lifeguards.
- Always swim with a buddy; do not allow anyone to swim alone.
- Never leave a young child unattended near water and do not trust a child's life to another child; teach children to always ask permission to go near water.
- Have young children or inexperienced swimmers wear U.S. Coast Guard-approved life jackets around water, but do not rely on life jackets alone.
- Maintain constant supervision.
- Make sure everyone in your family learns to swim well. Enroll in age-appropriate Tulsa Parks swim lessons.
- Avoid distractions when supervising children around water.
- If a child is missing, check the water first. Seconds count in preventing death or disability.
- Have appropriate equipment, such as reaching or throwing equipment, a cell phone, life jackets and a first aid kit.
- Know how and when to call 9-1-1 or the local emergency number.
- Protect your skin. Limit the amount of direct sunlight you receive between 10 a.m. and 4 p.m. and wear sunscreen with a protection factor of at least 15 spf.
- Drink plenty of water regularly, even if you're not thirsty. Avoid drinks with alcohol or caffeine in them.

*Information provided by the American Red Cross. Visit redcross.org for more information.

Acceptable Swimwear

Swimwear must be for a family friendly environment. Must be designed and sold specifically for the activity of swimming.

FEMALES: Swimwear must cover lower torso and chest. Swimwear

may be a one piece or two piece.

MALES: Swimwear must cover lower torso.

*Additional coverings approved over acceptable swimwear.



Unacceptable Attire in the Water

To ensure a family friendly, healthy and safe environment for patrons, the following attire is not allowed: any loose-fitting or bulky clothing or attire that is not designed for swimming unless approved above as a covering and is accompanied by acceptable swimwear.



Non-swim headscarves

pool manager.

Healthy Swimming Etiquette

Shower Before You Swim

Shower with soap and warm water from head to toe before entering or re-entering the pool.





Not Feeling Well?

Swimmers should refrain from using the pool when ill, or if they have experienced diarrhea in the past several days.



Wear Appropriate Footwear

Bring clean flip flops or sandals to wear around the pool deck.

What To Wear



Patrons must be dressed in suitable swimming attire. Children that are not pottytrained must wear swim diapers and plastic pants made for swimming pool use.

Photographic Devices

The use of any device capable of taking a photographic image is prohibited in the showers and changing rooms.



Strollers

Strollers are not allowed on the pool deck. Parents and guardians are reminded that children should never be left unattended.



Food-Free Zone

While snacks are allowed on the pool deck, food will not be allowed in the pool.



Prevent Pool Fouling

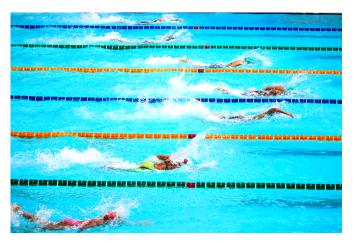
Please refrain from consuming large meals before swimming, All swimmers are encouraged to visit the restroom before swimming.

Special Events



Splash Bash

Saturday, June 1st, McClure Pool 1-5 p.m. Come celebrate the start of the pool season! The pool will have free admission. Come play and celebrate with us as we kick off the pool season!!



<u>Swimaroo</u>

Monday, July 8th, at McClure Pool. Warm-ups at 5:30 p.m. Races begin at 6 p.m. Meet is open to all swimmers from ages 5 to 95. For more information go to www.swimtulsa.org



K9 Splash

Admission is \$10 per dog. Tickets must be picked up at the community center prior to the event. Please no dogs in heat. All dogs must have current shots and be on a leash when entering or leaving the pool area. Two sessions each date. McClure Pool: Saturday, August 10 & Sunday, August 11. Session 1: 9:30 a.m. to 11 a.m.

Session 2: 11:30 a.m. to 1 p.m.

* Purchase tickets at Hicks Community Center starting July 15



TULSA PARKS

City of Tulsa Tulsa Parks One Technology Center 175 East 2nd Street, Ste. 490, Tulsa OK 74103 T: 918-596-2526 E: bworley@cityoftulsa.org www.tulsaparks.org