

Spring 2012 FUN GUIDE

01/01/2012 to 05/31/2012

CALL TO ENROLL AT (918) 596-PARK ...(596-7275)
YOU CAN ENROLL ON-LINE AT WWW.TULSAPARKS.ORG
or contact one of our Recreation Centers!

Central (918) 596-1444
 Chamberlain (918) 591-4155
 Henthorne - Performing Arts Center
(918) 746-5065
 Hicks (918) 669-6355

Lacy (918) 596-1470
 McClure (918) 669-6678
 Reed (918) 591-4307
 WaterWorks (918) 596-2440
 Whiteside (918) 746-5040

Day Camps

Youth

Spring Break Camp - WW

Come be an artist for a week. Campers will be learning about artists and their works, while we view and discuss paintings to create works of their own. We will have fun painting and drawing in a relaxed setting. Campers will need to bring a sack lunch and drink everyday.

Ages 6 to 12 Instructor: Kissell-Nair, Maegen

WaterWorks M Tu W Th F \$95

Mar.19 to Mar.23

9:00 AM - 3:00 PM

31200.320

Spring Break Day Camp

Join us for a fun-filled week of games, sports, arts & crafts, and field trips. Activities are 9 am-4 pm. Supervision provided from 7:30 am-5:30 pm. All day camps are certified by the American Camping Association. Camp will not meet if minimum enrollment is not met by March 14.

Ages 6 to 12 Instructor: Park Staff

Whiteside M Tu W Th F \$100

Mar.19 to Mar.23

7:30 AM - 5:30 PM

31206.317

Join us for a fun-filled week of games, sports, crafts, and field trips. Activities are 9am-4 pm. Supervision provided from 7:30 am-5:30 pm. Certified by the American Camping Association. Must pre-register and pre-pay by March 9.

Ages 6 to 11 Instructor: Park Staff

Reed M Tu W Th F \$80

Mar.19 to Mar.23

7:30 AM - 5:30 PM

31201.306

Spring Day Camp - Lacy

Kids will have fun playing games and making crafts. Kids need to bring a sack lunch and snack daily. Early drop off is 7:30 am and late pick up is 5:30 pm. Organized activities are from 9 am - 5 pm. Must have a minimum of 8 paid campers by March 9, 2012.

Ages 6 to 12 Instructor: Park Staff

Lacy M Tu W Th F \$60

Mar.19 to Mar.23

7:30 AM - 5:30 PM

31200.305

Super Soccer Camp

Spring Break Day Camp - Reed

Education / Misc. - Language

Adult

Spanish - Beginners

Learn the basic Spanish phrases and vocabulary through conversation, games, and various exercises.

Ages 17 & older Instructor: Rodriguez-Thomp, Elizabeth

Whiteside Tu \$50
Mar.06 to Apr.10
6:00 PM - 7:30 PM

85600.317

Education / Misc. - Computer

Mixed Ages

Basic Computer Knowledge For Adults & Seniors

This 6-week class will teach basic computer usage skills, which will give adult and senior students some comfortable uses of computers. Students will learn how to create documents in Word, producing a Power Point presentation, and more. Need a minimum of 4 students.

Ages 18 & older Instructor: Park Staff

Lacy Th \$20
Jan.19 to Feb.23
6:00 PM - 7:30 PM

80902.305

Computer Basics

Ages 14-adult will learn the basics of operating a computer. Topics to include; Copy/Paste, create a folder, locating computer files, save files, Internet Explorer and the World Wide Web, My Documents, Recycle bin, open, close, resize, minimize and much more. Meets on the 2nd Tuesdays from 6:30 pm - 8:00 pm. \$3/week. If there is enough interest the class can also meet on the 4th Tuesday of the month. Limited space.

Ages 14 & older Instructor: Park Staff

Lacy Tu \$3
Jan.10 to May.08
6:30 PM - 8:00 PM

80910.305

Education / Misc. - Life Skills

Adult

Beginning Crocheting

Learn the basics of crocheting and make a scarf. Call Lacy for the supply list. Pre-enroll by January Jan. 27.

Ages 10 to 55 Instructor: Park Staff

Lacy Sa \$8

Feb.04 to Feb.11

10:00 AM - 11:30 AM

84601.305

Home Buyers Seminar Presented by Accent Realtors

Join our representative from Accent Realtors as he guides us through the ins and outs of home ownership. Topics will include: Tips for Selling YOur Home; Buying a Home and Facing Forclosure. You will have 3 opportunities to attend these workshops! Monday, March 5, Monday, April 9 and Monday May 7 all starting at 6:30 p.m. Free!

Ages 18 & older Instructor: Park Staff

Whiteside M \$0

Mar.05 to May.07

6:30 PM - 7:00 PM

84501.317

Single Parents Support Group

We are single parents - Moms and Dads of all ages coming together in a casual atmosphere to chat, support & encourage. Bring your Brown Bag Lunch. Ongoing, first Tuesday of the month. Free of charge.

Ages 18 & older Instructor: Park Staff

Central Tu \$0

Jan.03 to May.01

11:45 AM - 1:15 PM

84500.302

Mixed Ages

American Red Cross Adult and Pediatric 1st Aid/CPR

Become Certified in American Red Cross Adult and Pediatric First Aid/CPR. Must pre-register by Monday, March 5, 2012. Certification is valid for two years upon completion of all course requirements.

Ages 11 & older Instructor: Park Staff

Hicks Th \$80

Mar.08 to Mar.15

6:00 PM - 9:00 PM

83901.315

American Red Cross Wilderness and Remote First Aid

Wilderness First Aid Basics is a basic course in back-country emergency response for any location. This 16 hour course is for those who work, live or play in remote areas who may be more than one hour away from EMS service. Even though the emergency workers near these areas may be trained to search for and rescue those in need, there may be a delay in the notification of assistance, the time required to get to the patient, or in moving the patient to more advanced treatment. This class covers assessment and urgent first aid techniques, but not in-depth CPR. A current CPR certification is a recommended prerequisite for this course. A minimum age of 15 is recommended for participants due to the serious nature of the course and scenarios.

Ages 15 & older Instructor: Park Staff

Hicks Su Sa \$80

May.19 to May.20

8:30 AM - 4:30 PM

83900.315

Family Adventure Day

Come to Hicks Park for a fun-filled Saturday, learning about the many outdoor adventure opportunities offered in the Tulsa area. We will have a kids orienteering fun course, a portable Climbing Wall, door prizes and many more exciting things. This is the perfect way to kick off a summer outdoors. Let's take it outside Tulsa!" Must pre-register by Monday, May 21, 2012."

Ages 0 & older Instructor: Park Staff

Hicks Sa \$5

May.26 to May.26

9:30 AM - 12:30 PM

84998.315

Family Orienteering Day

Families with children seven years of age and older are invited to a fun-filled day of orienteering. We will learn how to use a map and compass to find our way outdoors, then we will go outside and put it all together on some orienteering routes throughout Hicks Park. Pre-Registration by Monday, March 26, 2012 is required.

Ages 7 & older Instructor: Park Staff

Hicks Sa \$5

Mar.31 to Mar.31

9:30 AM - 11:30 AM

84906.315

How to Grow a Thriving Garden

Learn how and when to plant and how to take care of your garden. Free.

Ages 18 & older

Instructor: Park Staff

Lacy M \$0
Jan.23 to Jan.23
1:30 PM - 2:30 PM

84901.305

Know Your Numbers

Free health screenings for adults 18 years and older. Screening tests to include: blood pressure, cholesterol - full lipid panel, glucose hemoglobin A1C (no fasting required), body mass index, and waist to hip ratio measurements. Test results reviewed with a Health Mentor.

Ages 18 & older

Instructor: Park Staff

Lacy Sa \$0
Mar.10 to Mar.10
10:00 AM - 1:00 PM

84900.305

Know Your Numbers Health Screening

Tulsa Health Department will be at Central Center to offer health screenings for individuals 18 and older. Screening test will include blood pressure, Cholesterol-full lipid panel, Glucose Hemoglobin A1C (no fasting required), body mass index, waist-to-hip ratio measurements and a results review with a Health Mentor. No pre-registration required. FREE.

Ages 18 & older

Instructor: Mace, Kirk

Central Th \$0
Jan.26 to Jan.26
9:00 AM - 2:00 PM

84900.302

Spanish Language Adult and Pediatric 1st Aid/CPR

This American Red Cross course is tailored for spanish-speaking clientele. Become Certified in American Red Cross Adult and Pediatric First Aid/CPR. Must pre-register by Monday, April 9, 2012. Certification is valid for two years upon completion of all course requirements.

Ages 11 & older

Instructor: Park Staff

Hicks Th \$80
Apr.12 to Apr.19
6:00 PM - 9:00 PM

83902.315

Women's Self Defense

Come learn life-saving defensive techniques from a trained professional instructor. We encourage you to bring your friends and loved ones as well. This course will be held on Saturday, April 21st, 10am-noon.

Ages 14 & older

Instructor: Park Staff

Whiteside Sa \$7
Apr.28 to Apr.28
10:00 AM - 12:00 PM

84901.317

Seniors

AARP 55 Alive Driving Course

The nation's first and largest classroom refresher course, geared especially to your driving safety needs. Class includes info on aggressive drivers, anti-lock brakes, car phones & more. Pre-registration required. \$12 for AARP card holding members; \$14 for non AARP members.

Ages 55 & older

Instructor: Park Staff

Central Sa \$0
Feb.18 to Feb.18
9:30 AM - 5:00 PM

84702.302

The nation's first and largest classroom refresher course, geared especially to your driving safety needs. Class includes info on aggressive drivers, anti-lock brakes, car phones & more. Pre-registration required. \$12 for AARP card holding members; \$14 for non AARP members.

Ages 55 & older

Instructor: Park Staff

Central Sa \$0
Apr.14 to Apr.14
9:30 AM - 5:00 PM

84703.302

Crime Prevention Workshop with Lori Fulbright

Join KOTV's Lori Fulbright as she covers current crime trends, tips on how to be safe inside your own home and when you're out running errands/shopping. She will share many stories of crime victims she's covered during the last 20 years as a crime reporter for News on 6.

Ages 14 & older

Instructor: Park Staff

Whiteside M \$0
Jan.23 to Jan.23
6:30 PM - 9:00 PM

84800.317

Youth

Sewing 101 for Kids

Learn the basics of sewing and how to use a pattern. Make your own to pillow. Call for supply list. Pre-enroll by Feb. 16.

Ages 10 to 17

Instructor: Park Staff

Lacy

Tu

\$10

Apr.17 to May.01

5:30 PM - 7:30 PM

84200.305

Education / Miscellaneous

Preschool

Bugged Out!

Learn about those creepy, crawley things that we sometimes love and sometimes scare us!

Ages 5 & younger

Instructor: Morecraft, Adrienne

Whiteside

F

\$6

Mar.09 to Mar.09

10:00 AM - 10:45 AM

87109.317

Do You Know Who's At the Zoo?

Join us as we explore what kind of animals live at the zoo through stories, activities and song. We will visit the zoo on the last class day.

Ages 5 & younger

Instructor: Morecraft, Adrienne

Whiteside

Tu

\$35

Apr.03 to Apr.24

10:00 AM - 10:45 AM

87103.317

Little Chefs

Little one will make no bake and simple goodies to enjoy.

Ages 5 & younger

Instructor: Park Staff

Whiteside

W

\$5

May.23 to May.23

10:00 AM - 10:45 AM

86019.317

Little one will make no bake and simple goodies to enjoy.

Ages 5 & younger

Instructor: Park Staff

Whiteside

W

\$5

Apr.25 to Apr.25

10:00 AM - 10:45 AM

86018.317

Little one will make no bake and simple goodies to enjoy.

Ages 5 & younger

Instructor: Park Staff

Whiteside

W

\$5

Mar.28 to Mar.28

10:00 AM - 10:45 AM

86017.317

Come join us and learn how to cook and be safe in the kitchen. For ages 9 and older. This class meets 4 times every other Thursday. Must pre-register for the class.

Ages 9 to 15

Instructor: Park Staff

Hicks

Th

\$20

Apr.19 to May.31

5:00 PM - 6:00 PM

86400.315

Little one will make no bake and simple goodies to enjoy.

Ages 5 & younger

Instructor: Morecraft, Adrienne

Whiteside

W

\$5

Feb.08 to Feb.08

10:00 AM - 10:45 AM

86015.317

Super Star Story Time

Kids come to Whiteside and enjoy hearing stories being read by various Tulsa Celebrities". You never know who might show up to read...radio personalities, news anchors or even professional athletes. A FREE event for kids and their parents. Feb. 23, March 29 and April 26"

Ages 5 to 11

Instructor: Park Staff

Whiteside

Th

\$0

Mar.29 to Apr.12

4:00 PM - 4:45 PM

87003.317

The World Around Me

Learn about other kids from around the world through crafts, stories, snacks and music.

Ages 5 & younger

Instructor: Morecraft, Adrienne

Whiteside

Tu

\$35

Feb.07 to Feb.28

9:30 AM - 10:15 AM

87106.317

Youth

Kids Cooking

Fitness/Sports - Exercise

Adult

30 Minute Workout

Come in on your lunch break and work every major part of your body. Private or group. \$2.00/class.

Ages 18 & older Instructor:

Lacy Tu W Th F \$2

Jan.03 to May.31

12:00 PM - 12:30 PM

51551.305

Aerobics - AMX - McClure

Start your day right with Instructor Lisa Brown. Low Impact Aerobics, Weight Training & Mat Work.

Ages 18 & older Instructor: Brown, Lisa

McClure M W F \$20

Mar.02 to Mar.30

8:30 AM - 9:30 AM

50517.311

Start your day right with Instructor Lisa Brown. Low Impact Aerobics, Weight Training & Mat Work.

Ages 18 & older Instructor: Brown, Lisa

McClure M W F \$20

Jan.02 to Jan.30

8:30 AM - 9:30 AM

50515.311

Start your day right with Instructor Lisa Brown. Low Impact Aerobics, Weight Training & Mat Work.

Ages 18 & older Instructor: Brown, Lisa

McClure M W F \$20

Apr.02 to Apr.30

8:30 AM - 9:30 AM

50518.311

Start your day right with Instructor Lisa Brown. Low Impact Aerobics, Weight Training & Mat Work.

Ages 18 & older Instructor: Brown, Lisa

McClure M W F \$20

May.02 to May.30

8:30 AM - 9:30 AM

50519.311

Start your day right with Instructor Lisa Brown. Low Impact Aerobics, Weight Training & Mat Work.

Ages 18 & older Instructor: Brown, Lisa

McClure M W F \$20

Feb.01 to Feb.29

8:30 AM - 9:30 AM

50516.311

Aerobics - Cardio Mix

Instructor Carrie Keys will mix it up in this aerobics class giving you a good, solid workout. Class also uses toning exercises to help you improve your strength, flexibility and stamina. A nice workout for the after-work crowd. Ongoing.

Ages 16 & older Instructor: Keys, Carrie L.

Hicks Tu Th \$25

Jan.03 to Jan.26

6:05 PM - 7:05 PM

50501.315

Instructor Carrie Keys will mix it up in this aerobics class giving you a good, solid workout. Class also uses toning exercises to help you improve your strength, flexibility and stamina. A nice workout for the after-work crowd. Ongoing.

Ages 18 & older Instructor: Keys, Carrie L.

Hicks Tu Th \$25

Feb.02 to Feb.28

6:05 PM - 7:05 PM

50502.315

Instructor Carrie Keys will mix it up in this aerobics class giving you a good, solid workout. Class also uses toning exercises to help you improve your strength, flexibility and stamina. A nice workout for the after-work crowd. Ongoing.

Ages 18 & older Instructor: Keys, Carrie L.
Hicks Tu Th \$25
Apr.03 to Apr.26
6:05 PM - 7:05 PM

50504.315

Instructor Carrie Keys will mix it up in this aerobics class giving you a good, solid workout. Class also uses toning exercises to help you improve your strength, flexibility and stamina. A nice workout for the after-work crowd. Ongoing.

Ages 18 & older Instructor: Keys, Carrie L.
Hicks Tu Th \$25
Mar.01 to Mar.29
6:05 PM - 7:05 PM

50503.315

Hooverball

Come join the new craze! It's a great cardio workout using a 4 lb medicine ball and a traditional volleyball court with scoring like tennis. \$3 per person per visit.

Ages 16 & older Instructor: Park Staff
Reed M \$3
Jan.09 to Apr.30
6:00 PM - 8:00 PM

54501.306

Rhythmic Aerobics

Dance aerobics with music ranging from country to rock & roll. \$30/month. Ongoing.

Ages 18 & older Instructor: Burns, Jill
Whiteside M W F \$66
Jan.04 to May.25
9:00 AM - 10:00 AM

50501.317

Too wet or cold outside to walk? Come inside the center Monday through Friday from 8:30 to 10 am and walk in the gym. 19 laps = 1 mile. Free.

All Ages Instructor: Park Staff
Reed M Tu W Th F \$0
Jan.02 to May.31
8:30 AM - 10:00 AM

52501.306

Zumba

It's an exhilarating, calorie-burning dance fitness-party. \$5 per class!

Ages 12 to 90 Instructor: Jones, Dana
Reed Tu \$5
Jan.03 to May.01
6:30 PM - 7:30 PM

50501.306

It's an exhilarating, calorie-burning dance fitness-party. \$5 per class!

Ages 12 to 90 Instructor: Jones, Dana
Reed Th \$5
Jan.05 to May.03
7:00 PM - 8:00 PM

50502.306

This is a dance fitness program created during the 1990's and combines Latin & international music with dance in an effort to make exercise fun. Meets on Monday or Tuesday nights from 6:30-7:30 pm. \$10/month or \$3 drop in. \$18/month for both days. All ages.

Ages 8 to 55 Instructor: Knox, Yolanda
Lacy M Tu \$10
Jan.03 to Jan.31
6:30 PM - 7:30 PM

51501.305

Walk it Away

Zumba is an international latin-inspired workout class that feels more like dancing than aerobics. At Whiteside we incorporate salsa, meringue, samba, and more into a fun, dance workout. The instructor's class philosophy is to have fun and enjoy yourself. Don't worry about following the steps. Just keep moving. You'll see all shapes, sizes, and ages in our class and we're all having a great time. Come join us! \$30/8 classes or \$5 drop in fee. Please pay instructor.

Ages 16 & older Instructor: Hays, Christy

Whiteside W \$0
Jan.04 to May.30
6:00 PM - 7:00 PM

51501.317

This is a dance fitness program created during the 1990's and combines Latin & international music with dance in an effort to make exercise fun. Meets on Monday or Tuesday nights from 6:30-7:30 pm. \$10/month, \$3 drop in or \$18 for both nights per month. All ages.

Ages 8 to 55 Instructor: Knox, Yolanda

Lacy M Tu \$10
Feb.06 to Feb.28
6:30 PM - 7:30 PM

51502.305

This is a dance fitness program created during the 1990's and combines Latin & international music with dance in an effort to make exercise fun. Meets on Monday or Tuesday nights from 6:30-7:30 pm. \$10/month, \$3 drop in or \$18 for both nights per month. All ages.

Ages 8 to 55 Instructor: Knox, Yolanda

Lacy M Tu \$10
Mar.05 to Mar.27
6:30 PM - 7:30 PM

51503.305

This is a dance fitness program created during the 1990's and combines Latin & international music with dance in an effort to make exercise fun. Meets on Monday or Tuesday from 6:30-7:30 pm. \$10/month, \$3 drop in or \$18/month for both nights. All ages.

Ages 8 to 55 Instructor: Knox, Yolanda

Lacy M Tu \$10
Apr.02 to Apr.30
6:30 PM - 7:30 PM

51504.305

This is a dance fitness program created during the 1990's and combines Latin & international music with dance in an effort to make exercise fun. Meets on Monday or Tuesday nights from 6:30-7:30 pm. \$10/month, \$3 drop in or \$18/month for both nights. All ages.

Ages 8 to 55 Instructor: Knox, Yolanda

Lacy M Tu \$10
May.01 to May.29
6:30 PM - 7:30 PM

51505.305

Mixed Ages

Body Sculpt

Increase lean muscle tissue and metabolism! This one hour class offers total body workout combining various forms of cardiovascular exercise and strength training. Fun for all fitness levels!

Ages 14 & older Instructor: Brennan, Jenna

Lacy Sa \$13
May.05 to May.26
9:00 AM - 10:00 AM

51905.305

Increase lean muscle tissue and metabolism! This one hour class offers total body workout combining various forms of cardiovascular exercise and strength training. Fun for all fitness levels!

Ages 14 & older Instructor: Brennan, Jenna

Lacy Sa \$13
Apr.07 to Apr.28
9:00 AM - 10:00 AM

51904.305

Increase lean muscle tissue and metabolism! This one hour class offers total body workout combining various forms of cardiovascular exercise and strength training. Fun for all fitness levels!

Ages 14 & older Instructor: Park Staff

Lacy Sa \$10
Mar.03 to Mar.31
9:00 AM - 10:00 AM

51903.305

Increase lean muscle tissue and metabolism! This one hour class offers total body workout combining various forms of cardiovascular exercise and strength training. Fun for all fitness levels!

Ages 14 & older Instructor: Brennan, Jenna

Lacy Sa \$13
Feb.04 to Feb.25
9:00 AM - 10:00 AM

51902.305

Increase lean muscle tissue & metabolism! This one hour class offers a total body workout combining various forms of cardiovascular exercise & strength training. Fun for all fitness levels! Age 14-adult. \$10/month or \$3 drop in. Need a minimum of 4 to begin.

Ages 14 & older Instructor: Brennan, Jenna

Lacy Sa \$13
Jan.07 to Jan.28
9:00 AM - 10:00 AM

51901.305

Central Fitness Room

For your toning and cardiovascular workout, come to Central! Ages 18 & over. Open during building hours. \$15 per month or \$2 drop-in fee. 60 & Older is FREE!

Ages 18 & older Instructor: Park Staff

Central M Tu W Th F \$15
Sa
Jan.01 to May.31
9:00 AM - 6:00 PM

51901.302

Fitness - Zumba

ZUMBA is a fusion of Latin and International music/dance themes that create a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is based on the principle that a workout should be Fun and Easy to do. Ongoing.

Ages 16 & older Instructor: Pharis, Daphne

Central M W \$25
Jan.04 to Jan.30
5:30 PM - 6:30 PM

50911.302

ZUMBA is a fusion of Latin and International music/dance themes that create a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is based on the principle that a workout should be Fun and Easy to do. Ongoing.

Ages 16 & older Instructor: Pharis, Daphne

Central M W \$25
May.02 to May.30
5:30 PM - 6:30 PM

50915.302

ZUMBA is a fusion of Latin and International music/dance themes that create a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is based on the principle that a workout should be Fun and Easy to do. Ongoing.

Ages 16 & older Instructor: Pharis, Daphne

Central M W \$25
Apr.02 to Apr.30
5:30 PM - 6:30 PM

50914.302

ZUMBA is a fusion of Latin and International music/dance themes that create a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is based on the principle that a workout should be Fun and Easy to do. Ongoing.

Ages 16 & older Instructor: Pharis, Daphne

Central M W \$25
Mar.05 to Mar.28
5:30 PM - 6:30 PM

50913.302

ZUMBA is a fusion of Latin and International music/dance themes that create a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is based on the principle that a workout should be Fun and Easy to do. Ongoing.

Ages 16 & older Instructor: Pharis, Daphne

Central M W \$25
Feb.01 to Feb.29
5:30 PM - 6:30 PM

50912.302

Life's a party! Let's get shakin'! Dance your way to a healthier you with licensed instructor Barbara Wilson. Meets on Mondays & Wednesdays from 7 to 8 p.m. and Saturday mornings from 10 to 11 a.m. \$5/class or \$35/month.

Ages 16 & older Instructor: Park Staff

Hicks M W \$0
Apr.02 to Apr.30
7:00 PM - 8:00 PM

50904.315

Geared for seniors. This is the lower impact, easy-to-follow, Latin-inspired dance fitness party that keeps you in the groove of life at your own pace. Meets Mondays and Wednesdays from 10 to 11 a.m. Licensed instructor: Barbara Wilson. \$4/class or \$25/month.

Ages 50 & older Instructor: Park Staff

Hicks M W \$0
Apr.02 to Apr.30
10:00 AM - 11:00 AM

50914.315

Life's a party! Let's get shakin'! Dance your way to a healthier you with licensed instructor Barbara Wilson. Meets on Mondays & Wednesdays from 7 to 8 p.m. and Saturday mornings from 10 to 11 a.m. \$5/class or \$35/month.

Ages 16 & older Instructor: Park Staff

Hicks M W \$0
Mar.05 to Mar.28
7:00 PM - 8:00 PM

50903.315

Geared for seniors. This is the lower impact, easy-to-follow, Latin-inspired dance fitness party that keeps you in the groove of life at your own pace. Meets Mondays and Wednesdays from 10 to 11 a.m. Licensed instructor: Barbara Wilson. \$4/class or \$25/month.

Ages 50 & older Instructor: Park Staff

Hicks M W \$0
Feb.01 to Feb.29
10:00 AM - 11:00 AM

50912.315

Life's a party! Let's get shakin'! Dance your way to a healthier you with licensed instructor Barbara Wilson. Meets on Mondays & Wednesdays from 7 to 8 p.m. and Saturday mornings from 10 to 11 a.m. \$5/class or \$35/month.

Ages 16 & older Instructor: Park Staff

Hicks M W \$0
Feb.01 to Feb.29
7:00 PM - 8:00 PM

50902.315

Geared for seniors. This is the lower impact, easy-to-follow, Latin-inspired dance fitness party that keeps you in the groove of life at your own pace. Meets Mondays and Wednesdays from 10 to 11 a.m. Licensed instructor: Barbara Wilson. \$4/class or \$25/month.

Ages 50 & older Instructor: Park Staff

Hicks M W \$0
Mar.05 to Mar.28
10:00 AM - 11:00 AM

50913.315

Life's a party! Let's get shakin'! Dance your way to a healthier you with licensed instructor Barbara Wilson. Meets on Mondays & Wednesdays from 7 to 8 p.m. and Saturday mornings from 10 to 11 a.m. \$5/class or \$35/month.

Ages 16 & older Instructor: Park Staff

Hicks M W \$0
Jan.09 to Jan.30
7:00 PM - 8:00 PM

50901.315

Geared for seniors. This is the lower impact, easy-to-follow, Latin-inspired dance fitness party that keeps you in the groove of life at your own pace. Meets Mondays and Wednesdays from 10 to 11 a.m. Licensed instructor: Barbara Wilson. \$4/class or \$25/month.

Ages 50 & older Instructor: Park Staff

Hicks M W \$0
Jan.09 to Jan.30
10:00 AM - 11:00 AM

50911.315

Fitness - Zumba Gold

Fitness Room - Reed

Reed's fitness room consists of a variety of free weights, weight machines, treadmills, stationary bikes, elliptical machine, stair stepper, and rowing machines. CROSSFIT equipped. Open to men and women, ages 16 and older (adult supervision required if under 18). Open during building hours. Last admittance is 30 minutes before the building closes. Cost is \$2/visit or you can buy a pass for \$10/10 visits, \$20/30 visits. A pass for ages 55 and older costs \$10/30 visits.

Ages 16 & older Instructor: Park Staff
Reed M Tu W Th F \$10
 Sa
 Jan.02 to May.31
 9:00 AM - 12:00 PM

51901.306

Jump Rope Program

Jump rope not only keeps you fit, it improves your coordination & rhythm; teaches good sportsmanship and makes you feel good about yourself. Jumping rope can improve motor skills and is good for the heart. This class is designed for ages 5-adult. Minimum of 5 needed to begin. Free.

Ages 5 to 55 Instructor: Park Staff
Lacy Th \$0
 Jan.05 to May.31
 6:00 PM - 7:00 PM

54950.305

Ladies Private Weight Training

Keep your body lean and fit with this healthy and fun class. Get one-on-one training and work the areas of your body that need it the most. Times are arranged with instructor. Pre-registration required. \$2.00/30 minutes.

Ages 18 & older Instructor: Park Staff
Lacy Tu W Th F \$2
 Jan.03 to May.31
 9:00 AM - 3:00 PM

51961.305

Self Defense & Fitness

Open to all levels of fitness and abilities, this class will help you: Gain confidence, learn new skills to protect yourself, increase your strength and flexibility and improve your overall fitness level.

Ages 12 & older Instructor: Atkinson, Ray
Hicks M W \$25
 Mar.05 to Mar.28
 6:00 PM - 7:00 PM

54913.315

Open to all levels of fitness and abilities, this class will help you: Gain confidence, learn new skills to protect yourself, increase your strength and flexibility and improve your overall fitness level.

Ages 12 & older Instructor: Atkinson, Ray
Hicks M W \$25
 Feb.01 to Feb.29
 6:00 PM - 7:00 PM

54912.315

Open to all levels of fitness and abilities, this class will help you: Gain confidence, learn new skills to protect yourself, increase your strength and flexibility and improve your overall fitness level. Bring a friend and save \$5!

Ages 12 & older Instructor: Atkinson, Ray
Hicks M W \$25
 Jan.04 to Jan.30
 6:00 PM - 7:00 PM

54911.315

Open to all levels of fitness and abilities, this class will help you: Gain confidence, learn new skills to protect yourself, increase your strength and flexibility and improve your overall fitness level.

Ages 12 & older Instructor: Atkinson, Ray
Hicks M W \$25
 Apr.02 to Apr.30
 6:00 PM - 7:00 PM

54914.315

Stretching Only

Join other adults for some good long stretching and easy listening music. Come on your lunch break. \$1 per day. Private or group. Ongoing.

Ages 18 & older Instructor: Park Staff
Lacy W \$1
 Jan.04 to May.30
 12:00 PM - 12:30 PM

51913.305

Tai Chi Moving for Better Balance

Through simple, graceful movements that are easy to learn, Tai Chi builds physical stamina and improves memory, self-confidence and patience. This class will help you to improve your balance and reduce the frequency of falls. Suitable for all ages. Class space is limited and will be on a first-come basis. Brought to you by INCOG Area Agency on Aging. FREE.

Ages 18 & older Instructor: Anderson, Nancy
Central M W \$0
Jan.09 to Apr.02
10:00 AM - 11:00 AM

50900.302

Walk and Talk

Adults and Senior Citizen's can enjoy a sociable conversation while exercising their body. Walk in our gym and chart your miles. Great for your body and your spirit. Free!

Ages 21 & older Instructor: Park Staff
Lacy M W F \$0
Jan.04 to May.30
8:00 AM - 10:30 AM

52900.305

Seniors

Aerobics - Senior Exercise - McClure

Low Impact Aerobics, Weight Training & Mat Work designed for those over the age of 50. Instructor Ann Deeter.

Ages 18 & older Instructor: Deeter, Ann
McClure M W F \$20
May.02 to May.30
9:30 AM - 10:30 AM

51704.311

Low Impact Aerobics, Weight Training & Mat Work designed for those over the age of 50. Instructor Ann Deeter.

Ages 18 & older Instructor: Deeter, Ann
McClure M W F \$20
Apr.02 to Apr.30
9:30 AM - 10:30 AM

51703.311

Low Impact Aerobics, Weight Training & Mat Work designed for those over the age of 50. Instructor Ann Deeter.

Ages 18 & older Instructor: Deeter, Ann
McClure M W F \$20
Feb.01 to Feb.29
9:30 AM - 10:30 AM

51701.311

Low Impact Aerobics, Weight Training & Mat Work designed for those over the age of 50. Instructor Ann Deeter.

Ages 18 & older Instructor: Deeter, Ann
McClure M W F \$20
Mar.02 to Mar.30
9:30 AM - 10:30 AM

51702.311

Low Impact Aerobics, Weight Training & Mat Work designed for those over the age of 50. Instructor Ann Deeter.

Ages 18 & older Instructor: Deeter, Ann
McClure M W F \$20
Jan.02 to Feb.29
9:30 AM - 10:30 AM

51700.311

Fit and Fun

Low impact senior aerobics with music ranging from country to big bands. \$30 per month.

Ages 50 & older Instructor: Burns, Jill
Whiteside M W F \$66
Jan.04 to May.25
10:05 AM - 11:05 AM

50701.317

Youth

Home School Physical Fitness

Home School P.E. - March 2012. For ages 14-18. This is the third four-week session in a four-month program during which participants will learn the basic principles of nutrition and exercise, fundamentals of various sports such as basketball, soccer, tennis, volleyball, and rock climbing. Develop coordination and self-confidence. Train and test for the President's Challenge" Fitness Award test to be held on Tuesday, April 24, 2012."

Ages 18 & younger Instructor: Park Staff

Hicks Tu \$0

Mar.06 to Mar.27

3:00 PM - 5:00 PM

54207.315

Home School P.E. - April 2012. For ages 14-18. This is the 4th four-week session in a four-month program during which participants will learn the basic principles of nutrition and exercise, fundamentals of various sports such as basketball, soccer, tennis, volleyball, and rock climbing. Develop coordination and self-confidence. Train and test for the President's Challenge" Fitness Award test to be held on Tuesday, April 24, 2012."

Ages 18 & younger Instructor: Park Staff

Hicks Tu \$0

Apr.03 to Apr.24

3:00 PM - 5:00 PM

54208.315

Home School P.E. - January 2012. For ages 14-18. This is the 1st four-week session of a four-month program during which participants will learn the basic principles of nutrition and exercise, fundamentals of various sports such as basketball, soccer, tennis, volleyball, and rock climbing. Develop coordination and self-confidence. Train and test for the President's Challenge" Fitness Award test to be held on Tuesday, April 24, 2012."

Ages 18 & younger Instructor: Park Staff

Hicks Tu \$0

Jan.10 to Jan.31

3:00 PM - 5:00 PM

54205.315

Home School P.E. - February 2012. This is the second four-week session in a four-month program during which participants will learn the basic principles of nutrition and exercise, fundamentals of various sports such as basketball, soccer, tennis, volleyball, and rock climbing. Develop coordination and self-confidence. Train and test for the President's Challenge" Fitness Award test to be held on Tuesday, April 24, 2012."

Ages 18 & younger Instructor: Park Staff

Hicks Tu \$0

Feb.07 to Feb.28

3:00 PM - 5:00 PM

54206.315

Legacy Homeschool P.E.

Legacy Home School P.E. - First Quarter - Tennis instructed by Roberta Clardy

Ages 18 & younger Instructor: Park Staff

Hicks Th \$0

Jan.05 to Feb.09

3:00 PM - 5:00 PM

54203.315

Legacy Home School P.E. - First Quarter - Tennis instructed by Roberta Clardy

Ages 18 & younger Instructor: Park Staff

Hicks Th \$0

Feb.16 to Mar.15

3:00 PM - 5:00 PM

54204.315

Move it, Kids! Fitness Club

This will get your kids moving their bodies to fight the battle of fat! Group meets once/week. Different activities and exercises will have your kids on their way to a healthy lifestyle.

Ages 9 to 14 Instructor: Park Staff

Hicks Tu \$25

Feb.21 to Apr.10

5:00 PM - 6:00 PM

51200.215

Fitness/Sports - League / Team

Adult

Basketball League - Men

Adult men's basketball league. 8-10 game season with a post season tournament for the top 4 teams. Individual awards given to first and second place teams. Registration is \$80 per team and the deadline is February 14. Cost does not include the \$40 refundable cash deposit or the \$20 per game official fees. Call Harold Lee for more information at (918) 746-5040.

Ages 18 & older Instructor: Park Staff
Whiteside Tu \$80
Feb.28 to May.15
6:15 PM - 9:00 PM

56501.301

Basketball League - Women

Adult female basketball league. 8-10 game season with a possible post season tournament. Individual awards given to first and second place teams for league play and first and second place team plaques given for tournament play. Registration deadline is January 27. Cost does not include the \$40 refundable cash deposit or the \$20/game official fee. Call (918) 669-6355 for more information.

Ages 18 & older Instructor: Park Staff
Hicks Th \$80
Feb.23 to May.31
6:00 PM - 9:00 PM

55501.315

Basketball League-Men

Men's recreational basketball league. 8 game regular season with the top 4 teams advancing to post season tournament. Games will be played on Tuesday nights at Whiteside Park. \$80 registration per team plus \$40 cash refundable deposit. Also, teams will be responsible for \$20 cash referee fees each game. 9 team max!

Ages 18 & older Instructor: Park Staff
Whiteside Tu \$80
Feb.28 to May.22
6:15 PM - 9:15 PM

56501.317

Beach Doubles Volleyball League

6 person coed recreation volleyball league for those 16 & older. \$80/team plus \$16 refundable cash deposit and you will pay the referee \$8/match. 8-10 match season plus post season tournament. Registration will begin April 9 and will be done online at www.teamsideline.com/tulsa. To complete your registration, payment must be made by the deadline, May 4.

Ages 16 & older Instructor: Park Staff
Helmerich Volleyball Courts (All) Th \$30
May.17 to Aug.23
6:00 PM - 9:00 PM

56503.122

Beach Intermediate Volleyball League

6 person coed recreation volleyball league for those 16 & older. \$80/team plus \$16 refundable cash deposit and you will pay the referee \$8/match. 8-10 match season plus post season tournament. Registration will begin April 9 and will be done online at www.teamsideline.com/tulsa. To complete your registration, payment must be made by the deadline, May 4.

Ages 16 & older Instructor: Park Staff
Helmerich Volleyball Courts (All) Th \$80
May.17 to Aug.23
6:00 PM - 9:00 PM

56502.122

Beach Recreation Volleyball League

6 person coed recreation volleyball league for those 16 & older. \$80/team plus \$16 refundable cash deposit and you will pay the referee \$8/match. 8-10 match season plus post season tournament. Registration will begin April 9 and will be done online at www.teamsideline.com/tulsa. To complete your registration, payment must be made by the deadline, May 4.

Ages 16 & older Instructor: Park Staff
Helmerich Volleyball Courts (All) Th \$80
May.17 to Aug.23
6:00 PM - 9:00 PM

56501.122

Dodgeball-CoedLeague

Adult dodgeball league. 6-8 game season. \$80/ team plus \$10 refundable cash deposit. Does not include the \$5 per game official fee. Teams are responsible for paying referee each week. Rosters and registration fee is due Wednesday, February 29. Call (918) 746-5040 for more information.

Ages 18 & older Instructor: Park Staff
Whiteside M \$80
Mar.05 to May.28
6:00 PM - 9:00 PM

55501.317

Dodgeball-Open League

Adult dodgeball league. 6-8 game season. \$80/ team plus \$10 refundable cash deposit. Does not include the \$5 per game official fee. Teams are responsible for paying referee each week. Rosters and registration fee is due Wednesday, February 29. Call (918) 746-5040 for more information.

Ages 18 & older Instructor: Park Staff
Whiteside M \$80
Mar.05 to May.28
6:00 PM - 9:00 PM

55503.317

Volleyball League - Intermediate

Adult coed intermediate volleyball league. 8-10 game season with a possible post season tournament. Individual awards given to first and second place teams for league play and first and second place team trophy given for tournament play. Registration deadline is January 27. Cost does not include the \$16 refundable cash deposit or the \$8/game official fee. Call (918) 669-6355 for more information.

Ages 16 & older Instructor: Park Staff
Hicks Tu \$80
Jan.31 to Apr.24
5:45 PM - 9:00 PM

56502.315

Volleyball League - Recreational

Adult coed recreational volleyball league. 8-10 game season with a possible post season tournament. Individual awards given to first and second place teams for league play and first and second place team trophy given for tournament play. Registration deadline is February 10. Cost does not include the \$16 refundable cash deposit or the \$8/game official fee. Call (918) 591-4307 for more information.

Ages 16 & older Instructor: Park Staff
Reed Th \$40
Feb.23 to May.31
5:45 PM - 9:00 PM

56501.306

Preschool

Lil' Bit Basketball League

Boys and girls ages 4 and 5 can sign up to play basketball with teams in the North Tulsa Sports Association. Early enrollment \$25 before Dec. 8 and \$30 after Dec. 8.

Ages 5 & younger Instructor: Park Staff
Lacy Tu \$55
Jan.03 to Mar.27
6:00 PM - 7:00 PM

40001.305

Youth

Girls Volleyball

All Ages Instructor: Price, Sue
Multiple Site Facility Su Sa \$46
Jan.01 to Mar.31
10:00 AM - 12:00 PM
56202.323

Gymnastics League

Collections for gymnastics league. NOT FOR THE FUN GUIDE

Ages 4 to 16 Instructor: Park Staff
Reed F Sa \$20
Dec.10 to May.19
8:00 AM - 8:30 AM

55401.306

Pin King

All Ages Instructor: Park Staff
Chamberlain M Tu W Th \$0
Jan.02 to May.31
6:00 PM - 8:00 PM

58414.301

Fitness/Sports - Sports By Type

Adult

Open Co-Ed Volleyball

Join other adults for fun & friendly competition. No pre-formed teams, please. FREE!"

Ages 18 & older Instructor: Park Staff

Hicks Tu Th \$0

Jan.03 to Apr.26

12:00 PM - 3:00 PM

44500.315

Over 40 & Over 50 Basketball

Open gym for people age 40 & over who want to play basketball. Meets on Tuesdays, Wednesdays and Fridays. Over 50's meet on Monday and Thursdays.

Ages 40 to 100 Instructor: Park Staff

Whiteside M Tu W Th F \$0

Jan.03 to Jun.01

11:30 AM - 1:30 PM

40502.317

Over 40-Basketball

Adults can fellowship as well as play basketball. Ages 40 and over. Ongoing.

Ages 40 & older Instructor: Park Staff

Lacy M W \$0

Jan.09 to May.30

9:00 AM - 10:30 AM

40500.305

Mixed Ages

Martial Arts - Shotokan Karate Beginners

This class focuses on the traditional Japanese karate principles, and the disciplines of character, etiquette, effort, sincerity, self-control and a resolution to refrain from violent behavior. Training consists of basic movements, traditional individual workouts and practice with partners in defensive tactics. Chief instructor: Manny Matos. \$25/month. Ongoing.

Ages 9 & older Instructor: Park Staff

Hicks M W \$25

Apr.02 to Apr.30

6:00 PM - 7:30 PM

43904.315

This class focuses on the traditional Japanese karate principles, and the disciplines of character, etiquette, effort, sincerity, self-control and a resolution to refrain from violent behavior. Training consists of basic movements, traditional individual workouts and practice with partners in defensive tactics. Chief instructor: Manny Matos. \$25/month. Ongoing.

Ages 9 & older Instructor: Park Staff

Hicks M W \$25

Jan.02 to Jan.30

6:00 PM - 7:30 PM

43901.315

This class focuses on the traditional Japanese karate principles, and the disciplines of character, etiquette, effort, sincerity, self-control and a resolution to refrain from violent behavior. Training consists of basic movements, traditional individual workouts and practice with partners in defensive tactics. Chief instructor: Manny Matos. \$25/month. Ongoing.

Ages 9 & older Instructor: Park Staff

Hicks M W \$25

Feb.01 to Feb.29

6:00 PM - 7:30 PM

43902.315

This class focuses on the traditional Japanese karate principles, and the disciplines of character, etiquette, effort, sincerity, self-control and a resolution to refrain from violent behavior. Training consists of basic movements, traditional individual workouts and practice with partners in defensive tactics. Chief instructor: Manny Matos. \$25/month. Ongoing.

Ages 9 & older Instructor: Park Staff

Hicks M W \$25

Mar.05 to Mar.28

6:00 PM - 7:30 PM

43903.315

Martial Arts - Tae Kwon Do

Ages 9 and older will learn this Korean style of martial art. Ongoing.

Ages 9 to 54 Instructor: McGill, James

Lacy Sa \$10

Apr.07 to Apr.28

10:00 AM - 11:30 AM

43904.305

Ages 9 and older will learn this Korean style of martial art. Ongoing.

Ages 9 to 54 Instructor: McGill, James

Lacy Sa \$10

Feb.04 to Feb.25

10:00 AM - 11:30 AM

43902.305

Ages 9 and older will learn this Korean style of martial art. Ongoing.

Ages 9 to 54 Instructor: McGill, James

Lacy Sa \$10

Jan.07 to Jan.28

10:00 AM - 11:30 AM

43901.305

Martial Arts - Tae Kwon Do - Hicks

A good class to learn discipline of the mind, body and spirit. All levels of instruction are taught. Ongoing

Ages 6 & older Instructor: Atkinson, Ray

Hicks M W \$25

Feb.01 to Feb.29

5:00 PM - 6:00 PM

43922.315

Ages 9 and older will learn this Korean style of martial art. Ongoing.

Ages 9 to 54 Instructor: McGill, James

Lacy Sa \$10

May.05 to May.26

10:00 AM - 11:30 AM

43905.305

A good class to learn discipline of the mind, body and spirit. All levels of instruction are taught. Ongoing

Ages 6 & older Instructor: Atkinson, Ray

Hicks M W \$25

Mar.05 to Mar.28

5:00 PM - 6:00 PM

43923.315

Ages 9 and older will learn this Korean style of martial art. Ongoing.

Ages 9 to 54 Instructor: McGill, James

Lacy Sa \$10

Mar.03 to Mar.31

10:00 AM - 11:30 AM

43903.305

A good class to learn discipline of the mind, body and spirit. All levels of instruction are taught. Ongoing

Ages 6 & older Instructor: Atkinson, Ray

Hicks M W \$25

Jan.02 to Jan.30

5:00 PM - 6:00 PM

43921.315

A good class to learn discipline of the mind, body and spirit. All levels of instruction are taught. Ongoing

Ages 6 & older

Instructor: Atkinson, Ray

Hicks M W \$25

Apr.02 to Apr.30

5:00 PM - 6:00 PM

43924.315

Martial Arts - Tai Chi

This non-impact form of martial arts emphasizes form, control & discipline. The easy-going nature of this class is a welcoming feature of this martial art. Class is \$25/5 visits.

Ages 18 & older

Instructor: Thomas, Rick

Hicks Tu \$25

Apr.03 to May.01

7:05 PM - 8:05 PM

43914.315

This non-impact form of martial arts emphasizes form, control & discipline. The easy-going nature of this class is a welcoming feature of this martial art. Class is \$25/5 visits.

Ages 18 & older

Instructor: Thomas, Rick

Hicks Tu \$25

Mar.06 to Apr.03

7:05 PM - 8:05 PM

43913.315

This non-impact form of martial arts emphasizes form, control & discipline. The easy-going nature of this class is a welcoming feature of this martial art. Class is \$25/5 visits.

Ages 18 & older

Instructor: Thomas, Rick

Hicks Tu \$25

Feb.07 to Mar.06

7:05 PM - 8:05 PM

43912.315

This non-impact form of martial arts emphasizes form, control & discipline. The easy-going nature of this class is a welcoming feature of this martial art. Class is \$25/5 visits.

Ages 18 & older

Instructor: Thomas, Rick

Hicks Tu \$25

Jan.03 to Jan.31

7:05 PM - 8:05 PM

43911.315

Open Volleyball

Individuals come and form teams for some friendly competition in our air conditioned gym Bring a friend! Free!

Ages 18 & older

Instructor: Park Staff

Lacy F \$0

Jan.06 to May.25

12:00 PM - 2:00 PM

44900.305

Tae Kwon Do

Ongoing. From beginners to seasoned belt holders, this class provides strengthening in the fundamentals as well as new skills, while providing aerobic exercise. \$20 per month.

Ages 7 & older

Instructor: Metz, John

Central Tu \$20

Apr.03 to Apr.24

6:30 PM - 8:00 PM

43904.302

Ongoing. From beginners to seasoned belt holders, this class provides strengthening in the fundamentals as well as new skills, while providing aerobic exercise. \$20 per month.

Ages 7 & older

Instructor: Metz, John

Central Tu \$20

Mar.06 to Mar.27

6:30 PM - 8:00 PM

43903.302

Ongoing. From beginners to seasoned belt holders, this class provides strengthening in the fundamentals as well as new skills, while providing aerobic exercise. \$20 per month.

Ages 7 & older

Instructor: Metz, John

Central Tu \$20
Feb.07 to Feb.28
6:30 PM - 8:00 PM

43902.302

Students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. . Ongoing. No classes March 21 or April 6.

Ages 5 to 12

Instructor: Dickson, Carolyn

Whiteside F \$60
Feb.24 to Apr.13
4:00 PM - 5:00 PM

42001.317

Ongoing. From beginners to seasoned belt holders, this class provides strengthening in the fundamentals as well as new skills, while providing aerobic exercise. \$20 per month.

Ages 7 & older

Instructor: Metz, John

Central Tu \$20
Jan.03 to Jan.31
6:30 PM - 8:00 PM

43901.302

Students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. . Ongoing. No classes on April 22 or May 27.

Ages 5 to 12

Instructor: Dickson, Carolyn

Whiteside F \$60
Apr.27 to Jun.01
4:00 PM - 5:00 PM

42002.317

Ongoing. From beginners to seasoned belt holders, this class provides strengthening in the fundamentals as well as new skills, while providing aerobic exercise. \$20 per month.

Ages 7 & older

Instructor: Metz, John

Central Tu \$20
May.01 to May.29
6:30 PM - 8:00 PM

43905.302

Gymnastics - Junior- Whiteside

Students work on developing basic gymnastics skills on bars, beam, floor & vault. \$60 per 6-week session. For kids ages 5-8 yrs. No class March 21.

Ages 5 to 8

Instructor: Wright, Summer

Whiteside Tu \$60
Feb.21 to Apr.03
4:30 PM - 5:30 PM

42111.317

Preschool

Gymnastics - Beginner- Whiteside

Students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. . Ongoing.

Ages 5 to 12

Instructor: Dickson, Carolyn

Whiteside F \$60
Jan.06 to Feb.10
4:00 PM - 5:00 PM

42000.317

Students work on developing basic gymnastics skills on bars, beam, floor & vault. \$60 for 6-week session. For kids ages 5-8 yrs.

Ages 5 to 8

Instructor: Wright, Summer

Whiteside Tu \$60
Jan.03 to Feb.07
4:30 PM - 5:30 PM

42110.317

Gymnastics - Kinder Jr- Whiteside

Students work on developing basic gymnastics skills on bars, beam, floor & vault. For ages 3-5 yrs. \$60 for 86weeks.

Ages 5 & younger

Instructor: Wright, Summer

Whiteside

Th

\$60

Jan.05 to Feb.09

10:50 AM - 11:30 AM

42065.317

Children learn basic gymnastics skills on bars, beam, floor & vault. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 4 to 6

Instructor: Sparkman, Scott

Reed

M

\$32

Jan.02 to May.21

5:05 PM - 5:50 PM

42019.306

Students work on developing basic gymnastics skills on bars, beam, floor & vault. No class on March 19. For ages 3-5 yrs. \$60 for 6 weeks. No class March 22.

Ages 5 & younger

Instructor: Wright, Summer

Whiteside

Th

\$60

Feb.23 to Apr.05

10:50 AM - 11:30 AM

42066.317

Children learn basic gymnastics skills on bars, beam, floor & vault. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 4 to 6

Instructor: Sparkman, Scott

Reed

Th

\$32

Jan.05 to May.31

6:05 PM - 6:50 PM

42023.306

Gymnastics - Kinder/Jr - Reed

Children learn basic gymnastics skills on bars, beam, floor & vault. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 4 to 6

Instructor: Sparkman, Scott

Reed

Tu

\$32

Jan.03 to May.29

4:50 PM - 5:35 PM

42020.306

Gymnastics - Kinder/Jr. - Whiteside

Students work on developing various gymnastics skills on bars, beam, floor & vault. Class is \$60 for 6 weeks. For ages 4-6 yrs

Ages 5 & younger

Instructor: Wright, Summer

Whiteside

W

\$60

Apr.18 to May.23

12:00 PM - 12:45 PM

42032.317

Children learn basic gymnastics skills on bars, beam, floor & vault. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 4 to 6

Instructor: Sparkman, Scott

Reed

Tu

\$32

Jan.03 to May.29

5:45 PM - 6:30 PM

42021.306

Gymnastics - Kinder/Jr.- Whiteside

Students work on developing various gymnastics skills on bars, beam, floor & vault.. Class is \$60 for 6 weeks. For ages 4-6 yrs

Ages 4 to 6

Instructor: Wright, Summer

Whiteside

W

\$60

Jan.04 to Feb.08

12:00 PM - 12:45 PM

42030.317

Students work on developing various gymnastics skills on bars, beam, floor & vault. . Class is \$60 for 6 weeks. For ages 4-6 yrs. No class March 21.

Ages 4 to 6 Instructor: Wright, Summer
Whiteside W \$60
Feb.22 to Apr.04
12:00 PM - 12:45 PM
42031.317

Gymnastics - Kindernastics - Reed

Children will learn gymnastics skills in a fun environment. They will work on flexibility, muscle control and locomotor movements. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 3 to 4 Instructor: Sparkman, Scott
Reed Th \$32
Jan.05 to May.31
4:35 PM - 5:20 PM
42112.306

Children will learn gymnastics skills in a fun environment. They will work on flexibility, muscle control and locomotor movements. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 3 to 4 Instructor: Sparkman, Scott
Reed M \$32
Jan.02 to May.21
4:05 PM - 4:50 PM
42101.306

Children will learn gymnastics skills in a fun environment. They will work on flexibility, muscle control and locomotor movements. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 3 to 4 Instructor: Sparkman, Scott
Reed M \$32
Jan.02 to May.21
6:00 PM - 6:45 PM
42102.306

Children will learn gymnastics skills in a fun environment. They will work on flexibility, muscle control and locomotor movements. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 3 to 4 Instructor: Sparkman, Scott
Reed Tu \$32
Jan.03 to May.29
4:00 PM - 4:45 PM
42110.306

Gymnastics - Kindernastics - Whiteside

Students will learn basic gymnastics skills. They will work on flexibility, muscle control & locomotor movements. For ages 3 & 4 yrs. \$60 for 6 weeks.

Ages 3 to 4 Instructor: Wright, Summer
Whiteside Th \$60
Jan.05 to Feb.09
9:30 AM - 10:15 AM
42035.317

Students will learn basic gymnastics skills. They will work on flexibility, muscle control & locomotor movements. For ages 3 & 4 yrs. \$60 for 6 weeks.

Ages 3 to 4 Instructor: Wright, Summer
Whiteside Th \$60
Apr.19 to May.24
9:30 AM - 10:15 AM
42037.317

Students will learn basic gymnastics skills. They will work on flexibility, muscle control & locomotor movements. . For ages 3-4 years. Ongoing. No classes April 22 or May 27.

Ages 3 to 4 Instructor: Dickson, Carolyn
Whiteside Th F \$60
Apr.26 to Jun.01
3:15 PM - 4:00 PM
42012.317

Students will learn basic gymnastics skills. They will work on flexibility, muscle control & locomotor movements. . For ages 3-4 years. Ongoing. No class March 21 or April 6

Ages 3 to 4 Instructor: Dickson, Carolyn
Whiteside F \$60
Feb.24 to Apr.13
3:15 PM - 4:00 PM
42011.317

Students will learn basic gymnastics skills. They will work on flexibility, muscle control & locomotor movements. . For ages 3-4 years. Ongoing.

Ages 3 to 4 Instructor: Dickson, Carolyn
Whiteside F \$60
Jan.06 to Feb.10
3:15 PM - 4:00 PM
42010.317

Students work on developing basic gymnastics skills on bars, beam, floor & vault. Class is \$60 for 6 weeks. Ages 3-4 yrs.

Ages 3 to 4 Instructor: Wright, Summer
Whiteside Tu \$60
Apr.17 to May.22
11:15 AM - 12:00 PM
42062.317

Gymnastics - Kindernastics- Whiteside

Students will learn basic gymnastics skills. They will work on flexibility, muscle control & locomotor movements. For ages 3 & 4 yrs. \$60 for 6 weeks. No class March 22.

Ages 3 to 4 Instructor: Wright, Summer
Whiteside Th \$60
Feb.23 to Apr.05
9:30 AM - 10:10 AM
42036.317

Students work on developing basic gymnastics skills on bars, beam, floor & vault. Class is \$60 for 6 weeks. Ages 3-4 yrs. No class March 21.

Ages 3 to 4 Instructor: Wright, Summer
Whiteside Tu \$60
Feb.21 to Apr.03
11:15 AM - 12:00 PM
42061.317

Gymnastics - Kinderplus - Whiteside

Students work on developing basic gymnastics skills on bars, beam, floor & vault. Class is \$60 for 6 weeks. Ages 3-5 yrs. No class March 21.

Ages 5 & younger Instructor: Wright, Summer
Whiteside Tu \$60
Feb.21 to Apr.03
10:15 AM - 11:00 AM
42046.317

Gymnastics - Kinderplus - Whiteside

Students work on developing basic gymnastics skills on bars, beam, floor & vault. Class is \$60 for 6 weeks. Ages 3-5 yrs.

Ages 5 & younger Instructor: Wright, Summer
Whiteside Tu \$60
Jan.03 to Feb.07
10:15 AM - 11:00 AM
42045.317

Students work on developing basic gymnastics skills on bars, beam, floor & vault. Class is \$60 for 6 weeks. Ages 3-5 yrs.

Ages 5 & younger Instructor: Wright, Summer
Whiteside Tu \$60
Apr.17 to May.22
10:15 AM - 11:00 AM
42047.317

Students work on developing basic gymnastics skills on bars, beam, floor & vault. For ages 3-5 yrs. \$60 for 6 weeks.

Ages 5 & younger

Instructor: Wright, Summer

Whiteside

Th

\$60

Apr.19 to May.24

10:50 AM - 11:45 AM

42067.317

Gymnastics - Kinderplus- Whiteside

Students will learn basic gymnastics skills. They will work on flexibility, muscle control & locomotor movements. For ages 3-5 yrs. \$60 for 6 weeks. No class March 21.

Ages 5 & younger

Instructor: Dickson, Carolyn

Whiteside

W

\$60

Feb.22 to Apr.11

10:10 AM - 10:50 AM

42026.317

Students will learn basic gymnastics skills. They will work on flexibility, muscle control & locomotor movements. For age 3-5 years. \$60 for 6 weeks.

Ages 5 & younger

Instructor: Dickson, Carolyn

Whiteside

W

\$60

Jan.04 to Feb.08

10:10 AM - 10:50 AM

42025.317

Gymnastics - Pee Wee Cheer Tumbling - Reed

Covers cheer basics: Cartwheels, handstands, backbends, kick-overs, round offs, jumps and motions. Classes are \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info.

Ages 5 & younger

Instructor: Sparkman, Scott

Reed

Tu

\$32

Jan.03 to May.29

4:30 PM - 5:15 PM

41100.306

Gymnastics - Tumble Tots - Whiteside

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months only. \$60 for 6 weeks.

Ages 1 to 3

Instructor: Wright, Summer

Whiteside

Th

\$60

Apr.19 to May.24

10:15 AM - 10:45 AM

42097.317

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months only. \$60 for 6 weeks. No class March 22.

Ages 1 to 3

Instructor: Wright, Summer

Whiteside

Th

\$60

Feb.23 to Apr.05

10:15 AM - 10:45 AM

42096.317

Gymnastics - Tumble Tots- Whiteside

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months only. \$60 for 6 weeks.

Ages 1 to 3

Instructor: Wright, Summer

Whiteside

Th

\$60

Jan.05 to Feb.09

10:15 AM - 10:45 AM

42095.317

Gymnastics - Tumbling Tots - Reed

Parents will join their kids in this introduction to tumbling and gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 1 to 3

Instructor: Sparkman, Scott

Reed

Tu

\$32

Jan.03 to May.29

6:35 PM - 7:05 PM

42010.306

Parents will join their kids in this introduction to tumbling and gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 1 to 3 Instructor: Sparkman, Scott
Reed Th \$32
Jan.05 to May.31
5:30 PM - 6:00 PM

42012.306

Gymnastics - Tumbling Tots - Whiteside

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. \$60 for 6 weeks.

Ages 1 to 3 Instructor: Wright, Summer
Whiteside Tu \$60
Jan.03 to Feb.07
9:30 AM - 10:00 AM

42071.317

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. Class is \$60 for 6 weeks. No class March 21.

Ages 1 to 3 Instructor: Wright, Summer
Whiteside Tu \$60
Feb.21 to Apr.03
9:30 AM - 10:00 AM

42072.317

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. \$60 for 6 weeks.

Ages 1 to 3 Instructor: Wright, Summer
Whiteside Tu \$60
Apr.17 to May.22
9:30 AM - 10:00 AM

42073.317

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months only. \$60 for 6 weeks.

Ages 1 to 2 Instructor: Dickson, Carolyn
Whiteside W \$60
Apr.18 to May.23
9:30 AM - 10:00 AM

42102.317

Gymnastics - Tumbling Tots- Whiteside

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months only. \$60 for 6 weeks.

Ages 1 to 2 Instructor: Dickson, Carolyn
Whiteside W \$60
Jan.04 to Feb.08
9:30 AM - 10:00 AM

42100.317

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months only. \$60 for 6 weeks. No class March 21.

Ages 1 to 2 Instructor: Dickson, Carolyn
Whiteside W \$60
Feb.22 to Apr.04
9:30 AM - 10:00 AM

42101.317

Gymnastics- Kindernastics - Whiteside

Students work on developing basic gymnastics skills on bars, beam, floor & vault. Class is \$60 for 6 weeks. Ages 3-4 yrs.

Ages 3 to 4 Instructor: Wright, Summer
Whiteside Tu \$60
Jan.03 to Feb.07
11:15 AM - 12:00 PM

42060.317

Gymnastics-Junior - Whiteside

Students work on developing basic gymnastics skills on bars, beam, floor & vault. \$60 per 6-week session. For kids ages 5-8 yrs.

Ages 5 to 8

Instructor: Wright, Summer

Whiteside

Tu

\$60

Apr.17 to May.22

4:30 PM - 5:30 PM

42112.317

Gymnastics-Kinderplus - Whiteside

Students will learn basic gymnastics skills. They will work on flexibility, muscle control & locomotor movements. For age 3-5 years. \$60 for 6 weeks.

Ages 5 & younger

Instructor: Dickson, Carolyn

Whiteside

W

\$60

Apr.18 to May.23

10:10 AM - 10:50 AM

42027.317

Gymnastics-Tumbling Tots - Whiteside

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months only. \$60 for 6 week session.

Ages 1 to 2

Instructor: Wright, Summer

Whiteside

Tu

\$60

Apr.17 to May.22

5:30 PM - 6:00 PM

42008.317

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months only. \$60 for 6 week session. No class March 21.

Ages 1 to 2

Instructor: Wright, Summer

Whiteside

Tu

\$60

Feb.21 to Apr.03

5:30 PM - 6:00 PM

42007.317

Parents will join their kids in this introduction to tumbling & gymnastics class. Children will work on large locomotor movements in a playful environment. Ages 18-36 months only. \$60 for 6 weeks.

Ages 1 to 2

Instructor: Wright, Summer

Whiteside

Tu

\$60

Jan.03 to Feb.07

5:30 PM - 6:00 PM

42006.317

Lil' Bit T-Ball

This class is for 4 & 5 year olds and will focus on the fundamentals of t-ball: throwing, hitting, catching and fielding. Parent participation required. Minimum of 5 needed by March 27. \$10 for 4 lessons.

Ages 5 & younger

Instructor: Park Staff

Lacy

Tu

\$15

Apr.03 to Apr.24

5:15 PM - 6:00 PM

49001.305

Seniors

Parents Night Out

Ages 6 to 12

Instructor: Park Staff

Whiteside

F

\$10

Apr.27 to Apr.27

5:30 PM - 9:30 PM

44756.317

Youth

Basketball Practice

All Ages

Instructor:

Chamberlain

M Tu W Th F

\$0

Jan.02 to May.04

4:00 PM - 8:00 PM

40202.301

Basketball Shootout for Kids

School's out! Basketball Shootout! Calling kids ages 8 to 17. Come to Hicks for a morning of shooting some baskets. Trophies awarded to different age categories; 8-9, 10-11, 12-13 and 14-17. Lunch will be served as soon as the contest is over. Pre-registration is required.

Ages 8 to 17

Instructor: Park Staff

Hicks M \$5

Feb.20 to Feb.20

10:00 AM - 12:00 PM

40401.315

Cheer Squad - Private group - Reed

Private instruction available for cheer squads who want to increase skills in tumbling, stunting, jumps, and partner skills. Please call Ultimate Gymnastics at (918) 698-3192 for cost and to set up times.

Ages 18 & younger

Instructor: Sparkman, Scott

Reed M Tu W Th F \$0

Jan.02 to May.31

6:00 PM - 7:00 PM

41480.306

Gymnastics - Advanced Beginner - Reed

Students in this class work on increasing gymnastics skills such as bars, balance beam, vaulting and tumbling. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 16

Instructor: Sparkman, Scott

Reed M \$32

Jan.02 to May.21

5:15 PM - 6:10 PM

41331.306

Students in this class work on increasing gymnastics skills such as bars, balance beam, vaulting and tumbling. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 16

Instructor: Sparkman, Scott

Reed Tu \$32

Jan.03 to May.29

4:30 PM - 5:25 PM

41332.306

Students in this class work on increasing gymnastics skills such as bars, balance beam, vaulting and tumbling. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 16

Instructor: Sparkman, Scott

Reed Th \$32

Jan.05 to May.31

6:30 PM - 7:25 PM

41333.306

Gymnastics - Advanced Beginner - Whiteside

Students in this class work on developing advanced gymnastics skills on the uneven bars, balance beam, vault & floor. Instructor approval required. \$60 for 6 weeks.

Ages 8 to 14

Instructor: Wright, Summer

Whiteside Tu \$0

Apr.17 to May.22

7:00 PM - 8:00 PM

41237.317

Gymnastics - Advanced Beginner- Whiteside

Students in this class work on developing advanced gymnastics skills on the uneven bars, balance beam, vault & floor. Instructor approval required. \$60 for 6 weeks.

Ages 8 to 14

Instructor: Wright, Summer

Whiteside Tu \$60

Jan.03 to Feb.07

7:00 PM - 8:00 PM

41235.317

Students in this class work on developing advanced gymnastics skills on the uneven bars, balance beam, vault & floor. Instructor approval required. \$60 for 6 weeks. No class March 21.

Ages 8 to 14

Instructor: Wright, Summer

Whiteside Tu \$60

Feb.21 to Apr.03

7:00 PM - 8:00 PM

41236.317

Gymnastics - Advanced Jr. - Whiteside

Students work on developing various gymnastics skills on bars, beam, floor & vault. Instructor approval required. Class is \$60 for 6 weeks. For ages 5-8 yrs.

Ages 5 to 8 Instructor: Wright, Summer
Whiteside Tu \$60
 Apr.17 to May.22
 6:00 PM - 7:00 PM

41202.317

Gymnastics - Advanced Junior- Whiteside

Students work on developing various gymnastics skills on bars, beam, floor & vault. Instructor approval required. Class is \$60 for 6 weeks. For ages 5-8 yrs.

Ages 5 to 8 Instructor: Wright, Summer
Whiteside Tu \$60
 Jan.03 to Feb.07
 6:00 PM - 7:00 PM

41200.317

Students work on developing various gymnastics skills on bars, beam, floor & vault. Instructor approval required. Class is \$60 for 6 weeks. For age 5-8 yrs. No class March 21.

Ages 5 to 7 Instructor: Wright, Summer
Whiteside Tu \$60
 Feb.21 to Apr.03
 6:00 PM - 7:00 PM

41201.317

Gymnastics - Beginner - Reed

Students in this class work on developing gymnastics skills such as bars, balance beam, vaulting and tumbling. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 14 Instructor: Sparkman, Scott
Reed M \$32
 Jan.02 to May.21
 5:30 PM - 6:25 PM

41313.306

Students in this class work on developing gymnastics skills such as bars, balance beam, vaulting and tumbling. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 14 Instructor: Sparkman, Scott
Reed M \$32
 Jan.02 to May.21
 4:05 PM - 5:00 PM

41312.306

Students in this class work on developing gymnastics skills such as bars, balance beam, vaulting and tumbling. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 14 Instructor: Sparkman, Scott
Reed M \$32
 Jan.02 to May.21
 6:15 PM - 7:10 PM

41314.306

Students in this class work on developing gymnastics skills such as bars, balance beam, vaulting and tumbling. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 14 Instructor: Sparkman, Scott
Reed Tu \$32
 Jan.03 to May.29
 5:30 PM - 6:25 PM

41315.306

Students in this class work on developing gymnastics skills such as bars, balance beam, vaulting and tumbling. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 14 Instructor: Sparkman, Scott
Reed Tu \$32
 Jan.03 to May.29
 6:30 PM - 7:25 PM

41316.306

Students in this class work on developing gymnastics skills such as bars, balance beam, vaulting and tumbling. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 14 Instructor: Sparkman, Scott
Reed Th \$32
Jan.05 to May.31
4:30 PM - 5:25 PM

41318.306

Students in this class work on developing gymnastics skills such as bars, balance beam, vaulting and tumbling. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 14 Instructor: Sparkman, Scott
Reed Th \$32
Jan.05 to May.31
5:30 PM - 6:25 PM

41319.306

Gymnastics - Beginner - Whiteside

Students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. \$60 for 6 weeks.

Ages 8 to 14 Instructor: Wright, Summer
Whiteside Th \$60
Apr.19 to May.24
5:30 PM - 6:30 PM

41257.317

Students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. \$60 for 6 weeks.

Ages 8 to 14 Instructor: Wright, Summer
Whiteside Th \$60
Jan.05 to Feb.09
7:30 PM - 8:30 PM

41225.317

Students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. \$60 for 6 weeks. No class March 22.

Ages 8 to 14 Instructor: Wright, Summer
Whiteside Th \$60
Feb.23 to Apr.05
7:30 PM - 8:30 PM

41226.317

Gymnastics - Beginner (Boys) - Reed

This class is designed for boys only. Our goal is to create an atmosphere where every boy can reach his potential while having fun & creating positive memories about gymnastics. Whether you want to pursue gymnastics as a sport or conditioning for other sports, this is a great class for you. Classes are \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 16 Instructor: Sparkman, Scott
Reed Th \$32
Jan.05 to May.31
6:00 PM - 6:55 PM

41451.306

This class is designed for boys only. Our goal is to create an atmosphere where every boy can reach his potential while having fun & creating positive memories about gymnastics. Whether you want to pursue gymnastics as a sport or conditioning for other sports, this is a great class for you. Classes are \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 16 Instructor: Sparkman, Scott
Reed M \$32
Jan.02 to May.21
6:00 PM - 6:55 PM

41450.306

Gymnastics - Beginner- Whiteside

Students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. \$60 for 6 weeks. Instructor Approval Needed

Ages 8 to 14 Instructor: Wright, Summer
Whiteside Th \$60
Apr.19 to May.24
7:30 PM - 8:30 PM

41227.317

Students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. . \$60 for 6 weeks. No class March 22.

Ages 8 to 14 Instructor: Wright, Summer
Whiteside Th \$60
Feb.23 to Apr.05
5:30 PM - 6:30 PM
41256.317

Students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. \$60 for 6 weeks.

Ages 8 to 14 Instructor: Wright, Summer
Whiteside Th \$60
Jan.05 to Feb.09
5:30 PM - 6:30 PM
41255.317

Gymnastics - Cheernastics - Reed

This class will help increase skills in tumbling, jumps, and partner skills. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 16 Instructor: Sparkman, Scott
Reed Tu \$32
Jan.03 to May.29
4:30 PM - 5:25 PM
41421.306

This class will help increase skills in tumbling, jumps, and partner skills. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 16 Instructor: Sparkman, Scott
Reed Tu \$32
Jan.03 to May.29
5:30 PM - 6:25 PM
41455.306

This class will help increase skills in tumbling, jumps, and partner skills. \$32 per 4 week session. Annual enrollment fee is \$35. Call Ultimate Gymnastics at (918) 698-3192 for more info. Ongoing.

Ages 6 to 16 Instructor: Sparkman, Scott
Reed Tu Th \$32
Jan.05 to May.31
4:30 PM - 5:25 PM
41424.306

Gymnastics - Homeschool - Whiteside

Students in this class work on developing basic gymnastics skills on the uneven bars, balance beam, vault & floor. \$60 for 6 weeks.

Ages 6 to 14 Instructor: Dickson, Carolyn
Whiteside W \$60
Apr.18 to May.23
11:00 AM - 11:50 AM
41242.317

Gymnastics - Homeschool- Whiteside

Students in this class work on developing basic gymnastics skills on the uneven bars, balance beam, vault & floor. . \$60 for 6 weeks. No class March 21.

Ages 6 to 14 Instructor: Dickson, Carolyn
Whiteside W \$60
Feb.22 to Apr.04
11:00 AM - 11:50 AM
41241.317

Students in this class work on developing basic gymnastics skills on the uneven bars, balance beam, vault & floor. \$60 for 6 weeks.

Ages 6 to 14 Instructor: Dickson, Carolyn
Whiteside W \$60
Jan.04 to Feb.08
11:00 AM - 11:50 AM
41240.317

Gymnastics - Intermediate - Whiteside

Advanced students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. . Ongoing. No classes April 22 or May 27.

Ages 5 to 12 Instructor: Dickson, Carolyn

Whiteside F \$60
Apr.27 to Jun.01
5:00 PM - 6:00 PM

41427.317

Advanced students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. . Ongoing.

Ages 5 to 12 Instructor: Dickson, Carolyn

Whiteside F \$60
Jan.06 to Feb.10
5:00 PM - 6:00 PM

41425.317

Advanced students in this class work on developing gymnastics skills on the uneven bars, balance beam, vault & floor. . Ongoing. No class on March 21 or April 6.

Ages 5 to 12 Instructor: Dickson, Carolyn

Whiteside F \$60
Feb.24 to Apr.13
5:00 PM - 6:00 PM

41426.317

Gymnastics - Junior - Whiteside

Students work on developing basic gymnastics skills on bars, beam, floor & vault. \$60 per 6-week session. For kids ages 5-7 yrs.

Ages 5 to 8 Instructor: Wright, Summer

Whiteside Th \$60
Apr.19 to May.24
6:30 PM - 7:30 PM

41217.317

Gymnastics - Junior- Whiteside

Students work on developing basic gymnastics skills on bars, beam, floor & vault. \$60 for an 6-week session. For kids ages 5-7 yrs.

Ages 5 to 8 Instructor: Wright, Summer

Whiteside Th \$60
Jan.05 to Feb.09
6:30 PM - 7:30 PM

41215.317

Students work on developing basic gymnastics skills on bars, beam, floor & vault. \$60 per 6-week session. For kids ages 5-7 yrs. No class March 22.

Ages 5 to 8 Instructor: Wright, Summer

Whiteside Th \$60
Feb.23 to Apr.05
6:30 PM - 7:30 PM

41216.317

Gymnastics - Open Tumbling - Reed

For guys and girls. \$10 per hour to be spotted and coached on any tumbling skill. Call Ultimate Gymnastics at (918) 698-3192 for more information. Ongoing.

Ages 6 to 21 Instructor: Sparkman, Scott

Reed M \$32
Jan.09 to May.28
7:00 PM - 8:00 PM

41425.306

For guys and girls. \$10 per hour to be spotted and coached on any tumbling skill. Call Ultimate Gymnastics at (918) 698-3192 for more information. Ongoing.

Ages 6 to 21 Instructor: Sparkman, Scott

Reed W \$32
Jan.04 to May.30
6:00 PM - 7:00 PM

41426.306

Gymnastics-Team I - Whiteside

This team competes in the Tulsa Parks Gymnastics League. Instructor approval required. Class is \$75 per month. Meet fees & uniform are additional.

Ages 5 to 14 Instructor: Wright, Summer
Whiteside M W \$375
Jan.04 to May.23
4:30 PM - 6:00 PM
41245.317

Gymnastics-Team II

This team competes in the TAG League. Instructor approval required. Class is \$85 per month. Meet fees & uniform are additional.

Ages 5 to 14 Instructor: Wright, Summer
Whiteside M W \$425
Jan.04 to May.23
6:00 PM - 8:00 PM
41250.317

Home School Indoor Tennis

Come join us for some indoor tennis. This class is designed to be taught indoors for boys and girls so you can learn the basic techniques and fundamentals of tennis without worrying what the weather is going to be like..

Ages 18 & younger Instructor: Park Staff
Hicks M W \$30
Feb.06 to Feb.29
10:00 AM - 11:00 AM
48490.315

Parents Night Out

Ages 6 to 12 Instructor: Park Staff
Whiteside F \$10
Mar.30 to Mar.30
5:30 PM - 9:30 PM
44456.317

Parent's Night Out

Parents take a break and let the kids have a great time at Whiteside.We'll play games, do a craft and have pizza. Minimum of 10 kids by March 28 must be enrolled.

Ages 6 to 12 Instructor: Park Staff
Whiteside F \$10
Mar.30 to Mar.30
5:30 PM - 9:30 PM
44460.317

Parents take a break and let the kids have a great time at Whiteside.We'll play games, do a craft and have pizza. Minimum of 10 kids by April 25 must be enrolled.

Ages 6 to 12 Instructor: Park Staff
Whiteside F \$10
Apr.27 to Apr.27
5:30 PM - 9:30 PM
44461.317

Soccer Skill Building

Enhance your soccer skills & get ready for the soccer league in this fun 2-week class.

Ages 5 to 7 Instructor: Behzadi, Hedy
Whiteside Tu Th \$30
Mar.06 to Mar.15
5:00 PM - 5:50 PM
47301.317

Tennis - Youth Group Lessons - Reed

Learn beginner thru intermediate skills in this fun group environment. Bring your own racket and a can of balls. All levels welcome. Must pre-register and pre-pay by April 27.

Ages 6 to 17 Instructor: Clardy, Roberta
Reed W \$25
May.02 to May.23
4:15 PM - 5:15 PM
48201.306

Learn beginner thru intermediate skills in this fun group environment. Bring your own racket and a can of balls. All levels welcome. Must pre-register and pre-pay by March 30.

Ages 6 to 17 Instructor: Clardy, Roberta

Reed W \$25
Apr.04 to Apr.25
4:15 PM - 5:15 PM

48200.306

Tennis Lessons

Learn the fundamentals of tennis which include forehand, backhand, and more. Meets on Fridays from 4-6 pm and Saturdays from 9-10 am. No class if there is rain, snow, ice or below 40 degrees. Free. Ongoing.

Ages 5 to 17 Instructor: Park Staff

Lacy F Sa \$0
Jan.20 to May.19
4:00 PM - 6:00 PM

48200.305

Tennis Lessons-Youth - Whiteside

Beginner lessons for boys and girls.

Ages 6 to 8 Instructor: Clardy, Roberta

Whiteside Tu Th \$40
Apr.03 to Apr.26
4:00 PM - 5:00 PM

48200.317

Beginner lessons for boys and girls.

Ages 6 to 8 Instructor: Clardy, Roberta

Whiteside Tu Th \$40
May.01 to May.24
4:00 PM - 5:00 PM

48202.317

Beginner lessons for boys and girls.

Ages 18 & younger Instructor: Clardy, Roberta

Whiteside Tu Th \$40
May.01 to May.24
5:00 PM - 6:00 PM

48204.317

Beginner lessons for boys and girls.

Ages 18 & younger Instructor: Clardy, Roberta

Whiteside Tu Th \$40
Apr.03 to Apr.26
5:00 PM - 6:00 PM

48201.317

Holiday

Mixed Ages

Easter Egg Hunt

Children are invited to hunt for colorful eggs filled with candy and toys. Please bring a canned food item to be donated to a local Food Bank. Also bring a container for your eggs. Free.

Ages 1 to 12 Instructor: Park Staff

Lacy Th \$0
Apr.05 to Apr.05
6:00 PM - 6:30 PM

02901.305

Irish Paws

Bring your canine companion to Hicks Park and find out if your dog has the luck o' the Irish - setter, that is. This 8th annual event will have your dog tracking a trail of gold - gold treats, that is. Join us for a morning of fun & canine cavorting.

Ages 12 & older Instructor: Park Staff

Hicks Sa \$0
Mar.10 to Mar.10
10:30 AM - 12:30 PM

01901.315

Preschool

Breakfast with Bunny

Have a fun-filled breakfast and play games and visit with the Easter Bunny. Bring your camera for those memorable bunny photos. Please pre-enroll for this activity, as space is limited.

Ages 5 & younger Instructor: Morecraft, Adrienne

Whiteside F \$7
Mar.30 to Mar.30
10:00 AM - 10:45 AM

02100.317

Easter - Easter Bunny Craft

A fun holiday activity. You can keep the craft for yourself or give it as a gift to someone special.

Ages 7 to 12 Instructor: Park Staff

Hicks Tu \$10
Apr.03 to Apr.03
5:00 PM - 6:00 PM

02001.315

Youth

Easter - Egg Scramble at Hicks

Hunt for candy in the park. It begins promptly at 4:30.. Canned food donations accepted to benefit an area food bank. The hunt is free but please call 918-669-6355 to sign up.

Ages 2 to 10 Instructor: Park Staff

Hicks W \$0
Apr.04 to Apr.04
4:30 PM - 5:00 PM

02203.315

Easter Egg Hunt

Hunt for eggs in the park. Canned food donations accepted to benefit an area food bank. Easter Bunny will be in attendance. The hunt is free. For ages 8 & under ONLY.

Ages 1 to 8 Instructor: Park Staff

Whiteside Tu \$0
Apr.03 to Apr.03
6:30 PM - 7:00 PM

02203.317

Children can hunt for eggs, candy and prizes.

Ages 2 to 12 Instructor: Park Staff

Chamberlain Sa \$0
Apr.07 to Apr.07
12:00 PM - 12:30 PM

02201.301

Easter Egg Hunt - Reed

Hunt for candy in the park. Canned food donations accepted to benefit an area food bank. Pictures with the Easter Bunny will be sold. The hunt is free.

Ages 2 to 10

Instructor: Park Staff

Reed Tu \$0
Apr.03 to Apr.03
6:30 PM - 6:30 PM

02203.306

Make a special one of a kind gift for Mom or Grandma! Great Collectibles for your loved ones. Plates are dishwasher safe.

Ages 2 to 14

Instructor: Park Staff

Whiteside Th \$8
Apr.12 to Apr.12
4:00 PM - 4:30 PM

03201.317

Egg Dying Contest

Must bring one dozen hard boil eggs and the center will provide the supplies to decorate. Must pre-register for the class.

Ages 6 to 11

Instructor: Park Staff

Hicks Th \$5
Apr.05 to Apr.05
5:00 PM - 6:00 PM

02201.315

Holiday - Valentine Craft

Bring a friend to make a crafty valentine to give to someone special. Must pre-register for this class.

Ages 8 to 13

Instructor: Park Staff

Hicks Th \$10
Feb.09 to Feb.09
5:00 PM - 6:00 PM

00201.315

Jelly Bean Hunt

Children will hunt for jelly beans that are scattered around a room. Each jelly bean is assigned a point value. After the children have found all of the jelly beans, parents will assist their child in counting the number of points they have. The child with the most number of points wins a prize.

Ages 3 to 9

Instructor: Park Staff

Lacy Tu \$0
Apr.03 to Apr.03
6:00 PM - 7:00 PM

02400.305

Mother's Day Make a Plate

Performing Arts - Dance

Adult

Belly Dance

For ages 15 and up. Come have fun getting exercise while learning one of the oldest dance forms in the world. Beginner belly dance meets Mondays 6-7 pm and Saturdays 9:30-10:30 am. Advanced belly dance meets Mondays 7-8 pm and Saturdays 10:30-11:30 am. Cost is \$20/4 classes and \$30/8 classes. Dress in clothes that allow free movement. Call instructor Jo Lynch at (918) 665-0193 for more class information.

Ages 15 & older Instructor: Lynch, Jo

Reed M Sa \$20
Jan.02 to May.28
6:00 PM - 8:00 PM

71506.306

Mixed Ages

Dance - Ceili Irish Dance

Learn traditional Irish dances with this fun group! All ages. Ongoing. FREE!

Ages 10 & older Instructor: Park Staff

Central M \$0
Jan.09 to May.28
7:00 PM - 9:00 PM

73901.302

Preschool

Baby Ballet

These students will learn basic ballet moves such as positions, turns and basic balancing skills. Ongoing.

Ages 5 & younger Instructor: Knauls, Hope

Lacy Sa \$10
Mar.03 to Mar.31
10:00 AM - 10:45 AM

71103.305

These students will learn basic ballet moves such as positions, turns and basic balancing skills. Ongoing.

Ages 5 & younger Instructor: Knauls, Hope

Lacy Sa \$10
Apr.07 to Apr.28
10:00 AM - 10:45 AM

71104.305

These students will learn basic ballet moves such as positions, turns and basic balancing skills. Ongoing.

Ages 5 & younger Instructor: Knauls, Hope

Lacy Sa \$10
Jan.07 to Jan.28
10:00 AM - 10:45 AM

71101.305

These students will learn basic ballet moves such as positions, turns and basic balancing skills. Ongoing.

Ages 5 & younger Instructor: Knauls, Hope

Lacy Sa \$10
Feb.04 to Feb.25
10:00 AM - 10:45 AM

71102.305

These students will learn basic ballet moves such as positions, turns and basic balancing skills. Ongoing.

Ages 5 & younger Instructor: Knauls, Hope

Lacy Sa \$10
May.05 to May.26
10:00 AM - 10:45 AM

71105.305

Dance - Ballet & Jazz - Reed

Dancers will be introduced to techniques including balance, coordination, and poise. This class is energetic and fun, consisting of footwork and leaps which will be combined into a routine. Many styles will be learned including pop, hip hop, Broadway, and classical. Ballet shoes required. \$25 per 4 week session.

Ages 5 & younger Instructor: Staiger, Kara
Reed Th \$25
Jan.12 to May.03
4:30 PM - 5:15 PM

71105.306

Dance - Tap & Ballet - Reed

A combination class, you will be introduced to ballet techniques (including poise, alignment and grace) and tap step combinations. Techniques for each will be taught with simple step combinations & dance routines. Tap and ballet shoes are required. \$25 per 4-week session.

Ages 5 & younger Instructor: Staiger, Kara
Reed Th \$25
Jan.12 to May.03
5:15 PM - 6:00 PM

71101.306

Dance-Intro to Dance

First steps for boys and girls tap and ballet. Tap and ballet shoes required. Enrollment fee can be paid in 2 installments. \$60 paid at time of enrollment. Balance due by February 28. Due to recital dances, no late entries to class after February 7. No class March 21.

Ages 5 & younger Instructor: Underwood, Sherron
Whiteside W \$100
Jan.25 to Apr.18
5:20 PM - 6:05 PM

71004.317

Dance-Level II Tap and Ballet - Whiteside

Previous experience please. Tap and ballet shoes required. Enrollment fee can be paid in 2 installments. \$60 due at time of enrollment. Balance due by Feb. 28. Due to recital dances, no late entries to class after February 7. No class March 21.

Ages 5 to 8 Instructor: Underwood, Sherron
Whiteside W \$100
Jan.25 to Apr.18
6:05 PM - 6:50 PM

71010.317

Dance-West Coast Swing

The Swing Tulsa Style Dance Club offers quality West Coast Swing dance lessons at Whiteside. Group beginner and Intermediate lessons are available. <http://www.swingtulsastyle.com> The cost is \$4.00 per lesson.

Ages 18 & older Instructor: Nichols, Nick
Whiteside W \$0
Jan.04 to May.30
7:00 PM - 9:00 PM

57101.317

Tiny Tunes Music and Movement

Music and movement class for kids. Kids will sing, play instruments and have fun using their imagination.

Ages 2 to 4 Instructor: Morecraft, Adrienne
Whiteside F \$35
Jan.13 to Feb.03
9:30 AM - 10:15 AM

76002.317

Seniors

Older & Bolder Dance Group

This energetic team practices the latest and oldest dance moves and performs at local events. Meets on Saturdays from 11:30 am - 1 pm and Mondays from 12:30-1:30 pm. Free. Ongoing.

Ages 55 & older Instructor: Park Staff
Lacy M Sa \$0
Jan.07 to May.21
11:30 AM - 1:00 PM

71701.305

Youth

Dance - Ballet & Jazz - Reed

Dancers will be introduced to techniques including balance, coordination, and poise. This class is energetic and fun, consisting of footwork and leaps which will be combined into a routine. Many styles will be learned including pop, hip hop, Broadway, and classical. Ballet shoes required. \$25 per 4 week session.

Ages 6 to 12 Instructor: Staiger, Kara
Reed Th \$25
Jan.12 to May.03
6:00 PM - 6:45 PM

71205.306

Dance - Beginner Ballet

Students will learn basic ballet skills, arm positions, turns, leaps and choreography. Ongoing.

Ages 6 to 9

Instructor: Knauls, Hope

Lacy Sa \$10

Jan.07 to Jan.28

11:00 AM - 12:00 PM

75201.305

Students will learn basic ballet skills, arm positions, turns, leaps and choreography. Ongoing.

Ages 6 to 9

Instructor: Knauls, Hope

Lacy Sa \$10

Apr.07 to Apr.28

11:00 AM - 12:00 PM

75204.305

Students will learn basic ballet skills, arm positions, turns, leaps and choreography. Ongoing.

Ages 6 to 9

Instructor: Knauls, Hope

Lacy Sa \$10

May.05 to May.26

11:00 AM - 12:00 PM

75205.305

Dance - Beginner Breakdance - Reed

Learn and master basic skills such as foot work, top rock, and floor transitions, as well as conditioning for strength, flexibility, and balance. \$25 per 4 week session.

Ages 5 to 10

Instructor: Chitseko, Robert

Reed W \$25

Jan.11 to May.02

5:00 PM - 5:55 PM

75401.306

Students will learn basic ballet skills, arm positions, turns, leaps and choreography. Ongoing.

Ages 6 to 9

Instructor: Knauls, Hope

Lacy Sa \$10

Feb.04 to Feb.25

11:00 AM - 12:00 PM

75202.305

Dance - Hip Hop - Beginner

This is an upbeat and fun class where students will learn the basics of hip hop and choreography. Ongoing.

Ages 6 to 11

Instructor: Knox, Yolanda

Lacy Th \$10

May.03 to May.31

6:30 PM - 7:30 PM

71205.305

Students will learn basic ballet skills, arm positions, turns, leaps and choreography. Ongoing.

Ages 6 to 9

Instructor: Knauls, Hope

Lacy Sa \$10

Mar.03 to Mar.31

11:00 AM - 12:00 PM

75203.305

This is an upbeat and fun class where students will learn the basics of hip hop and choreography.

Ages 6 to 11

Instructor: Knox, Yolanda

Lacy Th \$10

Jan.05 to Jan.26

6:30 PM - 7:30 PM

71201.305

Performing Arts - Drama

Adult

Caucasian Chalk Circle

Caucasian Chalk Circle performs Jan 27-29, 31, & Feb 3-4

All Ages Instructor: Gallagher, Frank

Henthorne M Tu W Sa \$0

Nov.05 to Feb.04

3:00 PM - 10:00 PM

70600.314

Henthorne Acting for the Camera Workshop

This course is designed to introduce students to camera acting and auditions. Students will learn camera terminology, slating, camera shots, and the differences between commercial/film acting and stage. Students who take this class will be prepared to attend professional auditions.

Ages 18 & younger Instructor: Gallagher, Frank

Henthorne Sa \$30

Jan.14 to Feb.18

1:45 PM - 2:30 PM

70567.214

Henthorne Dance for Actors

Come dance with resident dance teacher of Clark Theatre, Kathy Grufik! All performers need basic dance skills. Students will study various styles of dance and must be in 6th grade or higher to enroll.

Ages 18 & younger Instructor: Grufik, Kathy

Henthorne Sa \$50

Jan.14 to Apr.28

1:45 PM - 2:45 PM

70557.214

Henthorne Teen Homeschool Drama

This is an upbeat and fun class where the students will learn the basics of hip hop and choreography. Ongoing.

Ages 6 to 11 Instructor: Knox, Yolanda

Lacy Th \$10

Feb.02 to Feb.23

6:30 PM - 7:30 PM

71202.305

This is an upbeat and fun class where students will learn the basics of hip hop and choreography. Ongoing.

Ages 6 to 11 Instructor: Knox, Yolanda

Lacy Th \$10

Mar.01 to Mar.29

6:30 PM - 7:30 PM

71203.305

This is an upbeat and fun class where students will learn the basics of hip hop and choreography. Ongoing.

Ages 6 to 11 Instructor: Knox, Yolanda

Lacy Th \$10

Apr.05 to Apr.26

6:30 PM - 7:30 PM

71204.305

Dance - Hip Hop - Reed

An upbeat and fun class where you will learn the basics of hip hop and choreography, including moves like waving, popping, and grooving. \$25 per 4 week session.

Ages 7 to 15 Instructor: Chitseko, Robert

Reed W \$25

Jan.11 to May.02

6:00 PM - 6:55 PM

71406.306

This class is designed for home-schooled students aged 13-18.
Goals: To provide students with an advanced approach to theatre through individual and group drama experiences. The class will culminate with a final presentation that will demonstrate the performance skills and talents of the students.

Ages 18 & younger Instructor: Scarberry, Erin
Henthorne Tu \$100
Jan.10 to Apr.24
9:00 AM - 11:00 AM

70554.214

Mixed Ages

Animal Farm

Spring 2012 Clark Theatre
Ages 18 & younger Instructor: Tattershall, Julie
Henthorne M Tu Th Sa \$0
Dec.03 to Mar.03
3:00 PM - 4:00 PM

70952.314

Preschool

Henthorne Laughing Matter

Anyone 18 and older is invited to come out and play with Tulsa's longest running comedy improv troupe. Learn performance improvisational techniques and perform on stage with the troupe. This is an ongoing, free, adult troupe.

Ages 18 & older Instructor: Tattershall, Julie
Henthorne Tu \$0
Jan.10 to May.01
6:00 PM - 7:00 PM

70025.214

Henthorne Youth Council

The Youth Council helps the staff to select plays for the following season, plans and helps arrange fundraising, and supplies tech and backstage volunteers for individual plays. First Saturday of Every Month, 11:00-12:00 p.m. Free. Ages 11-18. No classes Mar 24 or Apr 7.

Ages 18 & younger Instructor: Tattershall, Julie
Henthorne Sa \$0
Jan.14 to May.05
11:00 AM - 12:00 PM

70043.214

Youth

Banished Children of Eve

Banished Children of Eve performs May 11-12, 15, 18-20
Ages 18 & older Instructor: Tattershall, Julie

Henthorne M Tu Th F Sa \$0
Mar.03 to May.19
3:00 PM - 4:30 PM

70333.314

Henthorne Creative Dramatics

This course is designed to introduce pre-teen students to collaborative performance. Led by the instructor, students will work together to create all aspects of production - the script, set, costumes, props. The student's creation will be performed on the final day of class. The class serves as an introduction for pre-teen students to The Emergence Project.

Ages 8 to 12 Instructor: Scarberry, Erin
Henthorne Sa \$0
Feb.04 to May.05
10:00 AM - 11:00 AM

70457.214

Henthorne Pre-Teen Homeschool Drama Class

This class is designed for home-schooled students aged 8-12.
Goals: To provide students with an introduction to theatre through interactive participation, review of styles and techniques and through individual and group drama experiences. The class will culminate with a final presentation that will demonstrate the performance skills and talents of the students.

Ages 8 to 12 Instructor: Reiman, Genie
Henthorne Tu \$100
Jan.10 to Apr.24
9:00 AM - 11:00 AM

70456.214

Henthorne Pre-Teen Laughing Matter

A chance for pre-teens to learn new skills, perform scenes and improv games, and get involved with theatre. Saturdays, January 14-May 5 (no class March 24 or April 7), 11:00-11:45 a.m. Cost is \$50. Ages 8-12.

Ages 8 to 12 Instructor: Scarberry, Erin
Henthorne Sa \$50
Jan.14 to May.05
11:00 AM - 11:45 AM

70388.214

Henthorne Teen Laughing Matter

This class teaches comic improv games as well as improvisation as a way to increase creativity and performance skills. There will be two public performances held during the semester. (no class March 24 or April 7)

Ages 18 & younger

Instructor: Scarberry, Erin

Henthorne

Sa

\$50

Jan.14 to May.05

12:00 PM - 1:30 PM

70358.214

Twelfth Night

Clark Youth Theatre's annual Shakespeare, performs April 13-15 & 20-22

Ages 18 & younger

Instructor: Gallagher, Frank

Henthorne

M Tu Th Sa

\$0

Feb.11 to Apr.21

3:00 PM - 6:00 PM

70344.314

Performing Arts - Drill/Baton/C

Mixed Ages

Lacy Jammers

Ages 5-15 will learn various dance routines and perform and travel to many area events. Meets on Monday and Thursday's from 5:30-7:00 pm. Uniform fee. Ongoing.

Ages 5 to 15

Instructor: Park Staff

Lacy

M Th

\$0

Jan.05 to May.31

5:30 PM - 7:00 PM

77901.305

Performing Arts - Music

Adult

Beginning Piano, Voice or Violin

Private beginning lessons for piano, voice or violin. Piano students must be able to read. Voice students need to be at least 13 or have instructor approval and violin students need to be in grades 3-12. Thirty minute private lessons.\$12 per lesson.

Ages 7 to 54

Instructor: Goz, Khadija

Lacy

M Tu

\$60

Mar.05 to Mar.27

3:00 PM - 7:00 PM

76503.305

Private beginning lessons for piano, voice or violin. Piano students must be able to read. Voice students need to be at least 13 or have instructors approval. Violin students must be in grades 3-12. Thirty minute private lessons.\$12 per lesson.

Ages 7 to 54

Instructor: Goz, Khadija

Lacy

M Tu

\$60

Feb.06 to Feb.28

3:00 PM - 7:00 PM

76502.305

Private lessons for Beginning piano, voice or violin. Piano students must be able to read. Voice students need to be at least 13 or have instructor improval and Violin students need to be in grades 3-12. Thirty minute private lessons.\$12 per lesson.

Ages 7 to 54

Instructor: Goz, Khadija

Lacy

M Tu

\$60

May.01 to May.29

3:00 PM - 7:00 PM

76505.305

Private lessons for beginning piano, violin or voice. Piano students must be able to read. Voice students must be at least 13 year old or have instructors approval.Violin students must be in grades 3-12. Thirty minute private lessons.\$12 per lesson.

Ages 7 to 54

Instructor: Goz, Khadija

Lacy

M Tu

\$60

Jan.03 to Jan.31

3:00 PM - 7:00 PM

76501.305

Private lessons in Beginning Piano, Voice or Violin. Piano students need to be able to read. Voice students need to be at least 13 or have instructor approval. Violin students need to be in grades 3-12. Thirty minute private lessons. \$12 per lesson.

Ages 7 to 54 Instructor: Goz, Khadija
Lacy M Tu \$60
Apr.02 to Apr.30
3:00 PM - 7:00 PM
76504.305

Mixed Ages

Choir Lessons - Group

Group choir lessons will be available for all ages. Need a minimum of 4 to begin. Children's Choir: Grades 3rd-8th, Tuesdays, 5:30-6:30 pm. High School Choir: Grades 9th-12th, Tuesdays, 6:30-7:30 pm. Adult Choir: Ages 18 and over, Tuesdays, 7:30-8:30 pm.

Ages 7 & older Instructor: Goz, Khadija
Lacy Tu \$10
Mar.06 to Mar.27
5:30 PM - 8:30 PM
76903.305

Group choir lessons will be available for all ages. Need a minimum of 4 to begin. Children's Choir: Grades 3rd-8th, Tuesdays, 5:30-6:30 pm. High School Choir: Grades 9th-12th, Tuesdays, 6:30-7:30 pm. Adult Choir: Ages 18 and over, Tuesdays, 7:30-8:30 pm.

Ages 7 & older Instructor: Goz, Khadija
Lacy Tu \$10
Apr.03 to Apr.24
5:30 PM - 8:30 PM
76904.305

Group lessons will be available for all ages. Need a minimum of 4 enrolled to begin. Children's Choir: Grades 3rd-8th, Tuesdays, 5:30-6:30 pm. High School Choir: Grades 9th-12th, Tuesdays, 6:30-7:30 pm. Adult Choir: Ages 18 and over, Tuesdays, 7:30-8:30 pm.

Ages 7 & older Instructor: Goz, Khadija
Lacy Tu \$10
May.01 to May.29
5:30 PM - 8:30 PM
76905.305

Group choir lessons will be available for all ages. Need a minimum of 4 to begin. Children's Choir: Grades 3rd-8th, Tuesdays, 5:30-6:30 pm. High School Choir: Grades 9th-12th, Tuesdays, 6:30-7:30 pm. Adult Choir: Ages 18 and over, Tuesdays, 7:30-8:30 pm.

Ages 7 & older Instructor: Goz, Khadija
Lacy Tu \$10
Feb.07 to Feb.28
5:30 PM - 8:30 PM
76902.305

Group Choir Lessons will be available for all ages. Need a minimum of 4 students to begin. Children's Choir: Grades 3rd-8th, Tuesdays, 5:30-6:30 pm. High School Choir: Grades 9th-12th, Tuesdays, 6:30-7:30 pm. Adult Choir: Ages 18 and over, Tuesdays, 7:30-8:30 pm.

Ages 7 & older Instructor: Goz, Khadija
Lacy Tu \$10
Jan.10 to Jan.31
5:30 PM - 8:30 PM
76901.305

Group Piano

Group piano is for those students enrolled in our private piano lessons. These groups of 2-4 students will have performance opportunities, as well as learn how to listen, how to practice, learn music theory, music electronics, aural theory and ensemble playing. Days and times to be arranged with instructor.

Ages 7 to 54 Instructor: Goz, Khadija
Lacy M \$10
May.07 to May.21
7:30 PM - 8:30 PM
76925.305

Group piano is for those students enrolled in our private piano lessons. These groups of 2-4 students will have performance opportunities, as well as learn how to listen, how to practice, learn music theory, music electronics, aural theory and ensemble playing. Days and times to be arranged with instructor.

Ages 7 to 54 Instructor: Goz, Khadija
Lacy M \$10
Feb.06 to Feb.27
7:30 PM - 8:30 PM
76922.305

Social

Adult

Activities for the Developmentally Disabled

Twice monthly recreation activities include art, games & field trips. Call 746-5040 for more information. Meeting locations vary. Ages 21 & older. \$5 per visit.

Ages 21 & older Instructor: Park Staff

Whiteside Th \$5
Jan.12 to May.17
7:00 PM - 8:30 PM

93501.317

Victory Over Weight

Come visit this fun, inspiring group to learn new recipes and ways to lose weight. Get control of your weight now that the holidays are over.

Ages 18 & older Instructor: Park Staff

Reed M \$1
Jan.02 to May.21
9:00 AM - 10:00 AM

92500.306

Mixed Ages

Chamberlain Area Neighborhood Mtg

All Ages Instructor:

Chamberlain Sa \$0
Jan.14 to May.19
10:00 AM - 12:30 PM

94920.301

Daddy Daughter Dance

Group piano is for those students enrolled in our private piano lessons. These groups of 2-4 students will have performance opportunities, as well as learn how to listen, how to practice, learn music theory, music electronics, aural theory and ensemble playing. Days and times to be arranged with instructor.

Ages 7 to 54 Instructor: Goz, Khadija
Lacy M \$10
Apr.16 to Apr.30
7:30 PM - 8:30 PM

76924.305

Group piano is for those students enrolled in our private piano lessons. These groups of 2-4 students will have performance opportunities, as well as learn how to listen, how to practice, learn music theory, music electronics, aural theory and ensemble playing. Days and times to be arranged with instructor.

Ages 7 to 54 Instructor: Goz, Khadija
Lacy M \$10
Mar.05 to Mar.26
7:30 PM - 8:30 PM

76923.305

Group piano is for those students enrolled in our private piano lessons. These groups of 2-4 students will have performance opportunities, as well as learn how to listen, how to practice, learn music theory, music electronics, aural theory and ensemble playing. Days and times to be arranged with instructor.

Ages 7 to 54 Instructor: Goz, Khadija
Lacy M \$10
Jan.23 to Jan.30
7:30 PM - 8:30 PM

76921.305

Preschool

Youth

Lil Chefs

Ages 5 & younger Instructor: Park Staff
Whiteside W \$5
May.30 to May.30
10:00 AM - 10:35 AM

28206.317

Dads and daughters... dance the night away at our annual Daddy Daughter Dance. Girls ages 4-12 can bring their favorite guy"... Dads, grandpas, uncles... to enjoy a special night just for them. Tickets will be sold for \$4 per person in advance thru March 2 or \$6 per person at the door."

Ages 4 to 12 Instructor: Park Staff
Reed F \$4
Mar.09 to Mar.09
6:30 PM - 8:15 PM

91900.306

Dance - Square Dance

Come learn and enjoy one of America's original folk dance styles. Caller Mike McHenry leads The Rushing Stars" Square Dance Club, one of Tulsa's oldest clubs. Partners and singles welcome. Ages 16 & over. \$3 per person. Ongoing."

Ages 16 & older Instructor: Park Staff
Central W \$0
Jan.04 to May.30
1:00 PM - 3:00 PM

91906.302

Hilltoppers

Join this friendly group of seniors for dominoes. The 2nd & 4th Wednesday of the month they also play canasta and every 3 months, they have a potluck lunch. FREE!

Ages 55 & older Instructor: Park Staff
Hicks W \$0
Jan.04 to Apr.25
1:00 PM - 4:00 PM

92901.315

Sunday Fellowship

All Ages Instructor: Landrum, Christie
Chamberlain Su \$0
Jan.08 to May.27
10:00 AM - 1:00 PM

92901.301

Wed/Friday Fellowship

All Ages Instructor:
Chamberlain W F \$0
Jan.04 to May.30
6:00 PM - 9:00 PM

93901.301

Preschool

Bikes, Balls & You

This open gym time for preschoolers on Tuesdays and Thursdays is a great way to socialize with other kids. Bring a riding toy. 50 cents per child per visit. No class March 20 and 22.

Ages 5 & younger Instructor:
Whiteside Tu Th \$1
Jan.03 to May.24
9:30 AM - 11:00 AM

92001.317

This open gym time for preschoolers is a great way to socialize with other kids. Bring a riding toy. 50 cents per child per visit.

Ages 5 & younger Instructor: Park Staff
Chamberlain Tu W \$1
Jan.03 to May.30
11:00 AM - 12:00 PM

92001.301

Dr. Seuss on the Loose

Come celebrate Dr. Seuss's birthday party with stories, snacks and activities.

Ages 5 & younger Instructor: Morecraft, Adrienne
Whiteside F \$6
Mar.02 to Mar.02
10:00 AM - 10:45 AM

92013.317

Fancy Nancy Party

Calling all Fancy Nancy fans! Join us as we read a Fancy Nancy favorite, do a fancy" craft, and have a Fancy tea party! Dress up suggested!"

Ages 5 & younger Instructor: Morecraft, Adrienne

Whiteside F \$6
May.11 to May.11
10:00 AM - 10:45 AM

92012.317

Teddy Bear Ball

A special night for our smallest customers and their favorite stuffed friend. Dress those little ones up for their first ball". We'll have lights, kid-friendly music, games and snacks. Tickets go on sale February 3. For ages 4 and under."

Ages 1 to 4 Instructor: Morecraft, Adrienne

Whiteside F \$5
Mar.02 to Mar.02
5:00 PM - 6:30 PM

91018.317

Seniors

Accordion Band Practice

Grab your accordion and come on down! The more the merrier! Must be able to read music. Ages 50 & over. Second, fourth & fifth Saturdays of each month. Ongoing. FREE.

Ages 50 & older Instructor: Park Staff

Central Sa \$0
Jan.07 to May.26
10:00 AM - 12:30 PM

92703.302

Senior - Spring Bingo

Play for prizes and enjoy some snacks, meet new friends. Bring a snack item to share. We will do the rest. Please call to reserve your spot.

Ages 55 & older Instructor: Park Staff

Hicks Th \$0
Apr.12 to Apr.12
1:30 PM - 3:00 PM

92701.315

Senior - Valentine's Bingo

Play for prizes and enjoy some snacks, meet new friends. Bring a snack item to share. We will do the rest. Please call to reserve your spot. FREE!

Ages 55 & older Instructor: Park Staff

Hicks Th \$0
Feb.09 to Feb.09
1:30 PM - 3:00 PM

92700.315

Senior Citizen Connection

Enjoy a game of cards or dominoes and make new friends!

Ages 55 & older Instructor: Park Staff

Lacy M Th \$0
Jan.05 to May.31
10:00 AM - 4:00 PM

92700.305

Social - Birthday Parties

Preschool

Bikes and Balls Party

Little one's bring their favorite riding toys and we'll set up tunnels, mats, slides and more for them to play on. An hour in the gym and 30 minutes in the party room. Dates and times are scheduled with the office.

Ages 1 to 8

Instructor: Park Staff

Whiteside

Sa

\$80

Jan.07 to May.26

10:00 AM - 11:00 AM

92020.317

Game Time Party

Kids will enjoy playing board games, cards, Legos and even our Nintendo Wii in our game room for an hour. Then we'll move to the party room so they can enjoy their cake and gifts for 30 minutes. While in the game room, we simply ask that the parents make sure all the games get put up and that the kids be careful with the Wii controllers. Cost is \$80. Saturdays only.

Ages 6 to 11

Instructor: Park Staff

Whiteside

Sa

\$80

Jan.07 to May.26

10:00 AM - 10:00 AM

92021.317

Youth

Game Time Birthday Party

Kids will enjoy playing Wii games, cards, Legos or even Kareoke for the first hour. Parents are responsible for refreshments, decorations and returning games to their closets. By appointment only.

Ages 3 to 10

Instructor: Park Staff

Whiteside

Sa

\$80

Jan.07 to May.19

10:00 AM - 11:30 AM

90209.317

Lil Scientists Birthday Party

Have a spectacular time doing fun experiments at our Lil Scientists party. For up to 10 kids per party.

Ages 3 to 10

Instructor: Morecraft, Adrienne

Whiteside

Sa

\$110

Jan.07 to May.19

10:00 AM - 11:30 AM

90207.317

Messy Art Birthday Party

Make a creative mess at our Messy Art Party. For up to 10 kids per party.

Ages 3 to 10

Instructor: Morecraft, Adrienne

Whiteside

Sa

\$110

Jan.07 to May.19

10:00 AM - 11:30 AM

90206.317

Special Events

Mixed Ages

Black Heritage Musical

Local church choirs and individuals are invited to sing or dance at Lacy's Annual Black Heritage Musical. Free.

Ages 5 & older Instructor: Park Staff

Lacy Su \$0
Feb.26 to Feb.26
4:00 PM - 6:00 PM

12900.305

Doggone Egg Hunt

This event is open to families with dogs that want to have a doggone great time. Dogs and handlers will search for eggs filled with treats and prizes. Hunt starts at 11:00 AM sharp. All dogs must remain on a leash. Event is free to the public.

All Ages Instructor: Park Staff

Hicks Sa \$0
Apr.14 to Apr.14
10:30 AM - 11:30 AM

12902.315

Garage Sale

The Lacy Park council is hosting its quarterly Community Garage Sale. Booths are available for \$10. Booth space is 8'x10' and includes one 8 foot table and a couple of chairs. Set up is on Friday, January 6 from noon - 7 pm. Booth rental deadline is January 4. If enough booths have been rented by this date, we will continue to rent space until all available space has been taken. Make checks payable to Lacy Park Council."

Ages 18 & older Instructor: Park Staff

Lacy Sa \$10
Jan.07 to Jan.07
8:00 AM - 1:00 PM

12901.305

The Lacy Park council is hosting its quarterly Community Garage Sale. Booths are available for \$10. Booth space is 8'x10' and includes one 8 foot table and a couple of chairs. Set up is on Friday, April 6 from noon - 7 pm. Booth rental deadline is April 4. If enough booths have been rented by this date, we will continue to rent space until all available space has been taken. Make checks payable to Lacy Park Council."

Ages 18 & older Instructor: Park Staff

Lacy Sa \$10
Apr.07 to Apr.07
8:00 AM - 1:00 PM

12902.305

Swap & Shop

Drop off your unwanted and outgrown clean clothes, toys, working household appliances and any other discards. These items will be on display for the public to take what they need at no cost! All donated items must be delivered to Lacy by April 10th. Any left over items will be donated to a local charity.

Ages 6 & older Instructor: Park Staff

Lacy M Tu W Th F \$0
Sa
Apr.11 to Apr.18
11:00 AM - 8:30 PM

12912.305

Drop off your unwanted and outgrown clean clothes, toys, working household appliances and any other discards. These items will be on display for the public to take what they need at no cost! All donated items must be delivered to Lacy by January 10th. Any left over items will be donated to a local charity.

Ages 6 & older Instructor: Park Staff

Lacy M Tu W Th F \$0
Sa
Jan.11 to Jan.18
11:00 AM - 8:30 PM

12911.305

Youth

Day Camp - S.O.S.

School is out, and Whiteside Community Center is open for fun! Fun playground games and activities will be played throughout the day, crafts and we'll walk to the movies...weather permitting. Bring your own sack lunch. \$20, space is limited so please call to pre-register.

Ages 5 to 12 Instructor: Park Staff

Whiteside Tu F \$20
May.25 to May.25
7:30 AM - 5:30 PM

12203.317

S.O.S-School's Out Sessions

School is out...but Whiteside Park is in session! Looking for a fun, safe place for your child to go...we'll bring them to Whiteside for some spring time fun. We'll play games, do arts & crafts and walk to the movies. Please remember to pack a sack lunch for your child. Cost is \$20. 7:30am-5:30pm. Space is limited...so register early.

Ages 6 to 12 Instructor: Park Staff

Whiteside F \$20
May.25 to May.25
7:30 AM - 5:30 PM

11201.317

Visual Arts

Adult

Ceramics - AM

Work on memorable keepsake pieces in a friendly setting. Enrollment limited. Call ahead for openings. \$5.00 monthly fee. Supplies must be purchased from the instructor.

Ages 18 & older Instructor: Thomas, Bertha

Chamberlain Tu Th \$5

Jan.03 to May.31

9:00 AM - 12:00 PM

22601.301

Clay - Birdhouse

Spring is around the corner and with Spring comes the return of nesting birds. In this three week class students will build one round and one square birdhouse while learning clay techniques and finishing the class with glazing the birdhouses for outside use. Supply Fee

Ages 16 & older Instructor: Wilson, Kenneth

WaterWorks W \$45

Mar.07 to Mar.21

6:00 PM - 8:30 PM

25501.320

Clay - Pet Dish

Pet lovers this is the class for you. Show your love for your pets by making items they will use daily. In this two day class, students will learn handbuilding techniques to create and decorate several clay dishes for their pets. Supplies Free!

Ages 16 & older Instructor: Wilson, Kenneth

WaterWorks W \$30

Apr.04 to Apr.11

6:00 PM - 8:30 PM

25505.320

Clay - Pottery Wheel - Beginning & Intermediate

Beginners will get a good start with the basics, and intermediate to advanced students will continue their development along their chosen path in clay. Individual help will be given on an as-needed basis.

Ages 16 & older Instructor: Thomas, Catheryn

WaterWorks Sa \$100

Mar.03 to Apr.21

10:00 AM - 12:30 PM

24552.320

Clay - Tilemaking

This class is designed to introduce and explore the fundamentals and aesthetic function of ceramic tile making. Students will create their own hand crafted tile murals on a smaller scale, using such techniques as low relief, high relief and glaze composition. They will experience and understand the entire process of making tile murals (custom tiles) as well as the function of these murals. This class will give students a peak into the world of architectural ceramics and may inspire you to open your ideas to a much larger scale.

Ages 16 & older Instructor: Park Staff

WaterWorks Tu \$120

Mar.06 to Apr.24

6:00 PM - 9:00 PM

22503.320

This class is designed to introduce and explore the fundamentals and aesthetic function of ceramic tile making. Students will create their own hand crafted tile murals on a smaller scale, using such techniques as low relief, high relief and glaze composition. They will experience and understand the entire process of making tile murals (custom tiles) as well as the function of these murals. This class will give students a peak into the world of architectural ceramics and may inspire you to open your ideas to a much larger scale.

Ages 16 & older Instructor: Park Staff

WaterWorks Sa \$120

Mar.10 to Apr.28

1:30 PM - 4:30 PM

22504.320

Fused Glass - Flared Square Bowl

Still interested in going beyond making fused glass jewelry, then this class is for you. Students will create a one-of-kind fused glass piece which when fired flat will be slumped into a mold to make your own unique bowl. Basic glass cutting, fusing, and draping techniques will be covered. No prior fusing experience necessary. Supply Fee.

Ages 16 & older Instructor: Hobbs, Rhonda

WaterWorks W \$55

May.02 to May.16

6:00 PM - 9:00 PM

28601.320

Jewelry/Metalsmithing - Advanced

With caring guidance, move on at your own pace, practicing the skills you've learned in the beginning classes, while learning new techniques and creating art jewelry of your choice. There will be a supply fee for this class.

Ages 16 & older Instructor: Maples, Dorothy
WaterWorks Th \$140
Mar.01 to May.17
10:00 AM - 12:30 PM
21501.320

Jewelry/Metalsmithing - Beginning

Using silver, copper, and/or brass, beginners learn the basics of jewelry making. There will be a supply fee for this class.

Ages 16 & older Instructor: Maples, Dorothy
WaterWorks W \$140
Feb.29 to May.16
10:00 AM - 12:30 PM
21502.320

Mixed Media - Collage as a Fine Art Medium

Collage, as a fine art medium, is as old as the invention of paper it's self! The primary technique involves the application of high quality papers and other shallow relief materials onto a simple background. This class will utilize the modern experimental techniques developed by Pablo Picasso and George Braque in the early 20th century and the brilliant paper cut-outs" of Henri Matisse in the 1950's. Students will create compositions using hand painted paper, found materials, and patterned papers with the emphasis on relationships of line and shape, scale and texture."

Ages 16 & older Instructor: Higgs, Louise
WaterWorks Th \$85
Apr.19 to May.24
6:00 PM - 8:30 PM
29650.320

Mosaics - Italian

Traditional Italian-style mosaics are created using brightly colored glass pieces called smalti. In this class you will be introduced to this ancient art by an instructor who has studied in Italy for two years. There is a supply fee dependent on the smalti you order on the first night of class.

Ages 16 & older Instructor: Swanson, Cindy
WaterWorks M \$85
Mar.26 to May.21
6:30 PM - 9:00 PM
28504.320

Outdoor Mosaics - Bench

Let your work be a permanent part of WaterWorks. Students will choose a pattern and learn the techniques to mosaic Mexican Smalti to a WaterWorks bench.

Ages 16 & older Instructor: Swanson, Cindy
WaterWorks Sa \$10
Apr.14 to Apr.14
10:00 AM - 2:00 PM
28541.320

Let your work be a permanent part of WaterWorks. Students will choose a pattern and learn the techniques to mosaic Mexican Smalti to a WaterWorks bench.

Ages 16 & older Instructor: Swanson, Cindy
WaterWorks Sa \$10
Mar.10 to Mar.10
10:00 AM - 2:00 PM
28540.320

Painting - Acrylics - Beginning

Acrylic paint is an astonishingly forgiving medium! Join this painting class and explore the many ways of handling this material. Participants will work with both improvised forms and composed sketches--with the goal of efficiently establishing four to six works. Museum studies will inform class efforts.

Ages 16 & older Instructor: Marino, Olivia
WaterWorks F \$65
Feb.24 to Mar.16
12:00 PM - 1:00 PM
26513.320

Painting - Costume Model

Using oil or acrylic paints, students will paint from a live model, working for a full day to produce one painting.

Ages 16 & older Instructor: Higgs, Louise
WaterWorks Sa \$35
Feb.18 to Feb.18
9:00 AM - 4:00 PM
26604.320

Painting - Watercolor

In this beginning/intermediate class we'll explore the many facets of painting with watercolors. Learn about papers, color mixing, and paint application techniques.

Ages 16 & older Instructor: Harkins, Nancy

WaterWorks Tu \$110
Mar.06 to Apr.24
6:00 PM - 9:00 PM
26510.320

PMC - Combining Bronze and Copper

Create a cool combined metal pendant or earrings with Bronze and Copper Clays. You will be taught how to combine the two metal clays together to create unique jewelry. Two methods will be taught and no prior metal clay experience is needed. Supply Fee include.

Ages 16 & older Instructor: Hobbs, Rhonda

WaterWorks Tu \$10
Apr.10 to Apr.17
9:00 AM - 12:00 PM
28603.320

PMC - Keum Bu

Want to add Gold Leaf to your PMC? In this class you will be taught the basics of using PMC3 to create a pendant or earrings that you will accent with 24k Gold Leaf after firing. No prior PMC experience necessary. Supply Fee included.

Ages 16 & older Instructor: Hobbs, Rhonda

WaterWorks W \$60
Apr.04 to Apr.11
6:00 PM - 9:00 PM
28602.320

Portrait Painters

Portrait painters meet fellow artists to paint live models. This open group always needs models (faces to paint) and all pitch in to pay the sitter's small stipend. Contact Whiteside if you're interested, or just come by any Tuesday. Bring your own art supplies. Visit our website at www.portraitpainterswest.com

Ages 18 & older Instructor: Park Staff

Whiteside Tu \$0
Jan.03 to May.22
11:00 AM - 3:00 PM
26501.317

Mixed Ages

Clay - Decorative Coils

Learn to make beautiful pots by applying a decorative process with coils. Using this type of coil, you will construct unique works of art. Supplies Free!

Ages 16 & older Instructor: Hinds, Diane

WaterWorks Tu \$70
Mar.27 to Apr.24
6:00 PM - 8:00 PM
24900.320

Kid's Book Drive

Please come by Whiteside Center anytime to drop off your new, used and unwanted children's books to be donated to the Laura Dester Shelter for Children. Books for toddlers to teens needed!

Ages 1 & older Instructor:

Whiteside M Tu W Th F Sa \$0
Feb.01 to Apr.02
9:00 AM - 6:30 PM
28923.317

Woodcarver's Carve-In

This is an activity for the novice to the pro. Participants work on various projects. ONGOING. Ages 16 & Older. supplies are not included. FREE.

Ages 18 & older Instructor: Park Staff

Central Th \$0
Jan.05 to May.31
6:00 PM - 8:00 PM
28910.302

Preschool

Messy Art

Dress for a mess & get ready to explore the amazing world of art. Parents act as child's helper. \$30 for all 4 classes. For ages 2-4 years.

Ages 2 to 4 Instructor: Morecraft, Adrienne

Whiteside M Tu \$35
Jan.10 to Jan.31
9:30 AM - 10:15 AM
28001.317

Youth

3 Bracelets

Come make three bracelets and add to your jewelry collection. Students will make a house bracelet out of paper clay and fimo, a clear bauble bracelet using scrapbooking paper and other material, and a shrinky dink bracelet with their own design. All bracelets will be completed with beads and clasp.

Ages 18 & younger Instructor: Kissell-Nair, Maegen
WaterWorks M \$40
Apr.16 to May.14
6:00 PM - 7:30 PM

21212.320

Acrylic Painting on Canvas

Students will create their own masterpieces using acrylic paint to create a work of art on canvas. Students will learn how to mix colors and use their paintbrush to create imaginative works of art. Ages 5-8

Ages 5 to 8 Instructor: Park Staff
WaterWorks Sa \$15
May.05 to May.05
10:00 AM - 12:00 PM

26214.320

Students will create their own masterpieces using acrylic paint to create a work of art on canvas. Students will learn how to mix colors and use their paintbrush to create imaginative works of art. Ages 9-12

Ages 9 to 12 Instructor: Park Staff
WaterWorks Sa \$15
May.05 to May.05
1:00 PM - 3:00 PM

26215.320

Clay - Castles & Dragons

In this class we'll be investigating the processes of making castles and mythical dragon figures out of clay. Look at pictures or use your imagination for inspiration. Creativity will be set free in this unique class for kids ages 7-14.

Ages 7 to 12 Instructor: Wilson, Kenneth
WaterWorks Sa \$65
Apr.21 to May.19
10:00 AM - 12:00 PM

25202.320

Collage

Children will learn to create creative cityscape scenes through a variety of collage techniques. They will seek inspiration from landmarks around Tulsa to build up collages using a variety of materials and papers. Ages 9-12

Ages 9 to 12 Instructor: Park Staff
WaterWorks Tu \$0
Apr.24 to Apr.24
5:45 PM - 7:45 PM

29250.320

Coloring Contests

Ages 3-12 will compete for a prize in three age categories. Pick up a coloring sheet from Lacy Park and return during the following dates: Valentine's - February 1-14; St. Patrick's - March 1-17; Spring - April 23-30.

Ages 3 to 12 Instructor: Park Staff
Lacy M Tu W Th F Sa \$0
Feb.01 to Apr.30
9:00 AM - 8:30 PM

28203.305

Family Crest in Clay

Students will learn about the ancient tradition of a family crest and design one that represents their own clan. They will complete a finished colored drawing and then create a clay crest. Picking colors and images that reflect your own family will be half the fun. Ages 10-14

Ages 10 to 14 Instructor: Carter, Mary
WaterWorks Sa \$30
Mar.03 to Mar.17
10:00 AM - 12:00 PM

25201.320

Lil Chefs

Ages 5 & younger Instructor: Park Staff
Whiteside W \$5
Apr.25 to Apr.25
10:00 AM - 10:35 AM

28205.317

Dress for a mess and get ready to make some delicious...but ooey, gooey snacks! Parents will be your child's helper. \$3 per child...per class. Please pre-register. Wednesday Feb. 29th at 10am.

Ages 5 & younger Instructor: Park Staff

Whiteside W \$5
Feb.29 to Feb.29
10:00 AM - 10:35 AM

28200.317

Dress for a mess and get ready to make some delicious...but ooey, gooey snacks! Parents will be your child's helper. \$3 per child...per class. Please pre-register. Wednesday May 30th at 10am.

Ages 5 & younger Instructor: Park Staff

Whiteside W \$3
May.30 to May.30
10:00 AM - 10:30 AM

28203.317

Ages 5 & younger Instructor: Park Staff

Whiteside W \$5
Mar.28 to Mar.28
10:00 AM - 10:35 AM

28204.317

Dress for a mess and get ready to make some delicious...but ooey, gooey snacks! Parents will be your child's helper. \$3 per child...per class. Please pre-register. Wednesday April 25th at 10am.

Ages 5 & younger Instructor: Park Staff

Whiteside W \$3
Apr.25 to Apr.25
10:00 AM - 10:30 AM

28202.317

Messy Hands

All Ages Instructor:

Chamberlain W \$0
Jan.04 to Feb.29
10:00 AM - 10:45 AM

28203.301

Painting Basics

In this class students will explore color and paint. Students will use watercolors and acrylic paints. The projects will range from unique color wheels to abstract expressions. Ages 10-14

Ages 10 to 14 Instructor: Carter, Mary

WaterWorks M \$30
Apr.02 to Apr.16
5:45 PM - 7:45 PM

26201.320

Ooey Gooey Hands

Dress for a mess and get ready to make some delicious...but ooey, gooey snacks! Parents will be your child's helper. \$3 per child...per class. Please pre-register. Wednesday March 28th at 10am.

Ages 5 & younger Instructor: Park Staff

Whiteside W \$3
Mar.28 to Mar.28
10:00 AM - 10:30 AM

28201.317

Reading and Drawing

All Ages Instructor:

Chamberlain Tu \$0
Mar.06 to May.08
1:30 PM - 2:15 PM

28202.301

Stationery

Children will make monogram stamps to personalize letters, cards and envelopes. The class will use a variety of supplies to create cards for various occasions. Students will go home with a colorful beginning to their own stationery set. Ages 6-10.

Ages 6 to 10 Instructor: Carter, Mary

WaterWorks Sa \$10
Apr.14 to Apr.14
10:00 AM - 12:00 PM

29202.320

Stuffed Animals

Children will learn how to repurpose gloves and socks to make colorful stuffed animals. They will use colorful threads, fabrics and buttons to create one-of-a-kind creatures. Bring your own old gloves and socks or use ours. Ages 10-14.

Ages 10 to 14 Instructor: Carter, Mary

WaterWorks Sa \$20
Mar.03 to Mar.10
1:30 PM - 3:30 PM

28320.320

Tye Dye Tots

Tots and their adult can create awesome tye dye at this one day event. You bring the white shirt, and we'll provide the rest. Make one or several. \$5 per item made. Please no sweatshirts, sweatpants or hoodies.

Ages 5 & younger Instructor: Park Staff

Whiteside Th \$5
Mar.15 to Mar.15
10:00 AM - 10:45 AM

28211.317

Watercolor

Children will explore the possibility of watercolors as they learn a variety of techniques to create inventive landscape paintings. Ages 5-8

Ages 5 to 8 Instructor: Park Staff

WaterWorks Sa \$15
May.12 to May.12
10:00 AM - 12:00 PM

26410.320

Children will explore the possibility of watercolors as they learn a variety of techniques to create inventive landscape paintings. Ages 9-12

Ages 9 to 12 Instructor: Park Staff

WaterWorks Tu \$15
Mar.27 to Mar.27
5:45 PM - 7:45 PM

26310.320

PLEASE VISIT ONE OF OUR RECREATION CENTERS NEAR YOU!

<i>CENTRAL</i>	<i>1028 E. 6th ST.</i>	<i>(918) 596-1444</i>
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