

November E-News

New and Unique to Owen- Programs for All Ages

This month, Owen Park is offering some great new on-going programs in addition to the ones you already know and love. Monday-Friday we are pleased to announce our new “Senior Social Club” for the 50 and better crowd. From 9-12, folks are encouraged to come down to Owen for cards, puzzles, dominos, and hey- you might even make a new friend or two, all for free! Also M-F, Lunchtime League Basketball will meet from 11-2 p.m. Locker rooms available; free. Tuesdays from 9:30-11, Bikes, Balls, & You is in our gymnasium. This fun and social program is for pre-school age children, and is \$.50 per child. Bring your own riding toy, tents, calls, hoops, and more are provided by the park. Basic Tumbling for Toddlers in on Wednesday from 9:45-10:15. This program is \$10 per month, children must be 3-4 years of age, able to wave bye to mom or dad at the door of class, and potty trained. Saturdays at Owen, we have 2 great classes for adults that we know you’ll love- from 9:30-10:30 take Beginning Yoga with Cynthia Brown. Cynthia teaches Kripalu Yoga, which is highly sought after- few people in the state are certified to teach! Her class is only \$10 per month or \$3 drop in fee. Also on Saturday, check out our Belly Dancing class with instructor Hannah Chaboyah from 11:30-12:30 p.m. Class and fees are through Ms. Chaboyah, so be sure to arrive a few minutes early! For more information on these programs, or any of the other Owen Programs, please contact us at 596-1485 or click on the link below...

[More Details](#)

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A.S.K. (After School Kids) Program starts November 2!

Owen E-News Spotlight!

Starting November 2, 2009, Owen Park will offer after school care to children ages 6-11 from after school until 5:30 p.m. This program is just \$5 per week, but space is limited and running out. Swing by Owen Park to pre-register your child today!

*Children from Roosevelt Elementary will be escorted to Owen by staff, snacks are encouraged. Programming will include homework help, games, arts and crafts, physical fitness, and more!

Special Events this month!



Super Star Story Time with the Tulsa 66ers Dance Team at Owen Park!

Tuesday, October 20, 2009

66ers Dancers Kelsey and Courtney pose with Roosevelt student Nate Gordon after reading several Halloween-themed books to the kids. The Tulsa 66ers will be moving from Bixby this season to the newly renovated Tulsa Convention Center in Downtown Tulsa. See their schedule at www.nba.com/dleague/tulsa.

- **Men’s Basketball League** has it’s last games on Thursday night, November 19th. Bring the family out to see the men play at 6 and 7 p.m.! (Tournament will be the following Thursday starting at 6 p.m.)
- We will be taking **Youth Basketball** registration (grades K-5) from October 26-November 13 here at Owen Park. Call 596-1485 for more info.
- **Thanksgiving Edible Turkey Art!** Youth, create art that’s good enough to eat! Thursday, November 5 at 6:30 p.m. \$2. Call to pre-register by Monday, November 2.
- **On-going classes**, Tae Kwon Do (M 6:30-8 p.m.), After School Fitness (T,Th 3:30-4:30 p.m.), Chair Steppers Fitness (M,Th 5-5:40 p.m), Zumba (T,Th 6-7 p.m.), Tap and Ballet (Sat. 10-10:45 a.m.), and Yoga (Sat. 9:30-10:30 a.m.). ALL STILL JUST \$10 PER MONTH! Call to enroll today!

[More Details](#)

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at mwebb@cityoftulsa.org or call 918-596-1485.