

## Your CareATC Medical clinics offer the following benefits at **no cost to you!**

Available to all employees, spouses, and dependents (age 2 and up) who are on the health plan.

- **Completely confidential**
- **Minimal waiting room time**
- **Full service primary care**
- **No Cost Generic Medications carried in clinics**
- **On-site lab draws**
- **Personal Health Assessment (PHA)**
  - ✓ PHA blood draw to identify risk factors
  - ✓ Friendly follow-up by phone for critical results
  - ✓ Digital results available through personalized PHA Live video in the CareATC Patient Portal or Mobile App
  - ✓ Physician follow-up in clinic

### 3 Ways to Schedule an Appointment

**1. Call (6AM - 7PM)  
800.993.8244**

**2. Go online**

Visit [careatc.com](http://careatc.com) to login to your account. You can schedule an appointment and view your medical records.

**3. Mobile App**

Download the CareATC app for convenient access to schedule an appointment and view your medical records.

**Call the Patient Access Center to request your username and password.**



## No-Cost Generic Medications On-Site

### Allergies

- Cetirizine 10mg
- Diphenhydramine 25mg
- Fexofenadine 180mg
- Fluticasone 50mcg
- Montelukast Sodium 5mg/10mg

### Antacids

- Omeprazole 20mg/40mg
- Ranitidine 150mg

### Anti-inflammatory/Pain

- Acetaminophen 325mg
- Aspirin 81mg
- Cyclobenzaprine 10mg
- Ibuprofen 800mg
- Meloxicam 7.5mg/15mg
- Naproxen 500mg
- Triamcinolone Acetonide 0.1%

### Antibiotic

- Amoxicillin 250mg/Suspension/Chewable
- Amoxicillin 500mg
- Azithromycin 200mg/250mg/500mg
- Ceftriaxone Sodium 1g
- Cephalexin 500mg
- Ciprofloxacin 500mg
- Levofloxacin 500mg
- Metronidazole 500mg
- Mupirocin 2%
- Ofloxacin 0.3%
- Silver Sulfadiazine 1%
- Sulfameth/trimeth DS 800mg/160mg
- Tobramycin 0.3%
- Triple Antibiotic Ointment

### Anticonvulsant

- Gabapentin 100mg/300mg/600mg

### Antidepressant

- Bupropion SR 150mg
- Fluoxetine 20mg
- Sertraline 50mg/100mg
- Venlafaxine HCL 75mg/150mg

### Antiemetic

- Promethazine 25mg
- Ondansetron 8mg
- Meclizine 25mg

### Antifungal

- Fluconazole 150mg

### Antiviral

- Acyclovir 200mg/400mg

### Cholesterol

- Amlodipine Besylate 5mg/10mg
- Atorvastatin Calcium 20mg/40mg
- Fish Oil 1000mg
- Gemfibrozil 600mg
- Lovastatin 20mg/40mg
- Rosuvastatin 10mg/20mg/40mg
- Simvastatin 20mg/40mg

### Diabetes

- Glipizide 5mg/10mg
- Metformin 500mg/1000mg
- Blood-Glucose Meter
- Blood Sugar Diagnostic

### Hypertension

- Amlodipine 5mg/10mg
- Aspirin 81mg
- Carvedilol 12.5mg
- Clonidine 0.1mg
- Hydrochlorothiazide 12.5mg/25mg
- Lisinopril 10mg/20mg/40mg
- Losartan Potassium 50mg/100mg
- Metoprolol Tartrate 50mg/100mg

### Pulmonary

- Albuterol Sulfate 90mcg
- Ventolin 90mcg

### Steroid

- Prednisone 10mg/20mg
- Triamcinolone 0.1%

### Thyroid

- Levothyroxine 50mcg/75mcg/100mcg/150mcg

### Tobacco Cessation

- Nicotine 7mg/14mg/21mg

### Miscellaneous

- Vit D 5000
- Carbamide Peroxide 6.5%

*Medication list subject to provider.  
May change without notice.*

# Health Care Convenient for You



Helping to keep you and your family healthy





## What can be treated?

- ✓ Adult Immunizations
- ✓ Allergies
- ✓ Asthma
- ✓ Cold and Flu
- ✓ Congestion
- ✓ Diabetes Management
- ✓ Headaches
- ✓ High Blood Pressure
- ✓ High Cholesterol
- ✓ Lab Work/Tests
- ✓ Minor Injuries
- ✓ PHAs
- ✓ Physicals
- ✓ Pink Eye
- ✓ Sick Visits
- ✓ Sports Physicals
- ✓ Tobacco Cessation
- ✓ Well Woman Exams

## Schedule Your PHA Today!

(Personal Health Assessment)

### 1. How to log in:

Go to [careatc.com/patients](http://careatc.com/patients), and click on **Schedule My PHA**. If you are a new user, log in using your name, date of birth and the last four digits of your Social Security Number.

### 2. How to complete your PHA questionnaire:

PHA Questionnaires will be pre-populated with personal information. Click next to answer all the health questions. Please click SAVE at the end to submit.

### 3. How to schedule your PHA appointment:

Schedule a PHA Draw Appointment at an on-site event or at a CareATC clinic.

### 4. Update your Patient Portal login:

You can set your username and password to securely log into the CareATC Patient Portal and see PHA lab results at [careatc.com/patients](http://careatc.com/patients). Username verification can be performed through email or text message.

## Clinic Locations and Hours

### 15th Street

(X-ray available)  
1810 E 15th St, Ste C  
Tulsa, OK  
**Mon - Fri 8AM-5PM**

### First Place Tower

15 E 5th St, Ste 1600  
Tulsa, OK  
**Mon - Fri 8AM-5PM**  
(.5 miles from City Hall)

### Yale

(X-ray available)  
7153 S Yale  
Tulsa, OK  
**Mon - Fri 8AM-5PM\***

### Jackson

4500 S 129th E Ave  
Tulsa, OK 74134  
**Mon - Fri 8AM-5PM\***

### Bixby

12800 S Memorial  
Bixby, OK  
**Mon/Fri 1PM - 5:00pm**  
**Wed 8AM-NOON**  
**Tue/Thurs 8AM-5PM\***

### Owasso

8751 N 117th E Ave  
Owasso, OK  
**Mon/Tue/Thurs/Fri 8AM-5PM\***  
**Wed 8AM-NOON**

### Sand Springs

302 W 2nd St, Ste 600  
Sand Springs, OK  
**Mon/Wed/Fri 8AM-5PM\***  
**Tue/Thurs 8AM-NOON**

### Muskogee

3300 Chandler Rd, Ste 107  
Muskogee, OK  
**Mon - Thurs 8AM-5PM\***  
**Fri 8AM-NOON**

**\*Closed NOON - 1PM daily**



**Download the CareATC Mobile App**

*Make an appointment or access your medical information – anytime, anywhere!*