

MAKE A DIFFERENCE IN THE LIVES OF TULSANS

www.servetulsans.org

Volume 19

Service News

National Volunteer Week During COVID - 19

First, THANK YOU!! The work that volunteers do in our community is invaluable and collectively serves as a cornerstone for the positive outcomes we see throughout our city.

During these unprecedented times, it is hard to discern when, where and how to help those in need. Given that Tulsans are safer at home and should only leave for essential trips, we wanted to share ways that you can still support others.



- Check on your neighbors in need
- Donate to a worthy cause
- Explore ways to connect and volunteer virtually
- Give blood
- Call, text or write a friend
- Find ways to show gratitude to those on the front lines

Small acts of kindness can go a long way during these difficult times. Social distancing may make us feel far apart but, we are all in this together.

For up to date local information, please visit www.cityoftulsa.org/covid-19. Stay safe and again, THANK YOU from the Serve Tulsans Team.

Volunteer Opportunities

#SAFERATHOME

ONLY LEAVE YOUR HOME FOR ESSENTIAL TRIPS

Maintain six feet of distance between yourself and others.

- Buying Groceries (1x per week)
- Visiting a Doctor or Pharmacy
- Essential Exercise (Groups less than 4)
- Caring for a Loved One
- Go to an Essential Job

Thank You

Thank you for your involvement with the Serve Tulsans program. We cannot wait to see what the future holds. If you have any great service stories, please let us know! If you know anyone or an organization that wants to be involved, please spread the word. As always if you have any questions or comments please send an email to neighborhood@cityoftulsa.org.



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If you have any questions, comments, concerns, or to unsubscribe please send an email to jhensley@cityoftulsa.org