

# Do you need help managing your money or accessing emergency programs because of COVID-19?

The City of Tulsa, in partnership with Goodwill Industries of Tulsa, is providing phone-based Financial Navigation services at no cost to Tulsans through a new **Financial Navigator Program**.

Trained **Financial Navigators** are now available to help you manage financial issues, identify immediate action steps, and make referrals to other programs and services.

To sign up for a session, complete a short online intake form at <https://finnav.org/interest-tulsa> or **call 211**. You will be asked to share your name, Zip code, language preference and phone number or email. A Financial Navigator will call you back within 48 hours. Sessions last approximately 30 minutes.

## What Happens During A Session?

- + A Financial Navigator will ask you a series of questions about your concerns
- + Some examples of financial topics could include:
  - **Prioritizing payments** for expenses, like housing, food, and insurance
  - **Maximizing income**, through accessing emergency cash assistance emergency loans, unemployment or short-term disability
  - **Managing debt** and guiding negotiations with creditors
  - **Avoiding predatory scams**

Together you will prioritize concerns, expenses and identify next steps.

*Please note – Financial Navigators do not provide financial assistance like cash or loans.*

More information about the program can be found here:

[www.cityoftulsa.org/blueprint](http://www.cityoftulsa.org/blueprint)

