

FALL 2021



WHITESIDE PARK & COMMUNITY CENTER

TULSA  PARKS

WWW.TULSAPARKS.ORG

TULSA  PARKS

WHITESIDE RECREATION CENTER
4009 S. PITTSBURG AVE.
TULSA, OK 74135

Look inside for
FUN Fall
ACTIVITIES!

GENERAL INFORMATION

STAFF

- Sarah Gund.....Park Manager | sgund@cityoftulsa.org
- Luke McCollom.....Recreation Coordinator | lmccollom@cityoftulsa.org
- Tony Martin.....Recreation Coordinator | rabonmartin@cityoftulsa.org
- Clarese Hunter.....Custodian | chunter@cityoftulsa.org
- Omare Jimmerson...Recreation Program Manager | ojimmerson@cityoftulsa.org
- Anna America.....Park & Recreation Director | annaamerica@cityoftulsa.org

Building Hours**:

- Monday.....8:30 a.m.–8:00 p.m.
 - Tuesday.....8:30 a.m.–8:00 p.m.
 - Wednesday.....8:30 a.m.–8:00 p.m.
 - Thursday.....8:30 a.m.–8:00 p.m.
 - Friday.....8:30 a.m.–5:00 p.m.
 - Saturday.....9 a.m.-1 p.m. *
- *2nd and 4th Saturday each month

Whiteside is Closed:

- Sept. 6 - Labor Day
 - Nov. 11 - Veterans Day
 - Nov. 25-26 - Thanksgiving
- *Hours are subject to change based on health and safety assessments in response to the COVID-19 pandemic.**
**** Building will close after the last scheduled activity.**

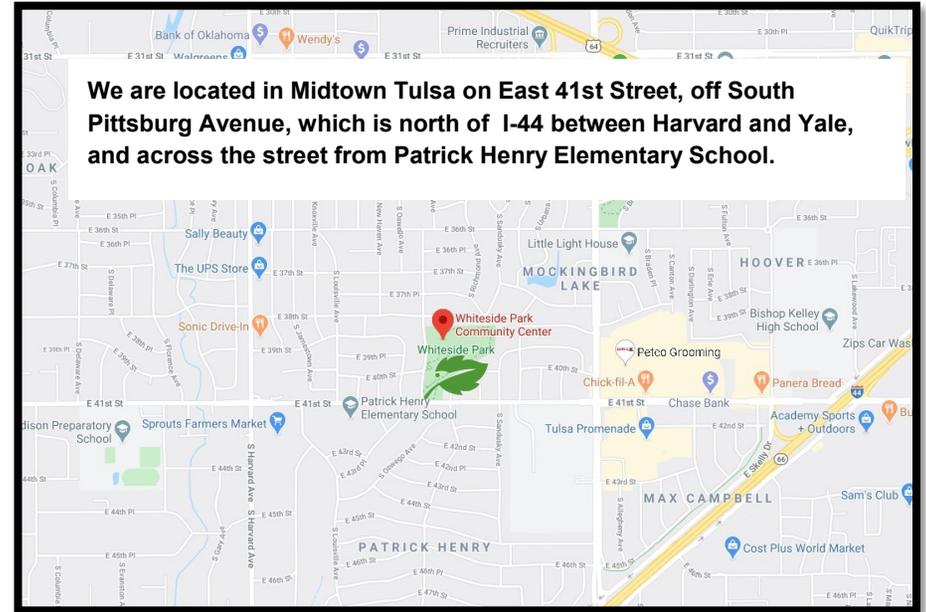
COVID-19 Protocols

The City of Tulsa’s Park and Recreation Department remains committed to ensuring the safety of our staff and residents, and continues to consult with the Tulsa Health Department and CDC guidelines. Please note the following temporary practices and protocols are in place at our center:

- Building hours and programs are subject to change in response to health guidelines and protocols, including additional restrictions, rescheduling and/or cancellations.
- Online registration is available at <https://guide.tulsaparks.org/> and is the preferred method of enrollment and payment for most programs and events to reduce your wait time and increase safety.
- Tulsa Parks will continue requiring face masks to be worn in common areas of our center when children are present since those under age 12 are still waiting for vaccination opportunities. Face masks may only be removed in adult-only spaces if you are vaccinated or socially distanced from others.
- Each program will have a specific set of health and safety guidelines.

Additional updates and policies will be communicated by center staff as well as posted here and our social media accounts.

THINGS TO KNOW



We are located in Midtown Tulsa on East 41st Street, off South Pittsburg Avenue, which is north of I-44 between Harvard and Yale, and across the street from Patrick Henry Elementary School.

Contact Information:

For shelter rentals, call: 311 | For Whiteside programs, call: (918) 596-1525

Get updates about events, classes, closings and more on our Facebook pages:
 @WhitesideParkTulsa | @TulsaParks

CLASS ENROLLMENTS

Please make a point to pre-enroll in any programs you are interested in attending. Programs not meeting minimum enrollment prior to the start date, will be cancelled. Enroll online at www.tulsaparks.org or in person at Whiteside Community Center!

NON-RESIDENT FEE (NRF)

Please note: a 25% additional fee will be assessed for non-residents of the City of Tulsa in all rental and programming fees.

ID CARDS

Persons over the age of 10 must obtain a FREE Tulsa Parks ID card to participate in activities at the community center. Please make the front desk your first stop!

NEW IDEAS

Have you got a new idea for a class or special event? Do you have talent you want to share with others by facilitating a class? Shoot us an e-mail or give us a call!

PICKLEBALL

PICKLEBALL LEAGUE (AGES 18+)

Adults ages 18 and over can join our adult Pickleball League. Beginners and intermediate will play at Whiteside. Round Robin league structure.

Resident: \$20 per player

Non –resident: \$25 per player

Play begins Tuesday, September 14. For more information contact lmccollom@cityoftulsa.org.



OPEN PICKLEBALL PLAY (AGES 18+)

A great game for fun, socialization and exercise! Ask to be put on our Pickleball e-mail list for monthly calendars, schedule updates, etc.

Mondays and Fridays: 1:30 p.m.-3:30 p.m. **

Wednesdays: 9:00 a.m.-11:00 a.m.

Tuesdays and Thursdays: 9:00 a.m.-11:00 a.m. | 11:00 a.m.-1:00 pm |

5:30 p.m.-7:30 p.m. (Thursdays only)

***Saturdays:** 9:00 a.m.-1:00 p.m. | (check schedule for available Saturday play).

****Staff available to assist with beginners during this time.**

Health & Safety Guidelines for Pickleball

- Mask must be worn at all times in the lobby.
- Wash and sanitize hands frequently.
- Bring own supplies (We will still supply balls).
- Wipe down equipment before and after each use.
- Maintain 6 ft physical distancing at all times.
- A maximum of 16 players are allowed in gym at one time.

ACTIVITIES 4 ACTIVE ADULTS

ZUMBA MORNING ZUMBA w/ SARAH

Start your day off right by joining us for a one-hour class of active dancing that's sure to be as fun as it is calorie-burning!

Drop-In Class: \$6 | **Residents:** \$30/8 classes | **Non-residents:** \$37/8 classes

Mondays (starting September 13th) & Fridays at 9:00 a.m. - 10:00 a.m.

OVER-40 BASKETBALL

Open basketball courts and games for adults over 40.* | **FREE**

Mondays, Wednesdays and Fridays: 11:30 a.m.-1:30 p.m.

TAI CHI FOR ARTHRITIS AND FALL PREVENTION (AGES 60+)

Sponsored by Ability Resources, Inc

FREE

Monday & Wednesday: 6:00 p.m.-7:00 p.m.

September 6th - No Class

Sign up at Whiteside Recreation Center or online at TulsaParks.org



MORNING WALKING CLUB

Start your day off right by enjoying a nice walk around Whiteside Park. Come walk with Whiteside Staff and people from the community. Lets get healthy through Nature together one step at a time. Starting after Labor Day | **FREE**

Mondays, Wednesdays and Fridays: 7:30 a.m.-8:30 a.m.

OPEN GYM TIMES

ADULT- OPEN COURT (AGES 18-40)

Practice your skills at Whiteside Recreation Center on Mondays & Wednesdays from 7:00 p.m.-8:00 p.m.

YOUTH- OPEN COURT (AGES 12-18)

Practice your skills at Whiteside Recreation Center on Mondays & Wednesdays from 4:00 p.m.-6:00 p.m.

Everyone must obtain a FREE Tulsa Parks ID card to participate in activities at the community center.

TENNIS FOR ALL AGES

YOUTH LESSONS WITH COACH ROBERTA (AGES 6-14)

Tuesdays and Thursdays: 8 Lessons

Session 1: September 7- Sept 30

Session 2: October 19 - November 16 (No class November 11)

Ages 6-8: 5:00 p.m. - 6:00 p.m.

Ages 9-14: 6:00 p.m. - 7:00 p.m.

\$50 for residents | \$62 for nonresidents

YOUTH LESSONS WITH COACH KEITH: (AGES 12-18)

Mondays & Wednesdays: 8 Lessons

4:30 p.m.-6:00 p.m.

Session 1: September 8th - October 4th

Session 2: October 18th - November 10th

\$75 for residents | \$94 for non-residents

ADULT TENNIS DRILLS WITH COACH LIEBER (AGES 18+)

Sign up for tennis drills created for intermediate and advanced players.

Fridays at 9:00 a.m.

FREE



ADULT CLUBS

PORTRAIT PAINTERS

For experienced artists ages 18 and older who want to paint portraits with a live model. Must bring your own painting supplies | Participants split cost for model.

Tuesdays: 10:00 a.m.

UNITED HEALTH CARE OPEN ENROLLMENT

Need advice on Open Enrollment for Medicare? A great place to get the answers you need. | **FREE**

Wednesday, Oct 27 10-11 a.m. | Wednesday, Nov 10th 10-11 a.m.

TOPS

Informational meetings about proven weight-loss methods. Experience group support, wellness information and more. | **FREE** to try - \$28 to join.

Thursdays: 5:00p.m.– 7:00p.m.

YOUTH DANCE CLASSES

TINY DANCERS BALLET (AGES 3-7)

A 6-week introductory class to ballet for preschool through elementary school-age dancers. Children will need to bring their own ballet shoes.

All ballet classes are held on Thursdays:

Session 1: September 9-October 21

Session 2: October 28-December 16

Please note: Masks must be worn at all times.



AGE	TIME	COST (R/NRF)
3-4	4-4:30 p.m.	\$50 / \$62
5-7	4:35-5:35 p.m.	\$60 / \$75
		No Class Oct 14, Nov 11 and Nov 25

BIRTHDAY PARTIES

MESSY ARTIST OR LIL SCIENTIST BIRTHDAY PARTY (AGES 3-6)

Kids can enjoy messy art projects or fun science experiments while parents enjoy NOT cleaning up the mess afterwards! This party package includes an hour of activities and an hour for cake and gifts. Parents are responsible for bringing all food and drinks as well as table/room decorations.

Residents: \$135 | **Non-Residents:** \$168 | 10 child maximum

Saturdays: 10:00 a.m. to Noon | By appointment only



BIKES & BALLS BIRTHDAY PARTY (AGES 2-6)

We will set up slides, child-sized basketball hoops, and more so kids can play to their little hearts' delight! Parents are responsible for bringing all food and drinks as well as table/room decorations.

Residents: \$130 | **Non-Residents:** \$162 | 15 child maximum

Saturdays: 10:00 a.m. to Noon | By appointment only

BUILD IT PARTY (AGES 3-6)

If your child likes to build with blocks, toy bricks, boxes and more, we've got the perfect birthday party for them! An hour with some building fun led by an instructor and an hour in a party room for cake and gifts. Parents are responsible for bringing all food and drinks as well as table/room decorations.

Residents: \$130 | **Non-Residents:** \$162 | 10 child maximum

Saturdays: 10:00 a.m. to Noon | By appointment only

GYMNASTICS PARTIES (AGES 4-11)

Kids enjoy an hour with a gymnastic coach and an hour in the party room. All parents must sign a waiver before children can participate. Parents are responsible for bringing all food and drinks as well as table/room decorations.



Residents: \$130 | **Non-Residents:** \$162 | 10 child maximum

Saturdays: 10:00 a.m. to Noon | By appointment only.

ROOM RENTALS

Do you need a room to host a birthday party, baby shower or meeting? Wanting to teach a class but need a space? Whiteside has a variety of rooms and amenities that can help you host a great event!



The following rooms are available to rent. Premium hours are subject to staff availability.

Please note: due to COVID-19 restrictions large gatherings are not permitted at this time, as well as party sizes and available amenities may be limited.

ROOMS	STANDARD RATE RESIDENT	STANDARD RATE NR	PREMIUM RATE RESIDENT	PREMIUM RATE NR
FULL GYM	\$50	\$63	\$80	\$93
HALF OF GYM	\$25	\$31	\$55	\$61
MULTI-PURPOSE ROOMS	\$30	\$38	\$60	\$68

SERVICE GROUPS

Did you know that Scout troops and Camp Fire groups are able to host their meetings at Whiteside...**FREE OF CHARGE!**

If you're a leader of a troop and need a place to meet with your troop on a weekly or monthly basis, please contact the Whiteside staff. We would be happy to help you find a convenient time and space for your group!



Itty Bitty Triathlon

BIKE/RUN/WATER FUN!
KIDS AGES 3-5

Saturday September 11, 2021
10 a.m. @ Whiteside Park

Registration Deadline: August 21st
Entry Fee with T-shirt: \$15

Register online or at Whiteside Park

4009 S. Pittsburg Ave.

For more information

Call 918-596-1525 or Contact

Luke McCollom - lmccollom@cityoftulsa.org



Bikes, helmets, proper shoes
and swimwear are
REQUIRED

TULSA  PARKS

www.TulsaParks.org

Whiteside Park and Community Center

HALLOWEEN CARNIVAL

AGES 8 & UNDER

OCTOBER 29, 2021 | 6-8PM

WHITESIDE TENNIS COURTS

ACTIVITIES:

- SPOOKY WALK-THROUGH
- UNLIMITED CARNIVAL GAMES
- COSTUME CONTEST
- INFLATABLES

Admission is FREE!



HOSTED BY WHITESIDE RECREATION CENTER

4009 S. PITTSBURG

918.596.1525

WWW.TULSAPARKS.ORG

TULSA  PARKS

WHITESIDE RECREATION CENTER

Howl-O-Ween

Tricks for Treats &

Dog Costume Contest

OCTOBER 30 • 10:00 A.M.- 11:00 A.M.

Halloween Event for your Dogs!

Come enjoy:

- Scavenger hunt for treats
- Costume Contest
- Raffle Prizes

Donations Accepted

Whiteside Park
4009 S. Pittsburg Ave
918.596.1525



TULSA PARKS

KIDS' FALL BREAK DAY CAMPS

Registration for Kids' Fall Break Day Camps begins September 1 and this year, Whiteside is offering two fall break camps: Monday-Friday, October 11-15, and the three days before Thanksgiving, Monday-Wednesday, November 22-24.

Camp hours are 9 a.m. to 4 p.m. Children may be dropped off as early as 7:30 a.m. and picked up as late as 5:30 p.m. at no extra cost. Each camper will need to bring their own non-refrigerated lunch, eating utensils and water bottle each day unless otherwise instructed. We have exciting weeks full of games and activities planned, so sign up early as these camps usually fill up quickly!

CAMP COSTS PER CHILD

Fall Break: October 11-15	Thanksgiving Break: November 22-24
Residents: \$140 Non-Residents: \$175	Residents: \$90 Non-Residents: \$112

Full payment is required at registration. If you can register and pay for your child(ren) online, that is preferred, but you will still need to come in to the center to complete additional paperwork. Please bring a copy of their shot record and a small, recent photo of them. There is a \$10 sibling discount when enrolling multiple children from the same family.



COVID-19 DAY CAMP PROTOCOLS

- Enrollment will be limited to 25 participants so that small groups can be maintained during camp activities.
- Temperatures will be taken each day upon arrival at camp.
- Masks will be required for all staff and campers. There will be times when masks may be removed, including when playing outside, physical activities, lunch and snack time.
- Physical distancing will be practiced to the best of our ability.
- Field trips are planned, but may be canceled based on health restrictions that may be in effect at the time of camp.

YOUTH GYMNASTIC CLASSES

TUESDAY CLASSES

Session 1: Sep 7 –Sep 28 | Session 2: Oct 5-Nov 2 | Session 3: Nov 9-Dec 7

CLASS	TIME	AGE	INSTRUCTOR
KINDER PLUS	5:15-6 P.M.	3-5 YEARS	Coach Autumn
BEGINNER	6-6:55 P.M.	6-10 YEARS	Coach Autumn
BEGINNER	7-7:55 P.M.	6-10 YEARS	Coach Autumn
Parent Watch Days	TBA	All	NO CLASS-Oct 12 AND Nov 23

WEDNESDAY CLASSES

Session 1: Sep 8 –Sep 29 | Session 2: Oct 6-Nov 3 | Session 3: Nov 10-Dec 8

CLASS	TIME	AGE	INSTRUCTOR
KINDER PLUS	10:15-11 A.M.	3-5 YEARS	Coach Autumn
HOMESCHOOL	11-11:55 A.M.	6-14 YEARS	Coach Autumn
Parent Watch Days	TBA	All	NO CLASS-Oct 13 and Nov 24

THURSDAY CLASSES

Session 1: Sep 9 –Sep 30 | Session 2: Oct 7-Nov 4 | Session 3: Nov 18-Dec 16

CLASS	TIME	AGE	INSTRUCTOR
JR. BEGINNER	5-5:55 P.M.	4-6 YEARS	Coach Autumn
BEGINNER	6-6:55 P.M.	6-10 YEARS	Coach Autumn
INTERMEDIATE	7-7:55 P.M.	8-10 YEARS	Coach Autumn
Parent Watch Days	TBA	ALL	NO CLASS-Oct 14, Nov 11 and Nov 25

Cost per 4-week session: \$45 for residents | \$54.00 for non-residents

Sibling Discount: \$5 off the 2nd child enrolled from the same family

Payment is due in full when enrolling for Session 1. You may reserve your child's spot in Sessions 2 by placing a \$20 deposit, but **only if** they are currently enrolled in Session 1.

YOUTH GYMNASTICS TEAM



WHITESIDE TWISTERS COED GYMNASTICS TEAM

Girls and boys ages 5-16 from all over Green Country come to participate in this great program and compete in the Tulsa Parks Recreational League.

Cost: \$80 per month Additional fees for uniforms, meet fees and league fee.

Practice days are Mondays and Wednesdays

Please note: parents must contact Whiteside to set up a try-out period for their child before they can join

YOUTH GYMNASTICS CLINIC

NEW Gymnastics Clinic

Join Whiteside and coach Autumn for a brand new gymnastics clinic at Whiteside Community Center to improve on some of your skills.

When: December 14th - 5-6 p.m. - Cartwheels and Pullovers

6-7 p.m. - Beam and Bars

7-8 p.m. - Floor and Tumbling

Cost: \$15 per session

Ages: 6 & Up

Please note: Parents will not be allowed to participate but can hangout in one of our waiting areas. Masks also must be worn at all times.

