



ENROLLMENT
NOW OPEN!



2022 SPRING PROGRAM GUIDE

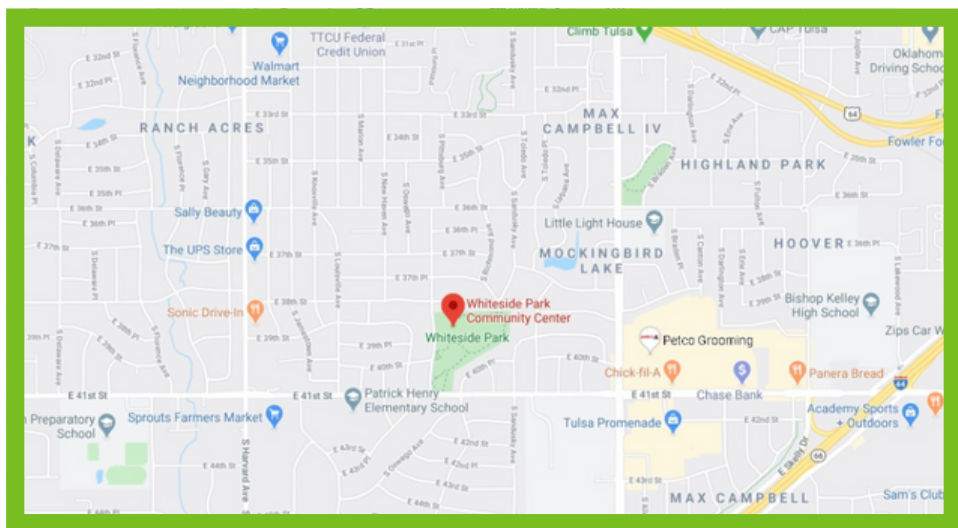
MARCH-MAY 2022

WHITESIDE PARK COMMUNITY CENTER

4009 S. Pittsburg Ave | (918) 591-1525

TULSA  PARKS

www.tulsaparks.org



We are located in Midtown Tulsa on East 41st Street, off South Pittsburg Avenue, which is north of I-44 between Harvard and Yale, and across the street from Patrick Henry Elementary School.

BUILDING HOURS

Monday	8:30 a.m. - 8 p.m.
Tuesday	8:30 a.m. - 8 p.m.
Wednesday	8:30 a.m. - 8 p.m.
Thursday	8:30 a.m. - 8 p.m.
Friday	8:30 a.m. - 5 p.m.
Saturday	9 am. - 1 p.m.*
Sunday	CLOSED

*2nd and 4th Saturday each month

HOLIDAY CLOSURES

Friday April 15 | Easter Holiday

Monday May 30 | Memorial Day

OUR STAFF

Parks Director

Anna America,
annaamerica@cityoftulsa.org

Deputy Parks Director

Omare Jimmerson
ojimmerson@cityoftulsa.org

Park Manager

Sarah Gund
sgund@cityoftulsa.org

Rec Coordinators

Luke McCollom
lmccollom@cityoftulsa.org

Tony Martin
rabonmartin@cityoftulsa.org

Custodian

Clarese Hunter
chunter@cityoftulsa.org



CIT OF TULSA PARK & RECREATION DEPARTMENT
 175 E 2nd St. Ste. 221
 Tulsa, OK, 74103-3202
tulsaparks@cityoftulsa.org
 (918) 596-7275

LIKE & FOLLOW TULSA PARKS ON SOCIAL MEDIA!



@WhitesideParkTulsa
 @TulsaParks
 @tulsaparksandrec

IT'S EASY TO ENROLL!

You can enroll yourself and your family for programs, events and camps by calling or visiting a community center, or online by scanning this QR code with your phone's camera or visiting www.tulsaparks.org.



PROGRAM ENROLLMENT

Please enroll in programs as soon as possible. Programs not meeting minimum enrollment prior to their start date will be cancelled, and some programs may have an enrollment deadline that can result in late registration fees. If a program becomes full, there may be another location available or we can place those still interested in participating on a waitlist.

PRICES & PAYMENT

An additional 25% fee will be added on all rental and programming prices for patrons living outside the City of Tulsa, but senior citizen discounts, scholarships, and non-profit rates are available for some programs and services. Speak with a park staff member for more details.

Some programs and services require a partial deposit to be paid immediately upon enrollment to hold your enrollment spot. Full payment is due before the program start date or when the service is rendered. Payments can be made online or in person, and we accept Visa, Mastercard or Discover credit cards as well as cash or check.

ID CARDS

Patrons ages 10 and older must have a FREE Tulsa Parks ID card to participate in activities at any Tulsa Parks community center. Contact center staff for details.

REFUNDS & CREDITS

If a patron withdraws from a program prior to the start date, a credit or refund can be issued. Credits are useable at any Tulsa Parks location and refunds are issued via check and will be mailed to the recipient. Refunds are issued if a program is cancelled.

PROGRAM CHANGES

Changes to programs are made based on current enrollment numbers, health and safety concerns or when needed by the instructor, and can mean a change in day or time of program, location, program size, program content or even cancellation of the program.

When a program change is made, staff will contact all enrolled participants with information about the change as soon as possible. A full or partial refund can be provided when programs change.

BULLYING & DISCRIMINATION

Bullying and discrimination are real and taken seriously by Tulsa Parks and the City of Tulsa. Bullying or discriminatory behavior by any patron will not be tolerated within our facilities or park grounds. You can read our full anti-bullying and discrimination policy at www.cityoftulsa.org/park-policies.

SPACE & AMENITY RENTALS

ROOMS AT OUR CENTER

Do you need a place for a family celebration, a group meeting, a classroom to teach in, or a somewhere to host your community event? Each of our community centers offer a unique variety of rooms, spaces and amenities patrons can rent by the hour.

Take a look at what's available at our center or visit our webpage: www.cityoftulsa/space-amenity-rental for more information.



SPACE & AMENITY RENTALS AT WHITESIDE PARK

	Max Capacity	Standard Rate*	Premium Rate**
Full Gym	50	\$50/ hour	\$80/ hour
Half Gym	25	\$25/ hour	\$55/ hour
Multi-purpose Activity Room	15	\$30/ hour	\$60/ hour

Birthday Party Packages

Saturdays 10:00am-Noon by appointment only

	Max Capacity	Residents Rate*	Ages
Messy Art/Lil Science Party	10 Kids	\$135	3-6
Bikes and Balls Party	15 Kids	\$130	2-6
Build it Party	10 Kids	\$130	3-6
Gymnastics Party	10 Kids	\$130	4-11

Scout Groups

If you're a leader of a troop and need a place to meet with your troop on a weekly or monthly basis, please contact Whiteside staff about renting a room FREE of charge.

**There is a 25% fee applied to rentals for non-City of Tulsa residents. There is also a 50% discount applied to rentals for state and nationally recognized non-profit organizations.*

***Premium rates applies when a rental is after regular building hours and/or on the weekend.*

Half of rental cost is required at the time of reservation. A refundable cleaning deposit is also required. Contact center staff for more information and to reserve.

PARK SHELTERS

Tulsa Parks has large and small shelters that are great for parties, picnics, or family gatherings up to 75 people. All Tulsa Parks shelters are first-come-first-served, but you can also reserve a park shelter to guarantee it's available when you want to use it.

Normally, small shelters rent for \$70/day for residents and large shelters rent for \$110/day. Please note, November 1 through March 30, shelters are considered "winterized" and discounted to \$25 since the public is responsible for any cleaning before and after their reservation.

Some shelters have restrooms and/or electrical boxes that may require a key and a \$25 deposit. Restrooms are available on a seasonal basis March 31-October 31. Call or visit our website to get a complete list of shelters and amenities as well as start a shelter reservation.



SPECIAL EVENTS

Planning a large gathering or special event? Any park or shelter reservation with more than 75 people, or that is open to the public or needs special equipment rented for it is considered a special event.

Planning a special event in one of our parks starts with contacting Marci Joha at marcijoha@cityoftulsa.org or (918) 596-2527, who can get you more information about park availability and scheduling as well as provide instructions on how to complete and submit special event forms, proof of liability insurance and payment. Please note, a \$25 processing fee applies to special events in addition to the park use fee.

EVENT EQUIPMENT

We also have larger equipment (e.g. a mobile stage, canopy tents, bleachers, concession stand, etc.) you can rent to help take your event to the next level. For availability and more information on renting, contact Marci Joha at marcijoha@cityoftulsa.org.

SPECIAL EVENTS

A light blue poster for the PAWS Egg Hunt. It features a white rabbit head at the bottom center, a blue paw print on the left, and various colorful Easter eggs and leaves scattered around. The text is centered and includes the event name, date, time, location, and a welcome message for dog donations.

TULSA  PARKS
WHITESIDE PARK
**PAWS
EGG HUNT**
SATURDAY APRIL 23, 2022
10:00 AM – 12:00 PM
BRING THE DOGS OUT TO WHITESIDE PARK FOR A FUN MORNING
WITH A NATURE WALK, EGG HUNT AND RAFFLE PRIZES
4009 S. PITTSBURG AVE,
TULSA, OK 74135
918-596-1525

DOG
DONATIONS
WELCOME

A light blue poster for the Spring Carnival. It features a string of purple and teal pennant flags at the top, a purple Easter egg on the right, and a signpost with four arrows pointing in different directions at the bottom right. The text is centered and includes the event name, date, time, location, and a list of activities.

WHITESIDE PARK PRESENTS
**SPRING
CARNIVAL**
MAY 13, 6:00 PM-8:00 PM
AT WHITESIDE PARK
4009 S. PITTSBURG AVE,
TULSA, OK 74135
918-596-1525

GAMES
FOOD
PRIZES
MORE

YOUTH PROGRAMS

SPRING DAY CAMP (AGES 6-12)

We have a couple exciting weeks full of games and activities planned, so sign up early as these camps usually fill up quickly!

Monday-Friday, March 14-18
7:30 a.m. - 5:30 p.m.
\$140 for residents



TENNIS LESSONS WITH COACH ROBERTA

Coach Roberta is looking forward to coaching your child, whether beginner or advanced.
Tuesdays & Thursdays: 4wks

Session 1: March 22rd-April 14th
Session 2: April 26th-May 19th

Level 1: 4:00p.m. Ages 6-8

Level 2: 5:00p.m. Ages 9-14

\$50 for residents | \$62 for non-residents



BIKES & BALLS (AGES 1-5)

This open-gym time for toddlers and preschoolers is a great way to socialize with other kids.

Join us April 13th for a very special Easter themed Bikes & Balls!

Wednesdays mornings
9:30 a.m.- 11:00 a.m.

\$1 per child drop-in fee or 25 visits for \$20



BALLET (AGES 3-7)

A 6-week introductory class to ballet for preschool and elementary-school age dancers. Children will need to bring their own ballet shoes.

Thursdays March 24 - April 28

- 4-4:30 p.m. (Age 3-4) \$50 for residents
- 4:40-5:40 p.m. (Age 5-7) \$70 for residents



ADULT ACTIVITIES

TAI CHI FOR ARTHRITIS AND FALL PREVENTION (AGES 60+)

Sponsored by Ability Resources, Inc

Tuesdays & Thursdays, January 18- April 14
2:00p.m. - 3:00p.m.
FREE



MORNING ZUMBA WITH SARAH (AGES 18+)

Start your day off right by joining us for an hour of active dancing that is sure to be fun and calorie burning!

Mondays & Fridays
9-10 a.m.
\$30 per 8 visits

OVER-40 BASKETBALL (AGES 40+)

Feel like shooting some hoops? Join us at Whiteside Community Center for open basketball games and courts for adults over 40.

Mondays & Wednesdays & Fridays
11:30 a.m. - 1:30 p.m.
FREE



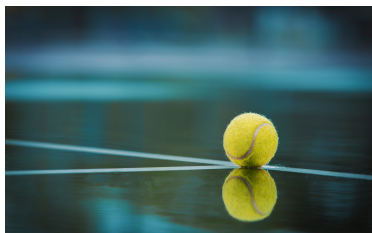
OPEN PICKLEBALL

A great game for fun, socialization and exercise! Ask to be put on our Pickleball e-mail list for monthly calendars, schedule updates, etc.

Monday- Friday
A schedule is published each month
FREE



ADULT ACTIVITIES



ADULT TENNIS DRILLS

Come join us on Friday mornings for free tennis drills for intermediate to advanced players.

Fridays (weather permitting)

10 a.m.

FREE

TOPS CLUB WEIGHT LOSS GROUP

Experience group support, with informational meetings about proven weight loss methods, wellness info and more.

Thursdays

5-7 p.m.

FREE to try | \$28 to Join



**TAKE OFF POUNDS
SENSIBLY**



PICKLEBALL LEAGUE (AGES 18+)

A 7-week round robin style league for beginner and intermediate players.

Tuesdays - March 22- May 3

Beginners- 6:00 p.m. - 7:30 p.m.

Intermediate- 7:30 p.m. - 9:00 p.m.

\$20 for residents

PORTRAIT PAINTERS (AGES 18+)

For experienced painters who want to work with a live model. Must bring your own painting supplies.

Tuesdays

10 a.m.

Participants split cost for model.





Whiteside Pickleball Clinics

INTERMEDIATE CLINICS

APRIL 2ND, 2022

9:00 A.M. - 10:30 A.M.

11:00 A.M. - 12:30 P.M.

ADVANCED CLINICS

APRIL 9TH, 2022

9:00 A.M. - 10:30 A.M.

11:00 A.M. - 12:30 P.M.

**WORK ON SERVING, FOREHAND,
BACKHAND AND MUCH MORE LED BY
JAMES MOORE.**

**SIGN-UP AT THE FRONT DESK OR ONLINE AT
WWW.TULSAPARKS.ORG
\$10 PER CLINIC**


**WHITESIDE PARK
4009 S. PITTSBURG
918-596-1527**



WHITESIDE PARK
COMMUNITY CENTER

GLOW-IN-THE-DARK
PICKLEBALL
NIGHT

TUESDAY, MARCH 8
6-9PM



4009 S. PITTSBURG
TULSA, OK 74135
(918)596-1525



\$15



PROGRAMS CALENDARS

ADULT WEEKLY PROGRAM SCHEDULE (SUNDAYS CLOSED)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Zumba 9-10 a.m.	Pickleball 9 a.m.-1 p.m.		Pickleball 9 a.m.-1 p.m.	Zumba 9-10 a.m.	Pickleball 9 a.m.-1 p.m. (Dates may vary)
Over-40 Basketball 11:30 a.m.-1:30 p.m.	Portrait Painters 10 a.m.-1 p.m.	Over-40 Basketball 11:30 a.m.-1:30 p.m.	Tai Chi 2-3 p.m.	Tennis Drills 10-11 a.m.	
Pickleball 1:30-3:30 p.m.	Tai Chi 2-3 p.m.		T.O.P.S. 5 p.m.-7 p.m.	Over-40 Basketball 11:30 a.m.-1:30 p.m.	
	Pickleball League 6- 9 p.m.		Pickleball 5:30 p.m.-8 p.m.	Pickleball 1:30-3:30 p.m.	

YOUTH WEEKLY PROGRAM SCHEDULE (SUNDAYS CLOSED)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Bike & Balls 9:30 a.m. - 11 a.m.			
		Gymnastics 10:15 a.m.-Noon	Ballet 4-5:40 p.m.		
	Tennis 4-6 p.m		Tennis 4-6 p.m.		
Open Gym* 4- 5p.m.	Gymnastics 5-8 p.m.	Open Gym* 4-5 p.m.	Gymnastics 5-8 p.m.		
Team Gymnastics 4:30-6:30 p.m.		Team Gymnastics 4:30-6:30 p.m.			

****Call in advance to check availability***



SIGN UP FOR SUMMER CAMP AT WHITESIDE PARK!



REGISTRATION BEGINS APRIL 2ND
WHITESIDE RECREATION CENTER
4009 S. PITTSBURG AVE
(918)-596-1525

Check out www.tulsaparks.org for
more information

SPRING GYMASTICS

TUESDAY CLASSES WITH COACH AUTUMN

- Kinderplus (Ages 3-5): 5:15-5:55 p.m.
- Beginner (Ages 6-8): 6- 6:55 p.m.
- Beginner (Ages 9-12): 7-7:55 p.m.

WEDNESDAY CLASSES WITH COACH AUTUMN

- Kinderplus (Ages 3-5): 10:15-11 a.m.
- Homeschool Gymnastics (Ages 6-14): 11-11:55 a.m.

THURSDAY CLASSES WITH COACH AUTUMN

- Jr. Beginners (Ages 4-6): 5-5:55 p.m.
- Beginners (Ages 6-12): 6-6:55 p.m.
- Intermediate (Ages 8-12): 7-7:55 p.m.

GYMNASTICS CAMP WITH COACH AUTUMN

Join Coach Autumn during spring break for an exciting week of gymnastics working on beginner, intermediate or advanced moves!

CLASS DETAILS

THREE SPRING SESSIONS:

March 1-31

April 5-28

May 3-26

COST PER SESSION:

\$45 for residents

\$54 for non-residents

CAMP DATES & TIME:

March 14-17

9:00 a.m. - 12:00 p.m.

CAMP COST:

\$85 for residents



COVID-19 PROTOCOLS:

- Parent Watch Week will be the last class and will be limited to immediate family only to maintain social distancing.
- Everyone must wear a mask while inside the center. Equipment is wiped down before and after each use.

GYMNASTICS TEAM WITH COACH AMBER

Girls and boys ages 5-16 from all over Green Country come to participate in this great program and compete in the Tulsa Parks Recreational League.

Cost: \$80/ month. Additional charges for uniforms, meet fees and league fees.

Please note: Parents must contact Whiteside staff to set up a try-out period for their child before they can join the team.





P U N T

P A S S

K I C K

Saturday, April 30 | 9 a.m.

Come test your skills at our 2nd annual Punt, Pass, Kick event at Whiteside Park. Football games, speed challenges, prizes and lots more!

REGISTRATION DEADLINE: APRIL 28

LIMITED SPACES AVAILABLE

BOYS & GIRLS AGES 6 - 15

REGISTER AT TULSAPARKS.ORG OR CONTACT

WHITESIDE PARK COMMUNITY CENTER

4009 S. PITTSBURG AVE, TULSA OK | (918) 596-1525

COVID-19 HEALTH & SAFETY POLICIES

The City of Tulsa's Park and Recreation Department remains committed to ensuring the safety of our staff and residents, and continues to consult with the Tulsa Health Department and CDC guidelines. Please note the following temporary practices and protocols are in place at our center:

- Building hours and programs are subject to change in response to health guidance and protocols, including additional restrictions, rescheduling and/or cancellations.
- Online registration is available at www.tulsaparks.org and is the preferred method of enrollment and payment for all programs and events to reduce your wait time and increase safety.
- Masks are required for everyone ages 4+ to enter the facility, regardless of vaccination status.
- Each program will have a unique set of health and safety guidelines for the activity/event.

Additional updates and policies will be communicated by center staff as well as posted online to our website and social media accounts.



Stay connected and in the know about news, projects, programs and events by Tulsa Parks sent directly to your email inbox.

Use your phone's camera to scan the QR code or visit sign up with our online form at:



<http://qrco.de/TulsaParksEmails>.

GIVE BACK TO THE PARKS & PROGRAMS YOU LOVE



We have a wide variety of volunteer opportunities, from gardening and landscaping to litter clean-up, supporting recreation programs, and more. Speak with a staff member for more information.

Fill out our Volunteer Interest Form by scanning the QR Code with your phone's camera or visiting:



<https://qrco.de/TulsaParksVolunteer>.