

TULSA PARKS & RECREATION

September Program Highlights

TULSA  PARKS

YOUTH PROGRAMS

YOUTH TENNIS (AGES 6-18)

Mon-Thu, Various Dates/Times | Cost: Contact Center
Whiteside Park Community Center

BALLET & JAZZ COMBO (AGES 6-15)

Thursdays, 4:30-5:30 p.m. | Cost: \$25 per month
Hicks Park Community Center

BEGINNING DANCE TECHNIQUES (AGES 3-9)

Tuesdays, 5-6 p.m. | Cost: FREE
Jane A. Malone Center in Chamberlain Park

LACY JAMMERS (AGES 5-15)

Monday & Thursday, 5:30-7 p.m. | Cost: Free
Lacy Park Community Center

Youth Gymnastics (Ages 2-17)

Mon-Sat, Various Dates/Times | Cost: Contact Center
Reed Park Community Center

ADULT PROGRAMS

LOW-IMPACT AEROBICS (AGES 55+)

Mon, Wed & Fri, 8:20-9:20 a.m. |
Cost: \$25 for 12 classes
Hicks Community Center

ADULT BASKETBALL (AGES 40+)

Mon, Wed & Fri, 11:30 a.m.-1:30 p.m. |
Cost: FREE
Whiteside Community Center

ADULT BODY DISCOVERY & TECHNIQUE (AGES 16+)

Tuesdays, 6-7 p.m. | Cost: FREE
Jane A. Malone Center in Chamberlain Park

WEAVING A PERSONAL PROJECT (AGES 18+)

Tuesdays, September 13 - November 1, 1-4 p.m. |
Cost: \$140
WaterWorks Art Center in Newblock Park

SPECIAL EVENTS

The Future of Chamberlain Park:

Let's Taco 'Bout It



Tulsa Parks, the George Kaiser Family Foundation, and the North Tulsa community are developing a plan for the future of Chamberlain Park. Be part of the design process and imagine a future for the park to make it great for neighborhood residents.

Free Tacos! Music! Something to Soothe Your Sweet Tooth!

Saturday, September 10, 11 AM to 1 PM.
Chamberlain Park

TULSA PARKS

VOLLEYBALL DEVELOPMENTAL PROGRAM
COED for Grades 4-5 & 6-8

Program starts September 20 & runs for 8 weeks through November 10!

COST: \$50 per player
*A 25% fee is added to all prices for residents living outside City of Tulsa limits.

REGISTER BY: September 16
Late registration costs increase by \$10
• T-shirt is included with your registration

PROGRAM DATES & TIMES:
• Grades 4-5 meet Tuesdays, 6-7:30 p.m.
• Grades 6-8 meet Thursdays, 6-7:30 p.m.

Hicks Park Community Center
3443 S. Milingo Rd.
Tulsa, OK 74146
(918) 596-1520
www.tulsaparks.org

@HicksParkTulsa

ENHANCE FITNESS



Enhance Fitness is a low-impact exercise and fall prevention program for older adults of all fitness levels.

CLASS PREVIEW LOCATIONS

Chamberlain Park
September 26
Time: 6 - 7 p.m.

Centennial Center
September 28th
9 - 10 a.m.

Whiteside Park
September 26th
10 - 11 a.m.

REGISTER NOW
www.tulsaparks.org or
(918) 596-1520
For more information contact:
Megan Buoyckes
mbuoyckes@cityoftulsa.org

Tulsa Parks CDC NRPA

TULSA PARKS

NICOLE'S CLOSET

KICK OFF SEPTEMBER 10TH 9-11 a.m.



Whiteside Center in Chamberlain Park
3443 S. Milingo Rd.
Tulsa, OK 74146
(918) 596-1520

FREE GENTLY USED CLOTHING ITEMS FOR KIDS AND ADULTS

Berry Park

ICE CREAM SOCIAL



Tulsa Parks, the George Kaiser Family Foundation, and the North Tulsa community are developing a plan for the future of Berry Park. Be part of the design process and imagine a future for the park to make it great for neighborhood residents.

Free Ice Cream! Music! Water Play Activities!

Sunday, September 11 . 3:00 to 5:00 PM.
Berry Park

TULSA PARKS

2022 FALL SOCCER LEAGUE
BOYS & GIRLS GRADES K-5

GAMES RUN: OCT 1 - NOV 19

REGISTER BY SEPTEMBER 2
LATE REGISTRATION COSTS INCREASE BY \$10

REGISTRATION IS \$65 PER CHILD

INCLUDED IN YOUR REGISTRATION:

- Game t-shirt
- Referee fees
- Pre-season clinic on Tuesday, September 27 with Tulsa Athletic & FC Tulsa

*A 25% fee is added to all prices for residents living outside City of Tulsa limits.

Limited Scholarships available. Please contact Tanya Montroy for questions at tmontroy@cityoftulsa.org or (918) 596-1520. Register in person at any recreation center or online at <http://guide.tulsaparks.org>

CENTER DIRECTORY

Centennial Center in Veterans Park

1028 E 6th St,
Tulsa, OK 74104
P: (918) 596-1444
E: kirkmace@cityoftulsa.org
F: @CentennialCenterTulsa

Jane A. Malone Center in Chamberlain Park

4940 N Frankfort Ave,
Tulsa, OK 74126
P: (918) 591-4155
E: nbrannon@cityoftulsa.org
F: @JaneAMaloneCenter

Hicks Park Community Center

3443 S Mingo Rd,
Tulsa, OK 74146
P: (918) 596-1520
E: djaggers@cityoftulsa.org
F: @HicksParkTulsa

Lacy Park Community Center

2134 N Madison Pl,
Tulsa, OK 74106
P: (918) 596-1470
E: cmiller@cityoftulsa.org
F: @LacyParkTulsa

Oxley Nature Center in Mohawk Park

6700 Mohawk Blvd,
Tulsa, OK 74115
P: (918) 596-9054
E: oxley@cityoftulsa.org
F: @OxleyNatureCenter

Reed Park Community Center

4233 S Yukon Ave,
Tulsa, OK 74107
P: (918) 591-4307
E: smarcum@cityoftulsa.org
F: @ReedParkTulsa

WaterWorks Art Center in Newblock Park

1710 Charles Page Blvd,
Tulsa, OK 74103
P: (918) 596-2440
E: waterworks@cityoftulsa.org
F: @WaterWorksArtCenter

Whiteside Park Community Center

4009 S Pittsburg Ave,
Tulsa, OK
P: (918) 596-1525
E: sgund@cityoftulsa.org
F: @WhitesideParkTulsa

FITNESS ROOMS & GYMNASIUMS

The following centers have a fitness room (FR) and/or a indoor, full-court gymnasium (G) open to residents ages 16+ (adult supervision required if under 18) :

- Centennial: FR
- Hicks: FR & G
- Malone: FR & G
- Lacy: FR & G
- Reed: FR & G
- Whiteside: G

Each center's fitness room has different equipment, but generally has free weights and/or weight machines, treadmills and/or elliptical trainers, rowing machines and stationary bikes. Last admittance is 30 minutes before the building closes. Fitness room passes are available for purchase at each community center, but are currently not transferable between centers.

Centers with gymnasiums have different equipment and open gym times. Contact a center for more details.



TULSA PARKS

Policies to Note

Programs not meeting minimum enrollment prior to their start date will be cancelled, and some programs may have an enrollment deadline that can result in late enrollment fees.

Residents ages 10 and older must obtain a FREE Tulsa Parks ID card to participate in all programs at any Tulsa Parks Community Center. Visit one of our centers to register.

A 25% fee will be added to all rental and programming prices for residents living outside City of Tulsa limits, but senior citizen discounts, scholarships, and non-profit rates are available for some programs and services. Speak with a park staff member for more details.

Visit www.cityoftulsa.org/park-rules for a full list of department policies, local ordinances pertaining to Tulsa Parks, programs and facilities and COVID-19 information.

City of Tulsa Park & Recreation Department

1028 E 6th St
Tulsa, OK 74120

P: (918) 596-7275
E: tulsaparks@cityoftulsa.org
W: www.tulsaparks.org
F/TW: @TulsaParks
IG: @tulsaparksandrec

Enroll online at: guide.tulsaparks.org!