

# MENTAL HEALTH AND SPECIAL SERVICE RESOURCES

Mental illness has turned into a global health challenge with cities across the nation looking to find ways to help address mental health needs in their communities.

Along with trusted outside agencies and nonprofits across the city, the City of Tulsa is taking a proactive approach by embedding community initiatives within existing City departments and services to help Tulsans in mental health crises.



**10 PROGRAMS CONNECTING  
CITIZENS TO SERVICES**



**IF YOU COME ACROSS A  
PERSON EXPERIENCING:**

- + A non-life-threatening mental health crisis, call **988**
- + A life-threatening mental health crisis, call **911**

## CITY OF TULSA PROGRAMS:

- + **911 Community Outreach Psychiatric Emergency Services (COPES)** — A COPES clinician who is embedded at the 911 dispatch center to help triage non-violent calls to a trained clinician who can get them the help they need.
- + **Community Assistance Referral and Education Services (CARES)** — A program that connects Tulsans with supportive services to address their medical, physical, and mental health needs while reducing their dependence on calling 911.
- + **Connect and Protect Grant** — A grant that provides co-response services, embedding a mental health clinician at a Tulsa Police Department patrol division from 1:45 p.m. – 12 a.m. on weekdays.
- + **Community Response Team (CRT)** — A first responder rapid response team that works together to de-escalate individuals in a mental health crisis.
- + **Project Blue Streets** — A medical clearance protocol for emergency personnel to identify appropriate treatment for those struggling with mental health issues.
- + **Sobering Center** — A jail diversion program designed to offer an alternative for adult men and women detained for public intoxication.
- + **Special Services Docket** — A jail diversion program offered at municipal court for individuals who have committed low-level offenses to be paired with a case manager.
- + **Tulsa Fire Co-Response Program** — A program that serves as a blend of CRT (but without a police officer) and CARES models where a Tulsa Fire Department paramedic and a COPES clinician respond to mental health-related calls on weekdays, where they provide a medical evaluation, a clinical assessment and a Home Fire Safety assessment if needed.
- + **Tulsa Police iPad Pilot Program** — A program where 30 Tulsa Police officers from evening and overnight shifts have an iPad that directly connects individuals to a COPES clinician or to Counseling and Recovery Services (CRS), and when appropriate, the clinician can do a telehealth assessment or help navigate care.
- + **Tulsa Police Mental Health Unit** — A six-person unit that provides support and training to police patrol operations and serves as community liaisons to facilitate a professional, humane and safe response to citizens in a mental health crisis or experiencing chronic behavioral health issues and to those experiencing homelessness.