Having a wedding, reception or reunion? We can help! Central Center has multipurpose rooms, a kitchen, and an auditorium ready to meet your event needs. Contact the staff for our rental rates and availability.



Check out TulsaParks.org for classes and programs offered for all of our parks and community centers!



#### **BUILDING HOURS**

Monday 9am-8pm

Tuesday 9am-8pm

Wednesday 9am-7pm

Thursday 9am-8pm

Friday 9am-5pm

Saturday 9am-1pm

Central is closed for Christmas Dec. 22-25 New Years Jan. 1 Martin Luther King Day Jan. 15



Are you on Facebook?

We are!

Follow us and receive the latest insights and updates about new classes and special events.





# Winter 2017 Guide

1028 East 6th St. Tulsa, OK 74120 Phone: 918.596.1444





## **Fitness Room**

For toning and cardiovascular workout. Ages 18+. Open during building hours. Cost: \$15/month or \$2 drop-in fee. Fifty-five and older are FREE.

### Zumba

Dance aerobics with Latin flare! Zumba is a great way to get in your daily workout. Instructor: Daphne Pharis. Monday and Wednesday, 5:30-6:30pm. Cost: \$25/month, \$5 drop-in.

## **DIY Reindeer Ornaments**

Make your own Christmas ornament! All ages. Wednesday. Dec. 6, 3-4:30pm. Cost: \$3 for two ornaments. all supplies provided.

#### Ceili Irish Dance

Learn traditional Irish dances with this fun group! Live music. All ages welcome. Mondays, 7-8:30pm. Cost: FREE.

#### **Tae Kwon Do PLUS**

Learn self-defense plus a great physical workout. Includes instruction in Judo, Ju Jitsu, Hapkido, self-defense against weapons, and more. Tuesdays, 6:30-8pm, Saturday 10-11:30am. Cost: \$20/month.

## **Square Dance**

Enjoy one of America's original folk dance styles. Partners and singles welcome. Ages 16 and over. Wednesdays, 1-3pm. Cost: \$3.

## **Accordion Band**

Accordion players welcome. Learn new songs, share your interest. Saturdays, 10am-12pm. Cost: FREE.

## **Swing & Line Dance**

No partner needed, or bring a date or friend. Ages 12-Adult. Monday 6-8:30pm, Thursday 6-8pm. Instructor: Pam Butler. Cost: \$5 per session.

## **Play Reading Group**

The group meets every week to read plays aloud and discuss. Ages 18+. Thursdays, 3-4:15pm. Cost: FREE.

#### **Woodcarvers**

This is an activity for the novice to the pro. Participants work on various projects. Supplies are not included. Thursdays, 6-8pm. Cost: FREE.

## **Osher Lifelong Learning Institute**

OSU holds continuing education classes at Central. Contact Osher Lifelong Learning Institute for dates and to enroll. www.okstate.edu/education/olli/

