

YOGA



TULSA  PARKS

New Beginning Hatha Yoga

Thursday, 8 - 9:15 a.m.

\$40/6 weeks, January 18 - February 22

Gentle Calming Yoga

Tuesday, 6 - 7:15 p.m.

\$40/6/weeks, January 16 - February 20

or

Thursday, 6 - 7:15 p.m.

\$40/6 weeks, January 18 - February 22

Tone Your Core

Saturday, 10 - 11 a.m.

\$35/6 weeks, January 20 - February 24

Hicks Park Community Center
3443 S. Mingo Rd., Tulsa, OK 74146
(918) 669-6355