



SPRING 2018

March-May

GYMNASTICS

KinderKids: Ages 2-6. This class teaches tumbling and fundamentals. Children learn flexibility and balance, along with gym equipment instruction, class routines and creative movement.

- Thursday 4:30 - 5:15 p.m. (ages 3-6)
- Saturday 9:15 - 10:00 a.m. (ages 2-3)
- Saturday 10:10 - 10:50 a.m. (ages 4-6)

Jam & Slam: Ages 6-17. This program is designed to enhance confidence, flexibility, strength, and coordination. Children will learn bars, beam, vault, and tumbling skills. All levels welcome.

- Tuesday 5:30 - 6:30 p.m.
- Tuesday 6:30 - 7:30 p.m.
- Saturday 11 a.m. - noon

CHEERLEADING

Cheernastics: Ages 6-17. Learn basic tumbling skills for routines and competitions. Cheerleaders will learn basic jumps, cartwheels, round-offs, handsprings, splits, and more!

- Monday 6:30 - 7:30 p.m.

TULSA  PARKS

Reed Park • 4233 S. Yukon Ave.
(918) 591- 4307

**All Gymnastics Class Fees: \$35 per month.
One class per week. Join anytime!**

JR. NINJA WARRIORS

Discover your inner Ninja! In this exciting new program, your child will learn confidence, strength, agility and coordination. Using obstacle course training techniques, your child will gain the disciplines of gymnastics and freestyle movement.

- **Jr. Ninja Warriors: Ages 6 & Up**
Wednesday, 5:30 - 6:30 p.m.

TEAM GYMNASTICS

Join the Reed Park Warriors and compete in the Park & Rec Gymnastics League!

Level 1&2 - \$75 per month.

Level 3&Up - \$85 per month.

League fees and uniform costs are extra.

For more info on joining, speak with Coach Keri.

Open Gym: Ages 6-17. Want extra practice time? Work on your gymnastics and tumbling skills in a supervised gym.

- \$5 currently enrolled students
- \$10 non-enrolled participants

- Thursday 6:30 - 7:30 p.m.

There will be no Gymnastics classes meeting during the week of Spring Break, Monday, March 19 - Saturday, March 24.

