

Having a wedding, reception or prom? We can help! Central Center has multipurpose rooms, a kitchen, and an auditorium ready to meet your event needs. Contact the staff for our rates and availability.



Check out TulsaParks.org for classes and programs offered for all of our parks and community centers!



BUILDING HOURS

Monday	9 a.m.-8 p.m.
Tuesday	9 a.m.-8 p.m.
Wednesday	9 a.m.-7 p.m.
Thursday	9 a.m.-8 p.m.
Friday	9 a.m.-5 p.m.
Saturday	9 a.m.-1 p.m.

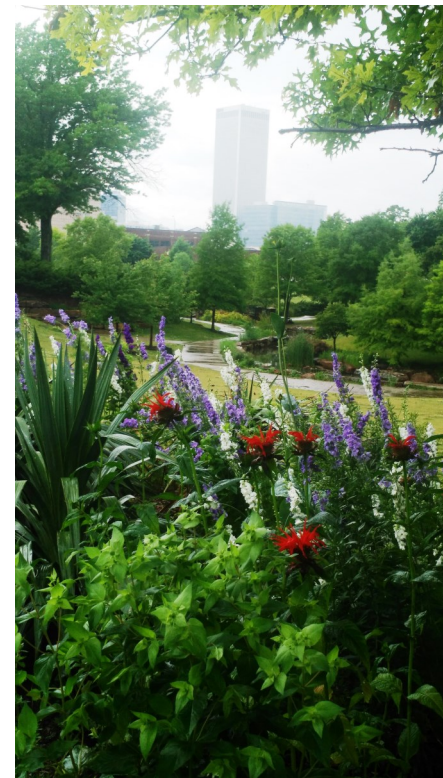
Closed Friday, April 13th
Good Friday
Closed Monday, May 28th
Memorial Day



Are you on Facebook?

We are!

Follow us at Central Center & receive the latest insights and updates about new classes and special events.



Spring
Guide 2018
March, April, May

1028 East 6th St.
Tulsa, OK 74120
Phone: 918.596.1444





Fitness Room

For toning and cardiovascular workout. Ages 18+. Open during building hours. Cost: \$15/month or \$2 drop-in fee. 55 & older are free.

Square Dance

Come enjoy one of America's original folk dance styles. Partners and singles welcome Ages 16 & over. Cost: \$3. Wednesdays, 1-3 p.m.

Ceili Irish Dance

Learn traditional Irish dances with this fun group! All ages welcome. Mondays, 7-8:30 p.m. Cost: Free.

Beginner's Yoga

Come join instructor Martin Crow as he teaches yoga moves that will lead you to greater relaxation, energy and joy!

Meets: Saturday, 10-11 a.m. Cost: \$5 drop-in fee, to the instructor. Questions? Email bpatterson@cityoftulsa.org, martincrow101@yahoo.com



Tae Kwon Do PLUS

Learn self-defense plus a great physical workout. Includes instruction in Judo, Ju Jitsu, Hapkido, self-defense against weapons, and more. Cost: \$20/month or \$5 drop-in fee. First visit free. Meets Tuesday, 6:30-8 p.m.

Accordion Band

Accordion players welcome. Cost: Free. Saturdays, 10 a.m.- Noon.

Theatre Guild Showcase

Join us as 6 local theatre groups combine their most talented people for a night of entertainment, food and fun.

This one time event happens Friday, April 27, from 7-9 p.m. Admission is free, but donations are cheerfully accepted. Proceeds go to the new Tulsa Theatre Guild, supporting local community theatres. Call for reservations.

Play Reading Group

The group meets every week to read plays aloud and discuss. Open to all adults, 18+. Thursdays, 3-4:15 p.m. Cost: Free.

Zumba

Dance aerobics with Latin flare! Zumba is a great way to get in your daily workout. Instructor: Daphne Pharis. Monday & Wednesday, 5:30-6:30 p.m. Cost: \$25/month, \$5 drop-in.

Woodcarvers

This is an activity for the novice to the pro. Participants work on various projects, supplies are provided for first time visitors. Thursdays, 6-8 p.m. Cost: Free.



AARP Taxes

AARP will provide free tax service Wednesdays and Thursdays on a first come, first served basis.



The OK Karaoke Chorus

We are a group from ages 18 to 88 that love to sing! We meet one hour weekly and sing renditions of various artists from the Velvets to the Village People. No auditions—No Pressure—No Fees! You don't even need to know how to read music to join.

Monday, 12:15-1:15 p.m.
Cost: Free
RSVP - bpatterson@cityoftulsa.org.

