

Having a wedding, reception or reunion? Central Center might be the venue that you need. We have multipurpose rooms, kitchen, and an auditorium ready to meet your event desires. Contact the staff for our rental rates and availability.



Check out [TulsaParks.org](http://TulsaParks.org) for classes and programs offered for all of our parks and community centers!



## BUILDING HOURS

<b>Monday</b>	<b>9 a.m. - 8:30 p.m.</b>
<b>Tuesday</b>	<b>9 a.m. - 8 p.m.</b>
<b>Wednesday</b>	<b>9 a.m. - 7 p.m.</b>
<b>Thursday</b>	<b>9 a.m. - 8 p.m.</b>
<b>Friday</b>	<b>9 a.m. - 5 p.m.</b>
<b>Saturday</b>	<b>9 a.m. - 1 p.m.</b>

**Central is closed for  
Christmas Dec. 24 & 25  
New Years Day Jan. 1  
Martin Luther King Day Jan. 21**



Are you on Facebook?

We are!

Follow us and receive the latest insights and updates about new classes and special events.

Central  
Center  
*in Centennial Park*



Winter  
Guide  
2018/2019

1028 East 6th St.  
Tulsa, OK 74120  
Phone: (918) 596-1444



## Fitness Room

For toning and cardiovascular workout.  
Ages 18+. Open during building hours.  
Cost: \$15/20 visits or \$2 drop-in fee.  
Fifty-five and older are FREE.

## Zumba

Dance aerobics with Latin flare! Zumba is a great way to get in your daily workout. Instructor: Daphne Pharis. Monday and Wednesday, 5:30-6:30 p.m. Cost: \$25/month, \$5 drop-in.

## Ceili Irish Dance

Learn traditional Irish dances with this fun group! Live music. All ages welcome. Mondays, 7-8:30 p.m. Cost: FREE.

## Swing & Line Dance

No partner needed, or bring a date or friend. Ages 12-Adult. Monday 6-8:30 p.m., Thursday 6-8 p.m. Instructor: Pam Butler. Cost: \$5 per session.

## Woodcarvers

This is an activity for the novice to the pro. Participants work on various projects. Supplies are not included. Thursday, 6-8 p.m. Cost: FREE.

## Square Dance

Enjoy one of America's original folk dance styles with the *Rushing Stars*. Partners and singles welcome. Ages 16 and over. Wednesday, 1-3 p.m. Cost: \$3.

## Tae Kwon Do PLUS

Learn self-defense plus a great physical workout. Includes instruction in Judo, Ju Jitsu, Hapkido, self-defense against weapons, and more. Tuesdays, 6:30-8 p.m. Cost: \$20/month.

## Accordion Band

Accordion players welcome. Learn new songs, share your interest. Saturdays, 10 a.m.-12 p.m. Cost: FREE.

## Today I am a Writer

This six-session fiction writing course will provide the kind of stimulus and encouragement you need to get going. Exploring through an exciting variety of prompts and exercises, attendees will discover their natural creativity and develop working methods to keep on writing. Instructor: Michael Wright. Tuesdays, Jan. 8 - Feb. 12, 3-5 p.m. Cost: \$15 per session. \$80 for advance payment of all 6 sessions. To enroll, please contact Michael Wright (918) 344-9318.



## Osher Lifelong Learning Institute

OSU holds continuing education classes at Central. Contact Osher Lifelong Learning Institute for dates and to enroll. [www.okstate.edu/education/olli/](http://www.okstate.edu/education/olli/)

**COATS FOR KIDS!**



**Please partner with Central Center and Yale Cleaners by donating any size new or gently used coats. Bring your coat donations to Central Center during regular business hours and simply hand them to the staff.**

**AARP™ Tax Prep Help**

AARP will provide free tax service Wednesdays and Thursdays beginning Feb. 6. Patrons will be seen on a first come, first served basis.

**De-Stress**  
*for the Holidays*

Help take stress out of the Holidays and overcome the winter *BLAHS* with this informative and inspiring class. Instructed by Karen LaPlante with Mental Health Association Oklahoma.

Date: Thursday, Dec. 6.  
Time: 6-7 p.m.  
FREE!

Central  
Center  
*in Centennial Park*